

# THE 2011 SOUTH CAROLINA STATE CHAMPIONSHIPS

FEBRUARY 3, 4, 5, 6, 2011

**HOST:** Rock Hill Area YMCA Aquatics and the Upper Palmetto YMCA  
Meet Referee: Jim Gluhosky and Michael Bennett  
Meet Directors: Paul Vezzetti & Joe Martin  
Safety Marshalls: Bobette Sweezer and Lifeguarding Staff of the Rock Hill Aquatics Center

**LOCATION:** Rock Hill Aquatics Center  
325 Rawlinson Road  
Rock Hill, SC 29732 (803) 817-7665

**SANCTION:** Held under Sanction of USA Swimming issued by SC Swimming, Inc.  
Sanction Numbers: SC1151SC & SC1152TT

**DATES/TIMES:**

<b>Thursday</b>	<b>Warm-ups:</b>	<b>4:00 pm (specifics start @4:40pm)</b>
	<b>Timed Finals:</b>	<b>5:00 pm</b>
<b>Friday, Saturday, &amp; Sunday</b>	<b>Warm-ups:</b>	<b>7:30 am (specifics start @8:30am)</b>
	<b>Preliminaries</b>	<b>9:00 am</b>
<b>Friday, Saturday, &amp; Sunday</b>	<b>Warm-ups:</b>	<b>5:00 pm (specifics start @5:40pm)*</b>
	<b>Finals:</b>	<b>6:00 pm *</b>

\*Warm-ups for the Saturday Finals will begin at 4:45 pm with specifics at 5:25 pm due to the recognition of Graduating Seniors at 5:45 pm. The Competition pool will be cleared at 5:40 pm for the Graduating Senior Recognition.

Warm-ups on Sunday may begin at 4:00 pm with the Finals beginning at 5:00 pm timeline permitting.

<b>Friday, Saturday, &amp; Sunday</b>	<b>Warm-ups:</b>	<b>Not before 12:00 Noon</b>
	<b>Timed Finals:</b>	<b>1:00 pm or one hour after warm-ups begin</b>

**FACILITY:** The Rock Hill Aquatics Center has two 25-yard pools. Both pools are bottom striped, wall targeted, have non-turbulent lane lines, a fully automatic Colorado Timing System with backup. An Olympex scoreboard is used with the ability to show 16 lanes. Up to 16 lanes may be used for preliminaries. Ten (10) short course lanes will be used for finals. The competition pool has 10 lanes and the warm-up pool has 8 lanes. Both pools will be the same temperature. Continuous warm-down area will be available.

The water depth of the competition course is eight (8) feet, six (6) inches, measured from one (1) meter to five (5) meters, on the starting end of the course, and five (5) feet, two (2) inches, measured from one (1) meter to five (5) meters, at the turn end of the course.

The water depth of the warm down course is four (4) feet, eleven (11) inches, measured from one (1) meter to five (5) meters, on the starting end of the course, and three (3) feet, six (6) inches, measured from one (1) meter to five (5) meters, at the turn end of the course.

The competition course has not been certified in accordance with 104.2.2C(4)

Parking will be available in the Rock Hill Aquatics Center Parking lot. Parking will also be available at the adjacent elementary school on Thursday & Friday evening, all day Saturday and Sunday. **Please do not park on the street nor across the street at the neighborhood entrance. Cars will be towed if parked on the street or at the neighborhood entrance. Satellite parking will be available if needed with a shuttle service.**

Spectators will be limited to areas designated. Elevated bleacher seating is available. **Spectators may bring chairs although they may not be placed in the bleachers and the chairs or any other items may not be used to reserve seats between sessions. Large family size coolers are not permitted in the bleachers.** All other areas will be considered the deck, on which only swimmers, officials, coaches and meet personnel are allowed. Swimmers must be seated on the pool deck and not in the bleachers.

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**ELIGIBILITY:** All swimmers and teams must be currently South Carolina registered members of USA Swimming. All swimmers entered must meet or exceed the South Carolina State Meet Qualifying Standards in **EACH** event entered. All swimmers shall have previously met a state meet individual event qualifying time standard in the age group of the relay event in which they swim.  
Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. "

**PROOF OF TIME:** A fine of \$100.00 will be levied against the club (or if unattached, against the swimmer) when a swimmer fails to swim a time equal to or faster than the South Carolina qualifying standard for each event at the South Carolina Short Course State Championship and the club (or swimmer, if unattached) is unable to prove, using official meet results, that the swimmer has met the qualifying time standard in that event in a meet held on or after February 12, 2010 (the first day of the 2010 South Carolina State Short Course Championships). This fine must be paid or the time proven within 45 days from the date of notification. Failure to pay within the 45 day limit will result in the fine being doubled (\$200.00). This notification will be made by the South Carolina Swimming Administrative Vice Chairman using an exception report generated by the host club and sent with the meet results. The enforcement of this fine is the duty of the South Carolina Swimming Administrative Vice Chairman.  
If swimmers participating in a relay fail to meet the aggregate time, their team must demonstrate, using the above procedure, that the composite time of those four swimmers meet the South Carolina State Championship qualifying relay standard. Fines will be levied as above.

**TIMING:** Meet Timing Provided by Upper Palmetto YMCA Timing.

**ENTRIES FORMAT:** **ALL ENTRIES MUST MEET OR EXCEED THE STATE QUALIFYING TIME STANDARD IN EACH EVENT.**

All times must be listed to the 1/100<sup>th</sup> of a second. Entries must be submitted using a South Carolina State Meet Qualifying Short Course Yard or Long Course Meters time. Times must have been achieved on or after February 12, 2010 and prior to the entry deadline.  
For all individual events, proof of time is necessary. Entry times will be checked against the SWIMS database. For these events, UPYMCA timing will provide the LSC with a printout of the times that will need to be proved prior to the seeding of the meet.

The multi-age group events will be set up with different events numbers for each age group. Swimmers should be entered in the correct age group. The events will then be combined in the meet manager software and the events will be contested as specified in the meet information. This will allow for the verification of the entry times for each swimmer in each entered event.

Checks & the meet summary form from the meet information should be mailed to:  
2011 SC Short Course State Championship Entries  
c/o Lynn Williams  
Rock Hill Aquatics Center  
325 Rawlinson Road  
Rock Hill, S.C. 29732

Entry fees may also be paid by credit card at the meet. However, the summary sheet should be mailed to the above address.  
Faxed entries will not be accepted. No late entries will be accepted.

**ENTRIES LIMIT:** All swimmers may swim three (3) individual events per day exclusive of relays. A Time Trial is counted as an individual event. Teams may enter as many relays as desired. However, only one relay per team will score and receive awards.

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## ENTRY DEADLINE:

**ALL entries MUST be received no later than 9:00pm Tuesday, January 25<sup>th</sup>, 2011.** Teams attending a meet the weekend prior to the beginning of the meet (January 29-31) may enter new qualifying swims and/or swimmers by 12:00 noon on Monday, February 1. No times may be updated by participation in a meet on that same weekend. Full payment and all required paper work must accompany your entry to be accepted. Questions, up to the deadline, can be addressed to Lynn Williams at 803-417-8982. Teams are responsible for the delivery of entries on time. **No changes to meet entries can be made after the deadline except for non-qualifying times which were discussed above.**

## MEET EXCEPTIONS:

Per SCLSC Policy & Procedures an exception report will be sent to the teams who enter swims with substandard entries via an email. The exceptions will be sent out on Friday, January 29<sup>th</sup>. All corrections must be received within 24 hours of the time stamp of exception email or the entry will be scratched from the event. Due to time constraints please plan accordingly.

## ENTRY FEES:

### All Athletes:

11&Over Entry Fee per event: \$3.00 per swimmer  
10&Under Entry Fee per event: \$2.75 per swimmer  
Entry Fee per relay: \$8.00 per relay  
LSC Travel Fund: \$2.00 per swimmer  
Jennifer Smith Fund: \$1.00 per swimmer  
Time Trials: \$6.00 per Event  
Pool Surcharge: \$7.00 per swimmer

**Clubs should submit a single check payable to Upper Palmetto YMCA for the full amount due. All fees must be paid prior to any swimmer entering the pool. Teams may also pay on site with a credit card prior to any swimmer entering the pool. Entry fees for events not swum will not be refunded nor will a credit be given.**

## MAIL COMPLETED ENTRIES TO:

**U.S. Mail:**  
2011 S.C. Short Course State  
Championships  
c/o Lynn Williams  
325 Rawlinson Road.  
Rock Hill, SC 29732

**E-Mail Entry Files and any entry questions to:**  
[lmwilliams@comporium.net](mailto:lmwilliams@comporium.net)  
Subject: 2011 SC STATE MEET

E-mail Questions can be emailed to:  
[lmwilliams@comporium.net](mailto:lmwilliams@comporium.net)

**Entries must include: hard copy and payment: Faxed entries will not be accepted.**

**\*\*\*\* PLEASE SIGN RELEASE OF SIGNATURE FOR OVERNIGHTED MAIL. \*\*\*\***

## MEET FORMAT:

**Meet management reserves the right to adjust course breakdown and warm-up times based on number of entries. Meet Management also reserves the right to move an age group to another session based on the time line and number of entries. Meet management reserves the right to utilize two pools for competition for any events as described below.**

- All 11-12, 13-14, and 15-18 events, except those noted on the itinerary and below, will be conducted as Preliminary/Final events with one heat of 10 returning for 11-12 and 13-14 in finals. 15-18 swimmers will have two heats of 10 swimmers for finals. A consolation "B" final heat will follow the championship "A" final heat. All 10 & under events will be conducted as Timed Finals during the Timed Final sessions. 11-12 events will be in the Timed Finals afternoon session. The 11-12 events will be contested as Preliminary/Final events with the below exceptions.
- The 10&Under and 11-12 500 freestyles, the 11-12 400 IM and the 11-18 1000 freestyles will be swum fast to slow alternating girls and boys. Meet Management reserves the right to utilize two pools for the 500 freestyle events, the 1000 freestyle events and the 11-12 400 IM. If two pools are utilized they will be contested as described below without alternating gender.

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The 11-12 age group will be seeded with the 13-14 and 15-18 age groups for the 1000 Freestyle and will be scored separately: 11-12, 13-14, 15-18.

- The 1650 Freestyle will be seeded together and scored separately by age group: 11-12, 13-14, and 15-18. Swimmers must have the qualifying time for their respective age group. See below for special instructions for the 11-12 1650.
- The 1650 Freestyle on Sunday morning will be contested fastest to slowest, alternating women and men with the fastest heat of women and men being swum in finals. All heats of the 11-12 1650 will be conducted during the preliminary session fast to slow alternating women and men. If two pools are utilized for the 1650 Freestyle events, they will be contested with one gender in one pool and the other gender in one pool as described below. They will not be contested alternating women and men as one gender will be in each pool.
- **If the number of entries in the meet warrants the use of 2 pools for the distance events (individual events 400 yards & longer) and the events are contested in 2 pools, the event gender that has the least number of positively checked in entries will be contested in the warm-up pool. The gender which has the largest number of positively checked in entries will be contested in the competition pool. In the event that an equal number of swimmers is positively checked in for both genders, the Referee will make the determination for which gender will compete in each pool.**
- The 11-12 200 Fly, 200 Back, 200 Breast, and 500 Free will be conducted as deck-seeded, positive check-in, Timed Final events with the fastest ten swimmers swimming in Finals.
- The 13-14 & 15-18 400 IM and 500 Freestyle events will be conducted as Prelim/Final events. These events will be deck seeded, with the top 3 women heats swimming (Slow to Fast, circle-seeded), followed by the top 3 men heats (Slow to Fast, circle-seeded), and then the remaining heats will be competed alternating women / men fast to slow. If two pools are utilized for these events, they will be contested as listing without alternating heats women and men as one gender will be in one pool & the other gender in one pool.
- All 11-12, 13-14, and 15-18 relays will be Timed Finals in the Finals Sessions with the below listed exceptions. **All relays will be deck seeded after positive check in on the day of the relay with the Top 10 positively checked in relays competing in the finals sessions. All other relays will compete in the preliminary session.** Positive check in for relays will close 30 minutes prior to the start of the session. 10 and under relays will be conducted during the Timed Finals session. Meet management reserves the right to have 11-12 relays contested during the Timed Finals/Preliminary session to improve the Finals time line. If this item is invoked, the 11-12 relays will contested after the 10-Under relays.
- All individual events 400 yards and longer for 10 & under, 11-12, 13-14 and 15-18 age group events as mentioned above will be deck seeded and require a positive check-in. Positive check-in will close thirty minutes prior to the start of the session.
- Meet management reserves the right to utilize both the warm-up pool (6 lanes) as well as the competition pool for competition for any and/or all events 400 yards and longer. If the warm-up pool is used for competition, 6 lanes will be used for competition, one lane will be a buffer lane and one lane will be available for continuous warm-up/warm-down. Both pools will be as close in temperature as is possible.
- Seeding will be by SCY times, followed by LCM times.
- Relay teams must meet the relay standard with aggregate times, if using swimmers not qualified in an individual event.
- Entry times may not be converted.
- Deck entries for individual and relay events will not be permitted.
- All USA Swimming registration numbers will be verified with the SCLSC registration database.
- The names of swimmers in each "A" Championship Final heat will be announced prior to the start of the event. The names of swimmers in the "B" heats will be announced as they are in the water.
- The meet will be conducted according to this meet information and the SCLSC Policies and Procedures.

## PROOF OF TIME:

Per SC LSC Policies and Procedures, swimmers that do not equal or better the State Qualifying Time Standards in any event at the championship meet must be able to prove that they have previously achieved the qualifying time.

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## SCRATCH PROCEDURES:

- Coaches with swimmers entered in more than three events per day must scratch a swimmer from the excess events. Coaches are encouraged to not over enter swimmers.
- Any swimmer not planning to swim at night in the finals must scratch so those swimmers who would like to swim again may do so. The penalty for failure to show in a final or consolation final is being barred from the remainder of the meet (USA Swimming Rule 207.7.9).
- The penalty for missing a deck-seeded event will result in being barred from the swimmer's next individual event.(USA Swimming Rule 102.3)
- There will be no penalty for not swimming in the seeded preliminary events.

## SWIM-OFFS:

It is the coaches' and swimmer's responsibility to check for ties leading to swim-offs. Swim-offs will be swum immediately following the preliminary session or not more than 45 minutes after the last heat of any event in which any one of these swimmers is competing in that session. Any swimmer not present for a swim-off will be dropped to the lower place.

## TIME TRIALS:

Time Trials will be conducted after preliminaries, at the end of the afternoon session and/or after finals at discretion of Meet Referee. Time Trial fees must be paid upon entry at the Clerk of Course.

## AWARDS:

Banner and rotating trophies: First place overall, men, and women  
Plaques: Second - Third Place overall  
Individual Events: Medals: First – Tenth Place  
Relays: Medals: First – Third, Ribbons: Fourth -Tenth  
High Point: Plaques: Highest scoring male and highest scoring female in each age group

## SCORING:

**Individual Events:**  
11-9-8-7-6-5-4-3-2-1

**Relay Events:**  
22-18-16-14-12-10-8-6-4-2

## OFFICIALS:

Individuals wishing to officiate at this meet should contact Meet Referee Jim Gluhosky. Officials will meet beginning one hour prior to the start of competition in Hospitality. Officials are required to show proof of current USA Swimming Non-Athlete registration and current USA Swimming Officials' credentials. There will be a link set up by the meet referee for online signup for officiating although on-site signups will be welcome as well.

## MEET ELIGIBILITY JURY:

A Meet Eligibility Jury will be formed by the SCLSC Administrative Vice Chair after the entries have been received as deemed necessary. This jury will be comprised of three (3) individuals as follows: one coach, one athlete, and one official. This jury will meet and determine the outcome of any protests affecting the eligibility of any swimmer to compete or to represent any team/organization.

## MEET COMMITTEE:

A meet committee will be formed by the Meet Referee prior to the start of the first session of the meet. This jury will consist of not less than three (3) and not more than five (5) persons, at least one of whom must be a coach and one an athlete.

## RELEASE:

USA Swimming, South Carolina Swimming LSC, Rock Hill Area YMCA Aquatics, Upper Palmetto YMCA, Upper Palmetto YMCA Timing, and any volunteers and sponsor organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

## COACHES:

Coaches must check in at Clerk of Course and provide current coaching credentials to be permitted on deck. A coaches meeting will be held fifteen minutes prior to the start of the Friday Timed Final Session. The referee may call other coaches meetings as needed. One coach from each team may

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pick up the team's packet at Clerk of Course. Finals heat sheets, relay cards and any announcements will be available at Clerk of Course.

## SAFETY:

The South Carolina LSC Safety Procedures will be in effect. Each team will be assigned a lane/lanes for the specific portion of each warm-up session. A copy of the SCLSC Warm-up Procedures will be available in the coach's packet and posted around the pool. Coaches are expected to closely supervise their swimmers at all times, including warm-up and warm down. Diving is permitted only during specific warm-up times, as announced, in the competition pool only. There will be no diving at any time in the warm-up pool or from the sides of the pool. Backstroke swimmers must enter the water feet first in rotation.

Deck marshals will be assigned to supervise all sessions of the meet and will have the authority to remove any swimmer, coach, parent, or club from the pool and facility, if necessary, for not following the facility and meet safety rules. Running and horseplay are both prohibited.

Glass containers/bottles, alcoholic beverages and tobacco products of any kind are prohibited inside the swimming venue and the Rock Hill Aquatics Center

Each team should monitor and clean your team area at the conclusion of each session. Chairs may be left on the deck between sessions but must be folded and put against the wall.

Shaving down is not permitted in the facility.

The use of pull buoys, paddles, kickboards, bands, tubing and other equipment is prohibited.

**Any swimmer found to be abusing any area of the facility will be barred from further competition and will also be barred from the facility. The team of any swimmer found to be abusing any area of the facility will be held responsible for any and all repairs resulting from the abuse.**

Body paint is not permitted in the facility.

Swimmers who participate in the meet without a coach present must notify the Meet Referee prior to the start of warm-up so that a coach may be assigned to them. These swimmers must also present proof of diving certification.

Only authorized volunteers and working personnel may remain on deck during the meet. All others must remain in the designated spectator areas and are not permitted in the racing venue unless timing for an event or volunteering with the management of the meet.

## TIMERS:

Timers from participating teams are encouraged and appreciated. Each swimmer in the 500, 1000, and 1650 Freestyle events and the 400 IM will be required to provide a timer (during all Preliminary and Timed Final sessions), and if desired, a person to count.

## GRADUATING SENIORS:

Please provide a list of all your graduating seniors (See attached form). Seniors will be recognized prior to the start of the Finals session on Saturday Evening, February 5, 2011. If we do not receive the form prior to the entry deadline, your seniors will not be recognized in the heat sheet and will not receive the flowers (their names may be announced if given to us in a timely manner). Warm-ups will begin 15 minutes early on Saturday Evening due to this recognition.

## On-Site Amenities:

The Upper Palmetto YMCA Swim Shop will be open for all of your swimming equipment needs. The Rock Hill Area YMCA Aquatics volunteers will offer a full concession stand in the lobby of the Aquatics Center.

Hospitality for coaches and officials will be available in the Hospitality Room. Swimmers and spectators are not permitted in the Hospitality Room.

## CONTACT:

Lynn Williams Day: 803-417-8982,  
Night after 9:00 pm: 803-547-4236  
[lmwilliams@comporium.net](mailto:lmwilliams@comporium.net)

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**Financial Summary Sheet**

Age Group	Individual				Relays	
	Total # of Swimmers	Total # Entries \$2.75 10&UN \$3.00 11&Over	Total per Swimmer Fee (\$11.00)	Total Entry Fee	Total # Relays (\$8.00 each)	Total Relay Entry Fee
10 & Under Girls \$2.75						
10 & Under Boys \$2.75						
11-12 Girls \$3.00						
11-12 Boys \$3.00						
13 -14 Girls \$3.00						
13 -14 Boys \$3.00						
15-18 Girls \$3.00						
15-18 Boys \$3.00						
<b>Total Individual Entries/Fees</b>						

Make checks payable to: **Upper Palmetto YMCA.** Total Fees

**Return this summary sheet with entry fees and entry forms to:**

Mail Hard Copy of entries to:  
 2011 South Carolina Short Course State Championships  
 c/o Lynn Williams  
 325 Rawlinson Road  
 Rock Hill, SC 29732  
 (V) 803-417-8982

Email Entry Files to:  
[lmwilliams@comporium.net](mailto:lmwilliams@comporium.net)

USA Swimming, South Carolina Swimming LSC, Rock Hill Area YMCA Aquatics, Upper Palmetto YMCA, Upper Palmetto YMCA Timing and any volunteers and sponsor organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

Coch: \_\_\_\_\_ Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Club: \_\_\_\_\_ Club Code: \_\_\_\_\_ LSC: \_\_\_\_\_

Mailing Address:  
 (For Final Results)  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Secondary Contact Person: Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Number of Coaches Attending Meet: Thur \_\_\_\_\_ Fri \_\_\_\_\_ Sat \_\_\_\_\_ Sun \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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## Coaches:

**Please use this checklist to make sure you return all the required items. This form must be filled out and included with your entry.**

- Financial Summary Form (including e-mail address).
- Hard copy of entries.
- Check for all fees (payable to Upper Palmetto YMCA ).
- Graduating Senior Swimmers Listing

**I certify that this entry is completed to the best of my ability and that all swimmers entered have achieved the entry time required in each event.**

\_\_\_\_\_  
**Coach's Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Club Name**

\_\_\_\_\_  
**Club Abbreviation**





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*All 10 & Under events will be contested as Timed Finals swimming in the Afternoon Timed Final Session*

The 11-12 200 Breaststroke, 200 Butterfly, 200 Backstroke and 400 Individual Medley will be Positive Check-in events with the top 10 swimmers going straight to finals.

The 1650 Freestyle will be a Positive Check in Event with the top 10 swimming in finals. All heats of the 11-12 1650 will be contested during the afternoon session.

All relays will be positive check in events and will be deck seeded. The Top 10 positively checked for each age group & gender will swim at night in the Finals sessions. All other relays will be swum in the Preliminary sessions.

## THURSDAY EVENING TIMED FINALS

WARM-UPS: 4:00 PM TIMED FINALS 5:00 PM

EVENT #	AGE	DISTANCE	STROKE
1-2	18-U	800	FREE RELAY
3-4	11-12	400	INDIVIDUAL MEDLEY
5-6	11-18	1000	FREESTYLE

## FRIDAY MORNING PRELIMS

WARM-UPS 7:30 AM PRELIMS 9:00 AM

EVENT	AGE	DIST.	STROKE
9-10	13-14	200	FREE
11-12	15-18	200	FREE
15-16	13-14	100	BREAST
17-18	15-18	100	BREAST
21-22	13-14	100	FLY
23-24	15-18	100	FLY
27-28	13-14	400	IM
29-30	15-18	400	IM

## FRIDAY AFTERNOON PRELIMS/TIMED FINALS

WARM-UPS: NOT BEFORE 12:00 NOON PRELIMS/TIMED FINALS: NOT BEFORE 1:00 PM

EVENT	AGE	DIST.	STROKE
7-8	11-12	200	FREE
201-202	10-U	200	FREE
13-14	11-12	100	BREAST
203-204	10-U	100	BREAST
19-20	11-12	50	FLY
205-206	10-U	50	FLY
25-26	11-12	200	BACK
207-208	10-U	100	IM
31-32	11-12	100	IM
209-210	10-U	200	FREE RELAY

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## FRIDAY EVENING FINALS

WARM-UPS: 5:00 PM		CHAMPIONSHIPS: 6:00 PM	
EVENT	AGE	DIST.	STROKE
7-8	11-12	200	FREE
9-10	13-14	200	FREE
11-12	15-18	200	FREE
13-14	11-12	100	BREAST
15-16	13-14	100	BREAST
17-18	15-18	100	BREAST
19-20	11-12	50	FLY
21-22	13-14	100	FLY
23-24	15-18	100	FLY
25-26	11-12	200	BACK
27-28	13-14	400	IM
29-30	15-18	400	IM
31-32	11-12	100	IM
33-34	13-14	400	FREE RELAY
35-36	15-18	400	FREE RELAY
37-38	11-12	200	FREE RELAY

## SATURDAY MORNING PRELIMS

WARM-UPS: 7:30 AM		PRELIMS 9:00 AM	
EVENT	AGE	DIST.	STROKE
41-42	13-14	200	FLY
43-44	15-18	200	FLY
47-48	13-14	50	FREE
49-50	15-18	50	FREE
53-54	13-14	200	BREAST
55-56	15-18	200	BREAST
59-60	13-14	100	BACK
61-62	15-18	100	BACK
65-66	13-14	500	FREE
67-68	15-18	500	FREE

## SATURDAY AFTERNOON PRELIMS/TIMED FINALS

WARM-UPS: NOT BEFORE 12:00 NOON

PRELIMS/TIMED FINALS: NOT BEFORE 1:00 PM

EVENT	AGE	DIST.	STROKE
39-40	11-12	100	FLY
211-212	10-U	100	FLY
45-46	11-12	100	FREE
213-214	10-U	100	FREE
51-52	11-12	50	BREAST
215-216	10-U	50	BACK
57-58	11-12	50	BACK
217-218	10-U	500	FREE
63-64	11-12	500	FREE
219-220	10-U	200	MEDLEY RELAY

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## SATURDAY EVENING FINALS

WARM-UPS: 4:45 PM CHAMPIONSHIPS 6:00 PM

GRADUATING SENIOR AWARDS AT 5:45 PM

EVENT	AGE	DIST.	STROKE
39-40	11-12	100	FLY
41-42	13-14	200	FLY
43-44	15-18	200	FLY
45-46	11-12	100	FREE
47-48	13-14	50	FREE
49-50	15-18	50	FREE
51-52	11-12	50	BREAST
53-54	13-14	200	BREAST
55-56	15-18	200	BREAST
57-58	11-12	50	BACK
59-60	13-14	100	BACK
61-62	15-18	100	BACK
63-64	11-12	500	FREE
65-66	13-14	500	FREE
67-68	15-18	500	FREE
69-70	11-12	200	MEDLEY RELAY
71-72	13-14	400	MEDLEY RELAY
73-74	15-18	400	MEDLEY RELAY

## SUNDAY MORNING PRELIMS

WARM-UPS: 7:30 AM PRELIMS: 9:00 AM

EVENT	AGE	DIST.	STROKE
77-78	13-14	100	FREE
79-80	15-18	100	FREE
83-84	13-14	200	BACK
85-86	15-18	200	BACK
89-90	13-14	200	IM
91-92	15-18	200	IM
97-98	13-18	1650	FREE

## SUNDAY AFTERNOON PRELIMS/TIMED FINALS

WARM-UPS: NOT BEFORE 12:00 NOON

PRELIMS/TIMED FINALS: NOT BEFORE 1:00 PM

EVENT	AGE	DIST.	STROKE
75-76	11-12	200	FLY
221-222	10-U	50	FREE
81-82	11-12	50	FREE
223-224	10-U	50	BREAST
95-96	11-12	200	BREAST
225-226	10-U	100	BACK
87-88	11-12	100	BACK
227-228	10-U	200	IM
93-94	11-12	200	IM
99-100	11-12	1650	FREE

# THE 2011 SOUTH CAROLINA STATE CHAMPIONSHIPS

FEBRUARY 3, 4, 5, 6, 2011

SUNDAY	EVENING	FINALS	
WARM-UPS	5:00 PM	CHAMPIONSHIPS: 6:00 PM	
EVENT	AGE	DIST.	STROKE
97	13-18	1650	FREE
75-76	GIRLS 11-12	200	FLY
98	13-18	1650	FREE
81-82	BOYS 11-12	50	FREE
77-78	13-14	100	FREE
79-80	15-18	100	FREE
95-96	11-12	200	BREAST
83-84	13-14	200	BACK
85-86	15-18	200	BACK
87-88	11-12	100	BACK
89-90	13-14	200	IM
91-92	15-18	200	IM
93-94	11-12	200	IM