

SWIM LOUISIANA – COACH ANDY'S GROUP

AUGUST - 2009

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
08/02	08/03 FREESTYLE & BACKSTROKE SCHOOL W/ COACH PJ ALL R,W,B, & G SWIMMERS 4:00-5:30P	08/04 FREESTYLE & BACKSTROKE SCHOOL W/ COACH PJ ALL R,W,B, & G SWIMMERS 4:00-5:30P	08/05 FREESTYLE & BACKSTROKE SCHOOL W/ COACH PJ ALL R,W,B, & G SWIMMERS 4:00-5:30P	08/06 FREESTYLE & BACKSTROKE SCHOOL W/ COACH PJ ALL R,W,B, & G SWIMMERS 4:00-5:30P	08/07 ALL SWIMMERS OFF	08/08 ALL SWIMMERS OFF
08/09	08/10 BREASTSTROKE & BUTTERFLY SCHOOL W/ COACH ANDY ALL R,W,B, & G SWIMMERS 4:00-5:30P	08/11 BREASTSTROKE & BUTTERFLY SCHOOL W/ COACH ANDY ALL R,W,B, & G SWIMMERS 4:00-5:30P	08/12 BREASTSTROKE & BUTTERFLY SCHOOL W/ COACH ANDY ALL R,W,B, & G SWIMMERS 4:00-5:30P	08/13 BREASTSTROKE & BUTTERFLY SCHOOL W/ COACH ANDY ALL R,W,B, & G SWIMMERS 4:00-5:30P	08/14 ALL SWIMMERS OFF	08/15 ALL SWIMMERS OFF
08/16	08/17 IM, START & TURN SCHOOL W/ COACHES ALL R,W,B, & G SWIMMERS 4:00-5:30P	08/18 IM, START & TURN SCHOOL W/ COACHES ALL R,W,B, & G SWIMMERS 4:00-5:30P	08/19 IM, START & TURN SCHOOL W/ COACHES ALL R,W,B, & G SWIMMERS 4:00-5:30P	08/20 IM, START & TURN SCHOOL W/ COACHES ALL R,W,B, & G SWIMMERS 4:00-5:30P	08/21 RED, WHITE, BLUE & GOLD PARENT MEETING 5:30-6:30PM AT SPAR	08/22 ALL SWIMMERS OFF
08/23	08/24 RED & WHITE 1 4-5P RED & WHITE 2 6-7P BLUE & GOLD 1 4-5:30P BLUE & GOLD 2 6-7:30P	08/25 RED & WHITE 1 4-5P RED & WHITE 2 6-7P BLUE & GOLD 1 4-5:30P BLUE & GOLD 2 6-7:30P	08/26 RED & WHITE 1 4-5P RED & WHITE 2 6-7P BLUE & GOLD 1 4-5:30P BLUE & GOLD 2 6-7:30P	08/27 RED & WHITE 1 4-5P RED & WHITE 2 6-7P BLUE & GOLD 1 4-5:30P BLUE & GOLD 2 6-7:30P	08/28 RED & WHITE 1 4-5P BLUE & GOLD 1 4-5:30P	08/29 GOLD 1 & 2 9-10:30A