



# Newsletter

October 13, 2008

[www.psswim.com](http://www.psswim.com)

## Home Location:

Rancho Arbolitos Swim  
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SI Swim Office: (619) 275-1292  
Website to check times and meet  
entries: [www.sports-tek.com/tmonline](http://www.sports-tek.com/tmonline)

## Coaches' Emails:

Di: [dimolenaar@psswim.sdcoxmail.com](mailto:dimolenaar@psswim.sdcoxmail.com)  
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## Newsletter

Coach Alex

## All Team Inquires

### Website/Accounting

Gary Scott: Team Manager  
[gary@psswim.sdcoxmail.com](mailto:gary@psswim.sdcoxmail.com)

## UPCOMING NOVICE MEET

*There will be a "Monster Splash" Fun Novice Event on Sunday, November 2 at Rancho Bernardo HS Pool. Check in will be at 9:15am, the meet will begin at 10:00am. Only USA Registered swimmers can compete in this meet! For more information and for the meet sheet, please ask your coaches or inquire at the Front Desk at Rancho Arbolitos.*

## Escondido ABC Meet

*Please note that **NO PS swimmer should be entered in the Escondido Meet on Saturday, October 18.** This is the day of our banquet, swimmers should be committed to this event, and no coaches will be attending the meet. Swimmers should enter Sunday events **ONLY**. Please note that this meet is at Cathedral Catholic High School, NOT Washington Park. Directions: Eastbound on 56, exit Carmel Valley Rd, turn Right. Left onto Del Mar Heights Rd, school is on left.*

## Pacific Swim Annual Team Banquet

A reminder that our banquet is this Saturday, October 18<sup>th</sup>, 2008 at 2:00pm  
Please note the following details:

1. We need a few parent volunteers to arrive at 12:30pm to help decorate and set up. Volunteer sign-up is online under "Upcoming Events"
2. The banquet will be held at Lake Poway. The event will be catered by a local Mexican catering service. Di has had them cater events for her before, and all the coaches can vouch for the delicious food!
3. The event will begin at 2:00pm. We will have games for everyone, as well as a DJ to get everyone up and dancing!
4. **You will need to bring your own chairs and picnic blankets**, as the setting is casual and informal.
5. There are paddle boats and other recreational activities at the lake, so plan on bringing along some extra cash if you want to rent these items. The paddleboats cost \$7.50/hour, and they accept cash only.
6. All swimmers who attend will receive a trophy, and coaches will be speaking and awarding special awards.
7. Punch will be provided, and if you want additional drinks, please bring your own in a cooler. No alcohol allowed.

**The PS Team Pictures will be available for collection at the Banquet. If you are not attending the Banquet, you can collect your pictures on Monday, October 20 at Rancho Arbolitos.**

**Please note that there will be regular Saturday morning practice on Saturday, October 18.**



## Silver and Red Group Schedule Change

*We apologize for the schedule changes the past few weeks. All decisions are made with the swimmers best interests in mind, and we do our utmost to accommodate everyone*

### **Silver (Alex & Aren)**

Mon – RA 5:30-7:30pm  
Tues – RA 5:30-7:30pm  
Wed – RA 5:30-7:30pm  
Thurs – Poway 5:30-7:30pm  
Fri – Frog's 6:00-7:30pm  
Sat – Poway 8:00-10:00am

### **Red (Grace)**

Mon – Poway 5:30-7:00pm  
Tues – Poway 5:30-7:00pm  
Wed – Poway 5:30-7:00pm  
Thurs – RA 5:30-7:00pm  
Fri – Poway 5:30-7:00pm  
Sat – Poway 8:00-10:00am

### **Carpool Needed**

**We have a family in need of a carpool from Coach Grace's group to the Carmel Valley area.**

**Please e-mail Gary at [gary@psswim.sdcoxmail.com](mailto:gary@psswim.sdcoxmail.com) if you are able to help, and he will put you in touch with the family. Thank you!**

### **Officials Needed for Younger Groups**

We are in need of officials for the younger groups. If you have children who swim in the 8-12 year old age-group, we urge you to consider becoming an official. PS often sends many kids to meets, and San Diego Swimming levies fines against us if we do not provide officials at these meets. If becoming an official is something that you might consider please email [gary@psswim.sdcoxmail.com](mailto:gary@psswim.sdcoxmail.com) and he will give you a team official to contact to find out more about officiating. Also, remember that officials never have to bring or return tarps or perform timing duty if they choose. – Thank You

## Pacific Swim Meet Schedule 2008-09 SD-SI Short Course Season

DATE	MEET/EVENT	PS Entry Due	Host Team
<b>Sat. Oct. 4</b>	Pacific Swim Freestyle Festival All Ages A/B/C (North) Coaches- All	CLOSED	PS Poway Pool
<b>Sun. Oct. 19</b>	All Ages A/B/C (North) Coaches- Alex, Grace	CLOSED	ESC Cath. Cath.
<b>Fri.-Sun. Nov. 7-9</b>	A/B All Ages Coaches- Dan, Owen	Oct. 28th	RSD B&G Club SB
<b>Sat.-Sun. Nov. 15-16</b>	C- All Ages Coaches- Grace, Carolayn, Alex	Nov. 4th	HSA El Cajon HS
<b>Sat.-Sun. Nov. 22-23</b>	OPEN – Possible Travel Meet	TBA	TBA
<b>Sat. Dec. 6</b>	12 and Under Pentathlon (A Level Swimmers Only) Coaches- Owen, Grace	*Nov. 17th	CAST Kroc Center
<b>Sun. Dec. 7</b>	1 Day Senior Only Meet 13 and Over Coaches- Dan	*Nov. 17th	CAST Kroc Center
<b>Sat.-Sun. Dec. 13-14</b>	B/C All Ages – Loma Verde Pool Coaches- Aren, Grace	*Dec. 2nd	SBA Loma Verde
<b>Fri.-Sun. Jan. 2-4</b>	Q-Meet (All Qualified Swimmers only) Coaches-Dan, Owen	*Dec. 22nd	LSC Palomar
<b>Sat.-Sun. Jan. 10-11</b>	B/C All Ages (North) Coaches- Alex, Grace	*Dec. 29th	FAST Fallbrook HS
<b>Fri.-Sun. Jan. 16-18</b>	12 and Over No Time Standard Coaches- Aren, Carolayn	Jan. 6th	HSA El Cajon HS
<b>Sat.-Sun. Jan 24-25</b>	SI vs CC vs SN Tri Meet San Diego Imperial Coaches		
<b>Fri.-Sun. Jan. 30 - Feb. 1</b>	12 and Under A/B/C (North) Coaches- Grace, Owen	Jan 20th	FAST Fallbrook HS
<b>Thur.-Sun. Feb. 13-16</b>	Senior Classic Coaches- Dan	TBA	TBA
<b>Fri.-Sun. Feb. 20-22</b>	2009 Short Course Junior Olympics All Qualified Swimmers Only! All Coaches	*Feb 3rd	SD-SI
<b>Fri.-Sun. Mar. 6-8</b>	JO Max (North) Coaches- Alex, Grace, Aren	Feb-24th	ICAC Palomar

\* Designates special due date for meet entry

(Please Note: If a meet is not listed in the schedule above Pacific Swim is not participating)  
 PS will not send coaches or process entries for any meets not listed on our schedule!  
**Special senior level qualifying meets will be updated as we decide which meets we will attend!**

Please remember the PS logo and name is a trademark and should not be duplicated or used without the written consent of Pacific Swim Team, LLC.

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