



# Shark Tales

May 12, 2009

[www.cwsharks.com](http://www.cwsharks.com)



GO TO [WWW.CWSHARKS.COM](http://WWW.CWSHARKS.COM) for information!

*Welcome to all of our NEW and, of course, veteran swimmers! We are looking forward to a great season of fun!*

## From the Board

Great Job Sharks at the practice meet. We saw some great swims out there and it looks like everyone had a great time. Thanks to all the outstanding parent volunteers. As you can see, your participation is essential to the successful running of the meet!

This week, the competition becomes real. We travel to Imperial Oaks for our first official meet of the season. Last year, in a close and hard fought meet, the Seals edged us out at the end. They are a fine swim team and it will take all of the talent we have to win this year. We need everyone to be there for the Imperial Oaks meet. Let's be there and show Imperial Oaks our team spirit by being **LOUD**. Let's also be good sports, congratulate the Seals when they swim hard, and be a good winner and a gracious loser.

Sign in at the Imperial Oaks meet will be at 7 a.m. Please make sure you find your age group parent as soon as you arrive at the site. A map and directions to the pool are at the back of this Shark Tales.

We have one of the finest coaching staff's in all of the Northwest Aquatic League. Coach Jim Sharp is the head coach at Klein Forest High School. Coach Ashley Thomas is a former Cypresswood Shark swimmer, Klein Collins High swimmer, Shark Team Record Holder, and outstanding swimming instructor. Coach Michelle Von Sternburg used to swim for the enemy. If you look at your heat sheet, you'll see that she still holds Cypresswood pool records in the Butterfly she set while she swam for another team. Better late than never, she finally joined with the Sharks as a coach several years ago!

If you haven't met them, Coaches Beth McIntosh and Allie Lape joined us this weekend at the practice meet. They'll be here permanently as soon as their college year ends and will be with us through the end of the season. Welcome to them.

If you didn't get times in events this weekend, we'll be available Wednesday, from 6 to 7 at our practice pool (East Pool), for you to swim events and get a time. Please come on in, find a coach or board member, and ask what you need to do to get a time.

On Thursday, May 14, 2009, we will have our first Team Night. **Tell your friends, neighbors and relatives** about Team Night. We all gather at the Cypresswood pool, open the pool for fun swimming, play some music, give the parents a break from cooking for an evening, and have a great time. Team Night is also our **pep rally** for the upcoming meet against Imperial Oaks. We will have a round of **cheers and spirit building!** BE THERE!

If your swimmer cannot attend the Imperial Oaks Meet, please make Ms. Buzonas aware of it by emailing her at [clerk@cwsharks.com](mailto:clerk@cwsharks.com) by Tuesday, May 12, 2009.





## Upcoming Events

Here's the schedule of upcoming events through the end of May.

### May 14, 2009 (East Pool)

First Team Night, Cypresswood East Pool, hosted by the Cypresswood Sharks Board, 6-8 p.m.

### May 16, 2009 (See directions, sign in 7 a.m.)

Dual Meet versus Imperial Oaks Seals at Imperial Oaks.

### May 21, 2009 (6 p.m.)

Second Team Night, hosted by 9/10's parents and kids. Come by, have fun, do the free swim, make friends, have dinner, and bring your friends and relatives.

### May 23, 2009 (7 a.m.)

East Pool, Home Meet versus Marlins. Please help us set up on Friday, May 22, 2009.

### May 25, 2009

No practice - Memorial Day holiday

### May 28, 2009

Team Night, hosted by the 11/12's parents and kids. Come by, have fun, do the free swim, make friends, have dinner, and bring your friends and relatives.

### May 30, 2008—East Pool, Away meet versus Hurricanes. sign in by 7 a.m.

### May 30, 2008—Extreme bowling for 13 & up swimmers.

## Meet Attendance Policy

This year our meet attendance policy will continue in effect unchanged. A few things you need to know.

1. If you do not attend at least two Cypresswood meets (one of our five meets during the season) you cannot swim at Divisionals. This is an NWAL Rule, not our rule.
2. If you miss a meet and do not let Ms. Buzonas know (either by filling out the "no swim" form or, if you don't know you'll be absent in advance, calling and letting someone who is in attendance know by phone) you will not be eligible for relays at the following meet. If it happens again, you will not be entered in the next meet.
3. If you leave early and do not tell someone you will be leaving, you will not be eligible for relays in the following meet. If it happens again, you will not be entered in the next meet.

Rule Number Three is an important rule. Last year, on several occasions, we had swimmers stay to the end of the meet anticipating swimming in a relay, only to be disappointed because one thoughtless person decided to leave and the relay had to be scratched. This is a team, and part of being a team is having consideration for your teammates.

**Everyone must warm up before the swim meet and if a swimmer skips his/her event(s) they will be put only in those missed events in the next meet. If they miss events again, they will not be entered in the following meet.**

### SHARK'S GRILL

#### Team Night Menu for May 14th!

HOT DOGS.....	\$2.50
HAMBURGERS.....	\$3.00
CHEESEBURGERS...	\$3.50
CHICKEN SANDWICH ..	\$4.50

(ALL MEALS INCLUDE: chips, lemonade and dessert)

### Contacts

Here is a list of board members:

- Jim Nusser - [president@cwsharks.com](mailto:president@cwsharks.com)
- Micki Wells - [sponsorships@cwsharks.com](mailto:sponsorships@cwsharks.com)
- Barbara Buzonas - [clerkofcourse@cwsharks.com](mailto:clerkofcourse@cwsharks.com)
- Judy Carroll - [concessions@cwsharks.com](mailto:concessions@cwsharks.com)
- Angela Thompson - [activities@cwsharks.com](mailto:activities@cwsharks.com)
- Nikki Baird - [teamrep@cwsharks.com](mailto:teamrep@cwsharks.com)
- George Ebelt - [setup@cwsharks.com](mailto:setup@cwsharks.com)
- Larry Domino - [setup1@cwsharks.com](mailto:setup1@cwsharks.com)
- Wendy Dozier - [webmaster@cwsharks.com](mailto:webmaster@cwsharks.com)
- Russell Wells - [pastpresident@cwsharks.com](mailto:pastpresident@cwsharks.com)
- Paula Raska - [newsletter@cwsharks.com](mailto:newsletter@cwsharks.com)
- Lori Dunn - [treasurer@cwsharks.com](mailto:treasurer@cwsharks.com)

## Need Times?

We will have timing for anyone that couldn't make the practice meet. It will be on Wednesday from 6-7pm following practice.

## Sign up to volunteer under the job sign-up tabs on the website under each event

This will help us keep track and be more organized of who, when and where we need help. BIG THANKS to everyone who is volunteering! Lots of new families and new faces are helping out as well as our more experienced parents! We need all of you! Thanks so much!

## Please consider using these local businesses and thank the following sponsors for supporting our team:

Swaim Law Offices, Mike Swaim  
(281)-440-2000

Motorola, George Ebelt

The Ray Mt.Joy Family

Community Self Storage, 4155  
Louetta Road

The Village Vet at Sterling Ridge,  
Mark Moore, DVM (832)-813-0000

## DIRECTIONS TO IMPERIAL OAKS

<http://maps.google.com/>

Driving directions to 31110 Imperial Oaks Blvd, Spring, TX 77386

**11.3 mi** – about **26 mins**

3705 Cypresswood Dr Spring, TX 77388

1. Head **east** on **Cypresswood Dr** toward **Ella Blvd** 2.7 mi
2. Turn **left** at **N Freeway Service Dr/N Fwy/I 45 Service Rd** 1.2 mi
3. Take the ramp on the **left** onto **I-45 N** 4.3 mi
4. Take exit **76A** toward **Robinson Rd** 0.2 mi
5. Merge onto **I-45/I 45 Service Rd** 0.2 mi
6. Turn **right** at **Oakwood Dr** 0.2 mi
7. Continue on **Gamewood Dr** 0.3 mi
8. Turn **right** at **Oakridge Forest Ln** 0.2 mi
9. Turn **right** at **Hanna Rd/Havanna Rd** 413 ft
10. Turn **left** at **Richard Rd** 1.1 mi
11. Turn **right** to stay on **Richard Rd** 0.2 mi
12. Turn **right** at **W Welsford Dr** 0.1 mi
13. Turn **left** at **Imperial Oaks Blvd** Destination will be on the right 0.4 mi

31110 Imperial Oaks Blvd Spring, TX 77386

## Have a Question?

Try

[www.cswharks.com](http://www.cswharks.com)

first.

***A big thank you to our volunteers!***  
***Remember that it is a group effort!***  
***See you at the pool!***