

Masters Weekly Announcements

Wednesday, November 22, 2017

FYI:

Workout Schedule this Week

Thursday – Thanksgiving 7-9am
CAPO Valley HS

Friday – 7-8am, 8-9am (Capo Valley HS)
12-1pm (Montanoso)

Saturday - 7-8am, 8-9am (Capo Valley HS)

Sunday – NO WORKOUT

1. Calendar of Team Events and Meets
2. SCM Championships!

3. November Team Spirit Month

4. Annual Christmas Party

**FYI – 2018 USMS Registration Must be Done
before Polar Bear Starts!**

<http://www.usms.org/reg/register.php>

Calendar Team Events and Meets

12/01-12/03 Fri-Sun

2017 SPMS Short Course Meters

Championships Commerce, CA

Thursday, December 7, 2017

Annual Team Christmas Party – At the home of
Ian and Margaret Stewart in Mission Viejo.

RSVP by Dec. 1

2017 SPMS Short Course Championships Friday, December 1 - Sunday, December 3, 2017

LAST DAY to sign up – Saturday Nov. 25

TEAM NADADORES

Fidler, Tyler	20
Peralta, Daniel	21
Viers, Audrey	34
Herlihy, Brendan	41
Walker, Heidi	42
Zawistoski, Lisa	48
Span, Eileen	52
Santy, James	55
Taylor, Jeffrey	61
Heather, Michael	63
Mc Cleave, Jeanne	63
Dougherty, Mindy	65

Montrella, Beverly	71
Graef, Margrit	86

Enter on line at:

https://www.clubassistant.com/club/meet_information.cfm?c=1293&smid=9564

November – Team Spirit Month

8 Days left!!!

Wear your Nadadores swim cap in workout during November and you will receive a chance to win a very special basket full of goodies.

Each time you wear your Nadadores swim cap your name will be placed in a box for the drawing at the end of the month.

Don't have a Nadadores swim cap – You can purchase them at CAS in Irvine.

In addition, orders may be made by phone or email as follows and delivered to the swim office.

C.A.S. Store

Address: 3972 Barranca Pkwy, Irvine, CA
92606

Telephone: 714 898-2655; E-mail
casswim@aol.com

GO NADADORES!!!

Nadadores Masters Annual Christmas Party

COST: \$10.00 per person collected at door
(Turkey will be provided)

****BYOB****

Please bring the following for 6-8 people

Last name (A-K) - Side Dish

Last Name (L-Z) - Salad

FUN THINGS 😊

Polar Bear Logo Contest - get you logos submitted by Dec. 1 - vote will be done at the party!

White Elephant Gift Exchange (\$15.00 max)

Dessert Competition - Homemade goodies only!

******RSVP by Dec. 1st ******

Here is the Evite link to RSVP

<http://evite.me/Cj1RGr8FuN>

Stay wet – Stay fit – Swim for life!