Trinity Prep Aquatics & YMCA of Central Florida



"Adidas Swin

"Swim Your Own Age"

with

January 16-17, 2016 Indoor Pool!

Sanctioned By: Florida Swimming of USA Swimming – <u># 3535</u>

"In granting this approval it is understood and agreed that USA swimming and Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event." and Trinity Prep Aquatics, Trinity Preparatory School, YMCA of Central Florida, and YCF swimming accept no responsibility for liability or injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer's legal guardian to ensure compliance with this requirement.

"Changing into or out of swim suites other than in locker rooms or other designated areas is prohibited.

Type of Meet:	Adidas Swim Team Challenge: 25 Yard Course for Prelims & Finals.
	Swim Your Own Age (separate sessions from Adidas Swim Team Challenge): 25 Yard Course for both days.
Sponsored By:	Trinity Prep Aquatics, Trinity Preparatory School, YCF Swimming, YMCA of Central Florida
Location:	YMCA Aquatic Center, 8422 International Drive, Orlando, FL, 32819
Pool Specs:	Two certified indoor, 25-yard, 8-lane competition pools available with non- turbulent lane lines. Water depth in the competition pool is 7 feet minimum at start & turn ends.

Timing System:	Full Video Display Scoreboard. Colorado Automatic and/or Semi-Automatic Timing.
Dates / Times:	
Adidas Swim	Saturday, January 16, 2016 - Preliminary session with one or two courses as needed Warm-up – 7:30am; Start – 8:30am.
SYOA	Saturday, January 16, 2016 – One or two courses as needed Warm-Up- guaranteed 30 minutes; Start - not before 12:30
Adidas Swim	Saturday, January 16, 2016 - Finals session with one course: 8 Lanes 25 yards Warm-up – 5:00pm; Start – 6:00pm
Adidas Swim	Sunday, January 17, 2016 - Preliminary session with one or two courses as needed Warm-up – 7:30am; Start – 8:30am.
SYOA	Sunday, January 17, 2016 – One or two courses as needed Warm-Up- guaranteed 30 minutes. Start - not before 12:30
Adidas Swim	Sunday, January 17, 2015 – Finals session with one course: 8 Lanes 25 yards Warm-up – 5:00pm; Start – 6:00pm
Format:	 The Adidas SWIM Team Challenge session will be Short Course Yards for Prelims and Finals: 20 swimmers return from Prelims: the Bonus Final will have 8 swimmers (13th-20th), the consolation Final 6 swimmers (7th - 12th), the Super Final 4 swimmers (3rd - 6th), and Ultra Final (1st - 2nd) in all events. All swimmers in finals score points. The Swim Your Own Age sessions will be single age brackets timed finals on Saturday and Sunday.
Eligibility:	SYOA & ADIDAS SWIM TEAM CHALLENGE Entries will close upon receipt of the team that puts entries over the four hour time limit per session. Teams will be accepted by the post date of their entries. "Open to all currently registered 2016 USA Swimming athletes." On deck registration will not be allowed.
Deck Access:	Only currently registered coaches and officials will be allowed access beyond the coaches, athletes & officials entrance. Coaches and officials will be required to show their current USA Swimming registration card when asked by meet management. Volunteers will be given a pass to access the deck and help for that specific purpose. Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the meet manager or the facility director.

Entry Limit:	The ADIDAS SWIM Team Challenge sessions will be limited to three (3) individual events per day. Swimmers over-entered will be considered as entered in the first three (3) individual events of each day.
	The Swim Your Own Age sessions will have a limit of four (4) individual events per day. Swimmers over-entered will be considered as entered in the first four (4) individual events of each day.
Scratches	Prelims- No penalty for scratches on the block during prelims or timed final events.
	Scratching From Finals: any swimmer who competes in a preliminary heat and qualifies as one of the 20 finalists, as originally seeded, must swim in that events final: or must notify the clerk of course that he/she intends to scratch from that final's event within 30 minutes of the announcement of the qualifiers. Any swimmer seeded in a finals event who fails to swim that event shall be barred from their next event unless excused by the Meet Referee for illness or injury.
Entry Deadline:	Monday, January 11, 2016 @ 5:00 pm. Eastern
Submit Entries To:	Go to www.sportstiming.com , click on meets and click on the TPA/YCF Adidas Swim Team Challenge/SYOA. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files prior to the deadline, you are able to submit a new form and file. Entry questions can be emailed to meet.support@sportstiming.com.
Entry Fee:	The ADIDAS Swim Team Challenge: \$15.00 facility fee per swimmer, \$6.00 per individual event
	The Swim Your Own Age: \$10.00 facility fee per swimmer, \$4.00 per individual event
Heat Sheet Fee:	\$2 ADIDAS Swim Team Challenge \$2 Swim Your Own Age
Deck Entries:	NO deck entries will be accepted.
Checks payable to:	Trinity Prep Aquatics
Officials:	Meet Managers: Rocco Aceto & Mike Brady Meet Referee: Bob Griffiths Admin Referee: Billy & Victoria Culbertson Starter: Robyn Anthony Stroke & Turn Official: Jim Myers Meet Marshall: Anne Marie Stricklin All currently certified and in training USA Swimming officials are cordially invited
	to participate. All deck officials must be registered with USA Swimming and FL

	Swimming for 2016. Please email the Meet Manager, Rocco Aceto, at acetor@trinityprep.org , with your certification level and availability so he can plan accordingly.
Rules:	Current USA Swimming Rules will govern the meet. "No Recall" starting procedures in effect. Safety rules as outlined by USA Swimming and recommended by the Referee will be in effect.
	NOTE: Fly over starts will be used at the discretion of Meet Management.
Awards:	 ADIDAS Swim Team Challenge 1st-2nd Ultra Heat Winners receive ADIDAS Ball Hats 1st Place Combined Team Award
	Swim Your Own Age:
	 High Point Trophy for places 1st-3rd in each age group based upon most points scored from the combined Saturday & Sundays events Ribbons 1st-8th places
Scoring:	Individual Events: 1 st through 20 th - 21,19,18,17,16,15,14,13,12,11,10,9,8,7,6,5,4,3,2,1
Concessions:	Available from Subway for all sessions
Status Update:	Call Rocco Aceto at 321.282.2558 or check for meet updates on the TPA web site. Timelines and psych sheets will be available the Wednesday prior to the meet at http://www.tpaswim.org .



Supervision: Each swimmer participating in a Florida Swimming sanctioned meet must be supervised during warm-up and competition by a current Coach member of USA Swimming. An unattached athlete or an athlete not escorted by a Coach member must check in with the Meet Referee upon arrival at the meet. Such athletes must find a substitute Coach who will supervise him/her during warmup and competition and must submit the enclosed Alternate Coaches Form (signed) to the Meet Referee.

Camera Zones:

Per Florida Swimming Rule 223.12, meet management shall designate and inform the public of "camera zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "camera zones" may include, but are not limited to, the side courses of a pool, team gathering areas, concession area, turn end of competition course, when not in use as a "start end" etc. Meet management shall also designate "non-camera zones." Under no circumstances will camera zones include the area immediately behind the starting blocks at either end of the racing course when they are in use for "race starting purposes" during competition and warm ups, locker rooms, rest rooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.





ADIDAS Swim Team Challenge Event List Saturday January 16, 2016

Event # Women	Event # Men	Age Group	Event	Prelims
1	2	13 and Over	200 Free	Р
3	4	13 and Over	100 Fly	Р
5	6	13 and Over	400 Ind. Med.	Р
7	8	13 and Over	200 Back	Р
9	10	13 and Over	100 Breast	Р
11	12	13 and Over	50 Free	Р

Saturday January 16, 2016

Event # Women	Event # Men	Age Group	Event	Finals
1	2	13 and Over	200 Free	F
3	4	13 and Over	100 Fly	F
5	6	13 and Over	400 Ind. Med.	F
7	8	13 and Over	200 Back	F
9	10	13 and Over	100 Breast	F
11	12	13 and Over	50 Free	F

Sunday January 17, 2016

Event # Women	Event # Men	Age Group	Event	Prelims
13	14	13 and Over	200 Ind. Med.	P
15	16	13 and Over	100 Back	Р
17	18	13 and Over	500 Free	Р
19	20	13 and Over	200 Breast	Р
21	22	13 and Over	200 Fly	Р
23	24	13 and Over	100 Free	Р

Sunday January 17, 2016

Event # Women	Event # Men	Age Group	Event	Finals
13	14	13 and Over	200 Ind. Med.	F
15	16	13 and Over	100 Back	F
17	18	13 and Over	500 Free	F
19	20	13 and Over	200 Breast	F
21	22	13 and Over	200 Fly	F
23	24	13 and Over	100 Free	F



SYOA EVENTS – Saturday January 16, 2016

Event # Women	Event # Men	Age Group	Event	Timed Finals
25	26	12 year old	100 Backstroke	TF
27	28	11 year old	100 Backstroke	TF
29	30	10 year old	50 Backstroke	TF
31	32	9 year old	50 Backstroke	TF
33	34	8 year old	25 Backstroke	TF
35	36	7 & under	25 Backstroke	TF

Event # Women	Event # Men	Age Group	Event	Timed Finals
37	38	12 year old	100 Breast stroke	TF
39	40	11 year old	100 Breast stroke	TF
41	42	10 year old	50 Breast stroke	TF
43	44	9 year old	50 Breast stroke	TF
45	46	8 year old	25 Breast stroke	TF
47	48	7 & under	25 Breast stroke	TF

Event # Women	Event # Men	Age Group	Event	Timed Finals
49	50	12 year old	100 Fly	TF
51	52	11 year old	100 Fly	TF
53	54	10 year old	50 Fly	TF
55	56	9 year old	50 Fly	TF
57	58	8 year old	25 Fly	TF
59	60	7 & under	25 Fly	TF

Event # Women	Event # Men	Age Group	Event	Timed Finals
61	62	12 year old	100 Free	TF
63	63	11 year old	100 Free	TF
65	66	10 year old	50 Free	TF
67	68	9 year old	50 Free	TF
69	70	8 year old	25 Free	TF
71	72	7 & under	25 Free	TF



SYOA EVENTS – Sunday January 17, 2016

Event # Women	Event # Men	Age Group	Event	Timed Finals	
73	74	12 year old	200 Backstroke	TF	
75	76	11 year old	200 Backstroke	TF	
77	78	10 year old	100 Backstroke	TF	
79	80	9 year old	100 Backstroke	TF	
81	82	8 year old	50 Backstroke	TF	
83	84	7 & under	50 Backstroke	TF	

Event # Women	Event # Men	Age Group	Event	Timed Finals	
85	86	12 year old	200 Breast stroke	TF	
87	88	11 year old	200 Breast stroke	TF	
89	90	10 year old	100 Breast stroke	TF	
91	92	9 year old	100 Breast stroke	TF	
93	94	8 year old	50 Breast stroke	TF	
95	96	7 & under	50 Breast stroke	TF	

Event # Women	Event # Men	Age Group	Event	Timed Finals
97	98	12 year old	200 Fly	TF
99	100	11 year old	200 Fly	TF
101	102	10 year old	100 Fly	TF
103	104	9 year old	100 Fly	TF
105	106	8 year old	50 Fly	TF
107	108	7 & under	50 Fly	TF

Event # Women	Event # Men	Age Group	Event	Timed Finals
109	110	12 year old	200 Free	TF
111	112	11 year old	200 Free	TF
113	114	10 year old	100 Free	TF
115	116	9 year old	100 Free	TF
117	118	8 year old	50 Free	TF
119	120	7 & under	50 Free	TF

Alternate Coaches Form January 16-17, 2016

The following swimmers are entered in the meet and are attending without a coach.

Swimmer's Name	USA #	Team	Age

I am a certified coach of USA Swimming in good standing and I agree to coach the above named swimmer(s) during all warm-ups and competitions in which they participate associated with this meet.

Signature _____

Print Name_____

WARM UP SCHEDULE

A detailed warm-up assignment schedule will be provided via email and posted at tpaswim.org prior to the meet.

* NO EQUIPMENT IS TO BE USED DURING WARM-UP.

* NO RACING STARTS IN WARMUP OR WARM DOWN LANES DURING THE MEET.

* ENTER THE WATER FEET FIRST