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**Mississippi Swimming, Inc.**  
**2010 DAC Tunica Winter Invitational**  
**December 11-12<sup>th</sup>**

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- Sanction:** Held under the sanction of United States Swimming and Mississippi Swimming, Inc.  
**Sanction MSI#**     pending
- Sponsor:** **Delta Aquatic Club** [www.deltaducks.org](http://www.deltaducks.org)  
**Meet Page** posted on the DAC Team Website
- Hosted by:** Delta Aquatic Club  
Delta State University  
P.O. Box 3286  
Cleveland, MS, 38733
- Location:** Tunica County Recreation Center  
G.W. Henderson Sr., Aquatic Center  
1165 Abbay Drive  
Tunica, MS 38676  
Tel# 662-363-4203 ext. 1240
- Facilities:** 8-lanes, 50 meters – 25 yards pool, moveable bulkhead with a 4 foot minimum depth and 17 foot maximum depth, non-turbulent lanes line and Daktronics electronic timing system with full color display. Warm down will be available end shallow end of the pool. Concessions/Hospitality will be available. **There will be no smoking or alcohol around the pool, deck, patio, or anywhere swimmers are present. Only swimmers, coaches, and meet officials allowed on pool deck.**
- Conduct of the meet:** All events will be conducted in short course yards and will swim as finals.  
**On Saturday, positive check-in is required within 10 minutes of the finish of Event 50 for all 500 Freestyles. The 500 Freestyle will also alternate fastest girls / guys heats for 13 & over and 12 & Under events.**
- Seeding:** Seeding will be according to Article 102.5 of USS Rules and Regulations.
- Time:** Saturday A.M. Warm-ups: 8:00 A.M.  
Competition: 9:00 A.M.  
Saturday P.M. Warm-ups: not before 12:00 P.M.  
Competition: 1 hour after warm-ups  
Sunday A.M. Warm-ups: 9:00 A.M.  
Competition: 10:00 A.M.
- Rule:** Current USS-Sw Rules will govern the procedure of the meet.
- Coaches:** Coaches must be current USS Coach Members in order to perform deck duties. If a coach is not certifies, he/she may observe meet not from the coaches area.
- Eligibility:** The meet is open to all USS registered swimmers. The person responsible for entering an unregistered swimmer as a register will be subject to a fine of up to \$100.00 per event. Swimmers without USS registration numbers will be rejected. Age of swimmer as of **Saturday, December 10<sup>th</sup>, 2010**, will determine the age for the duration of the meet.

**Scoring:** Individual Events: 9, 7, 6, 5, 4, 3, 2, 1  
Relay Events: 18, 14, 12, 10, 8, 6, 4, 2  
**13 & Over events will be scored separately as 13-14 and Senior.**

**Awards:** Ribbons awarded for places 1-8.

**Entry Limit /Fees:** Swimmers may swim a maximum of five (5) individual events per day and one (1) relay events per day.

\$4.00 per individual event  
\$5.00 Facility Charge per swimmer  
\$5.00 surcharge per swimmer  
\$8.00 per relay event

**Late Fees:** \$5.00 per individual event  
\$5.00 Facility Charge per swimmer  
\$5.00 surcharge per swimmer  
\$10.00 per relay event

**Entry Deadline:** **Make all checks payable to DAC.**

Mail checks with entries, recap sheet, and signed release form to:

Coach Dan'l Murray  
Delta Aquatic Club  
PO Box 3286  
Cleveland, MS, 38733  
Phone: 662.588.3263  
Fax: 1.662.846.4719  
Email: [deltacoachdanl@yahoo.com](mailto:deltacoachdanl@yahoo.com)

If you are sending entries via USPO, FEDEX or UPS please WAVE SIGNATURE.

**Emailed entries are preferred.**

**Entry Deadline is Friday, December 3<sup>rd</sup>, 2010.** Entry form included. If available please use Hy-Tek. Send hard copies for verification by using a word file for "Meet Entries" report as an attachment in your email. Complete entries should include swimmer's first and last name, age, events, entry time **in yards**, and USS number.

**Reporting:** Swimmers in all events will report directly to the starting blocks. All entry cards, except for relays, will be at the appropriate lane according to the heat sheet. There will not be a clerk of course or bullpen.

**Warm-up:** Warm-up procedure will follow the MSI guidelines. The first 35 minutes will be general Warm-ups, NO DIVING. In the last 20 minutes, the two outside lanes will be for pace, all swimmers leaving the wall from a push. Lanes 2 and 7 are for dives off blocks with one way traffic. The remaining lanes are for general warm-up.

**4 Hour Rule:** If an age group event for 12 and under swimmers is swum after the session has been running 4 hours, each involves swimmer has the option of either swimming the vent or receiving a refund for the event. A swimmer desiring the refund must declare his/her intent to the Meet Director or his designee. There will be no refunds for swimmers not in attendance.

**Bathroom Policy:** **Absolutely NO cell phones or camera's** are allowed in the boys and girls bathrooms in the Henderson Aquatic Center or in any of the surrounding building bathrooms.

- Timers:** Each participating team will be assigned timing assignments according to the size of the team.
- Officiating:** DAC would greatly appreciate help from visiting teams. **Please contact the Meet Director and DAC Head Coach if you have officials that can help.** As a matter of USA Swimming insurance coverage, official's certification card must be carried on person. We also ask for a list of officials willing to work for any session when emailing your entries.
- Warm-Ups:** Mississippi Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet. The first 30 minutes will be general warm-ups, NO Diving. In the last 20 minutes, the two outside lanes will be for pace, all swimmers leaving the wall from a push. Lanes 2 and 7 are for dives off the blocks with one way traffic. The remaining lanes are for general warm-up, NO DIVING.
- Swim Wear:** Swim Wear will be according to the current USA Swimming Rules and Regulations guidelines under Article 102.9.
- Heat Sheets:** **Cost will be FREE and will be available for download on the Craddock Meet Page by Wednesday, December 8<sup>th</sup>, 2010. Each Session will be posted separately.**  
**Each Session of the HEAT SHEET will be posted in the spectator seating upstairs, for those to follow along with the meet.**
- Pool Certification:** Pool Certification will be according to Article **104.2.2C(4)** of USA Swimming Rules and Regulations. 202.3 Conditions of Sanction  
B. The competition course has not been certified in accordance with **104.2.2C(4)**.
- Meet Referee:** Karen Mayers  
606 Frederick Drive  
Cleveland, MS 38732  
Home 662.846.1373
- Meet Director:** Kevin Cox  
P.O. Box 780  
Cleveland, MS 38732  
Home 662.843.1666  
Cell 662.719.6074  
Work 662.843.4091 ext.11  
Email: [kwc514@yahoo.com](mailto:kwc514@yahoo.com)
- DAC Coach:** Dan'l Murray  
Delta State University  
Attn: Delta Aquatic Club  
PO Box 3286  
Cleveland, MS, 38733  
Cell 662.588.3263  
Email: [deltacoachdanl@yahoo.com](mailto:deltacoachdanl@yahoo.com)

**SESSION 1**  
**Saturday A.M.**

Warm-up at 8:00am / Competition at 9:00am

Girls	Age group	EVENT	Age group	Boys
1	10&under	100 Free Relay	10&under	2
3	8&under	100 IM	8&under	4
5	10&under	100 IM	10&under	6
7	6&under	25 Back	6&under	8
9	7-8	25 Back	7-8	10
11	10&under	50 Back	10&under	12
13	6&under	25 Fly	6&under	14
15	7-8	25 Fly	7-8	16
17	10&under	50 Fly	10&under	18
19	6&under	25 Free	6&under	20
21	7-8	25 Free	7-8	22
23	10&under	50 Free	10&under	24
25	6&under	25 Breast	6&under	26
27	7-8	25 Breast	7-8	28
29	10&under	50 Breast	10&under	30
31	10&under	100 Medley Relay	10&under	32

**SESSION 2**  
**Saturday P.M.**

Warm-up not before noon / Competition one hour after warm-up

33	Senior	200 IM	Senior	34
35	13-14	200 IM	13-14	36
37	11-12	100 IM	11-12	38
39	Senior	50 Free	Senior	40
41	13-14	50 Free	13-14	42
43	11-12	50 Free	11-12	44
45	Senior	100 Breast	Senior	46
47	13-14	100 Breast	13-14	48
49	11-12	50 Breast	11-12	50
51	Senior	200 Back	Senior	52
53	13-14	200 Back	13-14	54
55	11-12	100 Back	11-12	56
57	Senior	200 Fly	Senior	58
59	13-14	200 Fly	13-14	60
61	11-12	100 Fly	11-12	62
63	Senior	200 Free Relay	Senior	64
65	13-14	200 Free Relay	13-14	66
67	12&under	200 Free Relay	12&under	68
5 Minutes Break				
69	13 & Over*	500 Free	13 & Over*	70
71	11-12	500 Free	11-12	72

**Note: \*13 & Over events will be scored separately as 13-14 and Senior.**

**Session 3**  
**Sunday A.M.**

Warm-up 9:00am / Competition 10:00am

73	Senior	400 IM	Senior	74
75	13-14	400 IM	13-14	76
77	11-12	200 IM	11-12	78
79	10&under	200 IM	10&under	80
81	Senior	100 Free	Senior	82
83	13-14	100 Free	13-14	84
85	11-12	100 Free	11-12	86
87	10&under	100 Free	10&under	88
89	Senior	200 Breast	Senior	90
91	13-14	200 Breast	13-14	92
93	11-12	100 Breast	11-12	94
95	10&under	100 Breast	10&under	96
97	Senior	100 Back	Senior	98
99	13-14	100 Back	13-14	100
101	11-12	50 Back	11-12	102
103	10&under	100 Back	10&under	104
105	Senior	100 Fly	Senior	106
107	13-14	100 Fly	13-14	108
109	11-12	50 Fly	11-12	110
111	10&under	100 Fly	10&under	112
113	Senior	200 Free	Senior	114
115	13-14	200 Free	13-14	116
117	11-12	200 Free	11-12	118
119	10&under	200 Free	10&under	120
121	Senior	200 Medley Relay	Senior	122
123	13-14	200 Medley Relay	13-14	124
125	12&under	200 Medley Relay	12&under	126



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**TEAM ENTRY SUMMARY SHEET**

Club Name: \_\_\_\_\_ Club Code: \_\_\_\_\_

Names of Attending Coaches: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Number of Swimmers (MSI Surcharge) \_\_\_\_\_ @ \$5.00 = \_\_\_\_\_

Facility Charge \_\_\_\_\_ @ \$5.00 = \_\_\_\_\_

Number Individual Entries \_\_\_\_\_ @ \$4.00 = \_\_\_\_\_

Number of Relay Entries \_\_\_\_\_ @ \$8.00 = \_\_\_\_\_

**Total Entry Fees = \_\_\_\_\_**

Team Address: \_\_\_\_\_  
\_\_\_\_\_

Team Email(s): \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

In consideration of the acceptance of this entry, we hereby waive and relieve any and all claims against USS, MSI, DAC, DSU, and meet officials.

Signature of the coach or club representative: \_\_\_\_\_

Please send entries to: Coach Dan'l Murray  
Delta State University - Delta Aquatic Club  
[deltacoachdanl@yahoo.com](mailto:deltacoachdanl@yahoo.com)  
PO Box 3286  
Cleveland, MS, 38733  
*Email zip file is preferred*

**Please make all checks payable to DAC**

# ***LODGING AVIALABILTY***

Here are hotels in the Tunica Area.

**Harrah's Tunica is offering the following to The Delta Aquatic Club:**

## **GUEST ROOM RATES**

The following guestroom rates will apply for your attendees during the convention dates:

SINGLE: \$ 89.00

DOUBLE: \$ 89.00

### **Horseshoe Tunica**

1021 Casino Center Drive  
Robinsonville, MS 38664  
(800) 303-7463

### **Tunica Roadhouse**

1107 Casino Center Drive,  
Robinsonville, MS  
(800) 391-3777

### **Harrah's Tunica**

13615 Old Highway 61 North,  
Robinsonville, MS  
(800) 946-4946

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### **Best Western – Tunica**

7500 Casino Strip Blvd  
Tunica, MS 38664 (888) 804-0700

### **Americas Best Value Inn**

Old Hwy 61 N.  
Tunica, MS 38664 (888) 315-2378

### **Kings Inn**

Casino Strip Resort Blvd.  
Tunica, MS 38664 (800) 928-5464

### **Treasure Town Inn**

Casino Strip Resort Blvd.  
Tunica, MS 38664 (800) 928-5464

### **Quality Inn**

Casino Strip Resort Blvd  
Tunica, MS 38664 (800) 999-2922

# INFORMATION FORM FOR DISABLED SWIMMERS

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

AGE \_\_\_\_\_ BIRTHDATE \_\_\_\_ / \_\_\_\_ / \_\_\_\_.

EVENTS TO BE SWUM \_\_\_\_ / \_\_\_\_ / \_\_\_\_ / \_\_\_\_ / \_\_\_\_ / \_\_\_\_ / \_\_\_\_ / \_\_\_\_

TYPE OF DISABILITY

Blind \_\_\_\_\_ Mentally \_\_\_\_\_

Retarded \_\_\_\_\_ Deaf \_\_\_\_\_ Physical \_\_\_\_\_

EXTENT OF DISABILITY: Be specific, e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

THE FOLLOWING PERSON(S) WILL ACCOMPANY THE SWIMMER FOR ANY NEEDED ASSISTANCE:

TYPE OF MEDICATION \_\_\_\_\_

PURPOSE OF MEDICATION \_\_\_\_\_

PARENT'S OR GUARDIAN'S NAME \_\_\_\_\_

PARENT'S OR GUARDIAN'S SIGNATURE \_\_\_\_\_

ATHLETES'S SIGNATURE \_\_\_\_\_

PHYSICIAN'S NAME (please print) \_\_\_\_\_

PHYSICIAN'S ADDRESS \_\_\_\_\_

PHYSICIAN'S PHONE NUMBER \_\_\_\_\_

I have examined the above Entrant and, in my opinion, there is no mental or physical reason why he or she should not participate in USA Swimming competition.

\_\_\_\_\_  
Physician's signature

\_\_\_\_\_  
Date