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# Davis Aquadarts

## NOVEMBER, 2007

### UPCOMING EVENTS

DATE	EVENT	LOCATION
Nov 3-4	<b>Redding JR+ Meet</b> (T & F meet for Pre-Sen & Sen w/Q times. Entries due 10/23.)	Shasta College
Nov 3-4	<b>Redding Age Group Open</b> (Timed Finals for 14 & Un; all abilities. Entries due 10/23.)	Shasta College
Nov 12-16	<b>Civic Pool Closure</b> (All regularly scheduled Civic practices move to Arroyo pool)	
Nov 16	<b>Blue and Bronze DYOT (3:45-5pm)</b>	Arroyo
Nov 16-18	<b>SMST BB+/- Meet</b>	Folsom Aq Ctr
Nov 17	<b>SNS Annual Awards Dinner (6:30pm)</b>	Arden Hills CC
Nov 26-30	<b>Community Pool Closure</b> (All regularly scheduled Comm practices move to Arroyo pool)	
Nov 27	<b>Annual Registration***</b> See Special Details on Page 3	Brady Building Mtg Room
Nov 30-Dec 2	<b>Woodland Age Group Open</b> (Full team meet open to all ages and abilities. Entries due 11/20.)	Woodland
Dec 3-Jan 6	<b>Blue and Bronze Winter Break (No Practices)</b>	
Dec 24-31	<b>Christmas Training Break (Silver/Gold/Sen Dev/Pre Sen/Sen)</b>	
Jan 1-5	<b>Winter Challenge Training Week</b>	
January 7	<b>Winter Quarter Regular Practices Resume—All Groups</b>	

### 2007 WINTER QUARTER FEES (Dec—Feb)

Winter quarter fees for returning & ongoing swimmers are due by Monday, Dec. 10 at the team P.O. Box or in the white box at Civic Pool. Families needing to pay outstanding Swim-A-Thon or Parent Participation fees in addition to their winter dues will do so at the Nov 27 registration at the Brady Building.

Please be sure to fill in all areas of the 20067Fee Coupon, including updated email addresses if necessary, and attach it to your fees. A 2007 Fee Coupon was sent with this newsletter email.

Blue	\$140	Bronze	\$145
Silver	\$230	Gold	\$250
Sen Dev	\$195 or \$230	Pre-Sen	\$265
Senior	\$270		

(Blue and Bronze swimmers do not practice during December)

# AQUADART PRACTICE SCHEDULES

## FALL SCHEDULE

Aug 27– Nov 30

(All practices Monday through Friday, yards, unless noted)

<b>Blue</b>	3:00-3:45pm (MWF or TTHF)	Civic
<b>Bronze</b>	3:45-4:45pm (MWF or TTHF)	Civic
<b>Silver</b>	3:45-5:15pm	Community
<b>Gold</b>	4:30-6:15pm	Civic
	8:30-11:00am (Sat., TBA)	Community
<b>Sen Dev</b>	4:45-5:45 or 6:15pm	Civic
<b>Pre-Sen</b>	5:00-7:15pm	Community
	8:30-11:00am (Sat., TBA)	Community
<b>Senior</b>	5:00-7:30pm	Community
	6:00-7:00am (MWF)	Brady Building

## Nov 19-21 (Mon-Weds)

<b>Senior/Pre-Sen</b>	8:00-10:00am	Arroyo
	4:00-5:30pm (No Weds pm)	Arroyo
<b>Gold</b>	8:00-9:45am	Community
<b>Sen Dev</b>	8:15-9:15 or 9:45am	Community
<b>Silver</b>	8:30-10:00am	Civic
<b>Bronze</b>	9:45-10:45am	Community
<b>Blue</b>	10:45-11:30am	Community

## Nov 25-26 (Thurs-Fri)

**Thanksgiving Holiday—No Practices**

## Dec 3-Dec 21

<b>Silver</b>	4:00-5:30pm	Community
<b>Gold, Sen Dev</b>	same as Nov 1-Nov 24	
<b>Pre-Sen &amp; Senior</b>	4:00-6:00pm (M-F)	Arroyo

## Dec 31– Jan 4

<b>Senior</b>	8:00-10:00am	Arroyo
	3:00-5:00pm	Arroyo
<b>Pre-Senior</b>	8:00-10:00am	Arroyo
	3:00-5:00pm	Arroyo
<b>Gold</b>	8:00-10:00am (Thurs at Community)	Civic
<b>Silver</b>	8:30-10:00am (Thurs at Community)	Civic
<b>Sen Dev</b>	8:30-9:30 or 10:00am (Thurs at Comm)	Civic

## January 1 (Breakfast at Community 11;15am-noon)

<b>Sen/Pre-Sen</b>	8:30-11:00am	Arroyo
<b>Sen Dev</b>	9:30 or 10:00-11:00am	Community
<b>Gold</b>	9:00-11:00am	Community
<b>Silver</b>	9:30-11:00am	Community

# AQUADART REGISTRATION NIGHT

**\*\*NEW\*\*      \*\*FAST\*\*      \*\*EASY\*\***

**Tuesday, November 27**  
**Brady Family Aquatics Building**

This year we're continuing our new annual registration format that simplifies the process and allows many Aquadart families to complete their registration without having to attend the evening event. In the past, we've held a two-night affair where registering families filled out forms, reconciled overdue accounts and paid for their winter Aquadart fees and annual USAS membership. Only those families whose names **DO NOT APPEAR** on an UP-COMING TEAM EMAIL need to attend.

Please pay attention to which of the 3 groups you're in.

**GROUP # 1** Families whose names **ARE** on the upcoming email list simply do the following:

1. Renew USAS membership for 2008 on Swim Connection. (Details on page 9).
2. Complete the 2008 Aquadart Membership Form included in the same email as this newsletter.
3. Submit 2007 Winter Fee Coupon, dues payment, 2008 Aquadart Membership Form and Swim Connection registration verification email to the PO BOX or to the white box at Civic before December 10.

**GROUP # 2** Families whose names are **NOT** on the upcoming email list need to attend November 27. (Prior to that date families with questions about their current status can contact Kerry Halsted at lktthalsted@hotmail.com.) Families can complete their Aquadart Registration Form and Swim Connection registration in advance. At the Brady check-in, families will be required to reconcile outstanding Swim-A-Thon and/or Parent Participation amounts, submit forms for 2008 Aquadart & USAS membership and pay winter quarter dues. (Laptops with internet connections will be available at the Brady Building to do online USAS Registration with Swim Connection).

**GROUP #3** THIS PROCESS DOES NOT PERTAIN TO NEW SWIMMERS WHO HAVE JOINED SINCE MID-AUGUST AND REGISTERED FOR 2008 USAS MEMBERSHIP. Those families need only submit their 2007 winter Fee Coupon and dues payment prior to Dec. 10. (Jan 10 for Blue and Bronze swimmers).

## REMAINDER-OF-YEAR REGISTRATION PROCESS

### **NEW SWIMMERS** – *(First time members of the Aquadart team)*

Interested **new swimmers** should contact the Head Aquadart Coach (kahns swim@aol.com) to set-up a swimming evaluation date. Evaluations take place on Mondays at Civic pool from 4-5pm with Coach Brad. After the tryouts, new swimmers will be put in email contact with the Aquadart Team Registrar to fill out Aquadart registration forms and to register online with USA Swimming..

### **RETURNING SWIMMERS** – *(Previous or current members of Aquadart team that did not swim during the previous quarter)*

**Returning swimmers** must notify their coach of their intent to return prior to arrival date. Coaches will check names against current SNS membership lists to determine USAS membership and verify insurance coverage. Swimmers showing up on the pool deck will not be able to enter the pool if names do not appear on SNS list. Swimmers who are current USAS members can begin swimming and have 10 days to submit a quarterly Fee Coupon with appropriate fees.

Swimmers who are not current USAS members must wait for a Monday evaluation time to register or contact the Team Registrar directly to schedule an application appointment.

### **CONTINUING SWIMMERS** – *(Swimmers who were properly registered with Aquadarts and Sierra Nevada Swimming during the previous swim quarter.)*

**Ongoing swimmers** should continue to pay appropriate fees at the beginning of each swim quarter.

## 2008 SNS Swim Meet & Events Calendar

MEET DATE	MEET/EVENT TYPE	COURSE	LOCATION	QUALIFICATIONS
Jan 5	SNS Stroke & Turn Clinic		Comm Pool Rm	2008 Officials Cretification
Jan 5-6	Nor-Cal Coaches Clinic		Napa	Aquadart Coaching Staff
Jan 11-13	Sacramento Aquatics AGO	SCY	Natomas HS	14 & Under meet
Jan 19-21	Cal Invitational	SCY	UC Berkeley	Junior+, Trials and Finals
Jan 19-20	SNS—CCA—SDI All Star Meet	SCY	Bakersfield	Top 8 swimmers: 9-10,11-12, 13-14
Feb 15-17	SMST Senior Meet	LC	Folsom	Junior+, Trials and Finals
Feb 24	Woodland Dist Meet	SCY	Woodland	Full Team Meet
Feb 29-2	Woodland BB+/-	SCY	Woodland	Full Team Meet
<b>March 5-9</b>	<b>CA/NEV Sectional Championships</b>	<b>LC</b>	<b>Mission Viejo</b>	<b>1 Section Time Needed—Scored</b>
<b>March 14-16</b>	<b>SNS – Junior Olympics (14 &amp; Un) T/F</b>	<b>SCY</b>	<b>Solano</b>	<b>1 BB Time Needed—Team Scored</b>
Mar 19-22	SNS Olympic Training Trip	LCM	Colorado Springs	AAA Time Needed to Apply
April 4-6	Pacific Swimming Far Westerns	SC	TBA	AA Times Needed
April 18-20	SMST BB+/-	LC	Folsom	Full Team Meet
<b>May 2-4</b>	<b>Davis 'B' Championships</b>	<b>SCY</b>	<b>Community Pool</b>	<b>&lt;A Times Needed</b>
May 8-11	SJS High School Champs	SCY	Tokay HS	
May 16-18	Woodland BB+/-	LC	Woodland	Full Team Meet
June 1	Woodland Distance Meet	LC	Woodland	Full Team Meet
June 5	Annual Aquadart Team Photo		Community	Full Team
June 6-8	Lodi AGO	LC	Tokay HS	Full Team Meet
June 7	Davis Aquatic Masters Open Water	Lake	Lake Berryessa	Full Team Meet
<b>June 13-15</b>	<b>Summer Sanders Senior Meet T/F</b>	<b>LC</b>	<b>Roseville</b>	<b>JR+ Time Needed—Team Scored</b>
<b>June 28-29</b>	<b>Redding BB+/-</b>	<b>LC</b>	<b>Redding</b>	<b>Full Team Meet</b>
June 29-July 5	USAS Olympic Trials	LC	Omaha, Nebraska	1 Qualifying Time Needed
July 11-13	TBA long course meet in Pacific			
<b>July 19-20</b>	<b>SNS—JO's Distance Events</b>	<b>LC</b>	<b>Solano</b>	<b>1 BB Time Needed—Team Scored</b>
<b>July 24-27</b>	<b>SNS-Junior Olympics</b>	<b>LC</b>	<b>Redding</b>	<b>1 BB Time Needed—Team Scored</b>
<b>Aug 1-3</b>	<b>Tuolumne County Aquatics AGO</b>	<b>SCY</b>	<b>Sonora</b>	<b>Full Team Meet—Team Scored</b>
Aug 6-9	USAS Western Zones	LC	Bend, Oregon	3 AAA Times Needed
Aug 9-16	Olympics	LC	Beijing, China	
Aug 8-10	Davis City Swim Championships	SCY	Community Pool	<AA Time Needed
Aug 11-24	Aquadart Summer Training Break			
Sept 19-21	Davis BB+/-	SCY	Arroyo Pool	Full Team Meet
Oct 10-12	Vacaville Swim Club BB+/-	SCY	Vacaville	Full Team Meet
<b>Nov 8-9</b>	<b>Redding Junior+ T/F &amp; AGO</b>	<b>SCY</b>	<b>Redding</b>	<b>Jun+ Time Needed—Team Scored</b>
Nov 21-23	Sierra Marlins BB+/-	SCY	Folsom	Full Team Meet
<b>Dec 5-7</b>	<b>Woodland Invitational</b>	<b>SCY</b>	<b>Woodland</b>	<b>Full Team Meet—Scored</b>

## 2007 AWARDS DINNER REVIEW

Swimmers, coaches and parents were all recognized on Sunday, Oct 21 at the annual awards dinner held at the Davis Veteran's Building. The buffet was the best in years and the large room was packed with Aquadart enthusiasts.

Aquadart Co-President, Greg Stoner emceed the business portion of the meeting giving a brief State-of-the-Team review acknowledging our strong financial situation, solid team membership and good working relationship with other local Aquatic groups. He welcomed back returning Board Members **Kerry Halsted, Steve Nadler, Debbie Gritts, Katy Wesnousky, Nancy Wright, Mau Nguyen, Stuart Kahn** and himself. He then thanked to **Stacey Larson (2 years), and Katy Wesnousky (2 years)**, our outgoing Board members, for their outstanding services and commitment to the team.

Special recognition was given to **Ted Curley** as our Aquadart "Volunteer of the Year" for his work as an Aquadart S & T Judge, Starter and Referee over the past 8 years. Other parent volunteers receiving special attention were **Angie Nadler & Diana Raabe**—Swim Meet Hospitality & Snack Bar, , **Roberta Shakya**—Meet Director, and **Carolee Gregg**—Summerdart Coach.

Recognition was also given to our 2006/07 Sierra Nevada Stroke & Turn Officials: **Ted Curley, Tim Daleiden, Kerry Halsted, Melissa Collier, Joe Garrido, Lance Halsted, Amy Rieger, Melissa Franke, Mary Hickman** and **Steve Nadler**.

Congratulations to all of the 2006-2007 Aquadart Swimmers for the hard work and their many successes. You are ALL the heart and soul of our TEAM.

(Swimmers earning awards who missed the event will be presented their awards at swim practices.)

### B TIME WINNERS

Audrey Ashdown, Phoebe Benet, Hailey Collier, Bryce Crawford, Steven Csaposs, Aimee Davis, Rana Eser Galan Falakfarsa, Anthony Field Isabelle Franke, Kyle Gold, Tessa Hickman, Arthur Koehl, Avery Krovetz, Cheryl Lau, Jordyn Micke Reese Peterson, Anna Marie Pilon Matthew Raabe, Celia Rizzo, Nicholas Simons, Braden VanDeynze, Jordan Vermette, Perry Winsor, Cameron Wright, Emma Wu

### BB TIME WINNERS

Andrew Block, Chris Boschken, Sierra Clark, Hannah Collier, Henry Csaposs Yelda Eser, Sarra Falakfarsa, Elsie Fullerton, Alina Garrido, Chris Garrison, Jennifer Gold, Ryan Greenough Kallie Gregg, Benjamin Jin, Hannah Levien, Daniel Lewis, Marina Markous, Griffin Molotky, Madison Molotky, Emma Peterson, Jonathon Pun, Clara Riggle, Charlotte Rock Elizabeth Rueda, AJ Snovel, Tyler Ujifusa, Katie Van Deynze, Lisa Walters, Hailey Wright, Patrick Zhu

### A TIME WINNERS

Lauren Babcock, Kathleen Benjamin Scout Brown, Jane Chen, Christine Chu, Elise Chu, Mara Dominguez Julia Fisk, Allie Franke, Clarissa Franke, Michelle Greenough, Keelia Houston, David Huang, Sean Kos Lanna Kozlowski Teresa Pilon Ben Prussell Adam Raabe, Marc Rotteveel, Brandon Rueda, Connor Stapleton, Tori Van Court, Brian Varley Carrie Wesnousky, Michael Wright Owen Yancher

### AA TIME WINNERS

Amy Cross, Ella Eser, Natalie Green Heather Johnson, Rachel Johnson Hannah Krovetz, Rebecca McNeil Vincent Nguyen, Holly Riggle Kimberly Robertson

### AAA TIME WINNERS

Jillian Daleiden, Caitlin DeNise, Chenoa Devine, Tucker Fisk, Torin Halsted, Trevor Halsted, Alex LaFreniere, Julia Larson, Brian Nadler Samantha Motekaitis, Julie Peri, Morgan Priestley, Tyler Raabe, Elliot Reinhart, Sierra Schelegle, Anji Sha-

kya, Colby Stapleton, Kate Stephensen, Chris Stoner, John Varley

### AAAA TIME WINNERS

Jake Allen, Trevor Allen, Cameron Franke, Ariel Feeney, Tara Halsted Riley Hickman, Marris LaFreniere Kyle Nadler, Beverly Nguyen, Alex Rieger

### 5 STAR WINNERS

Lauren Babcock, Kathleen Benjamin Scout Brown, Elise Chu, Hailey Collier Amy Cross, Henry Csaposs, Steven Csaposs, Jillian Daleiden, Mara Dominguez, Ella Eser, Julia Fisk, Allie Franke, Cameron Franke, Clarissa Franke, Isabella Franke Chris Garrison, Natalie Green, Tessa Hickman, Keelia Houston, Heather Johnson, Rachel Johnson, Sean Kos Lanna Kozlowski, Alex LaFreniere Marris LaFreniere, Julia Larson Emily May, Rebecca McNeil, Jordyn Micke, Samantha Motekaitis Emma Peterson, Morgan Priestley Ben Prussell, Adam Raabe, Holly Riggle, Kimberly Robertson, Charlotte Rock, Brandon Rueda, Elizabeth Rueda, Nicholas Simons, Colby Stapleton, Connor Stapleton, Tyler Ujifusa Cameron Wright, Hailey Wright, Katie VanDeynze, Tori Van Court, Brian Varley, John Varley, Owen Yancher, Patrick Zhu

### GOLD STAR WINNERS

Jake Allen, Jane Chen, Christine Chu Caitlin DeNise, Chenoa Devine, Tucker Fisk, Tara Halsted, Torin Halsted, Trevor Halsted, Riley Hickman Hannah Krovetz, Brian Nadler, Kyle Nadler, Beverly Nguyen, Vincent Nguyen, Alex Rieger, Tyler Raabe Anji Shakya

### NEW TEAM RECORD HOLDERS

Alex Rieger\*\*, Riley Hickman Beverly Nguyen, Kyle Nadler, Jake Allen, Chenoa Devine\*\*, Mara Dominguez\*\*, Julia Fisk\*\*, Alex LaFreniere\*\*, Heather Johnson\*\*, Riley Hickman, Tara Halsted, Amanda Larson, Satori Iwamoto

\*\*= first time record setter

# *Aquadart of the Month*

## **Audrey Ashdown (10 yrs old) Bronze Group**

The October Swimmer of the Month is an prime example of hard work and dedication paying off. Audrey Ashdown joined the Aquadarts three years ago as a completely novice swimmer. Two weeks ago at the Lodi meet she swam fast enough to earn her first BB times and qualify for the 2008 Junior Olympics.

At the Vacaville meet in mid-October Audrey earned her first-ever Gold Dart and then two weeks later followed that up with a Silver Dart in Lodi, totaling 17 out of 17 best times in two weeks.

Audrey even overcame a sprained hand during September on her way to her current achievements. And her successes are definitely notable. In the last 12 months she's improved an incredible 280 seconds (over 4 minutes) in just her 7 best events.



	<b>Fall 2006</b>	<b>Fall 2007</b>	<b>Imp Secs</b>
50 Free	47.0	37.2	9.8
100 Free	1:50.6	1:25.2	25.4
200 Free	3:58.5	3:09.1	49.4
500 Free	10:47.8	8:36.4	2:11.4
50 Breast	1:03.7	47.8 (BB-JO)	15.9
100 Breast	2:12.6	1:47.5 (BB-JO)	25.1
100 IM	2:04.1	1:36.8	27.3

Audrey isn't satisfied with what she's done. Her immediate goals are to continue improving and earn her first 'A' times.

At practice she demonstrates many of the good qualities coaches look for in Aquadart swimmers. Audrey is one of the first swimmers in the water; she pays quiet attention while the coaches are talking; she's willing to change her technique; she

works hard and when she goes to meets she tries new events.

She doesn't really have a favorite stroke yet as she keeps improving in everything. She enjoys coming to practices and likes training alongside teammates Chenoa Devine and Sabrina Clark.

Audrey was born in Sacramento to parents Susan and Gene. She's a 5th grader at North Davis Elementary and in her non-swimming time plays softball, basketball and enjoys biking. In her daydreaming moments she sees herself as a base-jumper going off tall buildings and bridges.

Back at home, Audrey plays the flute, piano and violin and in her free time enjoys singing and art. She's also a Girl Scout.

She's traveled to Winter Park, Colorado and plans on visiting Washington DC in the spring.

**CONGRATULATIONS** Audrey for being selected Swimmer of the Month and for your recent successes and tremendous improvements.

## October Meet Results—VacavilleBB+/-, October 12-14, Walter Graham AC

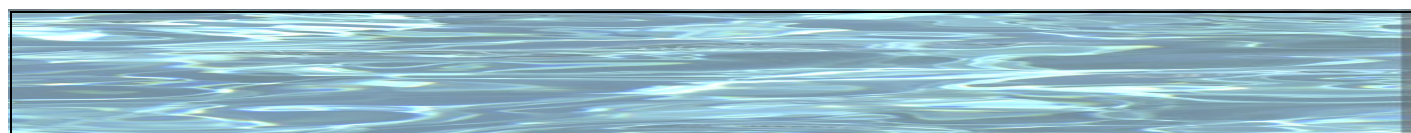
<b>NEW B TIME</b>	Angela Bruch (5)	Sophia Garcia-R	Lily Heilmann (3)	Rosey Heilmann (5)
Grace Hickerson (5)	Mimi Miyamoto	Keianna Pineda	Katrina Strum	Lauren Wienker (2)
Jessica Yang (5)	Nathan Dao	William Ewens (3)	Anthony Field	Quinn Harty
Jack Painter	Ethan Ramos	Tristan Strum	Anthony Swaminathan	Bo Van Court (3)
Audrey Ashdown (2)	Clarissa Franke	Heather Huston	Lanna Kozlowski	Hosanna Prewett (7)
Maddie Stanley	Alberto Garcia-R (2)	Evan Wetzlich (3)	Sabrina Clark	Allison Kino (3)
Alex LaFreniere	Emma Peterson	Shari Ranasinge (2)	Katie VanDeynze	Kimberly Zhu (3)
Ben Crook (2)	Chris Garrison	Arthur Koehl (3)	Yelda Eser	Madison Molotky (2)
<b>NEW BB TIME</b>	Emma Peterson (2)	Katie VanDeynze (2)	Kimberly Zhu (7)	Ben Crook
Patrick Zhu	Ella Eser	Ryan Greenough		
<b>NEW A TIME</b>	Tori Van Court (2)	Tucker Fisk	Marrisa LaFreniere	Alex Rieger (2)
Patrick Zhu (2)	Hannah Krovetz	Kyle Nadler	Kevin Zhu (5)	
<b>NEW AA TIME</b>	Natalie Green	Tara Halsted	Kevin Zhu	
<b>NEW AAA TIME</b>	Marrisa LaFreniere	<b>NEW AAAA TIME</b>	Tara Halsted	
<b>BRONZE DART</b>	Angela Bruch	Rosey Heilmann	Grace Hickerson	Tori Van Court
Jessica Yang	Lanna Kozlowski	Kinsey VanDeynze	Rana Eser	Emma Peterson
Alex Rieger	Andrew Block	Henry Csaposs	Arthur Koehl	Kevin Zhu
<b>SILVER DART</b>	Hosanna Prewett	Julia Fisk	Tara Halsted	Marrisa LaFreniere
Alex Rieger	Ben Crook	Jonathan Pun	Tyler Ujifusa	Patrick Zhu
Christine Chu	Sierra Clark	Yelda Eser	Madison Molotky	
<b>GOLD DART</b>	Audrey Ashdown	Kimberly Zhu		

## October Meet Results—LODI BB+/-, October 27-28, Tokay HS

<b>NEW B TIME</b>	Tessa Hickman (2)	Emily Meyer	Bryce Gregg	Dane Peterson (2)
Audrey Ashdown	Matthew Raabe	Nicholas Simons	Kathleen Benjamin (2)	Aimee Davis (2)
Sarra Falakfarsa (2)	Alex LaFreniere	Emma Peterson (2)	Charlotte Rock (2)	Henry Csaposs
Arthur Koehl	Griffin Molotky	Jonathan Pun	Tyler Ujifusa	Hailey Wright
Galan Falakfarsa				
<b>NEW BB TIME</b>	Audrey Ashdown	Emily Barksdale (4)	Matthew Raabe	Kathleen Benjamin
Julia Fisk	Alex LaFreniere (2)	Emma Peterson	Charlotte Rock	Kim Zhu
Adam Raabe	Patrick Zhu	Yelda Eser	Rachel Johnson	Madison Molotky
Hailey Wright (3)				
<b>NEW A TIME</b>	Scout Brown	Cameron Wright	Natalie Green	Marrisa LaFreniere
Adam Raabe	Rachel Johnson			

## October Meet Results—LODI BB+/-, (continued)

<b>NEW AA TIME</b>	Natalie Green	Tara Halsted	Adam Raabe	Rachel Johnson
<b>NEW AAA TIME</b>	Tucker Fisk	Natolie Green	Tara Halsted	
<b>NEW AAAA TIME</b>	Riley Hickman	Marrisa LaFreniere		
<b>BRONZE DART</b>	Tessa Hickman	Emily Barsdale	Aimee Davis	Natalie Green
Marrisa LaFreniere	Madison Molotky			
<b>SILVER DART</b>	Jordyn Micke	Steven Csaposs	Audrey Ashdown	Kathleen Bemjamin
Sarra Falakfarsa	Emma Peterson	Charlotte Rock	Henry Csaposs	Jonathan Pun
Rachel Johnson	Hailey Wright	Galan Falakfarsa		



### New Team Records

<b>10-Under 100 y Breast</b>	<b>Riley Hickman</b>	<b>1:17.44</b>	<b>10/27/2007</b>
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### **NOVEMBER BIRTHDAYS**

**HAPPY BIRTHDAY to the following Aquadart swimmers:**

Tristan Strum, 7, 11/25	Tessa Hickman, 8, 11/19	Scout Brown, 8, 11/23	Juliet Heller, 9, 11/3
Morgan Mooney-M, 9, 11/16	Jordyn Micke, 9, 11/18	Tori Van Court, 9, 11/20	Lauren Devera, 11, 11/22
Dominique Sommer, 11, 11/22	Avery Krovetz, 11, 11/26	Chris Garrison, 12, 11/27	Celia Rizzo, 13, 11/5
Jennifer Gold, 13, 11/11	Kim Robertson, 13, 11/12	Allison Kino, 13, 11/28	Cenedra Cristobal, 14, 11/ 23
Alex May, 14, 11/29	Ella Eser. 15. 11/15	Chris Boschken, 15, 11/22	Allison Wagner, 15, 11/10

### SWIMMING WEBSITES

**USA Swimming,**

[www.usaswimming.org](http://www.usaswimming.org)

**Sierra Nevada Swimming, SN LSC**

[www.sn-swimming.org](http://www.sn-swimming.org)

**Davis Aquadarts**

[www.aquadarts.org](http://www.aquadarts.org)

**Swim Connection**

[www.swimconnection.com](http://www.swimconnection.com)

## AQUADART 2008 SWIM MEET & EVENTS SCHEDULE

Our swim meet and events schedule for the upcoming 2008 swim year, found on page 4, contains mostly rock-solid dates and information.

### SNS SENIOR CHAMPS

There is one major change early in the swim year that requires attention. The Senior Championships meet, usually held in January, is not offered in 2008 as no team in the LSC bid to host it.

As a result, the Aquadart Pre-Seniors and Seniors will travel to UC Berkeley for their January competition.

### ALL-STAR DUAL MEET

For the second year, there's an All-Star meet in January for 14-Under swimmers. This meet is a two-day meet similar to the idea of the Western Zones event but in competition against only 2 other LSC's—San Diego and Central California.

This year the meet is in Bakersfield. The team will be selected after the Woodland meet in early December and drive to Bakersfield on Jan 20 and return on Sunday, Jan. 21. Swimmers with at least 'A' times may apply for the team, but it will most likely take 'AA' times or better to be selected. Complete information and application forms should be available on the SNS website very soon.

### OTHER SNS MEETS

Meets listed as BB+/- meets are meets open to all ages and all abilities. The BB+/- connotation simply means that swimmers with times above or below the BB level are allowed to compete. This includes no times (NT).

Meets listed as other than BB+/- may require specific qualifying times to enter. Those are usually found in the Sierra Nevada Swim Guide or in the specific meet sheet.

Course definitions are either SCY (short course-25 yard pools) or LC (long course-50 meter pools).

## BRADY BUILDING BRICKS

Many current and former Aquadarts have already purchased bricks in the Brady courtyard as part of our long-term fundraising efforts.

For those of you who may have missed the last opportunity and want to make a lasting contribution to the Aquadart team and our new building project, we're offering another opportunity to purchase bricks for the adjacent patio courtyard.

The next page of the newsletter contains the Brick Donation Form with all the information necessary to help make a permanent impression with the Aquadart team.

## RENEWING USAS MEMBERSHIP ONLINE

Log-in to 'My Account' at [www.swimconnection.com](http://www.swimconnection.com) and select New/Renew Swimmer Registration.

- ◆ Select your swimmer to renew registration.
- ◆ In 'registration category' choose 2008 year-round swimmer/\$57.50
- ◆ Update any address changes including new 95618 Zip Code for Davis.
- ◆ Follow directions through to credit card payment.
- ◆ Submit copy of registration verification email with Aquadart membership forms.

If your swimmer is not in your profile select 'Register swimmer not in your profile' from bar on lower left.

- ◆ Select 'Yes' when queried about previous USA registration.
- ◆ Enter USA ID # using the following 14-digit format.

MMDDYYFFFMLLLL

Birthdate—month/day/year

First 4 letters of first name

Middle initial

First 4 letters of last name.

- ◆ Enter and continue, including selection of 2008 year-round in Registration category.
- ◆ Update any address changes including new 95618 Zip Code for

## NUGGET RECEIPTS

Davis.

Thanks to everyone who is participating in our "Friendship Club" agreement with Nugget. After only two months we're on pace to receive a donation back from them for almost \$1000. Please continue to drop off your receipts in our box at

## BLUE—BRONZE DYOT

the Pole Line store.

On Friday, Nov 16 there will be a mini-DYOT at Arroyo for swimmers in the Blue and Bronze groups. (All the other groups will practice at their regular times).

We're having this meet for swimmers in those groups to have one more racing day before the end of the Fall quarter. Though there is still the Woodland Arctic Challenge on Dec 1-2, that meet has no 25 yard events for the 8-Unders. The DYOT will offer those events.

The Blue swimmers will warmup at 3:00pm and start their races at 3:15pm. The Bronze swimmers will warmup at 3:45pm and start their races at 4:00pm. We'll try to be done by 5pm.

***DONATION FORM***  
***Brady Building Courtyard Bricks***

**Name:** \_\_\_\_\_  
**Address:** \_\_\_\_\_  
**Phone(s):** \_\_\_\_\_

**DONATION LEVELS:** Bronze (\$100+) - One Brick  
Silver (\$250+) - Three Bricks  
Gold (\$1,000+) - Contact Aquadarts

**INSCRIPTION ON BRICK(S) – for Bronze and Silver levels. Silver can inscribe three bricks or inscribe one and leave blank bricks on each side or above and below; up to three lines, max of 13 characters per line, all capitals. Symbols such as hearts, stars, etc., are also available.  
Please print in upper case.**


**Please fill out this form with your check made out to:**

**“Davis Aquadarts”**

**and send to:  
Aquadart Treasurer  
PO Box 186, Davis, 95617**

**The Aquadarts are 501c(3) non-profit organization.  
Donations to the Pool Building Fund are tax deductible.**

# November 2007

## Aquadart Calendar

<b>Mon</b>	<b>Tues</b>	<b>Weds</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>	<b>Sun</b>	
November 5	6	7	8	9	10 Pre-Senior & Senior Practice @ Comm 8:30-11am Gold 9-11am	11	
12 Civic Pool Closure this week Practices at Arroyo	13	14	15	16 DYOT at Arroyo 3:45-5pm Blue & Bronze only	17 SNS Awards Dinner	18	
Special Practices this week. See page 2 of newsletter for times and			Thanksgiving Holiday No Practices		SMST BB+/-, Folsom Fri wu @ 4:30pm Sat & Sun WU @ 8am		
					19	20	21
26 Community Pool Closure this week Practices at Arroyo	27 AQUADART ANNUAL REGISTRATION Brady Bldg 7:00-9:00PM		28	29	30	December 1	2
WOODLAND BB+/- Team-Scored Championships Fri wu @ 4:30pm Sat wu @ 8am Sun wu @ 8am							
3 Blue/Bronze Winter Break Begins	4	5	6	7	8	9	
Silver practice times move to 4:00-5:30 through Feb 10 Pre-Sen and Senior practices at Arroyo from 4:00-6:00pm through Feb 10							