



ARTISTIC SWIMMING VIRTUAL CHALLENGE INFORMATION PACKAGE

The UANA Technical Artistic Swimming Committee is excited to host the ARTISTIC SWIMMING VIRTUAL CHALLENGE. We invite EVERYONE to participate in these virtual artistic swimming dryland games. Due to the overwhelming interest in the Virtual Online Challenge that took place on June 20th, the Organizing Committee has made provisions to include more athletes in this popular and inclusive event. The winners of each category in the UANA Virtual Online Challenge will compete in this ARTISTIC SWIMMING VIRTUAL CHALLENGE. In addition to these athletes all Federations will be able to fill a quota of one female and one male competitor PER age group. Each Federation has the opportunity to enter a total of 4 female and 4 male athletes.

12 & Under Category
13-15 Year Category
Junior Category
Senior Category

All athletes will compete in a land routine created by Andrea Fuentes and Bill May according to their age category in either the female category or the male category. Federations are permitted to enter one athlete in each of these categories of competition per age group.
Competition is open to all athletes regardless of competition level.

Athletes will be evaluated by FINA/UANA Officials overseen by
Evaluators Diane van der Pol and Gabriela Viglino

**The dates of the Online Zoom Competition are Saturday, July 25th at 10:00am
EST and Sunday, July 26th at 10:00am EST**
Federation entries need to be received no later than Thursday, July 16, 2020.
Submit entries via email to Esther Croes
esthercroes66@gmail.com

HOW WILL TESTING BE CONDUCTED

- 1) Each Federation may select ONE designated athlete per age group in both the female and male categories.
 - It is the responsibility of each Federation to decide what process they are going to use to select their athletes to compete in the Artistic Swimming Virtual Challenge.
 - They can choose to host their own selection process utilizing the zoom platform to engage as many athletes from their Federation as possible.
 - It is recommended that each Federation utilize their Domestic Judges to take part in the selection process.
 - Federations with multiple regions may utilize a staggered selection process culminating in a National final selection of athletes.
 - Federations that participated in the UANA Online Virtual Competition June 20th may choose to enter the athletes that placed the highest in each category as their entries for the Artistic Swimming Virtual Challenge.
- 2) Coaches of selected athletes must attend an online coaches/team managers meeting provided by UANA on **Thursday, July 23rd at 10:00am EST**
 - An email will be sent to all coaches with login details to review prior to the meeting.
 - It is required that coaches attend the meeting so that questions can be asked if needed and that they will be able to assist their athletes in preparation for the competition.
- 3) Following each Federations selection process a designated registrar must submit the names and ages of the athletes to ARTISTIC SWIMMING VIRTUAL CHALLENGE Organizing Committee member Esther Croes esthercroes66@gmail.com

HOW WILL RESULTS BE DETERMINED:

Judges will determine the top 6 rankings per age group.

The 1-6 placings will be determined using the following allocation system:

Points Allocation System:

1st place:	8
2nd place:	6
3rd place:	5
4th place:	4
5th place:	3
6th place:	2
7th and on:	0

HIGHEST total score is the winner.

BASIC PROTOCOLS:

The following preparation guidelines should be followed

- Athletes must have ankles, knees and arms visible through the camera lens for the exercises.
- It is also recommended that athletes wear bathing suits and yoga shorts or a fitted shirt and shorts.
- Athletes should have a minimum 5 minute warm-up prior to testing
- Athlete hair should be off the face in a bun if possible
- Athletes will need to be in bare feet
- Athletes should set up in the starting position and wait for the organizer to tell them to begin
- All Athletes are asked to have a country flag displayed behind them on the zoom video

VIDEO EXAMPLES

- Videos of the Land Routines for all categories are available on Youtube at the following link <https://cutt.ly/ZiWdWAC>

JUDGING OF EVENTS

Events will be officiated by UANA/FINA Judges representing all continents participating. Each federation may nominate one judge for consideration for the Virtual Challenge.

- Federations are responsible for nominating their judges by **Thursday, July 16th**. Please submit your nominations to Diane van der Pol at email address bdvanderpol@gmail.com.
- A judge Selection Committee of Ginny Jasontek, Diane van der Pol and Gabriela Viglino will select the judges for this event.
- Judges will need to be available to attend competition and training on the following dates:
 - Wednesday, July 22nd 10:00 AM EST - 12:00 PM EST (Judges Meeting)
 - Saturday, July 25th 9:45 AM EST (Competition Day #1)
 - Sunday, July 26th 9:45 AM EST (Competition Day #2)
- Judges selected must have access to a laptop for use on the competition days. A cell phone will also be required.
- It is the coaches responsibility to ensure the athletes body can be seen on the video by the judges during the exercise. Judges cannot reward athletes for their excellent efforts if the video does not show the hands or feet.

AWARDS

- Athletes will be awarded virtually and certificates posted on the UANA Facebook Page and the UANA Website.
- Award certificates will be done for the Top 3 placings in each event.
- Top 6 rankings only per event will be posted under results on the UANA Website and posted on the UANA Facebook Page.

ARTISTIC SWIMMING VIRTUAL CHALLENGE ORGANIZING COMMITTEE

The Organizing Committee is as follows:

Lisa Schott - aquaticscanada@gmail.com WhatsApp 1-403-540-3923
Ginny Jasontek - ginsynch@gmail.com
Erika Lindner - kelindner@rogers.com
Esther Croes - esthercroes66@gmail.com
Betty Hazle - bettyhazle@yahoo.com
Diane van der Pol - bdvanderpol@gmail.com
Gabriela Viglino - gviglino@hotmail.com
Andrea Fuentes - andrea Fuentes@synkrolovers.com
Bill May - aquamanusa@aol.com

Registration questions should be directed to:

Esther Croes - esthercroes66@gmail.com

Exercise clarifications/questions should be directed to:

Andrea Fuentes - andrea Fuentes@synkrolovers.com

Bill May - aquamanusa@aol.com

With a cc to Diane van der Pol - bdvanderpol@gmail.com

