

GO TO WWW.CWSHARKS.COM for information!

From the Board

Great effort at Saturday's home meet. This week we face Champion Park here at the Shark Tank. We sign in at 7 a.m. and will warmup at 7:15. Please make sure you find your age group parent as soon as you arrive at the site. Let's be here and ready to go on time with team spirit.

On Tuesday, June 9th during your regular morning swim practice is the JDF swim-a-thon.

This Thursday night is the **Homecoming team night, June 11, 2009** during our regular team night festivities. We already have confirmed that some of our former swimmers and their families will be there. **If you know anyone who used to be a shark swimmer, coach, parent, or fan, please invite them to join us on this special evening.**

If your swimmer cannot attend the June 13th swim meet, please make Ms. Buzonas aware of it by emailing her at clerkofcourse@cwsharks.com by Tuesday, June 9, 2009.

All events and any new information are listed on the website under "events" and "news" tabs. Please check the website frequently."

Please check page 5 for an important announcement for all parents!

JDRF SWIM-A-THON

Attention ALL Sharks. Our annual fundraiser is scheduled for June 9th during your normal practice times. This year we are doing a fundraiser that will benefit the Juvenile Diabetes Research Foundation. This fundraiser will help JDRF in their efforts to discover a cure for Juvenile Diabetes. A portion of the proceeds are returned to the Sharks to help keep our fees lower. You can have people pledge an amount for each lap that you swim. We will have parents helping out during the fundraiser counting your laps so all you have to do is swim! If you have anyone donating by check, PLEASE have them make the check out to the **CYPRESSWOOD SHARKS SWIM TEAM.**

Remember that the top pledge total, 1 from the Boys, and 1 from the Girls will earn a ride on the firetruck during the divisionals parade! There will be lots of cool prizes for different levels and of course the opportunity to get another cool t-shirt. All pledges need to be turned in by June 18th so the prizes will be available at the team party. Parents you can sign-up as lapcounters on the events section at www.cwsharks.com Any questions please feel free to contact me.

Thanks for your support.

Jim Nusser

Sign up to volunteer under the job sign-up tabs on the website under each event

This will help us keep track and be more organized of who, when and where we need help. **BIG THANKS** to everyone who is volunteering! Lots of new families and new faces are helping out as well as our more experienced parents! We need all of you! Thanks so much!



Upcoming Events

Here's the schedule of upcoming events through the end of JUNE.

Sunday, June 7th, Summer Thunder

Monday, June 8th, morning practices begin

Tuesday, June 9th, JDRF swim-a-thon fundraiser during your normal practice time

Thursday, June 11, Reunion Team Night sponsored by 13& up age group. Please bring desserts for everyone!!

Saturday, June 13, swim meet vs Champion Park @ home 7 a.m.

Saturday, June 13, Bannon's Bunk-In for 12 & under

Sunday, June 14, Pentathlon

Thursday, June 18, Team Night Parade & Pep Rally hosted by 7 & 8 and 6 & under age group

Saturday, June 20, Divisionals

Everyone must warm up before the swim meet and if a swimmer skips his/her event(s) they will be put only in those missed events in the next meet. If you do not contact Coach Jim before missing warmup, you will be scratched from the meet.

Meet Attendance Policy

This year our meet attendance policy will continue in effect unchanged. A few things you need to know.

1. If you do not attend at least two Cypresswood meets (one of our five meets during the season) you cannot swim at Divisionals. This is an NWAL Rule, not our rule.
2. If you miss a meet and do not let Ms. Buzonas (clerkofcourse@cwsharks.com) know (either by filling out the "no swim" form or, if you don't know you'll be absent in advance, calling and letting someone who is in attendance know by phone) you will not be eligible for relays at the following meet. If it happens again, you will not be entered in the next meet.
3. If you leave early and do not tell someone you will be leaving, you will not be eligible for relays in the following meet. If it happens again, you will not be entered in the next meet.

Rule Number Three is an important rule. Last year, on several occasions, we had swimmers stay to the end of the meet anticipating swimming in a relay, only to be disappointed because one thoughtless person decided to leave and the relay had to be scratched. This is a team, and part of being a team is having consideration for your teammates.

SHARK'S GRILL

Team Night Menu for Reunion Team Night, June 11th!

Hot Dog Meal*.....	\$2.00
Hamburger Meal*.....	\$3.00
Cheeseburger Meal*...	\$3.50
Chicken Caesar Salad	\$4.00
Kids Meal (Macaroni & cheese with 3 chicken fingers, dessert, drink	\$2.00

(*MEALS INCLUDE: chips, lemonade and dessert)

Contacts

Here is a list of board members:

- Jim Nusser - president@cwsharks.com
- Micki Wells - sponsorships@cwsharks.com
- Barbara Buzonas - clerkofcourse@cwsharks.com
- Judy Carroll - concessions@cwsharks.com
- Angela Thompson - activities@cwsharks.com
- Nikki Baird - teamrep@cwsharks.com
- George Ebelt - setup@cwsharks.com
- Larry Domino - setup1@cwsharks.com
- Wendy Dozier - webmaster@cwsharks.com
- Russell Wells - pastpresident@cwsharks.com
- Paula Raska - newsletter@cwsharks.com
- Lori Dunn - treasurer@cwsharks.com

News from our Activities Coordinator, Angela Thompson!

**HUGE THANK
YOU**

to

**Barbara
Leonard and
TGI Friday's on
Lake Wood-
lands Drive for
donating the
food to Team
Night on May
28th!!!!**

**Thanks to all of
our parent
volunteers who
have been sign-
ing up to help!!!**

**You can locate
the results from
Saturday's swim
meet on our
website under
"NEWS".**

**SPONSORS
LISTED ON
PAGE 6!!
Thank you,
sponsors!**

**Have a
Question?
Try [www.
cswharks.com](http://www.cswharks.com)
first.**

**BANNON'S BUNK-IN FOR
12 & UNDER -**

SATURDAY JUNE 13TH

From 8:00 PM on Sat Night until 8:00 AM Sunday Morning!!!

**Yes - You read this correctly:
until Sunday Morning!**

If you thought the 13 & UP'S go to "Extreme" Lengths, then you haven't been to a Bannon's Bunk-In with the 12 & Unders yet!!! This event has become an annual favorite of the younger swimmers. This event includes gymnastics with Bannon's Coaches, relay games, blow up slide, pillow fights and more games, pizza and drinks and Movies at Midnight until ?????!!!! and it also includes donuts and juice in the morning!

This event costs \$25.00 per child and the DEADLINE TO REGISTER IS THURSDAY, JUNE 11th at our next Team Night! (We WILL NOT have a Team Night this Thurs 6/4). You must prepay by June 11th and sign a waiver to guarantee your spot at this overnight event!

Please dress comfortably - no pants with zippers and/or buttons and a T-shirt/athletic shorts and is suggested (Girls can also wear a leotard if they choose to - it is not mandatory!). They will also need a sleeping bag and pillow. WE REALLY NEED CHAPERONES TO MAKE THIS EVENT AS FUN & ENTERTAINING AS POSSIBLE!! PLEASE CONSIDER VOLUNTEERING TO CHAPERONE THIS EVENT! It is a great way to get to know all the kids and have some fun!!! You even get to know the other parents more, which is very funny in the wee hours of the morning! (Trust me!). We also would love to have older swimmers help chaperone this event! **YOU MUST BE IN THE 15 & UP AGE GROUP AND IN HIGH SCHOOL!!!** The younger swimmers really enjoy playing and pillow fighting or relay racing with the older swimmers - it is a great way for all of them to get to know each other and have fun while doing so! (It will also count towards any volunteer service hours any high schooler needs for school/church.)

Please contact Angela Thompson at activities@cwsharks.com to become a fun chaperone or if you have any questions!

**ALL SWIMMERS T-SHIRTS ARE HERE - THEY ARE JUST
WAITING ON YOU TO PICK THEM UP!**

Just in case you didn't know, when you registered your swimmer for Swim Team this season, **included** in your registration fee was YOUR SWIMMER'S T-SHIRT! Which means EVERY SWIMMER ON THE CYPRESSWOOD SWIM TEAM HAS A T-SHIRT!!! If your swimmer is not wearing one, then you need to come and get their T-Shirt!!! They are at every home meet (we carried them to the first away meet), every Team Night and **any** Board Member can find them for you during your child's practice times or contact Angela Thompson if you need additional help.

MORE DETAILS ON UPCOMING EVENTS WILL BE POSTED SOON!!!

Keep these dates in mind though and if you have a budding artist in your home, get them started on creating a masterpiece for swim team. The Annual T-Shirt Drawing Contest is just around the corner!

June 9th - Swim A Cross Team Fundraiser - A fun event to help raise money for the Juvenile Diabetes Foundation (JDF) and our Team Fundraiser!

June 11th - 35th Anniversary Party hosted during Team Night! If you know anyone that swam for the Cypresswood Sharks these past 35 years, please let them know about this celebration!

June 18th - Pep Rally and Parade - Show your spirit for the Sharks and cheer them on for Divisionals as we start our Parade before Team Night and end with a enthusiastic Pep Rally at the back pool before we enjoy our last Team Night of the Season!

June 29th - End of the Year Team Party and Awards Ceremony and T-Shirt Drawing Contest

Pentathlon: Sunday, June 14, 2009 Klein Forest HS

Swimmers swim five individual events (free, back, breast, butterfly and IM). Swimmers win awards for the individual events, plus their overall combined time. Trophies, medals and ribbons are awarded.

All-Stars: June 27-28, 2009 (Some events may be June 26).


Klein Oak HS

Swimmers can enter 3 individual events per day. Both qualifying and cut-off times apply. This is a year end meet in which many Sharks participate. Qualifying times are needed to enter individual events, but there are no qualifying times for relays. All of the individual events are offered and we frequently ask swimmers to come and swim a relay. There are also some fun relays in this meet. There are no qualifying times for relays. Medals, ribbons and trophies are awarded.

Red, White and Blue: June 27-29, 2009 Cy Fair ISD

Cypresswood traditionally has not participated in this meet, which is held at a Cy-Fair area school.

Ponderosa: June 27-28, 2009 Klein Collins HS

Most consider this the premier invitational meet in the Northwest Aquatic League. The qualifying times for this meet are the cut-off time for All-Stars and Ponderosa and are very difficult to achieve. This meet also awards both medals and ribbons. Cypresswood has consistently finished in the top 10 out of 99 teams in this meet and our swimmers hold many of the  individual and relay records. Relays (which also have no qualifying time) have been a huge part of the reason.

If you are interested in supporting the Sharks tradition of strong participation in invitational meets, please contact Barb Buzonas, clerkofcourse@cwsharks.com or Mike Swaim, President@nwal.org for more information. We will provide a link to the meet information as soon as it becomes available.

ATTENTION ALL PARENTS! IMPORTANT INFORMATION LISTED HERE.

PLEASE KEEP READING!!

THIS IS YOUR OPPORTUNITY TO HELP THE CYPRESSWOOD SHARKS TRADITION CONTINUE TO THRIVE!!

As many of you already know, *because it involves many of you*, we have several new families/swimmers on our team this year. We hope that you are enjoying swim team and want to extend a personal invitation to ALL of our parents.

You are invited to contribute your time and talents in several volunteer positions for next year! But please, wait just one moment! We are thrilled and excited to have all of you help us out. We want to establish several CO-COORDINATOR positions while the season is still underway so that you can get a good feel for the position you would be volunteering for! We completely understand that several of you may be hesitant to volunteer for some of these positions because your swimmers are young or too small but it all works out!! We want to train you and help you out as much as possible this season!

Another reason we are posting these positions is because several of these current volunteers have older swimmers (*we did not say "older parents"*) and have been doing these positions for years and it is time for the swimmers of younger parents (*not necessarily "younger parents"*) to jump on board! Please consider volunteering for one of the following positions. Remember, this is all for our children!! Not to mention the fame and glory!!

Board positions- Anyone interested in helping out the Sharks and serving on the board, please feel free to contact any of the board members. We are always looking for new ideas to help with the Swim Team. Most of the current board members have swimmers that are 13 and up, so our days are numbered. It's a great time now during the swim season to learn the ropes of the various positions. Does it take some extra time to do it? Sure it does!. The common reason we all do it is for our KIDS!!! We all try to make it the best experience for our kids, and to have as much fun as possible. I know that a lot of parents spend a lot of time helping with all the different jobs that need to be done for all of the events that we have. We are very appreciative of your help, we couldn't do it without you. You can contact any of the board members thru the website.

Thanks Again
The Shark Board

ENJOY PLANNING ACTIVITIES AND MAKING OUR KID'S HAPPY?

Then we have the perfect job for you!!!

If anyone is interested in assisting the current Activities Coordinator, Angela Thompson, for the upcoming year, please let her know!

She would be more than happy to talk with you this year and would also still be involved next year as a Co-coordinator to help you learn the ropes and who knows, maybe one day you would like to be the Head Coordinator yourself? If this is something that interests you, but you are not ready to do it alone, then this is a perfect time to start assisting while the current Activities Coordinator is still here and can help make it an easier transition for the future Coordinator. We have built so many great relationships with our current vendors and suppliers, they are a dream to work with. It really is an enjoyable, but very busy job that has many rewards.

Website co-coordinator!

Ready Bench co-coordinator!

Concessions co-coordinator!



BIG THANKS TO ALL OF OUR SPONSORS!!!

GOLD SPONSORS:

*The Mt. Joy Family (Xerey) - \$1,000

*Motorola (George Ebelt) - \$500 in services

*Swaim Law Office (Mike Swaim) - \$500, 281-440-2000

14300 Cornerstone Village 11, Suite 217, Houston TX 77014-1249,

mswaim@swaimlaw.com

*Community Self Storage - \$500

4155 Louetta Rd, Spring, TX 77388, 281-355-9993, 8300 Fry Rd, Cypress, TX 77433 — 281-345-9777, www.communityself-storage.com

*The Village Vet at Sterling Ridge (Dr. Mark Moore, DVM) - \$500

6700 Woodlands Parkway, The Woodlands, Texas 77382, 832-813-0000

SILVER SPONSORS:

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*Dr. Craig Brown, D.D.S. , 9316 Louetta Rd, Spring, TX 77379, 281-376-2706

*Jay and Kathy Hoffner - RE/MAX Suburban Northwest- \$250, 11550 Louetta Rd., Suite 1200, Houston, TX 77070, 281-355-8100, homesbyhoffner.com

BRONZE SPONSORS:

*Pizza Zone - \$100, 17711 Kuykendahl

at Cypresswood, 281-257-3100 - <http://www.pizzazone.cc/>

*Michael Tredway, D.D.S. - \$100

17222 Red Oak Dr, Suite 105 Houston, TX 77090

281- 440-3113

*William Magness, D.D.S., M.S., Inc. - \$100

17718 Kuykendahl, Spring TX 77379

281-353-5556

*TGI Friday's @ 1105 Lake Woodlands Drive