

# MFSC Swim Trial Information

## Free 5-Day Trial

### Trial Information

**Practice days** ~ Practices held Monday-Friday for most groups. Times and lengths vary depending on the level of your swimmer and previously scheduled MFHS activities. Please check the practice calendar on the website at [www.mfswim.org](http://www.mfswim.org).

**What to bring** ~ Two towels, goggles, swim cap, water bottle and a suit each day of their trial.

**Pool location** ~ MFSC swims at the Menomonee Falls High School Pool (address below). Parking is available next to the tennis courts off of Merrimac Drive. Follow the sidewalk between the tennis courts and the building. Turn left to the school. Enter far right set of doors. (Do not follow the sidewalk up the hill.)

**Trial period** ~ The trial period of five days can be used over a span of two weeks. During the trial, the coaches will evaluate your swimmer and place him/her in the group best suited to their ability and age. Typically, children ages 13 & over will be in Senior Groups (Bronze/Silver/Gold), 12 & under in Age Groups (Bronze/Silver/Gold) or Novice Groups (Silver/Gold). After your 5th trial day is complete, you must let us know whether or not your swimmer would like to continue and the registration process can begin. Due to liability reasons, swimmers who are not fully registered will not be allowed to participate in practices.

**To sign-up for a trial, please email** ~ Amy DeGrace ([wdegrace@wi.rr.com](mailto:wdegrace@wi.rr.com)) OR Laurie Siehs ([lsiehs@sbcglobal.net](mailto:lsiehs@sbcglobal.net))

**Note** ~ All members register a maximum of twice yearly for Long Course and Short Course sessions.

### Fee Information

**Member Fees**—Fees are specific to the Group your child is placed in and will range in price per Long or Short Course session. New swimmers will receive a one-time only \$25 *New Swimmer Credit*. Fees can be paid in full at registration or in installments. For more information on prices, please go to the website at [www.mfswim.org](http://www.mfswim.org), go to “**About Us**”, then click on “**Training Fees**”.

In addition, families are required to pay:

**USA Swimming Registration Fee**—Required for all swimmers for insurance purposes. Ranges in price from \$47-\$55 depending on swimmer’s age.

**\$100 Fundraising Fee**—A variety of fundraising activities are available. For families not interested in participating, there is a buyout option.

**Meet Entry Fees**—Swimmers are **not** required to swim at all meets, but are encouraged to take part in some. Swim meet costs are billed separately on a monthly basis. For more information contact Sue Bomm ([weswim1@gmail.com](mailto:weswim1@gmail.com)).

**Clothing & Accessories**—MFSC is sponsored by Nike. A Nike team suit has been selected for those swimmers who participate in meets and are interested in purchasing one. Practice suits, goggles, swim caps, swim bags, warm-up suits and adult apparel will be available throughout the year.

### Practice Requirements

#### Recommended Practice Schedules:

- Novice and Age groups— 2 or more practices per week.
- Bronze Senior— 3 or more per week.
- Silver & Gold Senior—4-5 nights a week and some Saturdays.
- Pre-Comp—2 times per week.
- Master’s— 3 times per week.

**Note to Parents** ~ Parents are welcome to attend practices to watch their child(ren) swim. Bleacher seating is available. Coaches are available for questions before or after practice.

### Our Mission

The purpose of this organization shall be to encourage, promote, organize and publicize competitive swimming activities for members of MFSC in accordance with the current USA SWIMMING and Wisconsin Local Swim Committee (WI LSC) rules. MFSC values in the highest regard the future of all youth members of society, and will provide an environment for willing and honest individuals and families to develop physically, mentally, socially, and to further develop character and healthy lifestyle through swimming.

### Coaching Staff

**Head Coach:** Scott Mueller / **Assistant Coaches:** Jennie Wolf, Jodie Graunke, Jennifer Collings and Kelsey Ogle

**Pool Location:**  
Menomonee Falls High School  
W142 N8101 Merrimac Avenue, Menomonee Falls, WI 53051