

SCY	GIRLS LCM	2009 LC JO TIME STANDARDS	BOYS LCM	SCY
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8/Under				
40.09	45.19	50 free	42.99	38.09
1:28.59	1:39.49	100 free	1:33.49	1:23.09
48.09	53.99	50 back	52.89	47.09
51.59	57.79	50 breast	57.29	51.09
49.09	55.09	50 fly	54.49	48.59

10/Under				
35.99	40.79	50 free	40.19	35.19
1:21.59	1:32.99	100 free	1:31.09	1:19.99
2:58.29	3:23.59	200 free	3:13.99	2:50.89
7:39.49	6:51.59	400/500 free	6:52.69	7:35.19
43.49	49.89	50 back	50.09	43.69
1:33.99	1:48.89	100 back	1:45.69	1:32.09
47.79	54.89	50 breast	55.09	47.89
1:46.69	2:02.29	100 breast	1:59.79	1:43.69
42.99	48.59	50 fly	46.89	41.99
1:42.09	1:55.19	100 fly	1:53.19	1:40.39
3:19.39	3:46.49	200 IM	3:44.79	3:18.09

11/12				
29.99	34.19	50 free	35.29	30.99
1:04.89	1:15.59	100 free	1:17.39	1:07.89
2:28.69	2:47.59	200 free	2:47.79	2:27.49
6:40.09	6:00.09	400/500 free	5:54.39	6:35.09
13:55.99	12:33.69	800/1000 free	12:28.59	13:46.49
23:27.89	24:12.39	1500/1650 free	24:05.29	23:10.49
36.79	42.29	50 back	42.19	36.49
1:21.09	1:31.09	100 back	1:31.39	1:19.09
2:48.89	3:15.29	200 back	3:11.09	2:45.59
40.89	45.59	50 breast	47.09	40.79
1:29.29	1:41.89	100 breast	1:40.89	1:27.79
3:11.69	3:40.59	200 breast	3:37.49	3:07.29
35.09	39.39	50 fly	39.59	35.19
1:20.19	1:30.79	100 fly	1:29.49	1:18.69
2:51.79	3:14.19	200 fly	3:13.39	2:48.29
2:46.49	3:09.99	200 IM	3:13.89	2:49.39
6:04.19	6:55.89	400 IM	6:51.79	5:56.29

GIRLS		2009 LC JO TIME STANDARDS		BOYS	
SCY	LCM		LCM		SCY
13/14					
28.89	32.79	50 free	32.79		28.49
1:01.69	1:09.69	100 free	1:08.39		59.49
2:17.89	2:36.29	200 free	2:35.19		2:15.69
6:06.49	5:28.69	400/500 free	5:27.99		6:03.19
13:08.29	11:41.99	800/1000 free	11:21.79		12:34.39
21:53.19	22:23.09	1500/1650 free	21:35.29		20:51.99
1:14.19	1:24.29	100 back	1:20.59		1:09.59
2:39.59	3:01.29	200 back	2:54.09		2:29.79
1:24.09	1:36.39	100 breast	1:28.09		1:18.09
3:00.69	3:27.99	200 breast	3:17.19		2:49.39
1:13.49	1:22.89	100 fly	1:16.99		1:08.09
2:40.99	3:02.29	200 fly	2:51.99		2:31.99
2:34.49	2:55.99	200 IM	2:52.39		2:28.89
5:35.49	6:20.99	400 IM	6:13.19		5:25.49
15/16					
28.69	32.49	50 free	29.99		26.39
1:00.99	1:08.89	100 free	1:04.39		56.29
2:13.49	2:30.79	200 free	2:28.59		2:10.09
6:16.29	5:34.69	400/500 free	5:14.39		5:51.29
12:55.49	11:30.19	800/1000 free	10:52.09		12:08.19
21:38.89	22:10.69	1500/1650 free	20:49.49		20:21.89
1:12.09	1:22.69	100 back	1:16.49		1:06.19
2:35.89	2:57.99	200 back	2:43.89		2:23.39
1:21.99	1:33.89	100 breast	1:26.39		1:14.69
2:56.39	3:21.19	200 breast	3:08.79		2:42.59
1:11.79	1:20.39	100 fly	1:13.39		1:05.09
2:36.49	2:56.19	200 fly	2:43.19		2:24.49
2:39.29	3:01.19	200 IM	2:48.89		2:26.39
5:35.69	6:19.79	400 IM	5:54.39		5:11.79
17/Over					
30.09	34.09	50 free	30.29		26.59
1:04.89	1:14.09	100 free	1:06.89		58.09
2:20.29	2:38.89	200 free	2:26.09		2:07.89
6:13.69	5:35.19	400/500 free	5:11.09		5:44.19
12:53.09	11:26.79	800/1000 free	10:48.99		11:59.19
21:27.19	21:58.49	1500/1650 free	20:35.79		19:59.39
1:11.69	1:23.09	100 back	1:14.89		1:04.19
2:35.39	2:58.19	200 back	2:43.59		2:19.89
1:21.49	1:32.49	100 breast	1:24.99		1:13.19
2:55.79	3:20.79	200 breast	3:04.19		2:39.29
1:10.99	1:19.49	100 fly	1:12.19		1:03.59
2:34.59	2:55.09	200 fly	2:38.89		2:20.39
2:37.39	2:59.69	200 IM	2:43.89		2:22.59
5:35.49	6:21.29	400 IM	5:48.69		5:05.99