

Valley Area Swim Team (VAST)
Code of Conduct

I, as a member of the Valley Area Swim Team (VAST), understand and will comply with the following guidelines as set forth by the Board of Directors.

1. The possession or use of alcohol, tobacco products or controlled substances by any athlete of the VAST team is prohibited.
2. Curfews established by the staff will be adhered to each day of any meet the coaching staff is responsible for the athletes.
3. Team members and staff will attend all team functions including meetings, meals, practices, exhibitions, competitions, etc., unless otherwise excused or instructed by the VAST Coaching staff.
4. To insure the propriety of the athletics and to protect the staff, there will be no male athletes in female athletes' rooms and no female athletes in male athletes' rooms, unless Coaches approve for a specific reason.
5. Team members and staff will comply with VAST Swimming uniform requirements.
6. Team members will refrain from any illegal or inappropriate behavior that would detract from a positive image of the VAST Swimming Team or be detrimental to its performance objectives.
7. Team members will display proper respect and sportsmanship toward each other, coaches, officials, administrators, fellow competitors and the public.
8. Parents of team members are not allowed on the pool decks at any time during the competition, except for areas that may be set aside for spectators. Parents who are timing and parents who are serving as officials are exceptions.
9. Any additional guidelines for the VAST Team will be established as needed by the VAST Coaching staff.

Implementation

- A. All team members are apprized in writing of this policy. Signature of the document constitutes unconditional agreement to comply with the Code of Conduct of the Valley Area Swim Team (VAST).
- B. Failure to comply with the Code of Conduct as set forth in this document for the Valley Area Swim Team (VAST) may result in disciplinary action.
 - a. Such discipline may include, but not be limited to:
 - i. Dismissal from the Team and immediate return home;
 - ii. Disqualification from one or more events, or all events of competition;
 - iii. Disqualification from future VAST Swimming Competitions.

Any appeal taken from any disciplinary action shall be heard from the VAST Executive Board.

Swimmers Name _____ Signature _____

Parents Signature _____ Date _____