

Walnut Creek Aquabears All-Time Top Ten Times

Senior Women - Long Course Meters (updated through June 14, 2009)

50 meter Freestyle

1	DEMAN, NICOLE	25.62	1997
2	DORMAN, LISA	26.32	1984
3	BEREKNYEI, SYLVIA	26.52	1997
4	CHIANG, MARILYN	26.75	2000
5	LIETZ, HEIDI	26.96	1997
6	DELAY, SARA E	26.99	2008
7	FULLER, MARCIE	27.21	1986
8	SHEETZ, STEPHANIE	27.26	1984
9	HOLMAN, AMANDA N	27.32	2005
10	LINKE, SARA	27.35	1981

1500 meter Freestyle

1	LINKE, SARA	17:15.11	1982
2	HARPER, KIRSTEN A	17:22.17	2004
3	HARPER, SHELLEY A	17:27.20	2007
4	SLISZ, POLLY	17:36.82	1983
5	MCGOWAN, CHRISTINA	17:53.15	2004
6	RILEY, TAYLOR C	18:01.15	2008
7	ROMERO, CONNIE	18:04.66	1990
8	HECK, KIRSTEN	18:06.27	1992
9	JOLLY, LYNN	18:10.23	1980
10	WALLACE, CHRISTINE	18:16.04	1983

100 meter Butterfly

1	BEREKNYEI, SYLIVA	1:00.54	1997
2	WESTESON, PIA	1:02.76	1990
3	HARPER, SHELLEY A	1:02.79	2008
4	CHIANG, MARILYN	1:02.97	2000
5	GREEN, DORIE	1:04.07	1986
6	LINKE, SARA	1:04.46	1981
7	NASCIMENTO, AMANDA	1:04.58	2002
8	AHMANN, CHRISSEY	1:04.83	1986
9	WALKER, ALICIA	1:04.84	1986
10	PLUMMER, EMILY	1:04.92	1994

100 meter Freestyle

1	BEREKNYEI, SYLVIA	56.58	1997
2	DEMAN, NICOLE	57.28	1996
3	CHIANG, MARILYN	57.67	2000
4	DORMAN, LISA	57.94	1984
5	WESTESTON, PIA	58.13	1991
6	LINKE, SARA	58.39	1982
7	DELAY, SARA E	58.62	2008
8	BAUER, COURTNEY G	59.21	2005
9	MITCHELL, KATHERINE	59.46	
10	LYON, ALEXIS	59.57	1996

100 meter Backstroke

1	PLUMMER, EMILY	1:03.64	1997
2	CHIANG, MARILYN	1:05.33	2000
3	POWERS, ALEXA D	1:06.44	2008
4	BEREKNYEI, SYLVIA	1:06.60	1997
5	THOMAS, CHRISSEY L	1:06.91	2008
6	HENDRICKS, HEIDI	1:07.18	1995
7	KLUGE, KELLY	1:07.23	1983
8	WESTESTON, PIA	1:07.76	1991
	BIERWITH, KIMBERLY N	1:07.76	2005
10	LEWIS, ELLEN	1:07.77	1980

200 meter Butterfly

1	LINKE, SARA	2:13.81	1982
2	HARPER, SHELLEY A	2:18.10	2008
3	BEREKNYEI, SYLIVA	2:19.53	1997
4	LUNSFORD, LISA	2:20.72	1982
5	NASCIMENTO, AMANDA	2:21.29	2002
6	CASTILLO, BLANCA	2:21.30	1985
7	GREEN, DORIE	2:22.59	1986
8	ADAMS, KAREN	2:22.61	1990
9	LIETZ, HEIDI	2:24.11	1995
10	LINKE, SANDRA	2:24.33	1983

200 meter Freestyle

1	LINKE, SARA	2:00.87	1982
2	BEREKNYEI, SYLVIA	2:02.74	1997
3	HARPER, SHELLEY A	2:04.89	2008
4	ROGERS, REBECCA C	2:05.69	2002
5	DELAY, SARA E	2:06.29	2008
6	WESTESTON, PIA	2:06.79	1991
7	MITCHELL, KATHERINE S	2:08.46	
8	RILEY, TAYLOR C	2:08.71	2008
9	WHITE, KRISTY	2:09.41	1985
10	MCGOWAN, CHRISTINA A	2:09.45	2004

200 meter Backstroke

1	PLUMMER, EMILY	2:16.18	1992
2	HENDRICKS, HEIDI	2:21.56	1995
3	JOHNSON, GIANNA	2:23.65	
4	LIU, KATHRYN	2:26.20	1992
5	KLUGE, KELLY	2:26.78	1983
6	LEWIS, ELLEN	2:26.83	1980
7	ALLEN, JOAN	2:27.18	1980
8	LIANG, JOANN	2:27.38	2007
9	MCGOWAN, CHRISTINA A	2:27.56	2005
10	POWELL, PENNY	2:28.35	1980

200 meter Individual Medley

1	BEREKNYEI, SYLIVA	2:21.44	1997
2	LINKE, SARA	2:21.79	1981
3	WESTESON, PIA	2:22.04	1991
4	MICHELL, KATHERINE	2:22.25	1996
5	HARPER, SHELLEY A	2:22.29	2008
6	LEWIS, KELSEY	2:23.93	2004
7	WEIGAND, ELAINE	2:27.06	1988
8	REMNER, TRICIA	2:27.26	1980
9	POWERS, ALEXA D	2:27.73	2008
10	MOONEY, KELLY L	2:27.77	2004

400 meter Freestyle

1	LINKE, SARA	4:18.32	1982
2	HARPER, SHELLEY A	4:19.91	2007
3	ROGERS, REBECCA C	4:25.69	2007
4	BEREKNYEI, SYLVIA	4:26.65	1997
5	DELAY, SARA E	4:28.91	2008
6	RILEY, TAYLOR C	4:29.01	2008
7	MCGOWAN, CHRISTINA	4:30.65	2003
8	HARPER, KIRSTEN A	4:31.19	2004
9	WALLACE, CHRISTINE	4:31.60	1983
10	PETRIDES, JOY	4:31.95	1982

100 meter Breaststroke

1	DEMAN, NICOLE	1:12.89	1997
2	FREEMAN, KATLIN N	1:13.05	2005
3	BEREKNYEI, SYLIVA	1:13.93	1997
4	WEIGAND, ELAINE	1:14.81	1986
5	PRIDEAUX, JULIE	1:14.89	1984
6	WILDE, MICHELLE	1:15.62	1988
7	HARPER, SHELLEY A	1:15.76	2008
8	HARPER, KIRSTEN	1:15.89	2002
9	PURCELL, KELLY	1:16.05	1987
10	DOOLITTLE, TORI	1:16.14	1991

400 meter Individual Medley

1	LINKE, SARA	4:52.61	1982
2	HARPER, SHELLEY A	4:55.79	2008
3	CHIANG, MARILYN	5:01.58	2000
4	PRIDEAUX, JULIE	5:03.35	1984
5	AMES-KLEIN, KILEY	5:05.16	1995
6	JOHNSON, GIANNA	5:06.15	1995
7	PETRIDES, JOY	5:07.09	1982
8	LEWIS, KELSEY	5:07.46	2004
9	WEIGAND, ELAINE	5:07.86	1988
10	LUNSFORD, LISA	5:09.52	1982

800 meter Freestyle

1	HARPER, SHELLEY A	8:50.22	2008
2	LINKE, SARA	9:00.70	1981
3	BEREKNYEI, SYLVIA	9:06.84	1997
4	HARPER, KIRSTEN A	9:09.83	2004
5	DELAY, SARA E	9:13.60	2008
6	SLISZ, POLLY	9:14.46	1983
7	RILEY, TAYLOR C	9:17.11	2008
8	ROGERS, REBECCA C	9:18.16	2003
9	MCGOWAN, CHRISTINA A	9:19.49	2005
10	WEIGAND, ELAINE	9:19.87	1988

200 meter Breaststroke

1	FREEMAN, KATLIN N	2:36.17	2005
2	BEREKNYEI, SYLIVA	2:40.53	1997
3	WEIGAND, ELAINE	2:41.35	1988
4	LEWIS, KELSEY L	2:41.94	2004
5	PRIDEAUX, JULIE	2:42.30	1984
6	HARPER, KIRSTEN	2:43.13	2004
7	HARPER, SHELLEY A	2:43.29	2008
8	LAMBERT, BETHANN	2:45.79	1982
9	DOOLITTLE, TORI	2:45.85	1991
10	YODER, SHAILA A	2:45.92	2005