

Walnut Creek Aquabears All-Time Top Ten Times

15 & 16 Girls - Long Course Meters (updated through May 14, 2009)

50 meter Freestyle

1	DORMAN, LISA	26.32	1984
2	BEREKNYEI, SYLVIA	26.60	1996
3	LIETZ, HEIDI	26.96	1997
4	HOLMAN, AMANDA N	27.32	2005
5	GARDNER, SHARI	27.35	1984
6	WESTESTON, PIA	27.38	1989
7	LINKE, SARA	27.42	1980
8	MITCHELL, KATHERINE	27.57	1997
9	EVANS, MARY	27.73	1984
10	DEMAN, NICOLE	27.83	1989

1500 meter Freestyle

1	SLISZ, POLLY	17:36.82	1983
2	HARPER, KIRSTEN A	17:46.98	2004
3	HARPER, SHELLEY A	17:52.31	2006
4	MCGOWAN, CHRISTINA A	17:53.15	2004
5	RILEY, TAYLOR C	18:01.15	2008
6	ROMERO, CONNIE	18:04.66	1990
7	HECK, KIRSTEN	18:06.27	1992
8	WALLACE, CHRISTINE	18:16.04	1983
9	HANCOCK, JULIE	18:21.43	1983
10	HALL, MARTI	18:41.25	1995

100 meter Butterfly

1	BEREKNYEI, SYLVIA	1:00.54	1996
2	AHMANN, CHRISSY	1:04.83	1986
3	LIETZ, HEIDI	1:05.04	1997
4	WESTESON, PIA	1:05.17	1989
5	HOLMAN, AMANDA N	1:05.28	2005
6	ARDELL, ANN	1:05.33	1980
7	PLUMMER, EMILY	1:05.35	1993
8	HARPER, SHELLEY A	1:05.59	2006
9	MCINTOSH, MELISSA	1:05.76	1994
10	WEBSTER, ANNE	1:05.82	1982

100 meter Freestyle

1	BEREKNYEI, SYLVIA	56.86	1996
2	DORMAN, LISA	57.94	1984
3	LINKE, SARA	59.00	1980
4	WESTESTON, PIA	59.12	1989
5	MITCHELL, KATHERINE	59.54	1997
6	BISCHOFF, HEIDI	59.63	1983
7	THOMAS, CHRISSY L	59.72	2008
8	HOLMAN, AMANDA N	59.84	2005
9	SHEETZ, STEPHANIE	59.85	1986
10	DELAY, SARA E	59.86	2007

100 meter Backstroke

1	PLUMMER, EMILY	1:05.42	1993
2	THOMAS, CHRISSY L	1:06.91	2008
3	HENDRICKS, HEIDI	1:07.18	1995
4	KLUGE, KELLY	1:07.23	1983
5	LEWIS, ELLEN	1:07.77	1980
6	LIANG, JOANN	1:08.07	2008
7	ALLEN, JOAN	1:09.02	1980
8	BEREKNYEI, SYLVIA	1:09.24	1996
9	POWELL, PENNY	1:09.38	1980
10	MOONEY, KELLY L	1:09.38	2004

200 meter Butterfly

1	BEREKNYEI, SYLVIA	2:19.82	1996
2	LINKE, SARA	2:20.64	1980
3	HARPER, SHELLEY A	2:22.31	2006
4	LIETZ, HEIDI	2:22.93	1997
5	LINKE SANDRA	2:24.33	1983
6	SIEGRIST, KRISTY	2:25.09	1980
7	MCGOWAN, CHRISTINA A	2:25.49	2004
8	JOLLY, LYNN	2:27.52	1982
9	HECK, KIRSTEN	2:28.97	1992
10	DIAZ, TONI A	2:30.42	2007

200 meter Freestyle

1	BEREKNYEI, SYLVIA	2:03.84	1996
2	ROGERS, REBECCA C	2:05.69	2002
3	LINKE, SARA	2:08.09	1980
4	RILEY, TAYLOR C	2:08.71	2008
5	DELAY, SARA E	2:08.96	2007
6	HARPER, SHELLEY A	2:09.32	2006
7	MCGOWAN, CHRISTINA A	2:09.45	2004
8	WESTESTON, PIA	2:09.46	1989
9	LIETZ, HEIDI	2:09.85	1997
10	SLISZ, POLLY	2:09.98	1983

200 meter Backstroke

1	PLUMMER, EMILY	2:16.18	1992
2	HENDRICKS, HEIDI	2:21.56	1995
3	KLUGE, KELLY	2:26.78	1983
4	LEWIS, ELLEN	2:26.83	1980
5	ALLEN, JOAN	2:27.18	1980
6	LIANG, JOANN	2:27.38	2007
7	POWELL, PENNY	2:28.35	1980
8	MCGOWAN, CHRISTINA A	2:28.92	2003
9	THOMAS, CHRISSY L	2:31.39	2008
10	POWERS, ALEXA D	2:33.66	2007

200 meter Individual Medley

1	BEREKNYEI, SYLVIA	2:21.44	1996
2	LINKE, SARA	2:25.35	1980
3	LEWIS, KELSEY L	2:25.51	2004
4	HARPER, SHELLEY A	2:25.80	2006
5	RENNER, TRICIA	2:27.26	1980
6	MOONEY, KELLY L	2:27.79	2003
7	THOMAS, CHRISSY L	2:28.03	2008
8	DORMAN, LISA	2:29.18	1984
9	LIETZ, HEIDI	2:29.41	1997
10	PRIDEAUX, JEANNIE	2:29.51	1980

400 meter Freestyle

1	LINKE, SARA	4:26.05	1980
2	BEREKNYEI, SYLVIA	4:26.65	1996
3	ROGERS, REBECCA C	4:28.24	2002
4	RILEY, TAYLOR C	4:29.01	2008
5	HARPER, SHELLEY A	4:29.46	2006
6	MCGOWAN, CHRISTINA A	4:30.65	2003
7	WALLACE, CHRISTINE	4:31.60	1983
8	DELAY, SARA E	4:32.75	2007
9	LIANG, JOANN	4:34.28	2008
10	HAACK, KIRSTAN	4:35.14	1992

100 meter Breaststroke

1	WEIGAND, ELAINE	1:14.81	1986
2	PRIDEAUX, JULIE	1:14.89	1984
3	KONSTANTINOVA, MAGGIE	1:15.06	1997
4	DEMAN, NICOLE	1:15.49	1990
5	HARPER, KIRSTEN A	1:15.89	2002
6	BEREKNYEI, SYLVIA	1:16.02	1996
7	RENNER, TRICIA	1:16.28	1980
8	FREEMAN, KATLIN N	1:16.85	2004
9	MITCHELL, KATHERINE	1:17.00	1997
10	LAMBERT, BETHANN	1:17.01	1983

400 meter Individual Medley

1	HARPER, SHELLEY A	5:02.37	2006
2	LINKE, SARA	5:03.11	1980
3	PRIDEAUX, JULIE	5:03.35	1984
4	LEWIS, KELSEY L	5:11.64	2004
5	SIEGRIST, KRISTY	5:11.83	1980
6	WIEGAND, ELAINE	5:12.26	1988
7	MCGOWAN, CHRISTINA A	5:15.12	2004
8	LAMBERT, BETHANNE	5:16.22	1982
9	PRIDEAUX, JEANIE	5:17.07	1981
10	WECHT, EMILY	5:19.94	1996

800 meter Freestyle

1	BEREKNYEI, SYLVIA	9:06.84	1996
2	HARPER, SHELLEY A	9:08.28	2006
3	SLISZ, POLLY	9:14.46	1983
4	RILEY, TAYLOR C	9:17.11	2008
5	HARPER, KIRSTEN A	9:19.60	2004
6	WEIGAND, ELAINE	9:19.87	1988
7	MCGOWAN, CHRISTINA A	9:22.84	2003
8	HECK, KIRSTEN	9:25.00	1992
9	HANCOCK, JULIE	9:28.60	1983
10	ROMERO, CONNIE	9:30.01	1990

200 meter Breaststroke

1	FREEMAN, KATLIN N	2:41.21	2004
2	LEWIS, KELSEY L	2:41.94	2004
3	WEIGAND, ELAINE	2:42.16	1987
4	PRIDEAUX, JULIE	2:42.30	1984
5	HARPER, KIRSTEN A	2:43.13	2004
6	KONSTANTINOVA, MAGGIE	2:44.40	1997
7	LAMBERT, BETHANN	2:45.79	1982
8	MIDDLETON, ANNE	2:47.39	1984
9	ALLARD, CHELSEA N	2:47.50	2004
10	RENNER, TRICIA	2:48.74	1980