



SHARK TALES



May 20, 2008

www.cwsharks.com

Cypresswood Sharks Swim Team Mission Statement

The mission of the Cypresswood Shark swim team is to promote community, sportsmanship, and a fun, safe atmosphere for swimmers and their families and friends.

GO TO WWW.CWSHARKS.COM for information first!

Cypresswood 351 Northampton 299
Way to go Sharks!

From the Board

Congratulations to all of our swimmers. You did an excellent job at our first home meet! Great job on our first win!

On Saturday, May 24th, we swim against the Woodlands Hurricanes. They are a strong team and we need all Cypresswood swimmers to show up. Please see page 3 for directions to their pool. You need to sign in by 7:30 a.m. Cypresswood will begin warming up at 7:45 a.m.

Please remember to fill out a "No Swim" form if you are unable to swim this weekend. It is imperative that the coaches and Ms. Buzonas know if you will be at the swim meet.

We still need timers and scribes for this meet. Please email John Zook if you are able to volunteer.

CONGRATULATIONS TO *Jules Lawrence and Isa Puig!*

Jules broke 2 pool records: 50 Free and 100 IM.

He also broke 2 team records: 50 Free and 100 IM.

Isa broke the pool record in 50 Backstroke.

From the Coach

Congratulations Sharks on your first win Saturday against the Northampton Cudas! You all took on a huge team and came out ahead! Excellent job!!

Please continue to attend practices. I know many of our older swimmers can't attend practice due to work or school. So I would ask them to come by, meet with us to let us know what events they would like to swim at the meets. Please do this every Tuesday. After Tuesday, the entry sheet will have been turned in and no changes will be made.

Unfortunately, we had too many no shows by swimmers on Saturday. No shows are when a swimmer is scheduled for an event but does not get to the starting block on time. There is no excuse for missing your event. Those swimmers will be removed from relays for this coming swim meet. Please don't do it again.

To our 11-14 age group swimmers. Please do not come on deck until it is time for your practice. It would make things a lot easier if you all would remain behind the gate until it is your practice time. Thank you.

Lastly, I would like to remind all our swimmers, if you do not warm up before the meet, you will be scratched. Please get to the pool on time for warm ups. Thank you!

Coach Kim, Coach Ashley and I are having a great time coaching you all! There is a lot of talent and team spirit on the Cypresswood team. If we all continue to work hard, we can make this season just as successful as our win over the Cudas! Good luck this weekend as we go to The Woodlands!

Goal of the week: Time improvements on Saturdays!



Meet Attendance Policy—Reprise

Our meet attendance policy continues in effect unchanged. A few things you need to know.

1. If you do not attend at least two Cypresswood meets (one of our five meets during the season) you cannot swim at Divisionals. This is an NWAL Rule, not our rule.
2. If you miss a meet and do not let Ms. Buzonas know (either by filling out the “no swim” form or, if you don’t know you’ll be absent in advance, calling and letting someone who is in attendance know by phone) you will not be eligible for relays at the following meet. If it happens again, you will not be entered in the next meet.
3. If you leave early and do not tell a coach you will be leaving, you will not be eligible for relays in the following meet. If it happens again, you will not be entered in the next meet.

Here’s the schedule of upcoming events

- May 22, 2008—Team Night, East Pool, 6 to 8 p.m. (11 & 12 host)
- May 24, 2008—Away Meet v. The Woodlands Hurricanes, 7 a.m.
- May 29, 2008—Team Night, East Pool, 6 to 8 p.m. (9 & 10 host)
- May 31, 2008—Home Meet, East Pool v. The Woodlands Waves, 7 a.m.
- May 31, 2008—Bannon’s Bunk In (12 and under age groups only), 8 p.m. to 8 a.m.
- June 7, 2008—Away meet at Woodlands Marlins, 7 a.m.
- June 10, 2008—Swim-A-Thon (during practice)
- June 12, 2008—Team night, East Pool (6 to 9 p.m.)
- June 13, 2008 (FRIDAY) —Picture and movie day, 8 a.m. sharp!
- June 14, 2008—Home Meet, East Pool, v. Imperial Oaks 7 a.m.
- June 14, 2008 -Extreme bowling, (13&up age groups only) 11 p.m.- 2 a.m.
- June 19, 2008 - Parade, pep rally and team night

PLEASE NOTE the underlined dates above are date changes!! There will be no activities on Sat. June 7th, due to Klein Collins graduation!!

No Swim Form

If you cannot be here for a meet, be sure and fill out the “no swim” form on the website, www.cwsharks.com, or the “no swim” book at the pavilion.

Coaches’ Notebook Returns

We have a coaches’ notebook at the pool. This is the place to write your questions, make comments, give compliments and voice criticisms. All we ask is that you be civil! Give your name, phone number or email, and your specific comment. A coach will respond to you. If you have something good, bad, or indifferent to say, it is welcome.

Next Team Night - Thursday, May 22, 2008, 6-8 p.m.
at East Pavilion and pool

11-12 age group will be hosting our May 22nd team night. 11-12 parents and volunteers who signed up to help with team nights need to be at the pool no later than 5 p.m. This group of people are responsible for helping with set up, serving, and clean up. We will be serving food from Outback Steakhouse.

Please remember that 11-12 swimmers need to bring desserts to share with everyone.

OUTBACK STEAKHOUSE

HAMBURGER.....	\$3.00
CHEESEBURGER.....	\$3.25
CHICKEN SALAD.....	\$4.00
CHICKEN SANDWICH.....	\$4.00

(ALL MEALS INCLUDE:
chips, drink and dessert)

Contacts

Here is a list of board members:



Russell Wells –
president@cwsharks.com
Mike Swaim –
pastpres@cwsharks.com
George Ebelt –
volunteers@cwsharks.com
Angela Thompson –
activities@cwsharks.com
Wendy Dozier –
teamrep@cwsharks.com
Barbara Buzonas –
clerk@cwsharks.com
Judy Carroll –
concessions@cwsharks.com
Jim Nusser
Micki Wells

Volunteers!

Awesome!

Volunteers!

ONCE AGAIN, Thank you, Volunteers!

THANK YOU! THANK YOU! THANK YOU!

Great job to the ladies who worked so hard at the ready bench area on Saturday. There were *so many* younger swimmers from Northampton and those ladies did an outstanding job and had a tremendous amount of patience! **Barbara Buzonas, Leslie Moore, Angela Thompson and Missy Sardo** kept things moving. We appreciate all of the hard work you put in on Saturday!

Also a big round of applause to **Judy Carroll and all of those who volunteered in concessions** this past Saturday! The volume of people that you served was tremendous. You kept things running smoothly over there! Thank you!

AND we would also like to thank everyone who helped volunteer in any way on Saturday during the our first home meet. Despite the technical difficulties with the speakers, everyone pitched in to help make it run smoothly. Thank goodness the weather was a bit cool since it did last a *tiny* bit longer than normal. Keep up the good work!

AWAY MEET— CYPRESSWOOD AT WOODLANDS HURRICANES, Sat, May 24th

Sign in time at 7:15 a.m.
 Warmups begin at 7:45 a.m.

Pool address is
5001 W. Alden Bridge Drive.

Directions to Lakeside Pool in the Village of Alden Bridge:

From northbound Kuykendahl, go to the second light in the Woodlands which is Woodlands Parkway. This is about ten to eleven miles north of Louetta. Take a left (west) on Woodlands Parkway, follow it 1.9 miles to the light at Branch Crossing. Take a Right (north) at Branch Crossing, follow it 1.8 miles to Alden Bridge Drive. Take a Right (east) on Alden Bridge Drive, follow it 1/2 mile to Lakeside pool on the right. The pool is next to Buckalew Elementary School. There is some general public parking on a first come first served basis. When our parking lot is full, parking is available along Alden Bridge Drive or at Buckalew Elementary next door. Set up for Cypresswood is in a reserved portion of our parking lot nearest the pool.

Alternate Directions using northbound I-45:

From northbound I-45 exit at Woodlands Parkway. Cross over the freeway and follow Woodlands Parkway 7or 8 miles through the intersections of Grogans Mill, Panther Creek, Gosling, Cochrans Crossing and Kuykendahl, among other intersections to Branch Crossing. Take a Right on Branch Crossing, follow it 1.8 miles to Alden Bridge Drive. Take a right on Alden Bridge Drive, follow it 1/2 mile to Lakeside pool on the Right.

**BUNK-IN IS Saturday, May 31st at
Bannon's Gymnastix from
8:00 pm - 8:00 am, Saturday to Sunday morning!**

This is our annual event for the 12 & Under age groups. We will again enjoy gymnastics, relay games, pizza and movies! This is an event your child will not want to miss!

The fee is \$25.00 for each child and the DEADLINE TO REGISTER IS MAY 29TH at Team Night. If you cannot register during team nights, please contact Angela Thompson at (281) 353-0246 or thompsonangela@juno.com.

WE NEED CHAPERONES FOR THIS EVENT THIS YEAR!!!! Space will be limited depending on the amount of chaperones available. Please contact Angela if you are interested in chaperoning.

Also, our older swimmers can volunteer to help with the games!!

SHARK STORE

You can still order swim team caps, car decals, yard signs, back packs, duffel bags, visors or caps through Angela Thompson. Contact either by email activities@cwsharks.com or order at Team Nights. Order forms will be available at the pool or on our web site. You can pay either by cash or check payable to Cypresswood Swim Team. We will also have Embroidered Team Polo Shirts for Men or Women this year! This will be available soon to purchase!