

TEAM SANTA MONICA SWIMMING
 LINCOLN MIDDLE SCHOOL PRACTICE SCHEDULES
 WINTER/SPRING 2010

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pre-Competitive	4-4:45pm 4:45-5:30pm 5:30-6:30pm	4-4:45pm 4:45-5:30pm 5:30-6:30pm	4-4:45pm 4:45-5:30pm 5:30-6:30pm	4-4:45pm 4:45-5:30pm 5:30-6:30pm	4-4:45pm 4:45-5:30pm 5:30-6:30pm		
Blue 1	4-5:30pm	4-5:30pm	4-5:30pm	4-5:30pm	4-5:30pm	8-11a*	

* Groups attending practice on Saturdays do dryland from 8-9am