

**Naperville Swim Conference, Naperville Park District, and
Saybrook Bath and Racquet Club/Saybrook Sharks
Program Waiver & Release of All Claims**

Program Waiver and Release of All Claims and Assumption of Risk: Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program (including transportation services/vehicle operation, when provided).

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and
Saybrook Bath and Racquet Club/Saybrook Sharks**

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to my child/ward) as a result of participating in this program/activity against the Naperville Swim Conference, Naperville Park District, and Saybrook Bath and Racquet Club/Saybrook Sharks, including its officials, agents, volunteers, and employees (hereinafter referred to as 'the Releasees'). I further acknowledge and understand that this swim conference is not a Naperville Park District program or league.

I do hereby fully release and forever discharge the Releasees from any and all claims for injuries, damages or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with this program/activity.

You are solely responsible for determining if you or your minor child/ward is physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity, including swimming.

Warning of Risk: Swimming is intended to challenge and engage the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including drowning. Understandably, not all hazards and dangers can be foreseen. The very nature of swimming is hazardous and risky, including but not limited to fatigue and overexertion, poor swimming skills, failing to avoid dangerous areas, horseplay, diving or cannon-balling into shallow water and striking the bottom or side of the pool, inadequate supervision or instruction, lack of conditioning, becoming disoriented, striking other swimmers, defective or inadequate equipment, striking one's head on the bottom when using a diving block, slip and falls on the deck or within the locker facility, chemical exposure and all other circumstances inherent to the sport of swimming. In this regard, it must be recognized that it is impossible for the Releasees to guarantee absolute safety.

I have read and fully understand the above Program Details and Waiver and Release of All Claims.

(Participant's Name)

(Parent's Signature)

(Date)