BCH February Intrasquad Meet

Sanctioned by: USA Swimming & Southern California Swimming

Sponsored By: Boulder City Henderson Swim team

Date of Meet: Feb. 20, 2016

Sanction No S16

Received by entry deadline: 9:00 pm, Feb.10, 2016 Start Times of Meet: 10:45 am Warm-up 10 am

POOL Heritage Park Aquatic Center 310 S. Racetrack Road Henderson Nv. 89015

DIRECTIONS: From I 93/93 exit east Horizon Drive, continue past Boulder Highway as it becomes Racetrack rd. The pool will be on the left. Approximately 3 miles from I 93/95

<u>COURSE:</u> indoor, 10-lane 25 yrd course. 3 warm up lanes. The competition course has been certified in compliance with 104.2.2(C) Pool depth: start end 7 feet and end at 7 feet.

<u>WARM-UP Procedures:</u> All lanes will be open for USA Swimming Member Coach supervised warm-up between 10 a.m. and 10:40 a.m. Diving will be allowed in designated practice start lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 20 minutes before the start of the meet. The pool will close5 minutes before the start of each session

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee.

RULES: USA Swimming: rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. Meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 30 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION. After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on Feb. 20, 2016, to enter this meet. Timers must be provided by all families. Swimmer may swim a maximum of 4 events.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

DECK CHANGES: Deck changes are prohibited.

RECORDING DEVICES AND MEDIA NOTICE: The use of audio-visual recording devises, including cell phones, is not permitted in locker room or changing areas. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by media including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

Racing Start Certification: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of swimmer or the swimmer's legal guarding to ensure compliance with this requirement.

ELIGIBILITY: Open to BCH or Unatt. Athletes training with BCH who hold 2016 USA Swimming Registration. Registration application must be received by Wednesday Feb. 10, 2016 by the SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, and B. REGISTRATION APPLICATION MAY BE SUBMITTED TOGETHER WITH ENTRY FORM. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a Club Transfer form to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee..

<u>SUBMITTED TIMES</u>: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). All nonconforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

AWARDS: Events will be awarded ribbons 1-8 in 5-6,7-8,9-10,11-12 and 13 & up age groups.

ENTRY FEES: \$4.00 for each individual event along with a \$7.50 surcharge per swimmer must accompany each individual entry card. NO REFUNDS. Returned checks may incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. NO DECK ENTRIES. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. Deletions will not be refunded.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 9 PM, Wednesday Feb. 10 2016.

Make Checks payable to: BCH Swim Team MAIL ENTRIES TO: BCH Swim Team

PO Box 60321 Boulder City Nv 89006

Questions: SCS Office (800) 824-6206 Email for team electronic entries only Karenbarra58@gmail.com

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

BCH February Intrasquad Meet

Saturday Feb. 20, 2016

Heritage Park Aquatics Center

Warm up 10:00 AM

Start 10:45 AM

Event 1 Mixed 7-8, 9 & over 200 Freestyle

Event 2 Mixed 7-8, 9 & over100 Backstroke

Event 3 Mixed 5-6,7-8, 9 & over50 Freestyle

Event 4Mixed 9 & over 200 Breaststroke

Event 5 Mixed 7-8, 9 & over 100 Butterfly

Event 6 Mixed 5-6,7-8, 9 & over 50 Breaststroke

Event 7 Mixed 7-8, 9 & over 100 IM

Event 8 Mixed 9& over 200 Backstroke

Event 9 Mixed 7-8, 9 & over 100 Freestyle

Event 10 Mixed 5-6,7-8, 9 & over 50 Backstroke

Event 11 Mixed 9 & over 200 Butterfly

Event 12 Mixed 7-8, 9 & over 100 Breaststroke

Event 13 Mixed 5-6,7-8, 9 & over 50 Butterfly

Event 14 Mixed 7-8, 9 & over200 IM

Event 15 Mixed 9 & Over 500 Freestyle

Event 16 Mixed OPEN(11 & over) 400 IM