



## ATHLETE AND PARENT CODE OF RESONSIBILITY PLEDGE

I, \_\_\_\_\_, as a member of Neptune Swimming acknowledge that following certain basic rules of conduct is important to my development as a swimmer, my relationship with my parents, coaches, and teammates, the community reputation of my team, and the preservation of the many relationships with contribute to the success of Neptune Swimming. I realize that not acting in a proper way while engaged in team activities is harmful to myself and to my team, and prevents me from becoming the best swimmer and person I can be. I therefore pledge and commit to observe the following basic rules of conduct while involved in Neptune Swimming related activities:

- I pledge to treat with courtesy and respect my fellow swimmers, coaches, team parents, “City” employees, meet officials, parent volunteers and swimmers, coaches and parents of other swim teams.
- I pledge that my behavior at practice and at meets will be safe and appropriate.
- I pledge not to interfere with workouts of other swimmers.
- I pledge to obey all lawful directions of adults with appropriate authority promptly and respectfully.
- I pledge not to threaten ‘City’ or team staff members, adults, or swimmers.
- I pledge not to fight with, hit or trip, bully or engage in other harmful acts toward other swimmers and adults.
- I pledge to use appropriate language and to refrain from swearing, name calling or racial/ethnic/gender or homophobic slurs.
- I pledge that I will not vandalize property, steal, possess weapons or other dangerous items such as firecrackers.
- I pledge not to use or possess alcohol, drugs, or other controlled substances.

I understand that the consequences for violating Neptune Swimming’s Rules of Responsibility could lead to and may include requiring a conference with parents, loss of practice and/or meet privileges and suspension or removal from the team.

Neptune Athlete \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Date \_\_\_\_\_