



# Shark Tales

JUNE 16, 2009

www.cwsharks.com



GO TO [WWW.CWSHARKS.COM](http://WWW.CWSHARKS.COM) for information!

## From the Board

Congratulations on an excellent win against the Champions Park Stars on Saturday. We were expecting an extremely close meet, but our kids came through and we were able defend the Shark Tank and take a solid victory against the Stars, 401 to 242. Way to go Sharks!!

This week, it's the Playoffs, our Divisional Championship meet at the Conroe ISD Natatorium, which is located in the Shenandoah area near the Woodlands. This is a world class facility and we are expecting a fairly rapidly moving event!

We will have two - eight lane, 25 yard pools, one for ten and unders, the other for 11 and ups. This may leave some parents scrambling, with swimmers in both pools at the same time, but we think you will adjust. At least we will be done more quickly! It is very important for everyone to participate in this meet, as it will determine who is the Divisional Champion. Last year, we entered the "playoffs" with a 2 and 3 record but took the Woodlands Marlins down to the wire, narrowly finishing second in an extremely close meet. We all believe this year we can make another run at the title! We really need you, but if you are going to be unavailable for this meet, we need you to email Ms. Buzonas at [clerkofcourse@cwsharks.com](mailto:clerkofcourse@cwsharks.com) as soon as possible (by TUESDAY, JUNE 16).

The weekend after the divisional meet, there are post season invitationals (ALL STARS & PONDEROSA), where the true champions of summer league are determined. These prestigious meets all have qualifying times and you will be notified if you have qualified to participate in individual events.

There are also relays at the invitationals which do not have a qualifying time. Many of our swimmers who did not have a qualifying time have participated in relays and earned some really neat medals and ribbons (not to mention many points for the team). We would love to have maximum participation in the invitational meets this year. If you can help we would appreciate it, your time commitment would be fairly small, and it would show great team spirit! If you would like to swim in a relay, please let us know as soon as possible by email to Mrs. Buzonas or another Board Member. If we can put one together for the appropriate age group, we will do so. And the good news? We pay for the relay entries! However, we can't enter a relay unless enough people show interest. So please step up.

Check these Shark Tales for information about the Divisional Parade and Pep Rally, which will begin prior to Team Night on Thursday. This is the most exciting time of the swim season! Let's have fun at the Parade and Pep Rally, let's have a blast at Divisionals, and let's tear 'em up at the invitationals.

---

\*Due to the number of Shark Swimmers that are attending Vacation Bible School this week, we are having a possible Tues night and Wed evening swim practice. An email will be sent out on Tuesday with definite times and pool location. Thanks for your patience!

.....

\*Congratulations to **Kaitlyn Swaim, Rachel Marsalia, Brita Domino, Victoria Sandoval, Jackson Nusser, and Kayla Gunderson**. This small yet competitive group attended the Pentathlon meet on Sunday AFTER the Bannon's Bunk In. The team managed to amass 41 points at Pentathlon despite their small number. Kaitlyn Swaim received a Bronze Medal, finishing third in her age group! Congratulations and way to go Sharks.

\*Please note that also of the 75 "swims" for our team at Summer Thunder, 50 were for a time improvement!!

.....

\*Parents keep a watch on all children during practice. There have been a few issues regarding dirt and sticks being thrown on the tennis courts. These incidents have occurred while swim practice is being held. Parents please monitor your children while they are on the playground during swim practice. This is first and foremost a SAFETY issue.

.....

\*REMINDER that ALL JDF forms and donations need to be turned in by June 18th. Anyone donating by check, please make it out to the Cypresswood Sharks. Any questions, please contact Jim Nusser 281-451-7125.



## Upcoming Events

Here's the schedule of upcoming events through the end of JUNE.

Thursday, June 18, Team Night Parade & Pep Rally hosted by 7 & 8 and 6 & under age group Parade begins: 5:30 p.m.

Saturday, June 20, Divisionals

Saturday, June 27, Invitationals: All-Stars & Ponderosa; Individual events must have qualifying times.

Sunday, June 28, Invitationals: All-Stars & Ponderosa

Monday, June 29, TEAM PARTY, 6 p.m.

**Everyone must warm up before the swim meet and if a swimmer skips his/her event(s) they will be put only in those missed events in the next meet. If you do not contact Coach Jim before missing warmup, you will be scratched from the meet.**

## Meet Attendance Policy

This year our meet attendance policy will continue in effect unchanged. A few things you need to know.

1. If you do not attend at least two Cypresswood meets (one of our five meets during the season) you cannot swim at Divisionals. This is an NWAL Rule, not our rule.
2. If you miss a meet and do not let Ms. Buzonas (clerkofcourse@cwsharks.com) know (either by filling out the "no swim" form or, if you don't know you'll be absent in advance, calling and letting someone who is in attendance know by phone) you will not be eligible for relays at the following meet. If it happens again, you will not be entered in the next meet.
3. If you leave early and do not tell someone you will be leaving, you will not be eligible for relays in the following meet. If it happens again, you will not be entered in the next meet.

Rule Number Three is an important rule. Last year, on several occasions, we had swimmers stay to the end of the meet anticipating swimming in a relay, only to be disappointed because one thoughtless person decided to leave and the relay had to be scratched. This is a team, and part of being a team is having consideration for your teammates.

## PIZZA ZONE

### Team night menu, June 18th & Awards Party, June 29th

KIDS MEAL.....\$3.00  
(2 Slices of pizza, dessert and Lemonade)

ADULT MEAL.....\$4.00  
(3 Slices of pizza, dessert and Lemonade)

### Contacts

Here is a list of board members:

- Jim Nusser - president@cwsharks.com
- Micki Wells - sponsorships@cwsharks.com
- Barbara Buzonas - clerkofcourse@cwsharks.com
- Judy Carroll - concessions@cwsharks.com
- Angela Thompson - activities@cwsharks.com
- Nikki Baird - teamrep@cwsharks.com
- George Ebelt - setup@cwsharks.com
- Larry Domino - setup1@cwsharks.com
- Wendy Dozier - webmaster@cwsharks.com
- Russell Wells - pastpresident@cwsharks.com
- Paula Raska - newsletter@cwsharks.com
- Lori Dunn - treasurer@cwsharks.com

You can locate the results from Saturday's swim meet on our website under "NEWS".

## DIVISIONALS, SATURDAY, JUNE 20

Please read all of the divisional information carefully. This facility is new to all of us and we are trying to give all parents as much information as possible!!

1. Sign up to volunteer for the last few events of the season, click on "Job sign-ups" under the "Events" tab - "divisionals", "team night" & "awards night".

**Still need lots of volunteers!!!!**

2. Divisionals meet will be hot. Bring pop-ups, wet towels or things to help you stay cool, extra drinks, & food. (We heard the concession stand is somewhat expensive.) **Directions are on our website OR take I-45 N to Research Forest Exit. Turn right at light. Next light, take a left onto David Memorial Dr. and the CISD natatorium is located on the right.**

**19133 David Memorial Dr, Shenandoah, TX 77385. Located behind the Portifino shopping center.**

3. PARENTS - **10 & unders will be swimming in the west pool. 11 & ups will be swimming in the east pool.** No worries! This sounds confusing, but it means a faster swim meet & most of us will be able to see multiple swimmers in both pools!

4. Also - very important - they will be using **touch pads** along with the timers. Prepare swimmers about this so they will not be surprised. If there is a discrepancy in the time, they have a system in place that will give the correct time.

5. Divisionals - Need to check -in at 7 a.m. Warm-ups 7:30-8 at the WEST POOL. We warmup in the entire pool and this is where the 10 & unders will swim during the meet. This will give them the opportunity to get familiar with the pool.

Cypresswood will set up under the shade of the football stadium. Our area will remain fully shaded (with the exception of about a 5 foot wide strip, the entire time. Please go ahead and bring ezups to set up like a home meet. It is not air conditioned. Unfortunately, there is no nearby indoor facility available to house people in. There are two pools situated side by side. It is basically a 50 meter pool divided into three sections, 2 - 25 yard 8 lane pools with six warm down lanes between them. If you try to sit in the bleachers in the middle of the warm up lane, you can see both pools fairly well. (This information is for parents with swimmers in 10 & unders and 11 & up. Your swimmers will be swimming on both sides.)

TAKE A MOMENT to view the facility. <http://athletics.conroeisd.net/aquatics> Also, the Nat has wireless internet, so if parents want to get real time results during the meet they can log on to the website and monitor.

\*\*\*\*Parents please be aware that per CISD rules, everyone must rinse off in the shower before entering the pool the first time. Please don't worry though, it'll just be going through a warm shower with their swim suits/goggles, etc. on.

**\*\*Only one relay per age group will be swimming at divisionals, so be sure to cheer on your team!**

\*\*\*\*Any other questions, concerns regarding divisionals? Please see our team representative, Nikki Baird or Mike Swaim.

### **VOLUNTEERS NEEDED TO HELP WITH HOSPITALITY ROOM**

**Want to stay cool at divisionals? Feeling hospitable? Well, we've got a fabulous job for you...Sign up to help in the Hospitality Room! The Sharks are responsible for monitoring food and drinks for all the officials at divisionals this year. Let's help show the other teams how much hospitality Cypresswood has! There are several shifts to work under the job sign-ups for divisionals.**

## News from our Activities Coordinator, Angela Thompson!

### Bannon's Bunk-In

A special thank you to all the Chaperones who made our Annual Bunk-In fun for all the 12 & Unders; Kenna Swaim, Mari Castano, Patricia Villarreal, Dea Glenn, Chelsye Maxwell and Max Miller (both previous swimmers on our team who still come back to chaperone - a favorite tradition for the swimmers!) and our Jr. Chaperones who helped make the games and activities even more fun; Brandon Becker, Matt Buzonas, Justin Nusser, Jessica Sullivan, Alex Thompson and Alec Wells. Also Coach Beth we appreciate you coming and spending your BIRTHDAY with us! Our swimmers Thank ALL OF YOU for helping make this event happen! Without you it wouldn't be possible!

---



---

### ANNUAL T-SHIRT DESIGN CONTEST

**Calling All Artists! Swimmers this is your chance to put your creativity to use and make a T-shirt design that your fellow Sharks will vote on for next summer's T-shirt!**

THE DEADLINE FOR ALL T-SHIRT DESIGN IS **FRIDAY JUNE 26th!!!**

**ALL ENTRIES MUST BE DELIVERED TO ANGELA THOMPSON'S HOUSE AT 3802 EL JAMES DRIVE**

(DIRECTIONS FROM TEAM POOL: Go towards Kuykendahl. Pass stop sign (Cypress Hill) then at next street (Mantana Dr) Take a RIGHT. At the first Street (El James Dr) take a LEFT and it is the FIRST HOUSE on the right hand side corner.

#### RULES FOR T-SHIRT CONTEST DESIGN ENTRY:

- 1) MUST BE DONE ON 8 1/2" X 11" WHITE PAPER
- 2) YOU CAN USE UP TO THREE (3) COLORS IN YOUR DESIGN
- 3) SWIMMERS ARE THE ONLY ONES WHO CAN ENTER THE CONTEST
- 4) YOUR NAME CANNOT BE WRITTEN ANYWHERE ON THE DESIGN (NOT ON THE FRONT OR BACK OF PAPER!!! THIS IS AN ANONYMUS CONTEST AND DESIGNS WILL BE VOTED ON BY THEIR QUALITY AND NOT ARTIST! PLEASE DO NOT PUT YOUR NAME ON ANY PART OF YOUR DESIGN! IT WILL BE ERASED FOR FAIRNESS!)
- 5) YOU MUST TURN IN YOUR DESIGN IN THE DESIGNATED DROP BOX ON ANGELA THOMPSON'S FRONT PORCH BY JUNE 26TH.
- 6) DO NOT LEAVE DESIGN WITH COACHES AND/OR ANY BOARD MEMBER. ALSO JUST LEAVE YOUR DESIGN ON ANGELA'S FRONT BOX IN DROP BOX! DO NOT RING/KNOCK ON HER DOOR TO LET HER KNOW YOU HAVE DROPPED OF YOUR DESIGN! IN TRYING TO KEEP THE COMPETITION FAIR, IT'S BETTER THAT NO ONE KNOW WHO THE ARTIST IS.
- 7) WINNER WILL BE ANNOUNCED AT THE TEAM PARTY/AWARDS CEREMONY ON 6/29

If you have any other questions, you can contact Angela Thompson at [activities@cwsharks.com](mailto:activities@cwsharks.com). However, please do not give her your design in person. Please just drop any designs off at her home in the designated box.

## PARADE & PEP RALLY ON THURS JUNE 18TH

Our annual Parade and Pep Rally is this Thursday, June 18th and we need everyone's help to make this possible! We need anyone to contact us ASAP if you have a trailer and/or truck that can be used in the parade! Without either of these, a parade will not be possible! Please contact Angela Thompson at [activities@cwsharks.com](mailto:activities@cwsharks.com) to let her know if you can provide transportation for the parade and log onto our website and sign up under the event to let us know you can help! This is our LAST Team Night of the season and we want to celebrate our swimmer's accomplishments this summer! The winner's of the JDF Fundraiser will also ride in the Firetruck that will be leading our parade!

Please be at the FRONT CLUBHOUSE at 4:30 - 5:00 PM to help set up the parade and get all swimmers in trailers and/or trucks! If you can decorate your vehicles, that would be great and bring any spare candy to throw at spectators!

**THE PARADE WILL  
START PROMPTLY  
AT 5:30 PM**

**AND THEN WE WILL GO  
DOWN TO THE BACK PAVILION FOR OUR TEAM PARTY!**



**TEAM AND INDIVIDUAL PHOTOS  
ARE HERE!**

If you haven't picked up your Team and Individual photos yet, they are here! They will be available for pick up at the Pep Rally/Parade Team Night on June 18th or the Team Party/Awards Ceremony of June 29th. If are not available to pick them up at either Team Night, then you need to contact Angela Thompson at [activities@cwsharks.com](mailto:activities@cwsharks.com) to make other arrangements.

**Awards Night Info on page 6!!**

**ATTENTION ALL PARENTS! IMPORTANT INFORMATION  
LISTED HERE.  
THIS IS YOUR OPPORTUNITY TO HELP THE  
CYPRESSWOOD SHARKS  
TRADITION CONTINUE TO THRIVE!!**

As many of you already know, *because it involves many of you*, we have several new families/swimmers on our team this year. We hope that you are enjoying swim team and want to extend a personal invitation to ALL of our parents.

You are invited to contribute your time and talents in several volunteer positions for next year! But please, wait just one moment! We are thrilled and excited to have all of you help us out. We want to establish several CO-COORDINATOR positions while the season is still underway so that you can get a good feel for the position you would be volunteering for! We completely understand that several of you may be hesitant to volunteer for some of these positions because your swimmers are young or too small but it all works out!! We want to train you and help you out as much as possible this season!

Another reason we are posting these positions is because several of these current volunteers have older swimmers (*we did not say "older parents"*) and have been doing these positions for years and it is time for the swimmers of younger parents (*not necessarily "younger parents"*) to jump on board! Please consider volunteering for one of the following positions. Remember, this is all for our children!! Not to mention the fame and glory!!

**Board positions-** Anyone interested in helping out the Sharks and serving on the board, please feel free to contact any of the board members. We are always looking for new ideas to help with the Swim Team. Most of the current board members have swimmers that are 13 and up, so our days are numbered. It's a great time now during the swim season to learn the ropes of the various positions. Does it take some extra time to do it? Sure it does!. The common reason we all do it is for our KIDS!!! We all try to make it the best experience for our kids, and to have as much fun as possible. I know that a lot of parents spend a lot of time helping with all the different jobs that need to be done for all of the events that we have. We are very appreciative of your help, we couldn't do it without you. You can contact any of the board members thru the website.

Thanks Again  
The Shark Board

**ENJOY PLANNING ACTIVITIES AND MAKING OUR  
KID'S HAPPY?**

Then we have the perfect job for you!!!

If anyone is interested in assisting the current Activities Coordinator, Angela Thompson, for the upcoming year, please let her know!

She would be more than happy to talk with you this year and would also still be involved next year as a Co-coordinator to help you learn the ropes and who knows, maybe one day you would like to be the Head Coordinator yourself? If this is something that interests you, but you are not ready to do it alone, then this is a perfect time to start assisting while the current Activities Coordinator is still here and can help make it an easier transition for the future Coordinator. We have built so many great relationships with our current vendors and suppliers, they are a dream to work with. It really is an enjoyable, but very busy job that has many rewards.

**\*Website co-coordinator!**

**\*Invitational coordinator(s)**

**\*Ready Bench co-coordinator!**

**\*Pictures/Slide Show  
coordinator(s)**

**\*Concessions co-coordinator!**

**\*Sign up each week to take 45-  
50 pictures at each event**

**TEAM PARTY &  
AWARDS CER-  
EMONY  
MONDAY JUNE  
29TH AT 6:00 -  
9:00 PM**

Our Team Party/Awards Ceremony will be held Mon. June 29th starting at 6:00 pm. Please try to attend as we acknowledge the many accomplishments our swimmers have achieved this season!

We will have Pizza Zone for dinner and **ALLAGE GROUPS ARE RESPONSIBLE TO BRING A DESSERT THAT EVENING!** (This night is our largest group turnout so we need a lot of desserts).

It is also **HIGHLY RECOMMENDED** that you bring your own lawn chairs to this event as well as there will be a limited number of chairs available. We will also have an area designated for the swimmers to sit in front, so please be aware of this area when setting up your seating.

Programs and Awards will be presented for each swimmer and special recognition will be given to swimmers who qualified for certain records or achievements.

We will also vote on next summer's T-shirt design! Everyone (including family

**Information for Invitational Swim Meets,  
June 27 & 28  
You must qualify for these meets.**

If anyone has questions, ask any of the coaches.

**\*All stars is \$4.00/per event and Ponderosa is \$4.50/per event. Relays are paid by the team and if you commit to a relay, you need to be certain to attend. Failure to do so results in the relay being scratched, the team losing money, but the worst part is the inconvenience and disappointment to the other swimmers on the relay. Mrs. Buzonas will be at team night to take money, and if you know that you are going, PAY AND SIGN UP ON THURSDAY!**

**Swimmers can still qualify on Saturday at Divisionals. If that happens you must see the coaches and pay. If no payment is received, no individual swimmer will be entered! THE DEADLINE TO SIGN UP FOR INVATIONALS IS ON SATURDAY, JUNE 20TH!**

\*Swimmers pay for their individual events (Ponderosa \$4.50/individual, All – Star \$4.00/individual)

**\*No pay, no play on the individual entries. You must register and pay in advance in order to participate in invitationals. Also, if you commit to a relay and you no show, you are charged the entire cost of the relay. If you no show, relay costs must be paid or you will not be allowed to register for swim team next year. No waiver will be signed!**

**All-Stars: June 27-28, 2009, Klein Oak HS**

Swimmers can enter 3 individual events per day. Both qualifying and cut-off times apply. This is a year end meet in which many Sharks participate. Qualifying times are needed to enter individual events, but there are no qualifying times for relays. All of the individual events are offered and we frequently ask swimmers to come and swim a relay. There are also some fun relays in this meet. There are no qualifying times for relays. Medals, ribbons and trophies are awarded.

**Ponderosa: June 27-28, 2009, Klein Collins HS**

Most consider this the premier invitational meet in the Northwest Aquatic League. The qualifying times for this meet are the cut-off time for All-Stars and Ponderosa and are very difficult to achieve. This meet also awards both medals and ribbons. Cypresswood has consistently finished in the top 10 out of 99 teams in this meet and our swimmers hold many of the Ponderosa individual and relay records. Relays (which also have no qualifying time) have been a huge part of the reason.

Practice times from Coach Jim! If you have qualified, signed up and paid to participate at All-Stars or Ponderosa then you will need to come to the following times to practice.

Practice schedule for the week of June 22nd

(All Stars/Ponderosa practice):

8:00 a.m. - 9:15 a.m.: 11 & up

9:15 a.m. - 10:15 a.m.: 7-10's

9:15 a.m. - 9:45 a.m.: 6 & under

Letter to all of our Shark Parents,

I have been involved with summer league swimming for 14 years. Mickey was 6 and Garrett was 4 when we joined. During that time, I watched Cypresswood progress from a team that had not won a meet in five years and was steadily on its way to being in the weakest division in the league. We had only 80 swimmers and none or very few over the age of 12. It sometimes became depressing to listen to the other team cheer when the score was announced and we were trailing by more and more points as the day progressed. But we found other ways to define success: Did we try our best? Did we get better in some important way, either as a person or a swimmer? Did we have fun? If we succeeded in these areas, we regarded the season as a success, regardless of our record in the pool.

Gradually, we found new ways to get people interested in swimming for Cypresswood. We hired professional coaches. We started creating new activities. We opened our doors to other neighborhoods without a swim team. Eventually we grew to 270 swimmers. As some of the swimmers grew older, we began to win meets. In 1999, we won our first Divisional Meet in memory by three points. We took the trophy to the July 4 parade that year, and it broke! But with that success came more difficult competition. We gradually moved up into stronger and stronger divisions, until finally, we reached one of the three strongest divisions in our summer league, called NWAL. The team we faced last week, Champions Park, was from probably the fourth strongest division and we beat them 401 to 242.

My point is this—do not be fooled or discouraged by our 1 and 4 record. There are probably more than 80 teams in this league that wish they had the skill, and capability in the pool and professional coaching we have. Yes, we have gone 1 and 4 this year, losing to 4 of NWAL's best teams, two of them by very narrow margins. But I ask you to ask yourselves this, can we answer "Yes" to the three questions we that define success? Did we try our best? No doubt. Did we improve in some important way as a person or swimmer. Definitely. Did we have fun? Oh absolutely. Remember this too, Divisionals is a whole new ballgame and I think the Sharks are going to acquit themselves very well this Saturday as we seek a Division Championship.

*Mike Swaim*

# BIG THANKS TO ALL OF OUR SPONSORS!!!

## GOLD SPONSORS:

- \*The Mt. Joy Family (Xerey) - \$1,000
- \*Motorola (George Ebel) - \$500 in services
- \*Swaim Law Office (Mike Swaim) - \$500, 281-440-2000  
14300 Cornerstone Village 11, Suite 217, Houston TX 77014-1249,  
[mswaim@swaimlaw.com](mailto:mswaim@swaimlaw.com)
- \*Community Self Storage - \$500  
4155 Louetta Rd, Spring, TX 77388, 281-355-9993, 8300 Fry Rd, Cypress, TX 77433 — 281-345-9777, [www.communityself-storage.com](http://www.communityself-storage.com)
- \*The Village Vet at Sterling Ridge (Dr. Mark Moore, DVM) - \$500  
6700 Woodlands Parkway, The Woodlands, Texas 77382, 832-813-0000

## SILVER SPONSORS:

- \*Pediatric Dental Specialists - \$250
- \*Dr. Craig Brown, D.D.S. , 9316 Louetta Rd, Spring, TX 77379, 281-376-2706
- \*Jay and Kathy Hoffner - RE/MAX Suburban Northwest- \$250, 11550 Louetta Rd., Suite 1200, Houston, TX 77070, 281-355-8100,  
[homesbyhoffner.com](http://homesbyhoffner.com)

## BRONZE SPONSORS:

- \*Pizza Zone - \$100, 17711 Kuykendahl at Cypresswood, 281-257-3100 - <http://www.pizzazone.cc/>
- \*Michael Tredway, D.D.S. - \$100  
17222 Red Oak Dr, Suite 105 Houston, TX 77090  
281- 440-3113
- \*William Magness, D.D.S., M.S., Inc. - \$100  
17718 Kuykendahl, Spring TX 77379  
281-353-5556
- \*TGI Friday's @ 1105 Lake Woodlands Drive