

2009 Nike Challenge

Hosted by: Waukesha Express Swim Team
December 11 – 13, 2009

Location: Waukesha South High School 401 E. Roberta Ave. Waukesha WI, 53186

Schedule: **Friday:** (All events are timed final events.)

PM Session Warm-ups: 4:30 – 5:30 PM PM Session Start: 5:35 PM

Saturday & Sunday:

AM Session Warm-ups: 7:00 – 8:10 AM AM Session (Prelims): 8:15 AM

PM Session: Warm-ups will begin immediately at conclusion of AM session, and the meet will begin 65 minutes after the start of PM session warm-ups.

Finals Warm-ups: Not before 4:30 PM Meet Begins: Not before 5:30 PM

The meet director will notify each club as to the approximate time for all sessions once all meet entries have been received.

Entries &

Eligibility: All entries will be taken when accompanied by full payment. Swimmers may compete in **three (3)** events per day, plus relays with a maximum of **seven (7)** events for the meet.

Entry Fees: \$5.00 per individual event \$12.00 per relay event \$3.00 per swimmer in an individual event for splash fee. **Ind. Events:** The meet will be a combination of prelim/final events and timed final events. The top eight (8) 11-12, and top sixteen (16) 13-14 and Senior age groups will compete in Finals on Saturday and Sunday evenings. All 10 and Under events will be timed final events!

Friday's timed final events may be limited to the top 24 depending on the number of entries per event, and our meet timeline. Meet management will post a psych sheet online, and will let you know if the entries will be limited for the distance races.

Relay Events: All relay events will be conducted as timed finals. The top eight (8) Senior 400 Freestyle and Medley Relays will compete in the evening finals session. All other relays will be swum to completion in the session in which they are scheduled.

Admissions: Admissions will be \$3.00 per session and heat sheets will be available for purchase for \$3.00 each.

Awards: Individual Events: 1st – 8th place: Medals 9th – 16th place: Ribbons Relay Events: 1st – 8th place: Ribbons High Point Awards: 1st-3rd place in each age group (both female and male).

Scoring: Sixteen place scoring will be used for individual events.

Meet Fines: Swimmers failing to meet the qualifying standards may be required to prove their entry time. Failure to make the qualifying standard and not being able to prove the time will result in a **\$25.00 fine**.

This is a First Come First serve meet that will start taking entries on November 10th. **So, the BAC deadline for signing up will be Monday the 9th (We have just received this information.)**