

TEAM SANTA MONICA SWIMMING
2009 SANTA MARIA TRI-MEET
ITINERARY

Saturday, November 14th

Time	Action
5:30am	Swimmers should arrive at John Adams Middle School (JAMS) 2425 16th St. Santa Monica, CA 90405
6:00am	Swimmers & Coaches board the bus and depart for Bakersfield
10:00am	Tri-Meet begins
5:00pm (approx)	Tri-Meet ends
5:30pm (approx)	Depart for return to Santa Monica
8:00pm (approx)	Arrive at JAMS

Additional notes:

- All swimmers should be wearing **TSM apparel** to the meet. The forecast is for a high of 69 degrees, so I would recommend packing both shorts and sweats in order to have all bases covered. Please also make sure your child(ren) have their TSM caps with them. I will have them available at the pool.

- We will have snacks on the bus and lunch is being provided at the meet (included in your fee for the meet). We will stop on the way home (unless we lose) Please send your swimmer(s) with a couple \$\$\$.

- Feel free to contact me via phone/text with any other questions. The contact information for the coaches is as follows:

Jon – 818.481.4845
Tim – 310.435.2108
Monique – 310.877.8701
Chris – 310.702.6929

Thanks again for your participation.

Coach Jon