

Swimming Championship









2016 ELITE SHOWCASE CLASSIC SWIMMING CHAMPIONSHIP Clearwater, FL

March 30 - April 2,2016

APPROVED BY: Held under Approval of USA Swimming/Florida Swimming Approval #

"In granting this approval it is understood and agreed that USA Swimming/Florida Swimming shall be free and held harmless from any liabilities or claims from damages

arising by reason of injuries to anyone during the conduct of the event."

CONDITION OF SANCTION: The competition course has been certified in accordance with 104.2.2C(4). The copy of

such certification is on file with USA Swimming. Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal quardian to ensure

compliance with this requirement.

CAMERA ZONE: Per Florida Swimming Rule 223.12, Meet Management shall designate and

inform the public of "Camera Zones" at each swim meet where both still photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side course of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start end." Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the race course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, rest rooms, or any other dressing areas. Any individual failing to abide by this rule

could be subject to the Florida Swimming Code of Conduct violation as defined in

Rule 239.2.

IMAGE AUTHORIZATION: All participants agree to be filmed and photographed by the official photographer(s) and

network(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming

competitions to promote such competitions.

TYPE OF MEET: Short Course Prelims-finals on Wednesday, Thursday, Friday, Saturday. Two eight-lane

courses will be used for prelims and a ten-lane final course will be set up for evening

finals.

SCHEDULE: No equipment will be allowed during warm up times. This included fins, paddles, and snorkels.

Specific Warm-up 7:50 a.m. – 8:20 a.m.

Meet Start 8:30 a.m.

<u>Finals</u> General Warm-up 3:30 p.m. – 4:20 p.m.

Wed, Thurs, Fri Specific Warm-up 4:20 p.m. – 4:50 p.m.

Finals 5:00 p.m.

LOCATION: The Doyle Aquatic Center at the Long Center

> 1501 N Belcher Rd, Suite 229 Clearwater, FL 33765

Fax: (727) 791-9550 CAT: (727) 791-9542 Facility: (727) 793-2320

POOL & FACILITY SPECS:

The Dovle Aguatic Center is a 10 lane 50 meter X 20 lane 25 vd pool that varies in depthfrom twelve feet at the start end to four feet at the turn end. A separate 3 lane 25 yard pool will be available for continuous warm-up and warm-down throughout the

meet.

Pool filtration system: State of the art UV system that requires little to no chlorine. The pool is also grounded with technology that enables the pool to be utilized during inclement

weather.

A Daktronics timing system, touch pads, and starting system will be used. Times will be TIMING SYSTEM:

displayed on two scoreboards. Starting blocks will be outfitted with additional speakers

for optimal starting signal awareness.

ELIGIBILTY: Must be a 2016 USA Swimming registered athlete. On deck Registration will be allowed at

the Meet Admin table.

SEEDING: Submit entry times according to the time swum - DO NOT SUBMIT CONVERTED

> **TIMES.** (Example: If the time was swum in long course meters, submit the long course time.) Non-conforming meter times will be seeded last according to USA Swimming Rules and Regulations 207.12.7B. All yard times, even if they are bonus event times, will be seeded for prelims fastest to slowest within the two age group order. (Example: All 10 and unders yard times will be seeded fastest to slowest no matter if it's a bonus event or not. If it is entered in meters, it will be seeded at the end). NO EVENT DROPS AFTER PYSCH SHEET IS PUBLISHED. NO TIME

CHANGES AFTER MEET HEAT SHEET IS PUBLISHED.

All preliminary events, including relays, will be swum combined slowest to fastest. 10 and unders, 11 - 12's, and 13 - 14's, with the top 10 of each single age divided out to swim in each night's finals excluding the 500, 1000, 1650 freestyle, and 400 individual medley. These events are timed finals with the fastest 10 times in their respective 10 and unders, 11-12's, and 13- 14's age groups swum in finals. However, they will still be awarded in single age group divisions.

500 Free & 400 IM: Events 45 & 46, 47 & 48, 89 & 90 and 91 & 92 will be swum within the format of their respective preliminary sessions. They will be swum slowest to fastest with the fastest ten girls and the fastest ten boys swimming in the evening finals. These will be a timed final events, so swimmers will only swim the events once.

A/B Flight format: Dependent on the number of entries, and at the discretion of the Meet Referee, the 400 IM and 500 free preliminaries may be conducted in an "A/B flight" format.

1000 & 1650 Free: Events 1 & 2 and 55 & 56 will be swum at the conclusion of their respective preliminary sessions following a 10 minute break. They will be swum fastest to slowest, alternating girl/boy heats. In their respective evening finals sessions, the fastest ten girls and the fastest ten boys will swim as the first two events in the evening finals. These will be a timed final events, so swimmers will only swim the events once.

Relays: Positive check in required. Top 10 teams will swim at finals. On Saturday, teams may choose AM or PM. All swimmers must be listed on the entry sheet to be eliqible to compete on a relay team. TWO RELAYS PER CLUB MAXIMUM.

RULES:

Current USA Swimming Technical Rules will govern. (Safety rules as outlined by USA Swimming will be in effect during all warm-up and warm-down time frames and areas.)

Age as of the first day of the meet (March 30th, 2016) will determine the swimmer's

age group for competition.

Times must have been achieved between January 1, 2015 - March 16, 2016

DECK CHANGING:

The practice of deck changing is prohibited. Swimmers must use the locker rooms to change in and out of their swim suits. Swimmers participating in the practice of deck changing can be subject to removal from further competition.

AWARDS:

Individual Custom Medals 1st through 10th

Relays Custom Medals 1st through 3rd

High Point Boy/Girl Fach Age Group 9-Under 10 11 12 13 14

TEAM AWARDS:

- TOP COMBINED TEAM
- TOP BOY'S TEAM
- TOP GIRL'S TEAM

SCORING:

Scored to 10 Places. Points 11-9-8-7-6-5-4-3-2-1, **double points for relays**.

WARM-UP:

Enclosed warm-up schedule will be used. Warm-up will be 60 minutes guaranteed prior to the start of each session.

SCRATCHES:

Prelims/timed finals: No penalty for scratching on the block with the exception of deck seeded events. Check in must be done with the clerk of course prior to the listed check in time to be seeded in that event. **Any swimmer properly entered in a deck seeded event, who fails to check in for that event, will not be seeded but will be allowed to swim in an open lane for that event only. No new heats will be created – first come first served.**

Finals:

Any swimmer who competed in a preliminary heat and qualifies for finals must swim the event during finals unless the swimmer announced his/her intention to scratch from the event within 30 minutes of the announcement of the qualifiers for that event. He/she has until 30 minutes after his or her final prelim of the day to finalize his/her scratch with the clerk of course. Any swimmer not reporting to a final event in which the results were posted for his/her swim will be barred from their next individual event in the meet, PLUS a \$25.00 fee will be assessed to swimmers not in compliance with the scratch rule UNLESS relieved for good cause by the Meet Referee.

POSITIVE CHECK-IN:

Check-in with the clerk of course will be at the announcer's table. Relays, 400 IM, 500, 1000, and 1650 Free are positive check in events. ***SEE NEXT PAGE***

POSITIVE CHECK-IN TIMES: The check-in times will be the following:

Wednesday, March 30 (AM): 10&U 500 FR, 11-12 1000 FR, All 200 Med. Relays by 8:00AM

[Thursday's Events] - Wednesday, March 30 (PM): 11-12 & 13-14 500 FR, All 400 Med. Relays by

5:00PM

[Friday's Events] - Thursday, March 31 (PM): 13-14 1650 FR, All 200 FR Relays by [Saturday's Events] - Friday, April 01 (PM): 11-12 & 13-14 400 IM, All 400 FR Relays by

5:00PM

ENTRY LIMIT:

Swimmers will be limited to **three events per day** and a total of **10** for the entire meet. If a swimmer is over-entered in a session, any events entered over the three event limit will be dropped at the point of over-entry. Qualifying times are as follows: **10-12-14 year olds** must have minimum of AAA times and **9-11-13 year olds** must have minimum of AA times. The bonus events must have an entry time but does <u>not have to be AA or AAA.</u>

BONUS EVENTS

For 1 qualifying time	you	earn	3 bonus	events
For 2 or more qualifying times	you	earn 4	4 bonus	events

Bonus events must be entered with a time. NT will not be accepted. EVENTS OVER 200 YARDS MAY NOT BE USED AS BONUS EVENTS.

TIME TRIALS:

Time trials will be offered Wednesday, Thursday, Friday and Saturday upon conclusion of the prelim sessions. Cost per event - \$10.00. Sign up will be at the admin table each morning.

ENTRY FEES:

Entry Fees

Fee per Individual Event	\$8.00 \$12.00
Late Entry Fees Late Fee per Individual Event	\$12.00 \$24.00
Facility Surcharge per swimmer	\$20.00 \$45.00

DECK ENTRIES:

Deck entries will be accepted to fill heats only. No new heats will be created. Fees are \$12.00 per individual deck entry, plus the facility and athlete surcharges if not previously entered in meet, fees must be paid at time of entry. Deck entries will be accepted by the administrative referee or designated representative and assigned a lane no later than **45 minutes** prior to the start of each session. A swimmer may not drop an event to deck enter another event. **The entry limit of three (3) individual swims per day applies (including time trials).**

ENTRY DEADLINE: All entries must be received by midnight Wednesday March 16, 2016.

OME ENTRY PROCEDURES - READ CAREFULLY

On-Line Meet Entry (OME) — Entries will be processed using the USA Swimming On-Line Meet Entry (OME) **ONLY**. Access this entry system from the USA Swimming website at the address http://www.usaswimming.org/ome. Coaches must register for an account (Free) to utilize the system. Log in and select "Enter Team".

OME is not an eligibility report; Coaches are responsible for knowing events for which their athletes are qualified.

OME OPENS: 12:01 AM EST MONDAY February 08, 2016
OME CLOSES: 11:59 PM EST WEDNESDAY March 16, 2016

ONLINE PAYMENT IS NOT PERMITTED FOR THIS MEET

OME HELP: Eva Gronke 727-644-5925 – <u>SWimresultsbyTRG@aol.com</u>

Anthony Buhr, 719-866-3581 – <u>abuhr@usaswimming.org</u>

Individual Entries: Use a time in the national database for entry that is faster than the qualifying time and achieved during the qualifying period. Swimmers may enter using an "Override Time" for times that are not in the national database. Override times must include the meet name and date. Override times that cannot be proven by the Entry Coordinator during the entry process will not be seeded in the meet. Times that are missing from the National Database should be requested through the host LSC National Times Coordinator of the meet at which the time was achieved.

OME RELAY ENTRY PROCEDURES: ENSURE "RELAY ONLY" ATHLETES ARE INCLUDED IN THE TEAM ENTRY ROSTER. Relay teams may be entered at any seed time.

TEAMS WITH UNATTACHED OR UNREGISTERED ATHLETES: Teams may enter athletes with an Unattached or Unregistered status. When building the roster in OME, select the "Add Unattached/Unregistered Swimmer" link. Unregistered swimmers must provide proof of registration prior to the swimmers first event.

INDIVIDUAL UNATTACHED ATHLETES: Unattached athletes that are not awaiting attachment to any team must enter individually. Access to the OME system at the address http://www.usaswimming.org/ome - log in and select "Enter Individual." On deck registrations will not be accepted.

Payments must be made payable to: ISCA

DO NOT MAIL YOUR CHECK
PAYMENT SUBMITTED AT
REGISTRATION TABLE

Entry Chairman: ISCA (International Swim Coaches Association)

c/o Eva Gronke

3534 Chessington Drive Land O Lakes, FL 34638

ENTRY FORMS: If you do not have access to OME, entries may be submitted on the enclosed entry forms

(please print legibly). Please note that there is an additional \$50 fee for entries submitted on the entry forms. Any events with NT will not be accepted. Relay only swimmers must be listed. **All entries must be sent to Entry Chairman. DO NOT send to the pool.**

FOREIGN ATHLETES: Foreign athletes are welcome to attend. They must be a member with FINA or USA

Swimming for registration.

Entries for <u>foreign teams</u> must be submitted through HY-TEK MEET MANAGER, COMMLINK, or contact Doug Fonder at (540) 397-0505 / <u>swimisca1@gmail.com</u> / FAX:

(540) 772-0578.

OFFICIALS: Head Referee Tony Uselis (twuselis@verizon.net)

Admin Referee

Starter Patricia Ellingham

Chief Stroke & Turn Kevin Doel Meet Manager Doug Fonder Meet Marshall Kevin Reese

COACHES/OFFICIALS:

All coaches/officials must visibly display a valid USA membership card at all times while on deck. Coaches who fail to display valid USAS membership cards will be asked to produce them or will be removed from the deck. A 2015 coaching member of USA Swimming must supervise each swimmer participating ina Florida Swimming approved/sanctioned meet during warm-up and competition. An unattached athlete, without a team affiliation and not escorted by a coach member, must check in with the meet referee upon arrival at the meet. Such athletes will be assigned to a substitute coach who will supervise the swimmer(s) during warm-up and competition. There will be a coaches meeting Tuesday March 29th at 4 pm at the Long Center.

TEAM REPRESENTATIVE:

Prior to the start of the meet, the name of one person for each team other than the coach may be given to the meet referee. The meet referee will only recognize the coach and that designated person relative to matters pertaining to the meet.

INFORMATION:

MEET REFEREE

Tony Uselis 727-742-0646 - Cell twuselis@verizon.net

ENTRY CHAIRMAN

Eva Gronke
Clearwater Aquatic Team
3534 Chessington Drive
Land O Lakes, FL 34638
SwimresultsbyTRG@aol.com

ISCA CONTACT

Doug Fonder
International Swim
Coaches Association
2721 Brambleton Ave.
Roanoke, VA 24015
(540) 397-0505 - cell
(540) 772-0578 - fax
DougFonder@gmail.com

WARM-UP SCHEDULE:

First ½ hour will be warm-up as follows:

Lane 1 pace 50 & 100 circle swimming Lane 2 push off 25s one way only

Lane 3 swim & pulling, push off

Lane 4 swim & pulling, push off

Lane 5 swim & pulling, push off

Lane 6 swim & pulling, push off

Lane 7 swim & pulling, push off

Lane 8 swim & pulling, push off

Lane 9 push off 25s, one way only

Lane 10 pace 50 & 100 circle swimming

Last hour of warm-ups will be as follows:

Lane 1 pace 50 & 100 circle swimming

Lane 2 racing starts 25s one length

Lane 3 swim & pulling, push off

Lane 4 swim & pulling, push off

Lane 5 swim & pulling, push off

Lane 6 swim & pulling, push off

Lane 7 swim & pulling, push off Lane 8 racing starts 25s one length

Lane 9 racing starts 25s one length

Lane 10 pace 50 & 100 circle swimming

NO EQUIPMENT TO BE USED DURING WARM-UP
NO RACING STARTS IN WARM-UP OR COOL DOWN LANES DURING MEET
Swimmers must enter the water feet first with at least one hand on the pool deck.





2016 ELITE SHOWCASE CLASSIC SWIMMING CHAMPIONSHIPS

Swimming Championships - Clearwater, FL March 30 - April 2, 2016 MEET FORMAT

"Slow & Steady Wins The Race"

Wednesday			Thursday			Friday		Saturday			
,,	Marc		,,	Marc		,,,	Apri		,,	April 2	
#	Age	Event	#	Age	Event	#	Age	Event	#	Age	Event
W1	11-12	1000 Free	W27	10-Under	100 IM	W55	13-14	1650 Free	W87	10-Under	200 IM
M2	11-12	1000 Free	M28	10-Under	100 IM	M56	13-14	1650 Free	M88	10-Under	200 IM
W3	10-Under	50 Back	W29	11-12	200 IM	W57	11-12	100 IM	W89	11-12	400 IM
M4	10-Under	50 Back	M30	11-12	200 IM	M58	11-12	100 IM	M90	11-12	400 IM
W5	11-12	200 Back	W31	13-14	200 IM	W59	10-Under	100 Back	W91	13-14	400 IM
M6	11-12	200 Back	M32	13-14	200 IM	M60	10-Under	100 Back	M92	13-14	400 IM
W7 M8	13-14	200 Back	W33	10-Under	50 Fly	W61	11-12	100 Back	W93	10-Under 10-Under	100 Fly
_	13-14	200 Back	M34	10-Under	50 Fly	M62	11-12	100 Back	M94		100 Fly
W9	10-Under	100 Breast	W35	11-12	200 Fly	W63	13-14	100 Back	W95	11-12	50 Fly
M10	10-Under	100 Breast	M36	11-12	200 Fly	M64	13-14	100 Back	M96	11-12	50 Fly
W11	11-12	50 Breast	W37	13-14	200 Fly	W65	10-Under	50 Breast	W97	13-14	50 Fly
M12	11-12	50 Breast	M38	13-14	200 Fly	M66	10-Under	50 Breast	M98	13-14	50 Fly
W13	13-14	50 Breast	W39	11-12	50 Back	W67	11-12	200 Breast	W99	11-12	100 Breast
M14	13-14	50 Breast	M40	11-12	50 Back	M68	11-12	200 Breast	M100	11-12	100 Breast
W15	10-Under	500 Free	W41	13-14	50 Back	W69	13-14	200 Breast	W101	13-14	100 Breast
M16	10-Under	500 Free	M42	13-14	50 Back	M70	13-14	200 Breast	M102	13-14	100 Breast
W17	11-12	50 Free	W43	10-Under	200 Free	W71	11-12	100 Fly	W103	10-Under	50 Free
M18	11-12	50 Free	M44	10-Under	200 Free	M72	11-12	100 Fly	M104	10-Under	50 Free
W19	13-14	50 Free	W45	11-12	500 Free	W73	13-14	100 Fly	W105	11-12	200 Free
M20	13-14	50 Free	M46	11-12	500 Free	M74	13-14	100 Fly	M106	11-12	200 Free
W21	10-Under	200 Medley Relay	W47	13-14	500 Free	W75	10-Under	100 Free	W107	13-14	200 Free
M22	10-Under	200 Medley Relay	M48	13-14	500 Free	M76	10-Under	100 Free	M108	13-14	200 Free
W23	11-12	200 Medley	W49	10-Under	400 Medley	W77	11-12	100 Free	W109	10-Under	400 Free
		Relay			Relay						Relay
M24	11-12	200 Medley Relay	M50	10-Under	400 Medley Relay	M78	11-12	100 Free	M110	10-Under	400 Free Relay
W25	13-14	200 Medley Relay	W51	11-12	400 Medley Relay	W79	13-14	100 Free	W111	11-12	400 Free Relay
M26	13-14	200 Medley Relay	M52	11-12	400 Medley Relay	M80	13-14	100 Free	M112	11-12	400 Free Relay
			W53	13-14	400 Medley Relay	W81	10-Under	200 Free Relay	W113	13-14	400 Free Relay
			M54	13-14	400 Medley	M82	10-Under	200 Free	M114	13-14	400 Free
					Relay			Relay			Relay
						W83	11-12	200 Free			
								Relay			
						M84	11-12	200 Free			
								Relay			
						W85	13-14	200 Free			
								Relay			
						M86	13-14	200 Free			
								Relay			



ELITE SHOWCASE CLASSIC SWIMMING CHAMPIONSHIP

Clearwater, FL March 30 - April 2, 2016

Master Entry Form

Hosted by Clearwater Aquatics Team At The Long Center

Mail Entries to Be Received by Wednesday March 16, 2016

Clearwater, Fl33765	CAT Office (727) 791	CAT Office (727) 791-9542			
Team Name	Call Letters				
Address					
Coach	LSC				
Home Phone	Office Phone				
FAX#	EMAIL_				
Swimmer/C	Coach Registration				
I certify that all individuals listed on attached entry form compete in this meet. I further certify that one or more o individuals during warm up and competitive sessions at t	of the following coaches will be on deck supervising the				
Name(s) of Coach(es)					
I Certify that the individuals listed above are currently r	egistered USA Swimming Coach Members.				
Signature of USA Swimming Member	Team	 Date			
Financial Recap					
Total Number of Athlete Surcharge		= \$			
Total Number of Facility Surcharge					
Total Individual Entry Fees					
Late Individual Entry Fees					
Total Relay Entry Fees					
Late Relay Entry Fees <u>Non</u> OME Manual Entry Fees (per team)		= \$ = \$			
	Total Entry Fees Paid	\$			
Due by March 16, 2016					

MAIL ENTRIES TO:

Clearwater Aquatic Team (CAT) c/o Eva Gronke 3534 Chessington Drive Land O Lakes, FL 34638

Make Checks payable to ISCA

DO NOT MAIL YOUR CHECK PAYMENT SUBMITTED AT REGISTRATION TABLE



ELITE SHOWCASE CLASSIC SWIMMING CHAMPIONSHIP

Clearwater, FL

March 30 - April 2, 2016

NAME/AGE USA Swimming#	WEDNESDAY EVENT#	THURSDAY EVENT#	FRIDAY EVENT#	SATURDAY EVENT#
TEAM CODE	TIME	TIME	TIME	TIME
		•	<u> </u>	
MAIL THE POPME			A41-1-4- C 1	G\$45.00
MAIL THIS FORM TO:	Form (CAT)		Athlete Surcharge	@\$45.00
Clearwater Aquatic Team (CAT) c/o Eva Gronke 3534 Chessington Drive Land O Lakes, FL 34638		Facility Surcharge Individual Entries	@\$20.00	
		Individual Entries Late	@\$8.00	
		Relay Entries	@\$12.00 @\$12.00	
\	.050		Late Relay Entries	@\$24.00
			Lute Relay Littles	
			TOTAL DUE:	

NOTE: USE MORE THAN ONE FORM IF NECESSARY. USE OF THIS FORM WILL INCUR AN ADDITIONAL FEE OF \$50!