



**SOUTHEASTERN SWIMMING CHAMPIONSHIPS**  
**SHORT COURSE YARDS**  
**FEBRUARY 17-19, 2017**  
**JAMES E. MARTIN AQUATIC CENTER – AUBURN UNIVERSITY**  
**AUBURN, AL 36849**

SES SANCTION NO: 17SEAUB2-17

TIME TRIAL NO: 17SEAUB2-17TT

**HOST CLUB:** Auburn Aquatics  
**DATES OF MEET:** February 17-19, 2017  
**ENTRY DEADLINE:** OME will close Tuesday February 7, 2017 at 11:59pm CST

<b>MEET REFEREE:</b>	Robert Dellinger	<a href="mailto:rdsc45@yahoo.com">rdsc45@yahoo.com</a>	334-750-0403
<b>ADMIN REFEREE:</b>	Gary Heapy	<a href="mailto:gheapy@smfwb.com">gheapy@smfwb.com</a>	850-585-5514
<b>MEET DIRECTOR:</b>	Judy Middleton	<a href="mailto:hsmom4@hotmail.com">hsmom4@hotmail.com</a>	334-787-0405
<b>ADMIN OFFICIALS:</b>	Christina Francis	<a href="mailto:cfrancis@nandinainc.com">cfrancis@nandinainc.com</a>	

**FACILITY:**

Indoor 50 meter by 25-yard pool, offering dual 8 lanes for short course competition, with pool depth ranging from 9 feet to 16 feet. Automatic timing will be provided by Colorado Timing System with HYTEK interface on both courses. Manual back up will be used. An 8-lane scoreboard will be available on both courses. The competition course has not been certified in accordance with 104.2.2C(4).

**ELIGIBILITY:**

Age groups are: 10&U, 11-12, 13-14, and Senior. Age on the first day of the meet determines the age group for the entire meet. All swimmers shall be registered with Southeastern Swimming through United States Swimming, Inc. There will be NO on-deck USA Swimming Registration available at the meet. A Southeastern-affiliated swimmer may compete as a member of a relay team whether or not they qualify for any individual events.

**QUALIFYING TIMES:**

The 2016-2017 Southeastern Age Group Short Course Yards Time Standards will be used as a qualifying time for all individual events. There will be no time standards for relays. Qualifying times must have been achieved by the entry deadline. Faster times achieved following the deadline will not be accepted in place of times already entered.

**BONUS EVENTS:**

Bonus entries are permitted if a swimmer has at least one 2016-2017 Southeastern Swimming Qualifying Time. A swimmer with one qualifying time may swim up to two (2) bonus swims in which the swimmer has achieved the 2016-2017 Bonus Standard; two qualifying times, two (2) bonus swims; three qualifying times, two (2) bonus swims, etc...

**TIME TRIALS:**

Time Trials will be held at the conclusion of any preliminary or final session at a coach's or swimmer's request, and the Meet Referee's concurrence. Time Trials are intended only for swimmers attempting to qualify for National Level Meets or Sectional Meets. Fees: \$10.00 per individual event; \$10.00 per relay.

**WARMUP AND COMPETITION TIMES:**

Pool will be open Thursday February 16 for teams to warmup – 6-8 PM.

11&Over Prelims (Friday, Saturday, Sunday) – Warmup 7:15-8:45AM / Competition Begins at 9:00AM

10&Under Timed Finals (Friday, Saturday, Sunday) – Warmup after prelims / Competition Begins TBA

11&Over Finals (Friday, Saturday, Sunday) - Warmup 3:45-4:45PM / Competition Begins at 5:00PM

# ENTRY INFORMATION& MEET FORMAT

## **TEAM ENTRY:**

All entries must be completed through the USA Swimming OME system. This shall be the only accepted way to enter this meet. OME will be open for entries beginning Monday January 9, 2017, and close at 11:59pm CST on Tuesday February 7, 2017. NOTE: Please wait until your athletes have exhausted all of their chances to qualify or improve seed times to finalize your entry and check out. The OME system does not allow for swimmers to change or delete a bonus swim once you check out of OME.

## **ENTRY LIMITS:**

A swimmer may enter and swim **three** individual events per day and no more than **six** individual events in the meet. Once the Psych sheet is posted, a swimmer entered in the maximum number of events may not scratch one event to enter another event, except in cases involving a mistaken entry in the wrong age group that may be corrected by the Meet Referee. Time Trial events count as one of the three events allowed on a given day, but do not count as one of the six individual events in the meet. Relay times should be listed for each entered relay. All potential relay participants must be entered in the meet by Friday, February 17, at 9:00 AM.

## **LATE ENTRIES:**

Late entries are for first time qualifiers who achieved the qualifying times after the entry deadline. This is not a procedure to update times. You may submit an updated time for a swim that upgrades a swim from a bonus cut to a regular standard cut; this may allow for an additional bonus entry. Late entries will be accepted until 6:00pm CST Monday February 13, 2017 for individuals qualifying between February 8 and February 12 (please send an e-mail to the Meet Director to add new cuts made during this time period or upgrading from Bonus to Standard Cut).

## **ENTRY FEES:**

Individual Events:	\$6.00 per event
Relay Events:	\$12.00 per relay
SES Surcharge:	\$3.00 per athlete
Facility Surcharge:	\$15.00 per athlete (includes Heat Sheet)

## **MEET FORMAT:**

All 10&U events will be Timed Finals. All 11&Over individual events will be Prelims/Finals, except for the 1650 Free and the 11&12 500 Free (which will be swum in its entirety in the prelim session). These Timed Finals will swim fastest to slowest. The fastest heat of the women's and men's 1650 Free will swim during the Finals session on Sunday night; earlier heats of the women's and men's 1650 Free will swim in the morning after the conclusion of the preliminaries. Swimmers entered in the 1650 may designate their preference to swim the event in the preliminary session. The top eight swimmers who state no preference shall be seeded and swim in the evening finals.

All preliminaries will be swum in dual 8 lane courses. Finals will swim in a single 8-lane course. 11-12 and 13-14 events will each have one final heat at night (the top 8 finishers from prelims). Senior events will swim final and consolation final heats (top 16 prelims finishers). All events 400 yards and longer will be deck-seeded with positive check-in by 8:30 AM. The 10 & Under swimmers will swim in a single 8 lane course, after prelims for each day has finished swimming.

Relays will be deck seeded Timed Finals. Teams are limited to two relay entries in each relay event. Relay cards will be distributed in coaches' packets. 11&Over relay cards will constitute positive check-in and must be completely and properly filled out and submitted to Clerk of Course by 5:00PM on the day of the event in order for the relay team to swim. All 10&U Relays will swim at the end of their sessions on Friday and Sunday; these relay cards must be submitted at the beginning of the session on their respective days. All 11& Over Relays will swim during the finals sessions on Friday and Saturday.

## RULES AND PROCEDURES

The meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming, and is a closed Championship competition for only those swimmers registered with Southeastern LSC Swimming. USA Swimming technical rules and regulations will be followed with the exception of items specifically addressed in the meet information. All coaches are required to sign in with the Clerk of Course and to show their coaching credentials. All Officials will wear their credentials on deck.

### **RULES:**

In the interest of safety and accident prevention, coaches, officials and swimmers are asked to observe all posted pool rules and to conduct themselves in a safe manner. Nobody will be allowed to climb on the diving boards or diving towers for any reason. Only coaches, swimmers, officials, and volunteers will be allowed on deck. **NO CHAIRS ARE ALLOWED IN THE UPSTAIRS SPECTATOR AREA FOR ANY REASON. STADIUM SEATS ARE RECOMMENDED.**

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

No team, parent, or press photographers will be permitted on deck unless they have been issued a credential by the Meet Director. Under NO circumstances will video or still photography be allowed in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Acceptable areas include the side courses of the pools, team gathering areas, concession areas, and the turn-end of the competition pool when not in use as a "start end."

Southeastern Swimming Safety Guidelines and Warm-up Procedures will be in effect. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session.

### **DECK SEEDED EVENTS AND SCRATCH PROCEDURES:**

Swimmers must do Positive Check-In with the Clerk of Course for all deck-seeded individual events and relays. Positive Check-In deadlines are as follows:

DAY	EVENT	DEADLINE
Friday	400 IM	8:30am
	10&U Free Relay	Start of session
	11-12, 13-14, Open Free Relay	5:00pm
Saturday	500 Free	8:30am
	11-12, 13-14, Open Medley Relay	5:00pm
Sunday	1650 Free	8:30am
	10&U Medley Relay	Start of session

Swimmers or relays who do not check-in with the Clerk of Course by the deadline will be seeded with a NT, but will be able to compete. Only the swimmer or his/her coach may check-in or scratch a swimmer. If swimming an event, the swimmer or his/her coach shall circle the name of the swimmer and place their initials next to the swimmer's name. If scratching the event, the swimmer or coach shall draw a line through the swimmer's name and place their initials next to the swimmer's name.

### **SCRATCH RULES FOR PRELIM/FINALS EVENTS:**

Swimmers qualifying for finals or consolation finals must notify the Clerk of Course within 30 minutes of the announcement of the qualifiers for that final that they may not intend to compete. They must further declare their final intention to scratch within 30 minutes of the posting of the last preliminary event of the session or they will be seeded into the event. **Scratches must be given to the Clerk of Course.** Any swimmer failing to properly scratch and failing to compete in the consolation finals and finals shall be barred from the remainder of the meet unless relieved for good cause by the Referee. The penalty for failing to properly scratch and failing to compete in a Sunday evening consolation final or final event is a \$25 fine.

**SCORING:**

Individual Events 1-8 (all age groups):	20-17-16-15-14-13-12-11
Consolation Finals 9-16 (open age group only):	9-7-6-5-4-3-2-1
Relay Events 1-8 (all age groups):	40-34-32-30-28-26-24-22
Relay Events 9-16 (open age group only):	18-14-12-10-8-6-4-2

**AWARDS:**

Awards will be provided by Southeastern Swimming.

- Medals will be given for 1st-8th place for individual events and 1st-4th for relays.
- Pennant will be awarded for the top scoring team in combined category.
- “Best All Around” trophy will be awarded to top scoring individual for each age group for both girls and boys.
- “Outstanding Performance Award” shall be given to one female athlete and one male athlete based on the single highest scoring swim using Hy-Tek’s Single Age Power Point System.
- Plaque will be awarded to age group team champions of each gender based on total individual points and the single highest-ranking relay.

All individual event and relay event medals will be picked up at the awards table after each final is swum.

**MEETINGS:**

- Coaches’ meeting will be at 8:45AM, Friday February 17, 2017, in the hospitality room.
- Officials will meet in the Auburn Team room 45 minutes before each session for deck assignments.
- Timers will meet on the deck 30 minutes before each session.

**OFFICIALS:**

This meet has been designated an Officials Qualifying Meet (OQM) for National Certification. Those requesting N2/N3 evaluations need to complete the USAS application and forward to the Meet Referee. No official will be permitted to work during a session unless they have filled out an “Application to Officiate” form (found on the SES web site under ‘Members’ / ‘Officials’), and been accepted by the Meet Referee.

The Southeastern Swimming Officials Committee will assign officials, with the concurrence of the Tech Planning Chair and the Host Meet Director. Referee, Starter and Stroke Clinics will be given in the Auburn Team Room, before the preliminary sessions as follows:

- 1) Starter Clinic: Friday at 7:30 AM.
- 2) Stoke & Turn Clinic: Saturday at 7:30 AM.
- 3) Referee Clinic: Sunday at 7:30 AM.

**PARKING:**

Parking is free but will be mainly in the Hutsell (Wilbur) Track area bounded by Biggio Dr., W. Samford Ave. and Wire Road on Friday with more opening up on the weekend. A parking map for Auburn will be posted on the SES web site shortly. Remember, this is a University parking system, so failure to follow the rules will result in being ticketed or towed.

**MET EVALUATION:**

You are encouraged to send a meet evaluation to the Southeastern Swimming General Chairman:

Phil Kraus  
P.O. Box 30318  
Pensacola, FL 32504  
ses.general.chair@gmail.com

**SOUTHEASTERN SWIMMING SC CHAMPIONSHIPS**

FRIDAY FEBRUARY 17, 2017 - 11 & OVER PRELIMINARY SESSION

**WARM-UP: 7:15-8:45AM**

**COMPETITION: 9:00AM**

GIRLS	BONUS	STANDARD	EVENT	STANDARD	BONUS	BOYS
1	<i>Any Time</i>	100 QT	13-14 50 FLY	100 QT	<i>Any Time</i>	2
3	<i>Any Time</i>	100 QT	OPEN 50 FLY	100 QT	<i>Any Time</i>	4
5	2:14.19	2:11.49	11-12 200 FREE	2:15.09	2:17.79	6
7	2:05.99	2:03.49	13-14 200 FREE	1:59.29	2:01.69	8
9	2:01.49	1:59.09	OPEN 200 FREE	1:48.29	1:50.49	10
11	36.79	35.99	11-12 50 BREAST	37.79	38.59	12
13	1:15.79	1:14.29	13-14 100 BREAST	1:11.49	1:12.99	14
15	1:13.39	1:11.89	OPEN 100 BREAST	1:04.19	1:05.49	16
17	32.79	32.09	11-12 50 BACK	33.09	33.79	18
19	1:05.99	1:04.69	13-14 100 BACK	1:02.09	1:03.39	20
21	1:03.09	1:01.79	OPEN 100 BACK	56.49	57.69	22
23	2:31.99	2:28.99	11-12 200 IM	2:33.99	2:37.09	24
25	<i>No Bonus</i>	5:02.99	*13-14 400 IM	4:48.59	<i>No Bonus</i>	26
27	<i>No Bonus</i>	4:47.69	*OPEN 400 IM	4:23.49	<i>No Bonus</i>	28

\*Deck-seeded Preliminaries; positive check-in by 8:30AM.

10&UNDER TIMED FINALS SESSION

**WARM-UP: TBA**

**COMPETITION: TBA**

GIRLS	BONUS	STANDARD	EVENT	STANDARD	BONUS	BOYS
35	2:40.09	2:36.89	10&U 200 FREE	2:38.29	2:41.49	36
37	43.89	42.99	10&U 50 BREAST	44.39	45.29	38
39	38.29	37.49	10&U 50 BACK	38.39	39.19	40
41	3:01.99	2:58.39	10&U 200 IM	3:00.89	3:04.59	42
43	N/A	N/A	@10&U 200 FREE RELAY	N/A	N/A	44

@Relay cards due by start of 10&U session

11&OVER FINALS SESSION

**WARM-UP: 3:45-4:45PM**

**COMPETITION: 5:00PM**

Events in Number Order from Preliminary Session

29	N/A	N/A	#11-12 200 FREE RELAY	N/A	N/A	30
31	N/A	N/A	#13-14 400 FREE RELAY	N/A	N/A	32
33	N/A	N/A	#OPEN 400 FREE RELAY	N/A	N/A	34

#Relay cards due by 5:00 PM.

**SOUTHEASTERN SWIMMING SC CHAMPIONSHIPS**  
**SATURDAY FEBRUARY 18, 2017 - 11&OVER PRELIMINARY SESSION**

**WARM-UP: 7:15-8:45AM**

**COMPETITION: 9:00AM**

GIRLS	BONUS	STANDARD	EVENT	STANDARD	BONUS	BOYS
45	<i>Any Time</i>	100 QT	13-14 50 BACK	100 QT	<i>Any Time</i>	46
47	<i>Any Time</i>	100 QT	OPEN 50 BACK	100 QT	<i>Any Time</i>	48
49	1:10.69	1:09.29	11-12 100 FLY	1:11.39	1:12.89	50
51	2:32.99	2:29.99	13-14 200 FLY	2:22.49	2:25.39	52
53	2:19.69	2:16.89	OPEN 200 FLY	2:03.49	2:05.99	54
55	28.39	27.79	11-12 50 FREE	28.09	28.69	56
57	26.69	26.19	13-14 50 FREE	24.79	25.29	58
59	25.89	25.29	OPEN 50 FREE	22.79	23.29	60
61	1:10.59	1:09.19	11-12 100 IM	1:11.39	1:12.89	62
63	2:44.09	2:40.79	13-14 200 BREAST	2:37.59	2:40.79	64
65	2:39.49	2:36.29	OPEN 200 BREAST	2:19.39	2:22.19	66
67	<i>No Bonus</i>	5:49.19	*11-12 500 FREE	5:58.99	<i>No Bonus</i>	68
69	<i>No Bonus</i>	5:32.69	**13-14 500 FREE	5:18.39	<i>No Bonus</i>	70
71	<i>No Bonus</i>	5:20.99	**OPEN 500 FREE	4:52.49	<i>No Bonus</i>	72

\*11-12 500 Free will be swum Timed Finals; positive check-in by 8:30AM.

\*\*Deck-seeded Preliminaries; positive check-in by 8:30AM.

**10&UNDER TIMED FINALS SESSION**

**WARM-UP: TBA**

**COMPETITION: TBA**

GIRLS	BONUS	STANDARD	EVENT	STANDARD	BONUS	BOYS
79	1:28.89	1:27.09	10&U 100 FLY	1:31.09	1:32.99	80
81	32.49	31.79	10&U 50 FREE	32.39	33.09	82
83	1:22.99	1:21.29	10&U 100 IM	1:22.19	1:23.89	84
85	<i>No Bonus</i>	6:49.19	***10&U 500 FREE	6:54.69	<i>No Bonus</i>	86

\*\*\*10&U 500 Free will be swum Timed Finals

**11&OVER FINALS SESSION**

**WARM-UP: 3:45-4:45PM**

**COMPETITION: 5:00PM**

Events in Number Order from Preliminary Session

73	N/A	N/A	#11-12 200 MEDLEY RELAY	N/A	N/A	74
75	N/A	N/A	#13-14 400 MEDLEY RELAY	N/A	N/A	76
77	N/A	N/A	#OPEN 400 MEDLEY RELAY	N/A	N/A	78

#Relay cards due by 5:00 PM.

**SOUTHEASTERN SWIMMING SCY CHAMPIONSHIPS**  
**SUNDAY FEBRUARY 19, 2017 - 11 & OVER PRELIMINARY SESSION**

**WARM-UP: 7:15-8:45AM**

**COMPETITION: 9:00AM**

GIRLS	BONUS	STANDARD	EVENT	STANDARD	BONUS	BOYS
91	<i>Any Time</i>	100 QT	13-14 50 BREAST	100 QT	<i>Any Time</i>	92
93	<i>Any Time</i>	100 QT	OPEN 50 BREAST	100 QT	<i>Any Time</i>	94
95	<i>1:11.09</i>	1:09.69	11-12 100 BACK	1:11.99	<i>1:13.49</i>	96
97	<i>2:22.79</i>	2:19.99	13-14 200 BACK	2:16.69	<i>2:19.49</i>	98
99	<i>2:15.19</i>	2:12.49	OPEN 200 BACK	2:02.29	<i>2:04.79</i>	100
101	<i>1:01.59</i>	1:00.29	11-12 100 FREE	1:00.89	<i>1:02.19</i>	102
103	<i>58.19</i>	56.99	13-14 100 FREE	54.39	<i>55.49</i>	104
105	<i>56.79</i>	55.59	OPEN 100 FREE	49.79	<i>50.79</i>	106
107	<i>1:20.89</i>	1:19.29	11-12 100 BREAST	1:23.59	<i>1:25.29</i>	108
109	<i>2:23.19</i>	2:20.29	13-14 200 IM	2:15.89	<i>2:18.69</i>	110
111	<i>2:17.09</i>	2:14.39	OPEN 200 IM	2:01.79	<i>2:04.29</i>	112
113	<i>31.19</i>	30.49	11-12 50 FLY	31.29	<i>31.99</i>	114
115	<i>1:04.59</i>	1:03.29	13-14 100 FLY	1:01.19	<i>1:02.49</i>	116
117	<i>1:02.49</i>	1:01.19	OPEN 100 FLY	54.89	<i>55.99</i>	118
			----10 minute break----			
87	<i>No Bonus</i>	20:01.49 (11:29.99)	*13-14 1650 FREE	19:29.49 (11:29.79)	<i>No Bonus</i>	88
89	<i>No Bonus</i>	19:48.19 (11:10.79)	*OPEN 1650 FREE	17:37.39 (10:37.29)	<i>No Bonus</i>	90

\*Deck-seeded Preliminaries; positive check-in by 8:30AM.

**10&UNDER TIMED FINALS SESSION**

**WARM-UP: TBA**

**COMPETITION: TBA**

GIRLS	BONUS	STANDARD	EVENT	STANDARD	BONUS	BOYS
119	<i>1:22.69</i>	1:20.99	10&U 100 BACK	1:22.79	<i>1:24.49</i>	120
121	<i>1:12.29</i>	1:10.79	10&U 100 FREE	1:12.09	<i>1:13.59</i>	122
123	<i>1:36.09</i>	1:34.19	10&U 100 BREAST	1:38.29	<i>1:40.29</i>	124
125	<i>37.39</i>	36.59	10&U 50 FLY	37.59	<i>38.39</i>	126
127	<i>N/A</i>	N/A	10&U 200 MEDLEY RELAY	N/A	<i>N/A</i>	128

@Relay cards due by start of 10&U session

**11&OVER FINALS SESSION**

**WARM-UP: 3:45-4:45PM**

**COMPETITION: 5:00PM**

Events in Number Order from Preliminary Session

**SOUTHEASTERN LSC**  
**INFORMATION FORM FOR SWIMMERS WITH A DISABILITY**

This non-mandatory form is for accommodation purposes.

Name \_\_\_\_\_

Address \_\_\_\_\_

Team \_\_\_\_\_ USA Registration # \_\_\_\_\_

Age and Birth date: \_\_\_\_\_

Events to be swum: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Type of Disability

Blind \_\_\_\_ Cognitive/Intellectual \_\_\_\_\_ Deaf \_\_\_\_ Physical \_\_\_\_\_ Other \_\_\_\_\_

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

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The following person(s) will accompany the swimmer for any needed assistance:

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Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

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Information gathered on this form will only be used for swimmers accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your meet experience.

Meet Director Email: [hsmom4@hotmail.com](mailto:hsmom4@hotmail.com)

Meet Referee Email: [rdsc45@yahoo.com](mailto:rdsc45@yahoo.com)

Disability Chair: Robin Heller [robin@seastarsaquatics.org](mailto:robin@seastarsaquatics.org)

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