



**Hosted by the Ashburn Village Aqua Jets**



## 2021 CSL All Stars Swim Meet

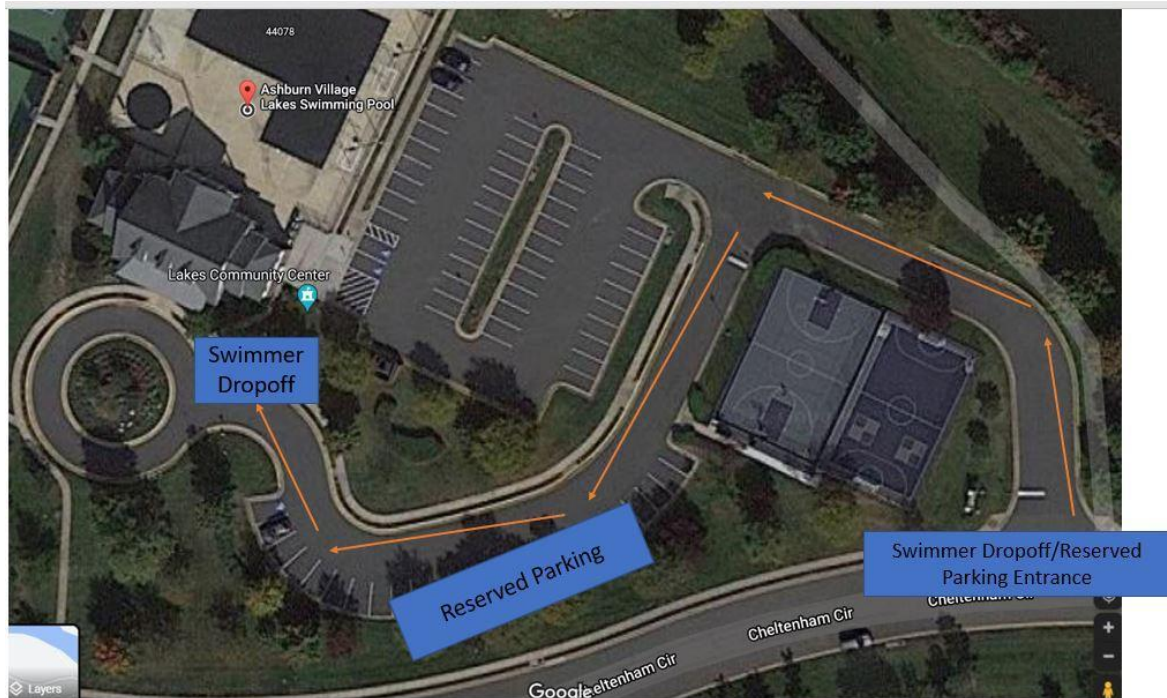
The **Ashburn Village Aqua Jets** are excited to welcome the teams of the Red, White, Blue and Gold divisions to the annual CSL ALL STARS Meet on Saturday, July 31<sup>st</sup> 2021. The following information will help prepare for the event.

**Address:** The Ashburn Village Aqua Jets Lakes pool is located at 44078 Cheltenham Circle, Ashburn VA. 20147

### **Parking:**

- **Parking attendants/Traffic Officers** - will assist with the flow of traffic. Please be patient as our volunteers work to assist with parking. This service will allow us to maximize available spaces.
- **Parking Passes** – Only ONE labeled parking spots per team will be reserved. These will be labeled with your team name and logo.
- **Carpooling** - strongly encouraged, especially within families!!
- **Reserved Parking** - only available to ONE car per team - Please note we will only be able to have 4 Handicap spots reserved.
- **Swimmer Drop-off** –Will be located by entering the parking lot of the Lakes Pool entrance. You will drop your swimmer off once you reach the circle. Please keep moving until a parking attendant gives you the cue to unload your swimmer. Please have your swimmers exit quickly to help the flow of traffic. Once your swimmer has exited, continue around the circle and exit the parking lot the same way you entered.
- **General Parking** – After drop off, you will be permitted to park on both sides of Cheltenham circle. Please make sure you are not blocking any mailboxes, driveways or fire hydrants. **NO PARKING** is allowed in the townhouse parking lots, or on Ashburn Village Blvd. You will be towed if you park in any of these areas.
  - In the event all street parking in the general perimeter of the Lakes pool has been filled, overflow parking has been secured at Dominion Trail Elementary School, 44045 Bruceton Mills Circle, Ashburn VA 20147. Please note that it is a 10 minute walk, but no major roads need to be crossed, and sidewalks are available for the entire walk.

## Swimmer Dropoff/Reserved Parking



## General Parking



# Parking Information

## Yes

- Both Sides of Cheltenham Circle
- Dominion Trail Elementary – 44045 Bruceton Mills Circle, Ashburn VA 20147

## No

- Townhouse Parking Lots
- Blocking Mailboxes, Driveways, Fire Hydrants
- Parking on Ashburn Village Blvd

## Schedule

- 5:45 Arrival and set up. **Please do not arrive earlier – all areas will be closed and please note police officers do not start directing traffic on Ashburn Village Blvd until 6am.**
- 6:10 Warm-ups begin
- 6:45 Volunteer check-in begins in front of the Lakes Pool Gate Entrance
- 7:15 Team Rep Scratch Meeting (inside upstairs Clubhouse)
- 7:20 Officials Meeting (outside by Basketball Court)
- 7:40 Timers meeting (outside the team areas by the large trees and lake)
- 8:00 Timer Test – **first heats to Clerk of Course**
- 8:05 National Anthem
- 8:08 First heat starts

There will be a 25 minute break to warm up for IM's.

In case of inclement weather, the Ashburn Village Aqua Jets will communicate via email any delay in start time by 5 AM so that teams may be alerted.

## Medal Ceremony:

<b>EVENT ORDER</b>	<b>AWARD ORDER</b>	<b>PRESENTERS</b>
Freestyle	Freestyle	CSL Board/Red (BCP, FF, AKC)
Backstroke	Backstroke	CSL Board/Gold
Breaststroke	Breaststroke	CSL Board/White
Butterfly	Butterfly	CSL Board/Blue
Individual Medley (IM)	Individual Medley (IM)	CSL Board/Red (BCS, AV)

Medals will be given out in the circle above the team area outside of the clubhouse doors. This should make it easy for swimmers to attend AND easy for Division volunteers to present. **Each team needs to send one presenter, per schedule above, to the awards area to assist with calling names and handing out awards.** Red Division covers two shifts as noted. Team Reps will be responsible for picking up and distributing medals not claimed during the ceremony. Each team will have a colored bucket labeled with their team name and logo. Please make sure before you leave all medals are picked up by the Team Rep.

## Facility:

We have an 6-lane, 25-meter pool. 6 lanes will be used for events and 6 lanes will be used for warm ups. Backstroke flags are set at 5 yards from the ends of the pool. Swimmers will always start at the diving end, and timers will rotate for 25s. We will be swimming three heats of each event, therefore each event will have a total of 18 swimmers.

## Bathrooms

In addition to the bathrooms at the pool, there will be porta-potties outside the team areas.

Our ladies room is limited in size. PLEASE ask your swimmers to use the shower stalls or the open end of the bathroom to change to keep the restroom open for those who need it.

### **Warm-ups for Free/Back/Breast/Fly**

Swimmers should be ready to go to their assigned lanes a few minutes prior to scheduled times in order to make full use of their allocated time. Full warm up schedule is attached. Warm ups will begin at 6:10 AM.

### **Warm-ups for IM**

General warm-up with lane space shared by all teams

- o 12 minutes for 10 and under swimmers
- o Pool will be close while 10 and unders exit
- o 15 minutes for the 11 and up swimmers

### **POOL / TEAM AREA MAP**



### **Coach Seating:**

Coaches will have one chair reserved along the side of the pool next to lane 6. Coaches may stand to view races at whichever vantage point they choose. No outside chairs will be permitted on the pool deck.

### **Team Areas:**

- Signs will be posted for each teams area (see diagram above)
- Please limit team tents to no more than two.
- Please assign one coach or parent to walk the swimmers to the Clerk of course. Only swimmers and volunteers will be allowed in the Pre and Main Clerk of Course areas.

### **Clerk of Course:**

To help the meet run as smoothly as possible, we will be running a "Pre" Clerk of Course (outside the gate on the sidewalk) and "Main" Clerk of Course (inside the gate).

- Swimmers in the Pre CoC will be organized by event and heat and then move to the Main CoC.

- Swimmers in the Main CoC will be “heat ready” and will go to the pool.
- We will be making announcements over the loudspeaker to communicate the events being called to CoC. Coaches or other volunteers are responsible for getting swimmers from the team areas to the Pre-Coc.

### **Spectators:**

Several spectator bleachers will be set up on the pool deck for your viewing of the swim meet. No personal chairs will be allowed to be set up on the pool deck. Spectators are invited to utilize the areas outside of the pool deck to set up their personal chairs. These areas are located around the entire perimeter of the pool. We ask that all be respectful of the bleacher seating and do not plan on camping out for the entire meet on the bleacher spaces. Please leave bleacher spaces for those watching the current races.

### **Team Volunteer Requirements**

Volunteer requirements will be designed to reflect the number of swimmers represented for each team. Jobs will include: timers, marshalls, and clerk of course. You can expect to provide stroke and turn officials, referees and computer volunteers per league guidelines.

### **All Star Merchandise and Concessions:**

T-shirts will be sold for \$20 (cash, check, or credit only). There will be no re-orders after the meet, so please come early for best size selection!

**Concessions/Snack Bar:** Breakfast items will be served, and will include Anita's breakfast burritos, Chick Fil-A breakfast sandwiches, Famous Toastery Pancakes, Muffins, Donuts and Starbucks coffee, along with all sorts of fun candy, snacks, and drinks. All snack bar items must be purchased through tickets. Tickets are \$1 per ticket. Tickets can be purchased for cash or credit card. Please be kind and bring smaller bills - it is hard to make change for large bills, especially at the start of the meet.

**The Ashburn Village Aqua Jets thank you in advance for your support!**