

# Carolina Splash

SC Swimming Newsletter - June. 12,  
2006



*The April 22, 2006 All State Banquet  
At the Downtown Marriott in Columbia ...*

*...Lots of Fun & A Very Special Evening Out.*

A **Big “thank you”** goes out to everyone who made it a great night out for the athletes, coaches, and families. **A special thank you goes out to Pam Lister (NYST) for all your hard work in putting together such a memorable event.** Thank yous would not be complete without thanking the Smith family for sharing all their wonderful memories of Jennifer and why they have chosen to continue to promote the sport of swimming – this was so special.

*Many teams come together to make this great event possible.*

**A Special “Thank You” to the following:**

-Jeff Meade and the Northwest Columbia YMCA for meeting space

-Charlotte Giese (CA) & Lori Balant for decorations. The room looked magnificent!

-Jacque Grossman (CAT) & Dena Goeckner (NYST) for awards. Great job as usual on the awards!

-Sharon Woodard (RAYS) & Nancy Haynesworth (MPSC) for all the terrific door prizes. These were awesome and there were plenty to go around! Wow!

-Tim Conley (YSSC) & YSSC parents who did reservations and registration for the banquet. Great job getting us all in at once!

-Karl Kozicki (ASC) & Liz Campbell (MPSC) for chaperoning the dance. No small feat – 150+ teenagers!

-Charlotte Rupp (SMRT) & SMRT parents Donnajean Olson, Natalie Klutz, & Robin King and Tracy Voss (CA) for organizing the first ever athlete pancake breakfast. Athletes have already put in a request to continue the tradition next year...any takers?

## SC Swimming Long Course Calendar of Events:

**June 17, 2006** CAT hosts the SC Open Water State Championships.

**June 17, 2006** Technical Planning Committee & Office Committee Meeting 5pm; HOD meeting to follow at 6pm; Meetings held in Newberry.

**June 23 – 25, 2006** YSSC hosts the 5<sup>th</sup> Annual Firecracker Invite; 3 day meet; prelims & finals.



**Need to Contact the SC LSC Swimming Office?  
SC Swimming Office Phone Number and Fax are the same:  
(803) 252 – 5957  
email: [scswim@bellsouth.net](mailto:scswim@bellsouth.net)**

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**July 13 – 16, 2006** Senior Sectionals, Athens, GA.

**July 24, 2006** Deadline for 2006 Zone Team Applications.

**July 27 – 30, 2006** CA hosts the SC LC State Championships in Columbia.

**August 1 – 5, 2006** Southern Zone Meet in Atlanta, Georgia; held at the Georgia Tech Aquatic Center.

**August 1 – 5, 2006** USA Swimming National Championships; Irvine, CA.

**August 7 – 11, 2006** USA Swimming Junior National Championships; Irvine, CA.



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## **Athlete's Corner:**

### ***Congratulations to:***

**Sr Athlete Rep Jason Chatlosh (FAST)** for winning the prestigious Jennifer Smith Award. The athletes and members of the SC LSC thank you for all your hard work and contributions to promote the sport of swimming in SC.

**Erin Kennedy (YSSC)** for winning the Jennifer Smith Scholarship. To quote, "your face lit up the banquet" as you walked up to receive your award.

**Justin Cain (SMRT)** for winning the Howard Wheeler Award.

Approximately 30 athletes attended the first ever athlete pancake breakfast and athlete committee meeting during All State Weekend. Athletes voted & congrats to Roger Diggelman (TG) voted as next year's Sr Athlete Rep and Brielle Weinstein (SMRT) the Jr. Athlete Rep.

Athletes – preparation for next year's All State Weekend have already begun. If you have any ideas for a gift (this year was a hoodie and last year a water bottle) and or suggestions about how to make the banquet better...please email Roger Diggelman at [rediggelmann@msn.com](mailto:rediggelmann@msn.com)



### **Coaches of the Year**

**CONGRATS**  
**YSSC**  
**COACHES!**

### **Coach of the Year**

**Pete Wright**

**&**

**Age Group Coach  
of the Year**

**Tim Conley**



**CONGRATS**

**JIM KEOGH**

**VOLUNTEER  
OF THE YEAR  
AWARD WINNER**



### **LSC Board of Directors** **2006-2007**

**Vicky Montgomery (CA)**  
General Chair

**Charlotte Rupp (SMRT)**  
Admin Vice Chair

**Jim Smith (CAT)**  
Age Group Vice Chair

**Dan McDonough (SMRT)**  
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**Scott Bonine (TG)**  
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**Roy Dessloch (TG)**  
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**Jim Keogh**  
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**Roger Diggelman (TG)**  
Sr. Athlete Rep

**Jeff Chatlosh (FAST)**  
National Times &  
Top 16 Chair

**Lee Woods (CAT)**  
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**Kent Easty**  
Officials Chair

**Roy Fakoury (PA)**  
Safety Chair

**Ted Blackwell (PALM) &  
Doug Fetchen (MPSC)**  
Board of Review Chairs

**Brenda Rhinge**  
Marketing Chair

## ***Interested in Zones but don't know what it is?***

What is the Zone Championship meet? Well, simply put, it is meet which can bring all the LSC's of a particular Zone together for one last championship meet. But what is a Zone? What is an LSC?

The USA is divided up into four Zones by USA-S: Eastern, Southern, Central and Western. Each Zone is made up of LSC's (Local Swim Committees). South Carolina Swimming is our LSC and is part of the Southern Zone. The Southern Zone is made up of fifteen LSC's including SCS. The fifteen LSC's are represented by 11 states - AL, FL, GA, KY, LA, MS, NC, SC, TN, TX and WV.

At the end of each long-course season, the Southern Zone hosts a meet which is open to all LSC's of the Zone. Each LSC has its own process, but each LSC has an opportunity to create a "select team" of the best athletes available to represent the LSC at the Zone Championships.

For 2006, the Southern Zone Championships will be hosted at Georgia Tech in Atlanta. The venue is the one used in the 1996 Olympics. Just this year, the site served as the venue for the Men's NCAA Swimming and Diving Championships. If you have never been to GA Tech, the site is phenomenal. It was originally a covered open-air venue, but through renovations, the facility is now fully enclosed.

So now that your appetite has been whetted with the idea of being a member of the SCS Zone Team and competing at the home of the 1996 Olympic Games and 2006 NCAA Men's Swimming and Diving Championships, how do you get considered for the SCS Zone Championship Team? First thing is to fill out an application.

All coaches of the SCS should have been sent a copy of the application which they can pass out to potential candidates. If your coach did not receive a copy, you can e-mail James Smith at [swimjim03@bellsouth.net](mailto:swimjim03@bellsouth.net) to receive a copy. Athletes are to complete the application with assistance from their parents and coach. Please be sure to read the application and completely fill it out with signatures and any required deposits and then return to Tim Conley, head coach, by the deadline. Remember, athletes must have at least two "AAA" times in their age-group upon the first day of the Zone meet to be considered for the Zone team, but not to apply for the Zone team. The Zone Application is also on the Y-Spartaquatic Swim Club Website. It is under the Category in the News and then under Important Documents.

<http://www.spartaquatics.org/index.cfm?PageID=46>

The announcement of the Zone team is made at the conclusion of the Long-course State Championship meet. Swimmer's times from the first meet of the long-course season up to the conclusion of the State Meet are used in tabulating the Zone Team. One note, if a swimmer ages up on the first day of the Zone meet, the time standards for the next age-group are used. So if, for example, a swimmer is 12-years old at the State Meet, but turns 13-years old on the first day of Zones, then the 13-14 Time Standards are used.

The coaching staff for the 2006 SCS Zone Championship Team has been selected and is made up of the following - Tim Conley (YSSC), head coach; Liz Campbell (MPSC), Dave Horton (SMRT), Justin Ragsdale (PALM) and James Smith (CAT). This is a very good staff and many of the coaches have been to at least one, if not more, Zone Championship meets as part of SCS. The Zone team will be leaving from Columbia on Monday, July 31 for Atlanta and returning on Sunday, August 6. Parents are more than welcome and encouraged to journey to Atlanta to cheer on the SCS Zone Team.

So, now that you know what the Southern Zone Championship meet is, where it will be, and how to apply, what are you waiting for? Get an application, get selected, and join the fun! Good luck!

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## Virtual Club Championship

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Two new programs started this year by USA-S are the IMX Extreme Challenge program and the Virtual Club Championships. The IMX program was designed to encourage swimmers to compete in the over-distance events. From there, the athletes are ranked nationally, by age and sex.

The other program started this year was the Virtual Club Championship. This is a description of the Virtual Club Championship

**Purpose:** Recognize and highlight clubs that are developing athletes and achieving success at multiple levels in the club swimming continuum emphasizing the team element in club swimming. This program serves as a key part of the Athlete Development and Performance component of the Club Recognition Program. Virtual Club Championships will be tabulated annually for both the short course and long course seasons. Short course rankings will be tabulated using results achieved between September 1 and May 31. Long course rankings will be tabulated using results achieved between Sept 1 – August 31.

**Tabulation:** All registered USA Swimming clubs will be scored automatically. The USA Swimming Star Times Data Base will be used in combination with the Hy-Tek Single-Year Age Group Power Point system. The program will score single age groups from 11-18 years old. After all eligible swims have been scored using the power point system; a team score for each registered USA Swimming club will be calculated. The tabulation will occur once every evening.

**Team Event Limit:** Each team will be limited to two entries per event by age group and gender. The program will automatically tabulate which two events in combination with other teammates produce the highest team score.

**Individual Event Limit:** Each swimmer will be limited to four events. A swimmer may contribute only four times per season even if they age up (i.e. may have two times selected as an 11-year old and two as a 12-year old, but not four as an 11-year old and four as a 12-year old). The program will automatically tabulate which four events in combination with other teammates produce the highest team score. **For larger clubs, the computer will go through more than 1,000,000,000 (1 Trillion) calculations to determine the optimum score!**

**Eligibility:** For a swimmer's point total on a specific swim to count toward the overall team total, the athlete and/or their swim must meet the following eligibility criteria:

- Times must have been achieved while representing a registered USA Swimming club (no unattached times may be used).
- **Age Groups and Events:** The following event results will be tabulated for both men and women:
  - 11 & 12 year olds – 50 Fr, 100s of each stroke, 200 Free, 4/500 Free, 200 IM (8 events).
  - 13, 14, 15, 16, 17, & 18 year olds – All recognized Olympic events (13 events). This means for Women the 1000y/800m freestyle and for Men the 1650y/1500m will be the long distance event scored.
- No relays will be scored.

To find out where your club ranks locally or nationally, click here and complete the questions...

<http://www.usaswimming.org/usasweb/Report/ReportHolder.aspx?TabId=901&Alias=Rainbow&Lang=en&ItemId=35&mid=2594>

**Thanks and good luck this summer!**  
**James Smith, SCS Age-group Vice-Chair**





## House of Delegates Meeting

**SATURDAY**  
**June 17, 2006**

**5:00 pm Technical Planning & Office Committee Meeting**

**6:00 pm House of Delegates**

**Meetings will be held at the Newberry YMCA.**

**Come out & Support SC Swimming!**

**Hope to See You There!**

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## Welcome SC LSC Newest Swim Team!

**City of Sumter Aquatics Center Team (CSAT)**

**Coach Peggy Kubala. Peggy has taught Safety Training for about 25 years and her club is mainly centered around outreach children.**

## Official's News

The 2006 USA Swimming Officials' Workshop took place in Colorado Springs over the Memorial Day weekend with approximately 75 officials from throughout the country in attendance. The objective of the workshop was to promote fair and uniform interpretation of the rules throughout all meets and throughout the entire country.

The workshop topics covered coaches' expectations for officials, swimmers' expectations for officials, safety and ethical responsibilities of an official, rules interpretations, situational resolutions and an overview of the recent changes in National Certification and Training for officials.

An understated quality of a great official is promoting a safe and secure environment for swimmers at meets.

I would like to take this opportunity to thank South Carolina Swimming and Kent Easty, the Officials' Chair, for the opportunity to have participated in this year's national workshop.

Jim Keogh



**Have you checked out the USA Swimming Website Lately?**  
[www.usaswimming.org](http://www.usaswimming.org)

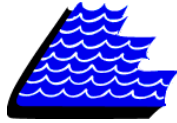
## Swim Parent Tip of the Month

**View Swim Meets an Enjoyable Part of the Learning Experience (6/1/2006)**

Swimming is a competitive sport. That is a fact. While we encourage you to emphasize individual growth, development and improvement with your child, it is undeniable that the main means of measurement is a competitive situation, i.e. the swim meet. Swim meets should be enjoyable for you and your child. If the meet is a high pressure, scary experience for your child it would be worth evaluating several factors.

**The next [Carolina Splash](#) will come out on **October 1<sup>st</sup>**. Please submit ideas for the next newsletter & or articles by **September 27, 2006** to **Charlotte Rupp @ [crupp1@sc.rr.com](mailto:crupp1@sc.rr.com)**.**

**Thanks to [www.swimgraphics.com](http://www.swimgraphics.com).**



## SC Swimmers Make A Difference In & Out of the Water!!!!



### **Team Greenville Hurricane Katrina Relief Effort A Huge Success!**

*“If you find it in your heart to care for somebody else, you will have succeeded.”*

*Maya Angelou*

The fall of 2006 Team Greenville was busy doing more than just swimming. During the months of September and October, ***TG raised over \$10,000 for Hurricane Katrina Relief.***

When the Gulf Region was devastated by Hurricane Katrina, the TG Booster Club made a decision to find a way to help those in need. Through TG swimmer Chris White who is a freshman at LSU, Team Greenville learned that the family of one of Chris' LSU team mates had lost their home as a result of Hurricane Katrina. Katrina cut a path of destruction through Slidell, Louisiana, and the Cloutet family lost everything.

Team Greenville launched a fundraising campaign to help the Cloutet family by coordinating several fund raising events that brought the team together for some food, fun and fellowship. The team sold special edition Hurricane Katrina Relief t-shirts and held hot dog suppers after two swim meets. The main fund raising event was a Pancake Breakfast held at Applebee's located at 1922 Augusta Street, Greenville, SC. Applebee's General Manager Kimberly Sawyer donated all of the food for the Pancake Breakfast and 13 Applebee's crew members worked without pay and donated all of their tips to help Team Greenville raise money for the Cloutet family. Thanks to the generosity of Applebee's and individuals who made donations, the fundraiser exceeded TG's expectations.

TG parents Holly Melton, Steve White and Sandy White traveled to Louisiana to meet the Cloutet family and to deliver the check on behalf of the team. The Cloutet family was deeply touched by the gesture. In a letter thanking Team Greenville, Bill Cloutet wrote, “It (the money) will be used to repair our lives. Your thoughtfulness and kindness is deeply appreciated and we would like to thank you and your team for all they have done.”

Coach Sandy White said, “It is great to see what our team was able to accomplish when we united to work for a common goal.”