Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number SC16109OW

Host Club:	CLEMSON AQUATIC TEAM						
Meet Director: Meet Referee: Meet Entries To: Safety Marshal:	Eric Muth Jim Keogh Eric Muth Scooter Arwood	meetdirector@clemsonaquaticteam.org jakeogh@att.net meetdirector@clemsonaquaticteam.org larwood@clemson.edu	864-653-5731 864-508-6094 864-653-5731 864-650-5154				
	East Beach, Hartwell Lake, at the CU Rowing Facility, 522 East Beach Drive, Clemson SC 29634 (GPS Coordinates: Lat: 34.677159, Long: -82.854853). Water depth depends on the spring rains, start will be 5-14 feet, and the rest of the course is 25-50 feet. Water temperature is expected to be in the low 80°F range.						
Facility:	On-campus parking will be available. Please pay close attention to the parking attendants at the meet. Failure to comply with parking regulations will lead to ticketing by Clemson University Parking Services.						
	Stadium seating is plentiful near the start and finish of the race. A grass area is available for tailgate type tent set- up. Spectators and swimmers are encouraged to bring chairs. There is additional viewing available on a dyke area along a portion of the course.						
	Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein. Continual warm-ups will be available in an area near, but not on the course following general warm-up procedures.						
	Use of audio or vi locker rooms. De	ne, is not permitted in changing areas, rest rooms or					
Rules:	One event swimmers and non-SCLSC USA-Swimming members can only place and receive award(s) in the open event(s). Swimmers in the SCLSC should register for and swim in the SCLSC Championship event in order to place and score points in that event. All swimmers can swim in additional open events.						
	All safety requirements will be enforced for the well-being of our swimmers. In case the race needs to be abandoned, air horns and safety craft will direct the swimmers to shore. Once on the shore walk back to the meet start where swimmers will be directed to cover.						
	All swims are non-escorted swims. No escort boats are allowed on the course.						
Athlete Eligibility:	For the general meet all swimmers and teams must be currently registered members of USA Swimming. For an additional \$15 fee, non-USA Swimming athletes may register for a USA Swimming One-Meet Membership. Only SC LSC registered swimmers are eligible to compete in the State Championship events. Age will be based on the swimmers age on the first day of the meet.						
Entry Fees:	\$25 facility fee (includes cap and swimmer hospitality) \$2 per swimmer SCLSC Travel Fund/Program Fee (both in & out-of-state swimmers pay this fee) \$2 per out-of-state/SCLSC swimmer Travel Fund/Program Fee (out-of-state swimmers only pay this added fee) \$2 per swimmer SCLSC Sports Development Fee \$1 Jennifer Smith Scholarship Fund \$10 per each individual event \$12 per each deck entry						
	\$15 for one day registration of athletes not registered with USA-S.						
		n enter up to 4 events. SC LSC Swimmers of LSC and one-day USA-S members are	s are eligible to enter the championship events and only eligible to enter the open events.				

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Meet management reserves the right to alter the timeline or make any other necessary changes during the meet to provide the best and safest competition environment for the athletes. All like-distances will be seeded as a single event, without regard to a swimmer's age or gender. The Meet Director reserves the right to assign participants to waves in each event if number of entries warrants. If waves are necessary, they will be based on gender and age.

All races are out and back, swum along a buoyed line (kept to the right of the swimmers) that follows the east shore of Hartwell Lake. Buoys are placed every 100 meters along the course. Additional markers are placed at 50, 150 and 250 meters (half-K turn) to aid in the half-K. The finish shoot and line are clearly marked. At the 1K mark, the course makes a slight dog-leg left. At this point there is a set of two buoys forming a gate through which swimmers must pass on the out portion only of the 3K and 5K races. On the return portion, swimmers simply keep the course to their right.

SC LSC Open Water Championship Events:

Jim Keogh Senior 15-18 5K Christine Jennings 13-14 5K Jacque Grossman 11-12 3K 10 & Under 1K

Meet Format:

Open Events:

Open 5K Open 3K Open 1K Open 0.5K

Safety boats will monitor the entire course. Water and sports drink will be available on every boat on the course and at the turn. Swimmers must wear race cap, numbers on both arms and back for identification. Medical personnel will be on site.

For the 5K events, all swimmers who have not completed the course within 2½ hours will be retired. If the water/air temperature is above USA-Swimming's Rules the event will be shortened to a distance no longer than 4.5K.

For the 3K events, all swimmers who have not completed the course within 13/4 hours will be retired.

	Event and Distance	Check-In	Pre-Race Meeting	Event start not before
Time of Meet:	Open 5K, Jim Keogh Senior 15-18 5K, Christine Jennings 13-14 5K Open 3K.		7:30am	8:00am
	Jacque Grossman 11-12 3K	8:00am	9:45am	10:15am
	Open 1K, 10 & Under 1K	10:30am	11:15am	11:45am
	Open .5K	10:30am	11:15am	12:30pm

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	for team entries , only electronic entries using Standard Data Interchange format (SDIF/SD3) will be accepted. 00 seed times must be listed to 1/100 th second using short course yards times or with a no time entry.
e	Electronic files must be submitted by this deadline to meetdirector@clemsonaquaticteam.org . In order for your entries to be considered complete, the final Summary Sheet must be signed and e-mailed to the same address or exed to 864-656-0358 attention Eric Muth, no later than 11:59 pm on May 30 th , 2016.
	our payment in full (checks payable to Clemson Aquatic Team) should be submitted to the Clerk of Course prior the start of the first event.
	mail for the Summary Sheet and check is preferred, it must be received prior to the start of the meet and nailed to: Eric Muth, 127 Ashley Rd, Clemson SC 29631
<u>h</u> T S p	for individual entries , individuals must complete an electronic entry form and pay their fee electronically. See: http://www.deathvalleyopenwater.org The entry deadline is 11:59pm on May 30 th , 2016. SC Swimming does not accept deck registrations. Swimmers must be registered by the entry deadline. No day of the event registrations will be accepted. It will be cossible to add events on the day of the event up until the time of the pre-race meeting for that event at a cost of 12/event.
F S C 2	For the SC LSC Championship events, medals will be given to the top 10 SC Swimming places (Jim Keogh Senior 15-18 5K, Christine Jennings 13-14 5K, Jacque Grossman 11-12 3K and 10 & Under 1K). A SC LSC Championship team banner will be awarded to the overall SC team champion and plaques will be awarded to the and 3 rd top scoring SC Teams. In addition a Championship team banner will be awarded to the SC men's earn champion and the SC women's team champion. A swimmer can place and score in only one championship event.
	all open events will receive awards as follows: Medals will be given to the top 3 finishers, by gender and age roup (10&U, 11-12, 13-14 and 15-18, 19 &over). Places 4-10 will be awarded ribbons by gender and age.
0	NNA C SAMS 9.5K recognition will be given to anyone who completes all distances at the completion of the 5.5K. Anna was the first to swim and place in all events (0.5K, 1K, 2K, 3K and 5K for 11.5K total; note we no onger run the 2K event).
d re	Note that all awards (except the Anna C Sams) will be delivered within the weeks following the event (not on the lay of the event) to give time for result verification. In the case of team entries, awards will be delivered to the espective coach. In the case of individuals, awards will be delivered to the individual.
Scoring Details: 1	SC LSC Championships will be scored according to the top 10 finishers in each event by gender as follows: 1,9,8,7,6,5,4,3,2,1, then totaled by team for team awards and recognitions. A swimmer can place and score in only one championship event.
	iming is done by stopwatch.
Timing:	ining is done by stopwaton.
	Coaches must check in at Clerk of Course and provide current USA Swimming coaching credentials. Coaches

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Hospitality for athletes after their swim is included in the entry fee.

Concessions are available for sale to swimmers and spectators.

Meet t-shirts will be available for purchase (they are NOT included in the entry fee). Information about preordering t-shirts will be available on the CAT website: http://www.clemsonaquaticteam.org.

Other Information:

Directions: From Southbound Interstate 85S take exit 19B – merge right onto US76 / SC28 up to Clemson (10mi) – OR – From Northbound Interstate 85N take exit 14 – turn left on SC187 (6 mi). The road ends at the only traffic light, so turn left onto US76/SC28 toward Clemson (5mi). Either way, as you get near Clemson, take the SC93 exit and turn left onto SC93 for 1.4mi. You'll pass 5 lights, **and the soccer stadium and tennis courts on the left. Turn left at the next light and then an immediate right. Follow the signs.

From US123, drive to downtown Clemson. At the College Avenue light (SC133, by Starbucks), turn left toward Clemson University. At the second light (at the campus, 0.7mi), turn hard right onto SC93. Follow from the ** above.

Hotel contact information can be found on the CAT website: http://www.clemsonaquaticteam.org and click on CAT Hosted Meets tab, then on the Hotels link for details.

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Order of Events

5K Events (all swum together)

	Check-in: 6:30 am	
	Pre-race Meeting: 7:30 am	
	Competition: not before 8:00 am	
Girls Event #	Event Description	Boys Event #
1	Jim Keogh Senior 5K (15-18 SC LSC Championship)	2
3	Christine Jennings 13-14 5K (SC LSC Championship)	4
5	Open 5K	6
	3K Events (all swum together)	
	Check-in: 8:00 am	
	Pre-race Meeting: 9:45 am	
	Competition: not before 10:15 am	
	Event Description	
7	Jacque Grossman 11-12 3K (SC LSC Championship)	8
9	Open 3K	10
	1K Events (all swum together)	
	Check-in: 10:30 am	
	Pre-race Meeting: 11:15 am	
	Competition: not before 11:45 am	
	Event Description	
11	10&U 1K (SC LSC Championship)	12
13	Open 1K	14
	0.5K Events (all swum together)	
	Check-in: 11:15 am	
	Pre-race Meeting: 11:15 am (with the 1K meeting)	
	Competition: not before 12:30 pm	
	Event Description	
15	Open 0.5K	16
*****	Participants need only attend one pre-race meeting	

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Team Meet Entry Summary Sheet

(Individual entries through the web portal do not require this sheet)

Entry Deadline is 5/30/16

Total Number of Swimmers Total Number of Swimmers Total Number of Swimmers Total Number of out-of LSC Total Number of Swimmers Total # Individual Events Total Fees:	x \$25.00 Facility Fee	=\$ =\$ =\$ =\$ =\$ =\$
Team:	Team Code:	
Number of coaches at meet:		
Head Coach:		
Send e-mail results to:		
USA Swimming, SC Swimming, Corps of Engineers, City of C volunteers and coaches of the	lley Open Water meet, it is understood an Clemson Aquatic Team, Clemson Univer Clemson and all agents, employees, meese organizations shall be free from an reason of injuries to anyone during the c	rsity, US Army eet sponsors, y liabilities or
	f this form to meetdirector@clemsonaquaticteator to 864-656-0358 attention Eric Muth	am.org
Bring a check for the above a	amount to the Clerk of Course prior to the	first event.
•	e received prior to the start of the meet and outh, 127 Ashley Rd., Clemson SC 29631	d should be
Signature of Team Representative		