

TEAM SANTA MONICA SWIMMING
 CULVER CITY PLUNGE PRACTICE SCHEDULES
 WINTER/SPRING 2010

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pre-Competitive	6-6:45pm	4-4:45pm	6-6:45pm	4-4:45pm	6-6:45pm		
Red	4:30-6pm	4:30-6pm	4:30-6pm	4:30-6pm	4:30-6pm		
Blue 1&2	4:30-7pm	4:30-7pm	4:30-7pm	4:30-7pm	4:30-7pm	8-11a*	
Sr. Development	4:30-7pm	4:30-7pm	4:30-7pm	4:30-7pm	4:30-7pm	8-11a*	

* Groups attending practice on Saturdays @ Santa Monica Swim Center (SMSC) do dryland from 8-9am