

We would like to take this opportunity to welcome all new swimmers to the Huntington Estates Swim team, as well as those who continue to support our team through their involvement in the swim team program.

As in the past, the Huntington Estates Board and Swim Team Coordinator and the coaches wish to provide each swimmer the competitive opportunities to discover their potential in swimming and to develop self confidence in their abilities.

Through daily instructional practices and scheduled meets, we hope that each swimmer will learn and take pride in their swimming and the progress that each makes toward achieving their personal goals.

The cooperation of swimmers, parents, and coaches alike is necessary for the program to provide the best opportunities for the swimmers. With the help of all concerned, the swimmers will benefit by this program through developing good sportsmanship, discipline, and teamwork, as well as an exposure to competitive swimming. The combined efforts of all will make this a fun experience.

The 23 Naperville Park District Swim Conference teams compete with each other during June and July, with two championship meets at season end called the Classic & the City meets. The age ranges for both boys and girls is 6 & under, 8 & under, 9-10, 11-12, 13-14, 15-18. A swimmer usually has from 2 to 5 events per meet, depending upon their abilities, and the total number of swimmers in their age group on the team. There are 76 overall events during a meet, encompassing the 4 basic swimming strokes for each age group - butterfly, breaststroke, backstroke, & freestyle. There are also team relays (medley & freestyle) using 4 swimmers, along with individual medleys (IM) where a single swimmer swims all 4 strokes.

The team is coached by their head coach and assistant coaches (high school and college age) on a daily basis. Practice is broken out by age group, with the older swimmers getting the early morning time slot. The youngest swimmers get the later morning time slot. The coaches strive to develop correct strokes and streamline the swimming effort.

All swim meets are conducted Saturday mornings and Tuesday and Thursday evenings. With 76 events per meet, the meets last about 3-4 hours. Parent volunteers act as lane timers, judges, starters, computer scoring, concessions, setup/takedown, & logistics. Without these volunteers, the meets would not happen...