

## **Seminole and Sunrise Lanes Summer Invitational July 3-4-5, 2015**

- Sanctioned by:** Florida Swimming of USA Swimming #3366  
"In granting this sanction, it is understood and agreed that USA-Swimming shall be free and held harmless from any liabilities Or claims for damages by reason of injuries to anyone during The conduct of this event."
- Condition of Sanction:** The competition course has been certified in accordance with 104.2.2c(4). The copy of such certification is on file with USA Swimming. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming Member coach as being proficient in performing a racing start or Must start each race from within the water. When not accompanied By the coach, the swimmers' legal guardian must ensure Compliance. Changing into or out of swimsuits other than in designated areas is not appropriate and Prohibited!
- Deck Changing:** **Deck changing is not permitted at the North Shore Pool. Swimmers, who deck change are subject to removal from the pool by the pool staff.**
- Sponsored by:** St. Petersburg Aquatics, Seminole and Sunrise Lanes, City of St. Petersburg Department of Leisure Services
- Type of Meet:** Age Group and Senior 50 meter long course, Timed Finals, The ENTIRE MEET WILL BE SEEDED FASTEST TO SLOWEST.
- Date and Time:** Friday, July 3, **7:00am WARM-UP 8:00am START**  
Saturday/Sunday July 4 & 5 ; AM session 7:00am Warm-up 8:00 a.m. Start  
  
PM Session 30min w-up after Am session ends - Start 35min after AM session ends
- Location:** North Shore Pool  
901 North Shore Drive NE, St. Petersburg, FL 33701
- Pool Spec:** Certified 50 meter, outdoor pool with a maximum of 10 long course racing lanes having a minimum depth of 4 feet start & turn and non-turbulent lane lines. Separate warm down lane.
- Timing Equipment:** Colorado Timing System with scoreboard
- Eligibility:** Invited Teams and USA swimming registered swimmers only. On deck registration will be allowed. 2015 USA-S form and fee must be presented to the referee.
- Seeding:** NON CONVERTED 50-meter times will be used for seeding. Converted times will not be accepted. REAL TIMES ONLY!
- Scratches:** No penalty for scratching on the block with the exception of DECK SEEDED EVENTS. Any swimmer entered in an individual event that Is seeded at the meet, in whole or in part, who has checked in for That event, must swim in that event unless he/she notifies the Clerk Of Course before the seeding of that event has begun that he/she

Wishes to scratch. Failure to do so will result in his/her being barred From the next individual event in which he/she is entered on that Or the next meet day. WEATHER DELAYS MAY SUSPEND THIS RULE.

**Proof of Time:** The 1500 freestyle WILL REQUIRE PROOF OF TIME, submitted to the meet manager prior to seeding. Florida LSC athletes may use proof of a current **Junior Olympic or Senior Champ 400m free or 500y free and enter at the Age Group Championship Standard. Non Florida LSC athletes must provide proof of time.**

**Entry Limit:** Entries will be limited to keep the meet under the four (4) hours Per session. Swimmers will be limited to a maximum of three (3) Individual events per day. Swimmers posting entries over the Limit will be considered as entered in the first three (3) events Listed.

**Entry Form:** Entries must be submitted by electronic entry on the HyTek export Format. Entries will be accepted via electronic mail attention [swimstpete@aol.com](mailto:swimstpete@aol.com) or via mail on a 1.44 megabyte disk. Disk or E-mail entries must be accompanied by a back-up hard copy on the entry. List all attending coaches, contacts and phone numbers in the body of the e-mail, which serves as proof of entry. Current USA Swimming registration number, full name, age and entry time must be listed. All entry forms must be signed and Master Entry Form enclosed. **MANUAL ENTRIES WILL NOT BE ACCEPTED. USA SWIM REGISTRATION WILL BE ACCEPTED AT THE MEET, BY THE REFEREE. PLEASE MAKE CHECK TO "FLORIDA SWIMMING."**

**Entry Fee:** Individual events: \$3.00 Relay events: \$5.00  
Facility Charge \$7.50 per swimmer  
No entry fees will be refunded for any reason.

**Deck Entry:** Deck entries will be accepted to fill heats only. No new heats Will be created. Each deck entry will cost \$10.00 plus facility fee and heat sheet fee, if not already entered in meet.. All deck entries Must be accepted by the Administrative Referee and assigned a Lane 45 minutes before the session starts. A swimmer may not drop an event to deck enter another event, and the entry limit of 3 events remains.

**Entry Deadline:** All entries must be submitted by **Tuesday June 23, 2015.**  
Enclose checks and make payable to **St. Petersburg Aquatics.**  
Please send **Express Mail Overnight** to:  
Fred Lewis  
Email - [swimstpete@aol.com](mailto:swimstpete@aol.com)  
901 North Shore Drive NE  
St Petersburg, Florida 33701

**Awards:** Age Group events: 1<sup>st</sup> to 10<sup>th</sup>. No awards for Seniors  
High Point: all age groups and seniors

Team Championship ( host not eligible ): Team Trophy  
**Scoring:** Individual: 11-9-8-7-6-5-4-3-2-1  
**Rules:** Current USA Swimming Technical rules will govern. Safety Rules, As outlined by USA Swimming, and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all Warm-up areas. Coaches and officials shall wear their USA Swimming registration card in a conspicuous place at all times, while on Deck during the meet. Fly over starts will be used.

**Team Representative:** Prior to the start of the meet, the name of one person other than The coach who will check with the referee about any matter Pertaining to the meet must be given to the referee. The coach and Only that person will be recognized.

**Warm-Up Schedule:** The first 25 minutes will be general warm-up as listed below. The Last 20 minutes will be controlled warm-up as listed below.

Lane 1 Push off 50's pace (circle swimming)	Lane 1 Push off 50's pace (circle swimming)
Lane 2 Swimming and pulling only (push-off no equipment)	Lane 2 Racing start one length only
Lane 3 Swimming and pulling only (push-off no equipment)	Lane 3 Racing start one length only
Lane 4 Swimming and pulling only (push-off no equipment)	Lane 4 Swimming and pulling only
Lane 5 Swimming and pulling only (push-off no equipment)	Lane 5 Swimming and pulling only
Lane 6 Swimming and pulling only (push-off no equipment)	Lane 6 Swimming and pulling only
Lane 7 Swimming and pulling only (push-off no equipment)	Lane 7 Swimming and pulling only
Lane 8 Swimming and pulling only (push-off no equipment)	Lane 8 Racing start one length only
Lane 9 Swimming and pulling only (push-off no equipment)	Lane 9 Racing start one length only
Lane 10 Push off 50's pace (circle swimming)	Lane 10 Rush off 50's pace (circle swimming)

**\*\*\*Except for racing start, swimmers must enter the pool feet first with one hand Touching the deck of the pool\*\*\***

**NO EQUIPMENT ALLOWED IN THE POOL AT ANY TIME**

**Officials:** Referee: Kevin Mooren Chief S&T: Joe Finke  
Admin. Referee: Joanne Gauzens Head Marshall: William Burrows  
Starter: Jeanne Finke

**Meet Manager:** Fred Lewis 727 471 8896, Tracy Harris 727 471 8896  
[swimstpete@aol.com](mailto:swimstpete@aol.com)

**Special Note:** Meet management reserves the right to use fly over starts and combine heats and events. Entry fees from swimmers cut out of Deck seeded events will not be refunded.

**Camera Zones:** Per Florida Swimming Rule 223.12. Meet Management shall designate **And inform the public of "Camera Zones" at each meet where both still and video photography of a race or competitor in a race may take place.** Acceptable "camera zones" may include, but are not limited to the side of the pool, team gathering areas, concession area, turn end of the competition course, when not in use as a start end. Meet management shall designate "Non Camera Zones." Under NO circumstances will camera zones include the immediate area behind the starting blocks at either end of the racing course, while they are in use for "race start purposes" during the competition and warm-ups, locker rooms, rest rooms or any other dressing area. Any individual failing to abide by this rule

could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

**Friday, July 3, 2015 . (Swimmers may enter a maximum of three (3) events/day)**

**7:00 AM Warm-up                      8:00 AM Start**

**USE 50 METER TIMES FOR ENTRY!!!!!!USE 50 METER TIMES FOR ENTRY!!!!!!**

<b>Event Number</b>	<b>Age Group</b>	<b>Event</b>		
<b>G - B</b>				
Strict Qualifying Times - NT Entries won't be seeded				
1 - 2	Senior	400 Free *	<b>G-5:08.99</b>	<b>B-4:57.09</b>
3 - 4	13 - 14	400 Free *	<b>G-5:22.99</b>	<b>B-5:12.79</b>
5 - 6	11 - 12	400 Free *	<b>G-5:41.99</b>	<b>B-5:43.99</b>
7 - 8	10 & U	400 Free *	<b>G-6:26.99</b>	<b>B-6:29.29</b>
9 - 10	9 - 10	200 IM **		
11 - 12	11 - 12	200 IM **		
13 - 14	Senior	200 FLY ***		
15 - 16	13 - 14	200 FLY ***		
17 - 18	Senior	50 Free		
19 - 20	Senior	50 Breaststroke****		
21 - 22	Senior	50 Backstroke****		
23 - 24	Senior	50 Butterfly****		

\*Events 1,2,3,4,5,6,7 and 8 will be swum as one event, girls and boys seeded together, but will be scored separately by age and gender. This event will be deck seeded with the coaches checking in their swimmers by 7:15am. The event will be swum fastest to slowest, with fastest (8) heats swimming in the normal order of events. All other heats will be swum fastest to slowest after event # 24. Remaining heats may be restricted to keep the meet under the 4 hour rule.

\*\* Events 9,10,11,12 will be deck seeded, with the coaches checking in their swimmer by 7:15am.

\*\*\*Events 13,14,15,16 will be seeded together by gender and scored separately by age group. This event will be deck seeded with the coaches checking in their swimmers by 7:15am.

\*\*\*\*Not recognized Florida Swimming event

<b>Saturday July 4, 7:00am Warm-up 8:00am Start</b>			<b>SATURDAY JULY 4 – W-UP FOR 30MIN AFTER #46 START 35 MIN AFTER #46</b>		
<b>Event Number</b>	<b>Age Group</b>	<b>Event</b>	<b>Event Number</b>	<b>Age Group</b>	<b>Event</b>
25 - 26	Senior	200 Free Relay	<b>47 - 48</b>	<b>12 &amp; U</b>	<b>200 FREE RELAY</b>
27 - 28	13 & 14	200 Free	49 - 50	10 & U	200 Free
29 - 30	Senior	200 Free	51 - 52	11 & 12	200 Free
31 - 32	13 & 14	100 Breast	53 - 54	8 & U	50 Breast
33 - 34	Senior	100 Breast	55 - 56	9 & 10	50 Breast
35 - 36	13 & 14	200 Back	57 - 58	11 & 12	50 Breast
37 - 38	Senior	200 Back	59 - 60	10 & U	100 Back
39 - 40	13 & 14	100 Fly	61 - 62	11 & 12	100 Back
41 - 42	Senior	100 Fly	63 - 64	8 & U	50 Fly
43 - 44	13 & 14	400 IM # <b>CHECK QT</b>	65 - 66	9 & 10	50 Fly
45 - 46	Senior	400 IM # <b>CHECK QT</b>	67 - 68	11 & 12	50 Fly
<b>NO TIME ENTRIES WILL NOT BE ACCEPTED FOR THE 400 IM'S</b>			69 - 70	10 & U	50 Free
			<b>71 - 72</b>	<b>11 &amp; 12</b>	<b>50 Free</b>

**Sunday July 5, 7:00am Warm-up 8:00am Start**

Event	Age	Event
Number	Group	
73 – 74	Senior	100 Free
75 – 76	13 & 14	100 Free
77 – 78	Senior	200 Breast
79 – 80	13 & 14	200 Breast
81 – 82	Senior	100 Back
83 – 84	13 & 14	100 Back
85 – 86	Senior	200 IM
87 – 88	13 & 14	200 IM
89 – 90	Senior	50 Free
91 - 92	13 & 14	50 Free
<b>93 - 94</b>	<b>Senior</b>	<b>1500 Free ## QT</b>
<b>95 – 96</b>	<b>13 &amp; 14</b>	<b>1500 Free ## QT</b>
<b>97 – 98</b>	<b>11 &amp; 12</b>	<b>1500 Free ## QT</b>

**NO TIME ENTRIES WILL NOT BE ACCEPTED FOR THE 1500 FREE – PROOF OF TIME REQUIRED!!!!!!!**

**Sunday July 5, WARM-UP IMMEDIATELY AFTER 3rd HEAT OF 1500 FREE SESSION STARTS 35 MINUTES AFTER 3rd HEAT OF 1500 FREE**

Event	Age	Event
Number	Group	
99 – 100	12 & U	200 Medley Relay
101 – 102	8 & U	50 Free
103 – 104	11 & 12	100 Free
105 – 106	10 & U	100 Free
107 – 108	11 & 12	100 Breaststroke
109 – 110	10 & U	100 Breaststroke
111 - 112	8 & U	50 Back
113 – 114	11 & 12	50 Back
115 – 116	10 & U	50 Back
117 – 118	11 & 12	100 Fly
119 – 120	10 & U	100 Fly

# Events 43,44,45,46 will be swum as one event, girls and boys seeded together, but scored separately by age and gender. The event will be deck seeded and coaches must check-in their swimmers by 11:00am. The event will be swum fastest to slowest. **Senior Girls Qualifying Time 5:55.29 – Senior Boys Qualifying Time 5:43.99**  
**13 -14 Girls Qualifying Time 5:57.59 – 13 -14 Boys Qualifying Time 5:52.99 – No Time Entries will Not be Seeded. NO TIME ENTRIES WILL NOT BE SEEDED!!!!!!!**

## Events 93, 94, 95, 96, 97 AND 98 will be swum as one event, girls and boys seeded together, but scored separately by age and gender. The event will be deck seeded and coaches must check-in their swimmers by 8:00am. All qualifying times must be proven to the meet manager in order to be seeded. The event will be swum fastest to slowest. **THE FASTEST 15 GIRLS AND 15 BOYS WILL SWIM IN THE NORMAL ORDER OF EVENTS. THE REMAINING SWIMMERS WILL SWIM IN A SEPARATE SESSION, 5 MINUTES AFTER THE CONCLUSION OF THE AFTERNOON SESSION. ALL SWIMMERS MUST PROVIDE THEIR OWN TIMER AND COUNTER. FLORIDA LSC SWIMMERS MAY USE JUNIOR OLYMPIC OR SENIOR CHAMP 500yard OR 400meter TIMES AS PROOF OF ENTRY. THESE SWIMMERS WILL BE SEEDED AT THE STANDARD. NO TIME ENTRIES WILL NOT BE SEEDED. NO TIME ENTRIES WILL NOT BE SEEDED** Swimmers are responsible for providing their own timer and counter for their swim:

**Qualifying Times for 1500 Free**  
**Senior Girls 20:24.99 Senior Boys 19:45.79**  
**13 - 14 Girls 20:24.99 13 – 14 Boys 19:50.99**  
**11 – 12 Girls 20:54.99 11 – 12 Boys 20:20.99**

**ANY SWIMMER MISSING ANY SIGN-IN DEADLINE OR FORGETTING TO SIGN-IN, MAY SWIM IN AN EMPTY LANE OR SWIM STANDBY. NO NEW HEATS WILL BE CREATED.**