



Week ending Sunday February 23, 2020



This past weekend the beautiful La Videna Aquatic Center in Lima, Peru, was the stage for the spectacular 2nd UANA Swimming Cup. The UANA Swimming Technical Committee led by Mr. Jay Thomas supported by a huge group of officials and volunteers coordinated a meet where, close to 450 of the fastest athletes from 25 of our Federations were able to perform and shine. Special thanks to Federación Deportiva Peruana de Natación and the local Organizing Committee with all its volunteers led by Mr. Jose Torres, the UANA TSC, the national and international officials, our main sponsor Fluidra, UANA Social Media Commission, UANA Athlete Commission, USA Swimming, Kara Raney, Abigail Howard, Gianluca Alberani, Alia Atkinson, Naomi Grand'Pierre, Rebecca Thomas, and Erica Espinosa. [FULL RESULTS](#)

Age Group Champions/**Campeones de Categorías**: Isabela Toniolo (BRA), Antoine Destang (LCA), Maria Victoria Yegres (VEN), Nigel Forbes (BAH), and Lamar Taylor (BAH). Missing in the picture: Barbara Munoz (COL)



El pasado fin de semana el hermoso Centro Acuático La Videna en Lima Perú, fue escenario de la espectacular segunda edición de la Copa de Natación UANA. El Comité Técnico de Natación de la UANA liderado por el Sr. Jay Thomas, apoyado por un gran grupo de oficiales y voluntarios, coordinó un evento donde cerca de 450 de los atletas más rápidos de 25 de nuestras federaciones pudieron rendir y brillar. Un agradecimiento especial a la Federación Deportiva Peruana de Natación y al Comité Organizador local con todos sus voluntarios liderados por el Sr. José Torres, al TSC de la UANA, a los Jueces nacionales e internacionales, a nuestro patrocinador principal Fluidra, a la Comisión de Medios Sociales de la UANA, a la Comisión de Atletas de la UANA, USA Swimming, Kara Raney, Abigail Howard, Gianluca Alberani, Alia Atkinson, Naomi Grand'Pierre, Rebecca Thomas y Erica Espinosa.

[RESULTADOS](#)



Picture: National Swim Team in Tivon Benjamin and Tony Hesse, Angelique Gittens and

Peru. Back row (L – R) Head Coach Nelson Molina, Goodwin. Front row (L – R) Selah Wiltshire, Sydnee Olivia Fuller (Credit: ABSF Media)

Antigua and Barbuda's National Swim Team is scheduled to return from Lima, Peru on Tuesday after participating in the UANA Swimming Cup hosted by Union Americana de Natacion (UANA). The event was held at The Videna Aquatic Complex, February 21st – 23rd, 2020. Leading the team's stellar performance was Tivon Benjamin who returned home with one gold and one bronze medal in 100 metre freestyle and 50 metre butterfly respectively. Swimming in the Boys 11 – 12 age-group, Tivon also delivered top-ten performances, and personal best times, in each of the six events that he swam. His gold-medal time of 56.98 in the 100 metre freestyle also gave him the new National Age Group Record (NAGR), and was his third NAGR record for the meet; the first being in the 400 metre freestyle where he posted a time of 4:42.52, and the other in the 100 metre backstroke with a time of 1:09.78. Thrilling performances were also delivered by the other members of the team, including a AAA (triple-A) qualifying time by Sydnee Hesse in Girls 11 – 12 50 metre freestyle. Sydnee's time of 30.25 is the first step for her to qualify for the upcoming Central American and Caribbean Amateur Swimming Confederation (CCCAN) Championships to be held later this year – a meet which requires two AAA times for participation. Teammate Angelique Gittens swam to a personal best and new NAGR with a time of 1:09.34 in the Girls 13 – 14 100 metre butterfly event and secured a personal best of 2:22.05 in the 200-meter freestyle. She also secured her second AAA time, and CCCAN qualification, with a 31.33 in the 50-metre butterfly. Tony Goodwin, swimming in the Boys 13 – 14 age-group, delivered personal best times in seven of the eight events that he swam, missing some AAA qualifying times by mere hundredths of a second in some cases. This puts him in a good position to secure his CCCAN qualifying times in the upcoming National Swimming Championships hosted by the Antigua and Barbuda Swimming Federation (ABSF) at the Vipers Aquatic Facility in Langfords, February 28th to March 1st. Although Team Captain Olivia Fuller and teammate Selah Wiltshire fell ill during the meet, they both persevered and delivered brave performances in the pool, with Selah achieving a personal best in the 100-meter breaststroke and a top-ten performance in the 50 meter breaststroke. Speaking of the swimmers' performances, Head Coach Nelson Molina said, "I am extremely pleased by the focus that the swimmers had for this meet and I am proud of their performances. I would like to congratulate Tivon on his excellent medal performances and the entire team on a job well done. They competed against the best and they did extremely well." 2 of 2 Adding to that praise was ABSF President Derek Marshall who said, "I would like to congratulate the entire team for their excellent performances. We fielded a small, young team but they delivered, and they represented Antigua and Barbuda with pride. It should be noted that the UANA Cup is a premier meet in the hemisphere with strong representation from the likes of Mexico, Brazil and Argentina." Team Manager Anjanette Wiltshire echoed the President's congratulations and thanked the team and the Federation for the opportunity, saying, "It was an absolute pleasure to manage such a fantastic bunch of athletes. Challenges aside, they all stayed focused and did what they were there to do. I would like to thank them for their professionalism and congratulate them on a job well done. I would also like to thank the supporters and officials who travelled to Peru to support the swimmers and the meet. It all made for a fantastic experience."



Farro, Braynsly medal in the 50 Breast.



Aruba's delegation in Lima Peru made history represented by Chloë Dirks, Jaydon Croes, and Gavin Kock. Chloë Farro won a bronze and the 100 Free. Braynsley Dirksz won a bronze medal in the 100



Aruba's Senior swimmers in the USA have been competing at their respective Conference Championships with great results. At the Summit League Championships, representing The University of Denver Dakota Patrick Groters won the 200 IM in a new Conference and School 200 Backstroke Back (48.26). Elisabeth



University won 2 silver and 1 bronze medal with her relays.

record time of 1.46.24. Patrick also won the (1:42.20) and finished second in the 100 Timmer swimming for South Dakota State teammates in the 200, 400 and 800 Freestyle



completed the sprint the 15-17 age group. 1:03.93, the fastest event. The old Hurtado of Peru. backstroke record of



Danielle Titus of Barbados who backstroke GOLDEN RECORD DOUBLE in She won the 100 metre backstroke in time ever by a girl at the UANA Cup in the record was 1:05.10 set by Andrea Marcel Today she lowered the 50 metre 29.73 set by Mexican Andrea Sansores.

This is a great improvement by Titus who had finished 5th and 7th in the 50 and 100 metre backstroke respectively in 2018. Danielle's Championship record in the 50 metre backstroke is a new 15-17 and senior national record. She broke her own mark of 30.22 to become the first Barbadian woman under 30 seconds. She also owns all the 50 metre backstroke records for Barbados in the 8 and under, 9-0, 11-12,13-14, 15-17 age groups



Bolivia's delegation in Lima, Peru



Confederación Brasileira de Deportes Acuático



Brazil finished in 2nd
Team broke 9
Toniolo won the
Murilo Sartori of
200 and 400
1:50.55 and the 400 in 3:55.88.



place in the overall standings at the 202 UANA Swimming Cup. The individual and 4 relay records, while winning 47 medals. Isabela Championship trophy in the 11-12 Category. Brasil who became the first 15-17 swimmer to complete the 100, freestyle triple. He won the 100 freestyle in 51.27, the 200 in The 200 and 400 swims were new Championship record efforts.



Finalizada la segunda edición de la Copa UANA 2020, realizada en Lima, Perú el balance para la Selección Colombia de Natación Carreras es de dos medallas de oro, seis de plata y seis de bronce, ubicándonos en la quinta posición de veinticuatro países participantes.



Estos fueron los resultados de nuestros deportistas:

- Ø 3. Bendek, Samuel Eduard - 200 metros combinado individual - 2:08.04
- Ø 2. Garcia, Juan Daniel - 200 metros combinado individual - 2:07.06
- Ø 3. Muñoz, Barbara - 100 metros mariposa - 1:04.02
- Ø 2. Agudelo, Camila – 100 metros pecho- 33.56
- Ø 1. Muñoz, Barbara - 200 metros libre - 2:07.34
- Ø 3. Estrada, Andres – 200 metros libre - 1:53.64
- Ø 1. Relevo 4x50 libre(Bárbara Muñoz, Camila Agudelo, Juliana López, Stefania Gómez) - 1:50.66
- Ø 3. Relevo 4x50 libre(José David Rodríguez, Andrés Estrada, Juan Daniel García, Alejandro Libreros) - 1:36.71
- Ø 3. Stefanía Gómez – 50 metros espalda – 30.66
- Ø 2. Bárbara Muñoz - 100metros libre – 58.30
- Ø 1. Juliana López – 100 metros pecho – 1:13.86
- Ø 2. Simón Pereira – 100 metros pecho – 1:05.46
- Ø 2. Bárbara Muñoz – 50 metros mariposa – 28.78
- Ø 2. Relevo 4x50 libre mixto (Alejandro Libreros, Bárbara Muñoz, Stefanía Gómez, José David Rodríguez) – 1:42.16

Desde la Federación Colombiana de Natación queremos enviar una felicitación a todos los nadadores y entrenadores por el excelente rendimiento deportivo en Lima.



The Delegation of El Peru, 2 Gold medals were Sebastian Contreras who won Championship records, 33.10



Salvador won 5 medals in Lima won by Breaststroke specialist the 50 and 100 in new and 1:14.64 respectively.



Dr. Evenel Mervilus, the President of the Federation Haitienne des Sports Aquatiques (FHSAA) and his direct staff, Mr. Louis Sephar Jean Louis, Ruby King, Jean Faveurdieu Pyram, Leone Hyppolite, Joel Pierre, Marie Lourdes Franck, Myrlaine Jean Pierre, Benita Barraiss, cannot find words to express their gratitude to FINA for their unconditional support and contribution to help Haiti to accomplish so many things in just a few months. We had a wonderful Clinic on Water Polo level 1 with Mr. Hernandez Paz, where 35 Coaches around Haiti were certificated. We had a swimming program for adults, Advanced Athletes, and children. There were over 250 people benefited the program swim for all. Various medias in Haiti were present during all the sessions. Through some institutions in Haiti, such as SEMANAH, Red Cross, Haitian Marine Core, and the Adventist University in Haiti are currently working along our Swimming Federation to integrate swimming in the school via PISCCA a project from the French Embassy in Haiti. Mrs. Marie Lourdes Franck, a great Activist, and a founder of three School Institutions is working tirelessly along Dr. Mervilus and his staff to integrate swimming in school cursus in Haiti. Mr. Yan Piolin an Expert from France through the PISCCA project came in Haiti on February 9th to 15th where he was able to train 30 Swimming Instructors who will be operating in the schools. Mr. Leone Hyppolite, an Expert Firefighter thaught those swimmers CPR, AED, and lifeguarding. We are licking to have Dr. Robert Farah Liverpool, the President of the University who opens the door of the Adventist University to continue with the program Swim for All, Swim for Life. The

swimming program is a great revival where all the entities in Haiti have been touched by such a great swimming movement. To fulfil the program, Dr. Mervilus have appointed two additional National Coaches, Stacey Blitsch, and Alain Sergile including Mrs. Marjory Guillaume, a new Director of the International Public Relations and Swimming Development. Yes, yes, Haiti is moving forward with Swimming. A big thanks to FINA.



Jamaica sent a five-member delegation to Peru. They won three medals. Two Gold and Two Championship records. trailblazer Jamaican Christanya Shirley. She became the first swimmer from her country to win a set a meet record. She won Gold in a new record in the 11-12 of 28.45. The old record of 28.77 Brasil. Zaneta Alvaranga of Jamaica for butterfly for 15-17 girls in a new national of 27.92. She broke the old record of Venezuela. The old 15-17 national record time Jamaica is winning a medal in the Cup. Zaneta now owns the national 50 10,11-12, 13-14 and 15-17 age groups



Gold medal at the UANA Cup and accomplished this feat when she personal best and UANA Cup girls 50 metre freestyle in a time belonged to Perola Santos of winning the Gold in the 50 metre and UANA Championship record 27.97 set by Lyon Lismar of stood at 28.52. This is the first 50 metre butterfly at the UANA metre butterfly record in the 9-



The St Lucia delegation comprised of Tristan Dorville (SeaJays 11-12), Antoine Destang (Sharks 11-12), Karic Charles (LA 11-12), Ethan Hazell (LA 11-12) and Naima Hazell (LA 13-14). Although the the meet. As our dreams. Overall, the team walked away with 6 They ranked 5th out of 25 countries in the medal place 8th in Team Points finishing with a overall points for Caribbean countries.



group was small, they gave greatness throughout theme goes for 2020, they Dug Deep with big Gold medals, 7 Silver medals, and 1 Bronze medal. Their strong performance lead them to combined total of 157. They ranked second in



36 nadadores y 7 entrenadores viajaron a Lima, para tomar parte en la Copa UANA 2020, misma que se llevará a cabo del 21 al 23 de febrero de 2020. Se destaca la asistencia de la Panamericana Celia Pulido y la presencia de varios nadadores Mundialistas Junior como Susana Hernández y Diego Barragan, así como su coterráneo Diego Camacho. Con 60 medallas (23 🏆, 24 🥈 and 13 🥉) México respalda el primer puesto en medalla de la II Copa UANA en Lima, Perú. Gracias a todos los padres de familia, entrenadores e instituciones que hicieron esto posible.



FEDERACIÓN
DEPORTIVA
PERUANA DE
NATACIÓN



a relucir su
una distancia
abiertas, ayer
organizó la
de Nicaragua



el "Poseidón" actualmente de la natación pinolera
vez más en una competencia acuática, siendo el
Absoluta en varones y obteniendo el primer lugar (13-
de 1:15,29. El nadador del Club Barracudas, le ganó a
equipo Carlos Huerta (1:20.50) y Otoniel Munguía (1:23.01). En la categoría 13-17 años, Shelsy del Club Delfines y



casta de nadadores en
de 5 kilómetros en aguas
en el evento que
Federación de Natación
(Fenamica). Hernández,
certificó su calidad una
ganador de la distinción
17 años) con un tiempo
sus compañeros de

Ni el sol candente, mucho menos el viento que enfureció el agua del puerto Asese, Granada, pudieron contrarrestar la calidad de los nadadores Gerald Hernández, Shelsy Hernández y Camila Gutiérrez, ganadores Absolutos en masculino y femenino, respectivamente, del Circuito Cerrado-Granada 2020. La tarea no fue fácil para los "delfines", quienes lidiaron con las fuertes olas y tuvieron que sacar

Camila, del Club Barracudas llegaron de primero a la meta paralizando el cronómetro en 1:36.24. En la categoría 18-24 años, Alberto Aburto, del Club Las Ranas se quedó con el primer puesto al finalizar con un tiempo de 1:26.16. En la competencia participaron 32 nadadores de los Clubes: Las Ranas, Barracudas, Delfines, Sábalo y Pirañas.



Top performer at the UANA Swimming Cup was Nikoli Blackman for completing the 13-14 boys sprint freestyle GOLDEN RECORD had won the 50 metre Championship record of 24.31. double when he lowered the 54.00 by Mexico's Victor Manuel Salcedo to sprint freestyle GOLDEN DOUBLE by a swimmer Tobago across all three age groups and the first the CARIFTA region.



DOUBLE. On Friday he freestyle in a Today he completed the Championship record of 53.84. This is the first from Trinidad and from a swimmer from



The USA Women's National Team played their first game since mid-January tonight when they defeated the Netherlands 11-7 in Amersfoort. The match is part of a week of common training between the two teams as Team USA prepares for the 2020 Olympic Games and the Netherlands prepares for the Olympic

Qualification Tournament. Maggie Steffens (Danville, CA/Stanford/NYAC) scored three goals to lead the USA attack with Ashleigh Johnson (Miami, FL/Princeton/NYAC) recording 10 saves in net to pick up the victory. Team USA opened with a 4-1 lead after the first quarter. The Netherlands rallied in the second, outscoring Team USA 3-2 to make it a 6-4 match at halftime. The offenses were hot in the third quarter combining for seven goals as Team USA took a 10-7 lead into the fourth quarter. The United States defense took over in the fourth as they held the Dutch scoreless on the way to the four goal victory. Jamie Neushul (Goleta, CA/Stanford/NYAC) and Maddie Musselman (Newport Beach, CA/UCLA/CdM Aquatics) scored two goals each to add to a balanced attack for Team USA on offense. Team USA went 3/6 on power plays and 1/1 on penalties while the Netherlands went 3/12 on power plays with no penalties attempted.

Scoring:

USA 11 (4, 2, 4, 1) M. Steffens 3, M. Musselman 2, J. Neushul 2, M. Seidemann 1, S. Haralabidis 1, A. Fischer 1, A. Williams 1

NED 7 (1, 3, 3, 0) M. Keuning 2, M. Megens 1, S. van der Sloot 1, I. Wolves 1, I. Koolhaas 1, K. Joustra 1

Saves - USA - A. Johnson 10 6x5 - USA - 3/6 - NED 3/12

Penalties - USA - 1/1 - NED - 0/0

News from our Committees and Commissions:

Technical Artistic Swimming Committee: The TASC has just released the [updated 2020 Officials Judges' list](#).

Upcoming UANA events in the Americas:

UANA Pan American Masters Championships hosted by the Colombian Swimming Federation (FECNA) and Liga de Natación de Antioquia June 17 – 27, 2020 in Medellin, Colombia

UANA Junior Pan American Water Polo Championships hosted by Canada Water Polo July 3 – 13, 2020 in Edmonton Canada

UANA Pan American Artistic Swimming Championships hosted by the Aruba Aquatic Federation September 1 – 7, 2020

Visit the UANA Website for information on Clinics, Schools, certification courses, Meets, Tournaments, and more in the Americas

To have your federation's or discipline's news in the Aquatics across the Americas newsletter please send your news items to Tony Morrison: thawkeyes@hotmail.com

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