

## **NOTEWORTHY NEWS VIII**

**THE ANNUAL MEETING HAS BEEN RE-SCHEDULED . . .** It will be held this Sunday, November 6<sup>th</sup> at the pool at 4 PM.

**LOST AND FOUND IS REGULARLY JETTISONED AT THEN END OF EVERY MONTH . . .** and we always seem to gather an impressive inventory: clothes, suits, water bottle, books, shoes, chairs, etc. If you're missing something, please check. Our signature collection is currently hanging on the bleachers in the old pool but it won't stay there long. Please see if something of yours is about to be donated. All unclaimed items will be taken to Goodwill on Thursday, 11/3. Thanks !

**AND A BIG THANKS TO ALL WHO VOLUNTEERED . . .** for our weekend volunteer hours projects. Some folks joined Hannah Hoffert for her walk in support of research into mitochondrial disorders while others became an early part of Christmas by aiding Ralph Shuler in setting up his Christmas lights for the Tacky Christmas lights tour. Thanks to all !

**LAST WEEK'S EARLY SNOW UP NORTH OF HERE . . .** elicits an early reminder. We rarely cancel practices in the event of snow. Do consult the website before heading to practice in such conditions. And do drive slowly and carefully (late OK on snowy days) and exercise your personal judgment before saddling up and going Clint Eastwood. Weather conditions will often vary greatly across the Richmond area. What is acceptable at NOVA may not be acceptable on roads nearer to where you live. Our decision is based on the conditions on Gayton, Ridgefield and Lauderdale Roads, the nearest feeder roads to our facility.

**WE WILL HOST A MEET THIS WEEKEND . . .** involving NOVA's older swimmers. This is an invitational and our invited teams include CCA and CUBU. CCA always has a strong line-up and CUBU is perennially ranked in the Top 3 of teams in the country. So this weekend offers an excellent modeling opportunity for NOVA's younger swimmers. Take in one of the four sessions of the meet and see what senior level swimming is all about. For younger parents, this is an excellent volunteer opportunity: working a meet your swimmer isn't attending. Hope to see you there!

**WE HOSTED ANOTHER MEET THIS WEEKEND . . .** and still more NOVA swimmers started their season. The Swim Shop offered discounts on suits containing orange to keep us all in that briefly held Halloween spirit. Ten swimmers got their first "A" times or their first "A" times in their current age group ! Congratulations go to first-timers Polina Bukina, Hallie Miller, Olivia Ratliff, Daniel Chance, Nikolas Lee-Bishop, Connor Pinney, Grace Hanson, Claire Pokrywka, Giovanni Granado and Joe Oliveri. Well done, young Jedi. Read on for more tales of mystery and imagination and please note the 212 swimmers who registered time standard improvements.

**First Place winners**

11-12 boys 200 free relay Martin, Garcia, Pinney, West  
 9-10 girls 200 free relay Cooper, Collier, Pokrywka, Snow  
 9-10 boys 200 free relay Cornwell, Ratliff, Davis, Deglau  
 8 & U girls 100 free relay Kuzemka, Cope, Shigley, Erickson  
 8 & U boys 100 free relay DallaValle, Bowles, Young, Jobe  
 11-12 girls 200 free relay Nilson, Rogers, Tu, Baber  
 13-18 girls 200 free relay Copeland, Lewis, Renner, Ayala  
 13-18 boys 200 free relay Sisk, Granado, Strickland, Cuthbert  
 9-10 girls 200 medley relay Cooper, Heiry, Lewis, Lewis  
 9-10 boys 200 medley relay Massengill, Jobe, Pinney, Carroll  
 11-12 boys 200 medley relay Pinney, Vanichkachorn, West, Martin  
 8 & U girls 100 medley relay Bowles, Shigley, Dixon, Kuzemka  
 8 & U boys 100 medley relay Jobe, Cartagena, DallaValle, Kratzer  
 13-18 girls 200 medley relay Makepeace, Atkinson, Pierce, Robelen  
 13-18 boys 200 medley relay Moore, Granado, Fergusson, Koren  
 11-12 girls 200 medley relay Hanson, Longbricco, Fellowes, Miller  
 Kristen Atkinson 100 free  
 Lexi Ayala 400 IM  
 Philip Barto 200 IM  
 Sarah Bender 100 fly  
 Maddie Blankenship 400 IM  
 Craig Bohlman 25 free, 50 back  
 Aubrey Bowles 25 & 50 back, 25 & 100 free  
 Maddie Bowles 25 back  
 Carter Bristow 100 fly, 100 IM, 50 back  
 Bailey Butler 200 breast  
 Callie Copeland 100 back  
 Lillie Bea Cope 25 fly  
 Noah Cornwell 100 back  
 Ryan DallaValle 100 IM, 50 fly, 50 breast  
 Evan Davis 200 free, 50 breast  
 Henry Davis 500 free  
 Ellie Deglau 50 free  
 Zoe Dixon 25, 50 & 100 free, 50 back  
 Taylor Domson 50 free, 25 fly, 25 back  
 Justin Edwards 500 free  
 Cade Elliott 500 free, 200 fly, 200 breast  
 Olivia Erickson 25 free, 50 fly  
 Emma Farney 200 IM  
 Miranda Fellowes 50 fly  
 Jane Fergusson 200 back  
 Ted Fergusson 100 fly  
 Caroline Frank 25 breast  
 Giovanni Granado 100 & 200 breast  
 Jasmine Harper 200 fly  
 Alexa Heiry 50 & 100 breast

Colin Hudson	100 free
Dalton Jobe	25 breast, 25 fly
Davis Jobe	100 breast
Erik Kratzer	50 free
Brin Kuzemka	100 & 500 free, 25 & 50 back
Amber Leathers	200 free
Nikolas Lee-Bishop	50 back
Rachel Lewis	50 free
Tillie Lewis	100 IM
Kimberly Longbricco	100 & 500 free
Chandler Makepeace	200 back
Gareth Mancini	100 fly, 100 breast
Lauren Marcey	50 back
Daniel Massengill	50 breast
Mary McCarthy	200 back
Lauren Meyer	50 fly
Michael Moore	100 & 200 back
Lauryn Nilson	200 IM
Campbell Nystrom	100 IM, 200 back
Gabby Oliveri	50 breast
Joseph Oliveri	100 & 200 breast
Jessica Pierce	500 free, 100 fly
Claire Pokrywka	100 back
Olivia Ratliff	100 back
Caroline Reynolds	100 & 200 free
Rebecca Rogers	100 breast
Gabby Seitz	50 breast
Taylor Shigley	25 & 50 breast
Mark-Willie Sisk	200 IM
Ian Stevenson	50 free
Hunter Sundlun	100 IM
Rachel Trevillian	200 fly
Anthony Vinson	50 free
Catherine Wilks	500 free
Emily Wilks	25 fly
Blake Young	25 breast, 50 free

### **Time Standard Improvements**

Alina Alam	100 IM, 200 & 500 free, 200 back B
Coley Alvis	50 back B
Griffin Alvis	50 free B
Virginia Angle	100 free, 200 IM B
Charles Armstrong	100 breast BB
Joseph Ascoli	500 free B, 200 IM BB
Kristen Atkinson	100 breast BB, 100 free A

Caroline Baber	500 free, 50 fly, 100 & 200 back BB, 200 IM A
Alex Barrett	100 IM B
Emma Barrett	100 IM B
Kate Barrett	100 back, 50 fly B
Annie Bartley	200 free, 50 fly B, 100 IM BB
Bridget Bartley	200 fly, 50 breast BB, 100 free, 100 IM A
Philip Barto	200 IM A
Sarah Bender	500 free BB, 100 fly A
Thomas Best	200 IM B
Claire Bierly	100 breast, 50 fly B
Ethan Billmayer	50 & 100 free, 100 & 200 IM, 100 back BB
Lauren Blanchetti	100 free B, 200 breast, 50 free BB
Glenn Bohlman	100 IM B
Aubrey Bowles	50 fly B, 100 free BB
Carrington Bowles	50 & 100 free BB, 100 breast A
Knight Bowles	100 free B
Maddie Bowles	100 free B
Samantha Brishke	200 back B, 50, 100 & 200 free BB
Carter Bristow	50 back A, 100 fly, 100 IM AA
Anderson Broughton	100 back, 100 free, 50 breast, 100 fly, 200 IM BB
Zoe Browne	100 fly, 50 free, 200 back B
Ramsey Brown	100 IM, 50 breast B
<b>Polina Bukina</b>	100 IM
Lizzie Bumgardner	100 IM, 50 free B, 50 back BB
Alaister Burke	200 IM B
Bailey Butler	200 breast, 100 back A
Elizabeth Butler	200 & 500 free BB
Cassidy Butt	100 IM, 100 free B
Aiden Cartagena	50 breast B
<b>Daniel Chance</b>	50 & 200 free B, 100 IM BB, 50 back A
Ethan Choo	100 breast B
Meredith Christian	200 back, 100 IM B
Willow Clark	500 free, 200 breast B, 100 IM, 50 fly, 200 back BB
Jack Clifton	100 free, 100 breast B
Will Coker	50 breast B
Hannah Collier	200 free B, 200 IM, 100 free BB
Georgia Cooper	50 & 200 fly BB, 200 free A
Hailey Cooper	100 IM B
Katie Cooper	100 breast, 200 IM BB
Callie Copeland	500 free A
Lillie Bea Cope	100 IM B
Noah Cornwell	100 back A
Madison Cottrell	200 IM B, 50 fly BB
Thomas Coulbourn	100 free, 100 back B, 50 back BB
Andy Cuthbert	200 fly B, 500 free BB
Corinne Daley	100 IM, 100 back, 100 free, 100 breast BB

Grace Daley 100 & 200 IM, 50 free BB  
 Luke Daley 200 IM, 50 breast B  
 Christopher DallaValle 200 fly B, 200 back BB  
 Ryan DallaValle 50 free B, 100 IM, 100 free BB  
 Kate Daniel 100 fly B  
 Evan Davis 50 breast A  
 Henry Davis 500 free AA  
 William Davis 500 free B, 50 breast BB  
 Ellie Deglau 50 free A  
 Gilbert Deglau 500 free BB  
 Sarah Deyo 100 free B, 50 fly BB  
 Isabella Dula 200 free, 50 fly B, 50 back, 50 breast, 200 IM BB  
 Jack Edmonds 100 IM, 50 fly, 100 back B  
 Allison Edwards 100 free, 100 IM, 50 back B, 50 free BB  
 Justin Edwards 200 fly BB, 500 free AA  
 Quincey Edwards 50 breast B, 100 back BB  
 Samantha Edwards 200 breast, 50 & 100 free B, 100 breast BB  
 Spencer Edwards 500 free, 100 IM, 200 back B  
 Cade Elliott 200 breast BB, 500 free, 200 fly A  
 Sally Ennis 500 free A  
 Olivia Erickson 50 back B  
 Harry Farley 100 breast B, 50 breast BB  
 Emma Farney 500 free A, 200 IM AA  
 Sarah Farney 200 & 500 free B  
 Miranda Fellowes 100 free BB, 50 fly A  
 Jane Fergusson 200 fly BB, 100 fly, 200 back A  
 Ellie Forestell 100 breast BB  
 Mary Cooper Frank 50 back, 100 breast B  
 Joseph Gaidos 100 breast, 50 fly B  
 Cameron Gallagher 500 free BB, 200 IM A  
 Luke Garcia 100 free BB  
 Mark Graff 100 breast B, 500 free BB  
 Gordie Graham 100 free B  
 Lindsey Graham 50 free B, 50 breast BB  
 Giovanni Granado 100 & 200 fly BB, 100 & 200 breast A  
 Julianne Grega 50 & 500 free BB  
**Grace Hanson** 100 IM, 200 back BB, 50 & 100 back A  
 Jonathan Hardin 500 free B, 100 free BB  
 Jasmine Harper 200 fly BB  
 Alexa Heiry 50 & 100 breast A  
 Ashley Hennenberger 200 back, 50 & 100 fly, 100 free, 100 breast B  
 Trey Hepp 50 back, 100 breast B  
 Ginny Hester 50 & 100 free, 50 & 100 back, 100 breast B  
 Mac Hester 50 back, 50 & 100 breast B  
 Kali Hodges 50 fly B, 200 free BB  
 Abby Holland 500 free A

Dalton Jobe 100 free B  
Sarah Johnson 100 breast BB  
Connor Jorgensen 50 back B  
Sarah Jorgensen 100 back B  
Katelin Kasemersky 200 IM, 50 fly BB  
Quinn Keatley 100 back B  
Chad Knapik 100 fly, 100 breast, 50 free BB  
Molly Knapik 50 free, 50 & 200 back BB  
Kyle Koren 200 free B  
Josie Koren 100 fly, 100 breast BB  
Erik Kratzer 100 IM B, 50 fly, 50 back, 50 free BB  
Ana Kuzemka 100 breast BB  
Brin Kuzemka 500 free BB  
Aayush Lalwaney 100 free B  
Allison Langenburg 500 free, 100 breast A  
Rachel Law 100 free, 200 IM BB  
Amber Leathers 500 free BB, 200 free, 100 IM, 200 back A  
Kaitlyn Ledford 500 free A  
**Nikolas Lee-Bishop** 200 free B, 50 back A  
Grace Leffler 100 breast, 50 fly B, 200 back BB  
Isabel Levensgood 200 breast BB  
Rachel Lewis 50 breast BB, 200 IM, 100 breast A  
Tillie Lewis 100 IM, 100 breast A  
Kimberly Longbricco 100 & 500 free, 100 & 200 breast A  
Dylan Lyons 100 back BB  
Chandler Makepeace 200 free, 100 fly, 200 back BB  
Gareth Mancini 100 fly A  
**Lauren Marcey** 100 & 200 free, 50 back A  
Streett Martin 200 fly, 200 breast B, 100 fly BB  
Elizabeth Mauck 50 free B  
Nicholas McComb 200 breast B  
Madelaine McDowell 200 free BB  
Rowan McDowell 500 free B, 200 back, 50 & 100 free, 50 breast BB  
Elizabeth McGee 50 breast B  
Caitlin McSorley 500 free, 200 back BB  
Francis Melvin 100 breast B, 100 IM BB  
Ashley Meyer 100 fly B, 500 free, 50 back BB  
Aiden Mickleburgh 50 fly B  
**Hallie Miller** 100 breast BB, 50 free A  
Rory Miller 100 breast BB  
Dominic Mistretta 50 breast B  
Joey Mistretta 100 & 200 breast B  
Limashi Molligoda 100 free B, 100 breast BB  
Michael Moore 200 fly BB, 100 & 200 back A  
Ana Mullian 200 free B, 100 free, 100 IM BB  
Ella Mullian 50 & 500 free BB

Lauryn Nilson 100 & 200 IM, 50 & 200 free A  
 Campbell Nystrom 100 fly, 200 back A, 100 IM AA  
 Jacob Oberle 200 & 500 free, 50 breast BB  
 Gabby Oliveri 100 fly BB, 100 & 200 IM A  
**Joseph Oliveri** 200 free BB, 500 free A  
 Kasie Parrott 100 IM, 100 free B  
 Jessica Pierce 200 & 500 free, 100 fly A  
 Maddie Pierce 50 fly, 50 free, 100 IM B, 50 back BB  
**Connor Pinney** 50 & 100 free, 100 fly, 100 back BB, 50 back A  
 Sean Pinney 100 fly B, 50 fly, 500 free BB  
 Leo Poggi 100 IM, 50 back B  
**Claire Pokrywka** 500 free B, 50 & 100 back A  
 Nicholas Prinz 200 IM B, 50 fly BB  
 Allie Ramsey 100 breast BB, 100 back A  
 Gabby Ramus 500 free B, 100 free, 50 fly, 50 breast BB  
 Noah Ratliff 100 breast BB  
**Olivia Ratliff** 200 IM, 50 free BB, 50 fly, 200 free, 100 & 200 back A  
 Rebecca Reilly 100 breast B  
 Caroline Reynolds 500 free BB, 100 fly, 200 IM A  
 Brianna Richmond 100 IM, 50 back, 50 breast, 50 fly B  
 Rebecca Rogers 100 IM, 200 back, 100 breast A  
 Abby Russell 100 IM B  
 Jake Schindel 200 breast B  
 Quinn Schreck 200 fly, 200 breast B, 100 & 200 free BB  
 Christine Schultz 200 breast B, 200 back BB  
 Kaleigh Seitz 50 back BB  
 Taylor Shigley 50 breast B  
 Mark-Willie Sisk 100 & 500 free BB  
 Adam Smith 500 free A  
 Jolie Smith 200 free B  
 Jerome Snesil 100 back BB  
 Lily Snow 500 free, 100 IM, 100 back BB  
 Maddie Spangler 50 back B  
 Will Steadman 50 free B  
 Ian Stevenson 500 free, 50 breast B, 50 & 100 free, 50 & 100 back BB  
 Hunter Sundlun 100 breast B, 200 IM, 50 breast BB, 100 IM A  
 Frederick Swope 200 free, 200 back B, 200 breast BB  
 Ashton Taylor 200 free BB  
 Will Timme 200 free, 100 breast B, 50 breast, 50 fly BB  
 Quinn Timmerman 500 free B  
 Rachel Trevillian 100 & 200 fly A  
 Natalie Tu 100 free, 50 fly BB  
 Nick Ulrichs 200 back BB  
 Steven Ulrichs 100 free B, 50 back BB  
 Robert Vallejo 50 & 200 free B  
 Morgan Van Himbergen 50 back B

Drew Vanichkachorn	50 free B
Sydney Van Roekel	200 free BB
Anthony Vinson	100 fly B
Maria Vinson	100 IM, 50 back BB
Riley Wade	100 IM, 100 free, 50 back, 50 fly, 50 breast B
Zach Wassmer	50 breast B
Allison Weber	500 free, 100 IM B
Braxton Welch	50 fly B, 50 back BB
Townes West	100 fly, 100 & 500 free BB
Colin Whiting	50 fly B, 200 breast BB
Lauren Wilkinson	50 breast B, 50 free, 50 back, 200 IM BB
Catherine Wilks	500 free AA
Nia Williams	200 IM, 200 free B, 100 free, 100 breast, 100 IM BB
Zachary Witt	200 free B
Addie Wood	50 fly BB
Caroline Wood	100 back, 100 breast B, 50 back BB
Alyssa Wright	100 IM B
Carmen Wright	200 IM B, 100 IM, 50 fly, 50 back BB
Nicholas Xie	50 back B
Richard Zhai	200 free B, 100 fly BB
Abby Zorn	50 free B, 200 IM, 100 back BB

**Bold face indicates 1<sup>st</sup> “A” times in current age group**

**THE FILE FOLDERS CONTINUE TO BE STOCKED . . .** so visit the new pool and see if we have gotten your swimmer’s folder in place. Please note that the folders have been alphabetized rather than divided off by training groups. The old system was difficult for folks distributing ribbons and medals. After thinking about it a bit, it was decided that most information comes via e-mail or on the website so the best idea was to get the hanging files ready for awards ! If you don’t have a folder, please let me know by shooting me an email at [coachgeoff@novaswim.org](mailto:coachgeoff@novaswim.org). That way, I’ll pass that message along directly to the file elves !

**PARENTS BE ADVISED THAT CHILDREN PLAYING OUTSIDE THE BUILDING ARE NOT UNDER THE SUPERVISION . . .** on any NOVA staff member. If you child plays outside and that is OK with you, please remind them that ours is a “trafficked” parking lot and that swiftly darting young children should be wary of the driving lanes. On the other hand, we are asking that all parents be especially vigilant when you enter our parking lot. On a slightly related note, please respect the handicap parking places. I know folks like to use these spaces for picking up swimmers but they are there to provide easy access for handicapped or special needs swimmers and visitors. We appreciate your support !