



# South Snohomish County Dolphins

425-774-4744  
10924 Mukilteo Speedway #267  
Mukilteo, WA 98275



## ALL TIME ALL STARS – GIRLS SEVENTEEN AND EIGHTEEN

### 50 YARD FREESTYLE

Sara DeFrancisco	24.40	92
Julie Woelz	25.19	81
Masako Watanabe	25.23	92
Mary-Frances Greek	25.33	89
Shannan Stoll	25.46	00
Lauren Johnson	25.59	00
Rachel MacNeill	25.63	02
Lisa Barry	25.79	78
Shannon Forsberg	25.93	89
Molly Fitzpatrick	26.13	01

### 1650 YARD FREESTYLE

Shala VanGerpen	17:56.70	02
Laura Brade	19:32.04	04
Erica Girard	19:35.31	02
Molly Fitzpatrick	19:46.82	01
Ksenia Kostenko	19:46.92	05
Rebecca George	21:06.36	02

### 100 YARD BUTTERFLY

Shala VanGerpen	57.63	03
Leslie Lay	57.90	81
Mary Frances Greek	58.48	90
Masako Watanabe	58.62	92
Karen Bjodstrup	59.64	82
Sara DeFrancisco	59.99	93
Rachel MacNeill	1:00.11	02
Tammy Custer	1:00.24	87
Marta Holsinger	1:02.23	98
Jean McKeeman	1:02.55	91

### 100 YARD FREESTYLE

Sara DeFrancisco	53.10	92
Mary-Frances Greek	54.36	89
Shannon Forsberg	54.82	89
Julie Woelz	55.17	81
Shala Van Gerpen	55.34	03
Masako Watanabe	55.41	92
Rachel MacNeill	55.46	02
Leslie Lay	55.57	80
Shannan Stoll	55.80	00
Tami Thorstenson	55.93	84

### 100 YARD BACKSTROKE

Leslie Lay	59.98	81
Sara DeFrancisco	1:00.28	93
Carol Quarterman	1:00.66	86
Arlene McElvaine	1:01.90	77
Rachel MacNeill	1:02.42	02
Katie Atkinson	1:02.43	03
Karen Blair	1:03.92	83
Mary-Frances Greek	1:04.31	89
Tammy Custer	1:04.55	87
Ksenia Kostentko	1:04.65	05

### 200 YARD BUTTERFLY

Shala VanGerpen	2:05.03	02
Mary-Frances Greek	2:09.63	90
Leslie Lay	2:10.75	79
Tammy Custer	2:11.28	87
Sara DeFrancisco	2:12.94	93
Masako Watanabe	2:13.79	93
Karen Bjodstrup	2:14.23	83
Lisa Barry	2:18.60	79
Kaia Erickson	2:19.80	76
Kristen Glass	2:20.47	91

### 200 YARD FREESTYLE

Sara DeFrancisco	1:56.24	92
Shala VanGerpen	1:57.18	02
Mary-Frances Greek	1:57.30	89
Leslie Lay	1:59.93	79
Joan Ogle	2:00.29	93
Shannon Forsberg	2:00.70	89
Carol Quarterman	2:00.81	85
Marta Holsinger	2:01.11	97
Tani Thorstenson	2:01.66	84
Jenny Hustad	2:02.10	86

### 200 YARD BACKSTROKE

Leslie Lay	2:08.27	81
Carol Quarterman	2:10.70	86
Sara DeFrancisco	2:12.93	93
Arlene McElvaine	2:15.30	77
Katie Atkinson	2:17.55	04
Ksenia Kostenko	2:18.29	05
Tari Stonecipher	2:18.75	83
Tammy Custer	2:18.89	88
Karen Blair	2:19.52	83
Mary-Frances Greek	2:20.27	89

### 200 YARD INDIVIDUAL MEDLEY

Leslie Lay	2:10.92	79
Sara DeFrancisco	2:11.53	93
Rachel MacNeill	2:13.30	01
Jean McKeeman	2:14.40	91
Mary-Frances Greek	2:14.66	90
Shala VanGerpen	2:17.75	02
Tammy Custer	2:17.82	83
Karen Blair	2:17.82	83
Karen Bjodstrup	2:19.17	82
Shannon Forsberg	2:19.78	89

### 500 YARD FREESTYLE

Shala VanGerpen	5:13.84	01
Leslie Lay	5:17.09	79
Tani Thorstenson	5:20.36	84
Mary-Frances Greek	5:20.59	89
Andrea Fekete	5:23.97	92
Marta Holsinger	5:27.53	97
Carol Quarterman	5:28.92	85
Joan Ogle	5:29.40	93
Jenny Hustad	5:29.88	89
Rachel MacNeill	5:31.59	01

### 100 YARD BREASTSTROKE

Jean McKeeman	1:08.13	91
Jennifer Barrett	1:08.21	88
Jackie Benson	1:08.43	03
Bonna Pak	1:09.03	00
Rachel MacNeill	1:09.07	02
Karen Bjodstrup	1:11.21	82
Leslie Lay	1:12.42	80
Tina McMaster	1:12.46	92
Lauren Johnson	1:12.62	00
Ksenia Kostentko	1:13.41	03

### 400 INDIVIDUAL MEDLEY

Leslie Lay	4:40.89	79
Sara DeFrancisco	4:42.89	93
Shala VanGerpen	4:44.94	02
Mary-Frances Greek	4:47.17	90
Tammy Custer	4:48.86	87
Marta Holsinger	4:58.47	98
Lisa Barry	4:59.54	78
Arlene McElvaine	5:01.00	77
Shannon Forsberg	5:01.09	89
Karen Bjodstrup	5:02.25	83

### 1000 YARD FREESTYLE

Shala VanGerpen	11:03.11	02
Erica Girard	11:52.57	02
Molly Fitzpatrick	11:53.14	02
Rebecca George	12:43.21	02

### 200 YARD BREASTSTROKE

Jennifer Barrett	2:27.26	88
Rachel MacNeill	2:30.96	01
Karen Bjodstrup	2:34.26	82
Bonna Pak	2:34.63	00
Jean McKeeman	2:35.21	91
Leslie Lay	2:36.17	79
Jenny Hustad	2:39.95	86
Tammy Custer	2:40.21	88
Ksenia Kostentko	2:40.89	03
Shannon Forsberg	2:41.18	89