



SHARK TALES



May 8, 2008

www.cwsharks.com

Cypresswood Sharks Swim Team Mission Statement

The mission of the Cypresswood Shark swim team is to promote community, sportsmanship, and a fun, safe atmosphere for swimmers and their families and friends.

GO TO WWW.CWSHARKS.COM for information first!

From the Board

Everyone's doing a great job in the Pool! Keep practicing hard and you'll see results in the meets.

For those of you coming to practice—thank you!. Your dedication is a factor in deciding who swims in relays. For those of you not coming to practice, please start. Your non-attendance is a factor in deciding who swims relays. If you are swimming elsewhere (middle school, high school, year round) make sure the coaches know. We do not require you to attend Shark practice, just practice somewhere.

We need to talk about a few safety rules. If you have a bike, scooter, skateboard, or other transportation equipment, you are not allowed to ride them inside the pavilion or pool area. No pets in pavilion. No playing ball inside either. If your practice is over and you aren't helping the coaches at their request, please leave the pool area. Our focus is on the pool, not the deck and we do not want anyone getting hurt.

Practice Meet

The practice meet is May 10 2008 at the east pool (where we practice). Participation is strongly encouraged. This is where we get the times in the swimming events we will use to seed you ("seed times") during the regular season. You cannot swim in an event during the regular season without a practice meet time. If you cannot attend the practice meet, be sure and fill out the "no swim" form on the website and see a board member to make other arrangements.

We will run the practice meet just like a regular meet. You must circle in by 7:30 a.m. We will start the meet at 8:30 a.m. Everyone will swim every event (they are capable of swimming), but we will not swim relays. It's not only practice for the swimmers, it's practice for the parents and volunteers on how a meet works. We'll have officials judging the strokes, a working ready bench, timers, scribes, and the electronic starter system.

We will also have concessions running at the practice meet as well.

D&J Sports, our swimming equipment supplier, will be at the practice selling FLIPPERS, swimsuits, goggles, and other items. This is your chance to get those flippers Coach Jim is wanting you to get.



Meet Attendance Policy—Reprise

Our meet attendance policy continues in effect unchanged. A few things you need to know.

1. If you do not attend at least two Cypresswood meets (one of our five meets during the season) you cannot swim at Divisionals. This is an NWAL Rule, not our rule.
2. If you miss a meet and do not let Ms. Buzonas know (either by filling out the “no swim” form or, if you don’t know you’ll be absent in advance, calling and letting someone who is in attendance know by phone) you will not be eligible for relays at the following meet. If it happens again, you will not be entered in the next meet.
3. If you leave early and do not tell a coach you will be leaving, you will not be eligible for relays in the following meet. If it happens again, you will not be entered in the next meet.

Rule Number Three is an important rule. Last year, on several occasions, we had swimmers stay to the end of the meet anticipating swimming in a relay, only to be disappointed because one thoughtless person decided to leave and the relay had to be scratched. This is a team, and part of being a team is having consideration for your teammates.

Here’s the schedule of upcoming events through the first week of June.

- May 10, 2008—Practice Meet, East Pool, 7 a.m.
- May 15, 2008—Team Night, East Pool, 6 to 8 p.m. (13 & up age group)
- May 17, 2008—Home Meet, East Pool, v. Northhampton, 7 a.m.
- May 22, 2008—Team Night, East Pool, 6 to 8 p.m.
- May 24, 2008—Away Meet v. The Woodlands Hurricanes, 7 a.m.
- May 29, 2008—Team Night, East Pool, 6 to 8 p.m.
- May 31, 2008—Home Meet, East Pool v. The Woodlands Waves, 7 a.m.
- May 31, 2008—Extreme bowling, (13-up age groups only) 11 p.m.-2 a.m.
- June 1, 2008—Picture and movie day, 8 a.m. sharp!
- June 7, 2008—Sharks at Woodlands Marlins, 7 a.m.
- June 7, 2008—Bannon’s Bunk In (12 and under age groups only), 8 p.m. to 8 a.m.

Contacts

Here is a list of board members:

- **Russell Wells** – president@cwsharks.com
- **Mike Swaim** – pastpres@cwsharks.com
- **George Ebelt** – volunteers@cwsharks.com
- **Angela Thompson** – activities@cwsharks.com
- **Wendy Dozier** – teamrep@cwsharks.com
- **Barbara Buzonas** – clerk@cwsharks.com
- **Judy Carroll** – concessions@cwsharks.com

No Swim Form

If you cannot be here for a meet, be sure and fill out the “no swim” form on the website, www.cwsharks.com, or the “no swim” book at the pavilion.

Coaches’ Notebook Returns

We have a coaches’ notebook at the pool. This is the place to write your questions, make comments, give compliments and voice criticisms. All we ask is that you be civil! Give your name, phone number or email, and your specific comment. A coach will respond to you. If you have something good, bad, or indifferent to say, it is welcome.

1st Team Night - Thursday, May 15, 2008, 6-8 p.m. at East Pavilion and pool

13 & up age group will be hosting our first team night. 13 & up parents and students need to come and help with set up, bringing desserts, serving, and clean up. We will be serving hamburgers and hot dogs. Please remember to bring desserts to share with everyone.