



Wasatch Front Fish Market 7th Annual Fish Bowl Classic

Hosted by

Wasatch Front Fish Market
Held under the sanction of USA Swimming

Sanction#: UT16-04

January 14-16, 2016

In granting this sanction, it is understood and agreed that Utah Swimming and USA Swimming shall be free from all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Location:	Fairmont Aquatic Center 1044 East Sugarmont Drive (2225 South) Salt Lake City, UT 84106 Emergency calls the day(s) of the meet: 801-891-4874		
Session Dates and Times:	Session	Warm Up	Meet Starts
	Thursday, January 14, 2016 – Session 1	6:00 PM	6:50 PM
	Friday, January 15, 2016 – Session 2	4:00 PM	5:00 PM
	Saturday, January 16, 2016 – Session 3	7:00 AM	8:00 AM
	Saturday, January 16, 2016 – Session 4	4:00 PM	5:00 PM
Facility:	Pool Specifications: Indoor 25 yard pool with Eight (8) lanes Start End Water Depth: 8.5 feet @ 1 meter from wall; 9.0 feet @ 5 meters from wall Turn End Water Depth: 3.5 feet @ 1 meter from wall; 4.0 feet @ 5 meters from the wall Timing: Colorado Timing System with a horn start Pool Certification: The competition course has not been certified in accordance with 104.2.2C(4).		
Meet Director:	Ruth Swallow, (801) 891-4874 Email: swim4fishmarket@aol.com		
Meet Referee:	Ted Swallow, (801) 891-4684 Email: brdnst@aol.com		
Meet Starter:	Alicia Simon, (801) 755-1337 Email: acs68@yahoo.com		

Meet Admin. Official:	Rob Bridge, (385) 468-1544 Email: rbridge@slco.org
Eligibility:	This meet is open to all USA Swimming 2016 registered athletes. WFFM reserves the right of sole discretion to determine team entries to be accepted. In exercising this discretion WFFM may consider the number of officials provided by the team, balance of age groups and gender in entries, level of competition and geographic location. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. This meet will be run according to current USA Swimming rules and regulations. Swimmer's age on the first day of the meet determines age group for the entire competition.
Deck Registration:	No deck registration will be accepted; swimmers must be registered at time of entry.
Entry Limits, Fees and Deadlines:	<p>This meet will be limited to the number required to comply with the 4 hour rule. Teams will not be split.</p> <p>Individual swimmers may enter up to EIGHT (8) individual events per meet. 12 & under swimmers may enter up to FOUR (4) individual events per session. 13 & over swimmers may enter up to THREE (3) events per session and FIVE (5) events per day. No Times (NT's) will be accepted.</p> <p>Surcharge per participating swimmer: \$12.00 Individual Event Entry: \$5.00</p> <p>All fees must accompany entries and are nonrefundable. One team check is recommended. Make checks payable to Wasatch Front Fish Market. Entries will begin to be accepted on Tuesday, December 1, 2015 at 12 NOON. All entries must be received (in the hands of the below designated person) by 7:00 PM on Friday, January 8, 2016. Deck entries will NOT be accepted.</p> <p>Mail or deliver entries to: Ruth Swallow 7501 S. Siesta Hills Ct. Sandy, UT 84093 (801) 891-4874</p> <p>Or e-mail entries to: swim4fishmarket@aol.com</p> <ul style="list-style-type: none"> • Please submit all entries using electronic meet entry software (Hy-tek, TeamUnify, etc.), including proof of time verification. Individuals/Teams mailing the USI Official Entry form found on the sanctions page of the Utah Swimming website (www.swimutah.com) must make sure that each form is signed and provide time verification for each entry. Entries are not accepted without said verification. • Entries are not considered confirmed until the team entry representative receives official confirmation from the meet entry contact. If the team entry representative does not receive an email confirmation regarding your entries within 24 hours of the entry deadline, please contact the meet entry contact immediately. Coaches should bring a hard copy of electronic entries to the meet to address any entry issues. • The person submitting a team's entries is the team entry representative and the received email implies the official signature of the team entry representative. Said person will be the only person to make changes and will be responsible for all fines and penalties resulting from inaccurate times and unregistered swimmers.

	<p><i>*Whether entries are submitted electronically or on paper, by the action of entering the swimmer in the meet the submitter, whether the swimmer, coach, parent or team representative, certifies that the swimmer is a registered member of USA Swimming and that all times stated in the entry are true and correct.</i></p> <p><i>*The submitter further assumes responsibility for any false or incorrect times, and understands that all listed entry times are subject to Utah Swimming Time Verification Procedures, and that a fine of \$20.00 shall be paid to Utah Swimming, Inc. for each incorrect time, unless corrected before the entry deadline. It is understood that an automatic call before the review section shall be the result for a third entry time that cannot be verified. The submitter further agrees that a penalty of \$100.00 shall be assessed to anyone entering a swimmer in a meet sanctioned by Utah Swimming, Inc. who is not registered with USA Swimming at the time of entry, upon it being proven that the swimmer was not so registered.</i></p>
<p>Entry Rules:</p>	<p>Entries must be submitted in the course in which they were achieved. Converted times should NOT be used. All times submitted must be the swimmer's best time. Event seeding will be in the following order: conforming SCY, non-conforming LCM, non-conforming SCM</p> <p>Swimmers without a valid USA Swimming time in an event must be submitted as a "NT" in that event.</p> <p>A mandatory scratch down may apply to this meet if the time line exceeds 4 hours for 12-Under swimmers, subject to the provisions of USA Swimming Rules and Regulations 205.3.1F. If a scratch down is necessary, teams will be reimbursed for said scratched events.</p>
<p>Meet Format, Check-in and Scratches</p>	<p>This meet will be run as timed finals.</p> <ul style="list-style-type: none"> • This meet is negative check-in. A positive check-in will be required for the 400 IM, 500 Free, and 1000 Free. Check in for these events will close 30 minutes prior to the start of the meet on their respective days. • The fastest 24 Male entries and fastest 24 Female entries in the 1000 Freestyle will be accepted into the meet. • Scratches are due to Ruth Swallow by 6:00 PM on Wednesday, January 13, 2016. • In the event of a No Show, swimmer will not be allowed to swim the missed race and will be scratched from their next event. Any swimmer who has 2 No Show events will be scratched from the meet. <p>Time trials will not be offered.</p>
<p>Warm-up:</p>	<p>USA Swimming and Utah Swimming safety procedures will be enforced throughout the meet. Warm-ups are subject to the following procedures:</p> <ul style="list-style-type: none"> • Warm-up: Coaches have the responsibility of insuring that all their swimmers are instructed in warm-up procedures and that the swimmers follow all Utah Swimming safety procedures. All swimmers will enter the pool from a sitting or 3 point position. No pushing, splashing, running or any other general horseplay. Swimmers engaging in such activities will be asked to leave the pool. • All USA Swimming athletes must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist unaccompanied swimmers in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet. 202.5.2 <p>During the last 15 minutes of warm-up lanes 2 and 5 will be opened for diving starts in the competition pool only.</p>

Dive Certification:	"Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement." 202.4.9D
Deck Changing:	Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. 202.4.9I
Recording Ban:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. 202.4.9H
Adaptive Swimming	Adaptive swimming: In accordance with USA Swimming rule 202.2.13 & Article 105.1, the Meet Referee has the authority to accommodate swimmers with disabilities in accordance with USI P&P 1.17. The coach or person in charge of team entries must notify the meet referee and meet entry contact of accommodations requests at the time of entry submission
Awards & Points:	Points will be awarded as follows for top 8 places: 9,7,6,5,4,3,2,1. In age combined events, awards and points will be given out based upon the following age groups: 10 & Under, 11-12, 13-14, and 15 & Over. Awards will be given out for overall high point places 1-3 in age groups 10 & under, 11-12, 13-14, and 15 & Over. Ribbons will be awarded for places 1-8 in each event for age groups 10 & under, 11-12, and 13-14. Every swimmer will receive a participation award.
Results:	Results will be emailed following the meet.
Deck access:	Deck access is limited to swimmers, coaches, officials & meet workers. Officials and coaches must wear their USA Swimming ID cards to be allowed on deck. Please be courteous and clean up your team area following the swim meet. Spectator seating will be in the bleachers on the north side of the deck. Teams will be allowed at the shallow end of the pool and on the south side of the deck. The west deck will be for event staging and the area behind the starting end will be for timing.
Timers:	Teams with 10 or more swimmers will be asked to provide timers. Lane assignments will be sent out prior to the meet.
Parking:	Free parking is available next to the building
Concessions:	Concessions will be available on Friday and Saturday only.
Officials:	We welcome help from any officials your club may have. Gift cards will be awarded to any official who works at least three (3) complete sessions.
Directions:	To Fairmont Aquatic Center From South: Take I-15 Northbound. Take I-80 Eastbound. Take exit 125 to 700 East. Turn Left onto 700 East. Turn Right onto 2100 South. Turn Right onto McClelland Street. Pool is on the northeast corner of Fairmont Park.

	From North: Take I-15 Southbound. Take I-80 Eastbound. Take exit 125 to 700 East. Turn Left onto 700 East. Turn Right onto 2100 South. Turn Right onto McClelland Street. Pool is on the northeast corner of Fairmont Park.
Web Site:	For meet info, please visit the Utah Swimming web site at: http://www.swimutah.com



SESSION #1

**Thursday Afternoon – January 14, 2016
(Warm-up 6:00 pm - Start 6:50 pm)**

Girls #	Event Description	Boys #
1	12 & Under 200 IM	2
3	13 & Over 1000 Freestyle	4
5	12 & Under 500 Freestyle	6

SESSION #2

**Friday afternoon – January 15, 2016
(Warm-up 4:00 pm - Start 5:00 pm)**

Girls #	Event Description	Boys #
7	12 & Under 100 Free	8
9	13 & Over 50 Free	10
11	12 & under 50 Breast	12
13	13 & Over 100 Breast	14
15	12 & Under 50 Back	16
17	13 & Over 200 Back	18
19	12 & Under 50 Fly	20
21	13 & Over 200 Fly	22
23	12 & Under 100 IM	24

SESSION #3

**Saturday morning – January 16, 2016
(Warm-up 7:00 am - Start 8:00 am)**

Girls #	Event Description	Boys #
25	11-12 200 Free	26
27	13 & Over 200 Free	28
29	11-12 100 Back	30
31	13 & Over 100 Back	32
33	11-12 50 Free	34
35	13 & Over 100 Fly	36
37	11-12 50 Fly	38
39	13-14 400 IM	40
41	11-12 100 Breast	42
43	15 & Over 400 IM	44

SESSION #4**Saturday afternoon – January 16, 2016
(Warm-up 4:00 pm - Start 5:00 pm)**

Girls #	Event Description	Boys #
45	10 & Under 200 Free	46
47	13 & Over 200 IM	48
49	10 & Under 100 Breast	50
51	13 & Over 200 Breast	52
53	10 & Under 50 Free	54
55	13 & Over 100 Free	56
57	10 & Under 100 Back	58
59	13-14 500 Free	60
61	10 & Under 50 Fly	62
63	15 & Over 500 Free	64