

NITRO SWIMMING

April Nitro at the Races

- DATE:** Saturday, April 27th, 2013
- START TIME:** 2:00 p.m. Warm-Up ~ 2:30 p.m. Meet Start
- ENTRY DEADLINE:** Wednesday, April 24th, 2013 at 11:59 p.m.
- VENUE:** NITRO Swim Center-Cedar Park, 1310 Toro Grande, Cedar Park, TX 78613
- POOL SPEC:** Indoor 25 yard x 50 meter heated pool. Eight 25 yard lanes will be used for competition. Water depth is 8 feet. Dolphin Timing System. Warm-up and warm-down space will be available throughout the meet.
- ELIGIBILITY:** Open to USA Swimming currently registered or unattached swimmers who are members of **NITRO(ST)**. All coaches and officials participating in this competition must be currently registered with USA Swimming. All should also be prepared to present their USA Swimming ID Card as proof of their Registration to the Meet Director or designee at any time. Swimmers who **1)** chose to enter time trials, **2)** late enter when possible, or **3)** need to be entered because of clerical errors by the entering team or the meet host; will be required to present their USA Swimming ID Card or accomplish a USA Swimming Registration Form and pay the necessary fees prior to being allowed to compete. National and LSC Regulations do not allow for any exceptions to these policies.
- RULES:** The most current USA Swimming Rules and any relevant sections of the STSI Handbook will apply.
- ENTRIES:** Swimmers may enter a maximum of four (4) individual events. Entries must be submitted via www.nitroswim.com. Check www.nitroswim.com for entry instructions or email your primary group coach.
- ENTRY FEES:** Entry fees will be billed automatically to your account on file. Entry fees are non-refundable for any reason, including illness and/or injury.
- MEET FORMAT:** All events are timed finals, seeded by gender.
- ENTRY DEADLINE:** Entries must be received through www.nitroswim.com by Wednesday, April 24th at 11:59 p.m. CST.
- ENTRY FEES:** \$10.00 flat fee.
- DECK ENTRIES:** Deck Entries will not be accepted for this meet.
- HEAT SHEETS:** Heat Sheets will be posted online at www.nitroswim.com after Thursday, April 25th, 2013
- ADMINISTRATION:**
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| Entries Chair: | Meet Director: |
| Florian Rudolph | Mike Koleber |
| 512-259-7999 | 512-259-7999 |
| florian.rudolph@nitroswim.com | mike@nitroswim.com |
- WARM-UPS:** Warm-ups will be conducted in accordance with the current STSI Policies and Procedures listed below and on the STswim.org Web Site.

SPECIAL NEEDS: Please notify Nitro Swimming (512) 259-7999 in advance of this event with the name and age of any swimmer who needs assistance to enter the building. --The Nitro Swim Center Staff will make reasonable accommodations for athletes or spectators who wish to enter and use our facility. -- In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105 -- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. -- Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105 of the USA Swimming Rules and Regulations.

TIMERS: Volunteer timers will be needed.

Order of Events

Girls Event #	Event	Boys Event #
1	100 Back	2
3	25 Free	4
5	50 Free	6
7	25 Breast	8
9	50 Breast	10
11	100 IM	12
13	25 Back	14
15	50 Back	16
17	25 Fly	18
19	100 Free	20