

January 8-9, 2016 Fond du Lac Community Aquatic Center

SANCTION #: WI2015-036S

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event

HOST: Fond du Lac Swim Club (FSC)

LOCATION: Fond du Lac Community Aquatic Center

100 W. 9th Str.

Fond du Lac, WI 54935

(920) 929-3536

AGE DIVISION: Friday: 8 & Under, 9-10, 11-12, Open

AM Session: 9 & 10, 11 & 12 PM Session: 8 & Under, Open

ENTRY FEES: \$4.00 per individual events

\$14.00 per relay

\$3.00 Splash Fee per Individual.

ADMISSION FEES: \$5.00 per spectator over 12. Heat sheets on line

MEET DIRECTOR: Rachael Smith smithrachael7@gmail.com (920)322-0376

ADMIN OFCL: Ruth Park rypark@charter.net (920)251-1628

OFFICIALS: Meet Referee: Scott Krueger - scott@oldworldartglass.com

Additional officials: Officials from other teams are welcome and should

contact: Rachael Smith at smithrachael7@gmail.com

MEET ENTRY CHAIR: Kelly Wynns klwynns@gmail.

FACILITY: Eight 7-foot lanes, 25-yard pool with non-turbulence lane markers and backstroke flags, recessed deck, 30-inch high fixed starting blocks, 4'9" to 5'0" pool depth at starting end. Non-starting end of pool is 4'. Balcony seating for 320 people. The Competition Course has not been certified in accordance with USA Swimming's Rule 104.2.2C(4). All events will start at the starting end, including 8 & Under events.

TIMING: Colorado electric timing system with touch pads and manual backup buttons and horn start. Each lane has two timers with electronic stopwatches.

RULES: Official Short Course USA-S Rules shall prevail for this meet. Swimmers must be registered USA Swimmer. Age is as of January 8, 2016.

TIME: Warm-ups for the AM Session on Saturday will begin at 7:00 AM and will run for one hour. The meet will begin at 8:05 AM.

The PM session warm-ups will begin immediately following the conclusion of the AM session (but not before 10:45AM) and will run for 60 minutes.

Sit and Slide, or Feet First Three- point entry from the starting end of the pool during warm-ups will be enforced.

WARM-UP FORMAT: Lane Assignments for warm-ups will be emailed to coaches along with timelines for each session

ENTRIES: Individuals may enter 7 individual events plus relays. A team may enter an unlimited number of relays in any relay events. All swimmers must be registered USA-S. Ages are as of January 8, 2016. Swimmers with special needs should be noted on your entry form. Your coach is responsible for notifying the head official during warm-ups of any special needs of your swimmers.

Deck registrations will not be accepted. Deck entries will be accepted for individuals already entered into the meet and at the discretion of the meet director. Deck entries will only be accepted to fill open lanes in existing heats at \$7.00 per individual event and \$14.00 per relay. Deck Entries will close 30 minutes prior to the beginning of each session.

SEEDING: This is a pre-seeded meet. It is the swimmer's responsibility to be at the blocks at the start of his/her events. **All 8 & under events will be staged.**

Please have all your 8 & Under swimmers report to the designated staging area for their events. 13 & Over Swimmers will be seeded together in Open Individual events, but awarded by age group 13-14 & 15+Over.

Entry Deadline & Format: Entries must be received by Noon Tuesday, Dec. 22, 2015 via a Hy-tek file. No phone entries will be accepted. Manual entries will be accepted for an extra \$10.00 fee. Email a Zipped Hy-tek file to klwynns@gmail.com.

Please mail the wavier and entry fee check to or bring the day of the meet:
Rachael Smith
Fond du Lac Swim Club
PO Box 731
Fond du Lac, WI 54936

Awards: Individual events: Ribbons 1st-12th. Relay Events: Ribbons 1st-3rd. Individual High Point Trophies will be awarded in standard age groups (8 & under, 9-10, 11-12, 13-14, Senior). No Team High Point Trophies will be awarded.

Final Results: A copy of the meet's results will be sent to each team. A meet back-up will be posted at www.wisconsinswimming.org

Food: A variety of food items and drinks will be available in the east entry of The Riverside School gym.

CONDUCT: Each team is responsible for the behavior of their swimmers. The meet director or meet marshal may remove any swimmer from the competition for disruptive or disorderly behavior.

In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Any swimmer entered in the meet be certified by a USA Swimming member coach as being proficient in performing a racing start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Fond du Lac Swim Club January Meet WAIVER AND ENTRY FORM

In consideration of the acceptance of this entry form, I/we hereby, for myself/ourselves, my/theirs, administrators assigns, waive and

release any and all claims against United States Swimming (USA), Wisconsin Swimming Inc., Fond du Lac Community Aquatic Center, Fond du Lac Swim Club and their staffs for injuries incurred by me/us at the meet or while traveling to and from the meet. I/we are hona-fide eligible USA swimmers and eligible to compete in all events.

the meet. I/we are bona-fide eligible USA swimmers and eligible to compete in all events I/we have entered.

CLUB NAME:		CLUB ALPHA CODE:	
Signature of club official, page	arent/guardian, coach:		
Mailing address for finance:	al results:		
Address:			
City:	State:	Zip:	
Name:	of person to contact regarding	Phone:	
ENTRY RECAP: Number c	f total Individual Events:	X \$4.00 ea. = \$	
Number o	f Relay Entries:	X \$14.00 ea. = \$	
Number o	f Individual Swimmers	X \$ 3.00 ea. = \$	
	Total Entry Fee: Check	x # \$	
Checks payable to: Fon	dy Swim Club		

Entries are due by noon, Tuesday Dec. 22, 2015

Mail to: Rachael Smith Fond du Lac Swim Club PO Box 731 Fond du Lac, WI 54936

2016 FSC New Year Opener

Jan 8th, 2016 Order of Events Friday PM Session Warm-ups 4:30pm Meet Starts 5:30pm

Girls		Boys
1	10 & Under 200 Free Relay	2
3	11 & 12 200 Free Relay	4
5	Open 200 Free Relay	6
7	8 & Under 50 Fly	8
9	12 & Under 100 Fly	10
11	Open 100 Fly	12
13	8 & Under 50 Back	14
15	12 & Under 200 IM	16
17	Open 200 IM	18
19	8 & Under 50 Breast	20
21	12 & Under 100 Breast	22
23	Open 100 Breast	24
******	***********10 Min Break ***********	******
25	Open 1000 Free	26

Jan 9th, 2016 Order of Events AM Session Warm-ups 7:00AM Meet Starts 8:05AM

<u>Girls</u>		Boys
27	10 & Under 200 Medley Relay	28
29	11 & 12 200 Medley Relay	30
31	10 & Under 200 Free	32
33	11 & 12 50 Free	34
35	10 & Under 100 IM	36
37	11 & 12 100 IM	38
39	10 & Under 50 Fly	40
41	11 & 12 50 Fly	42
43	10 & Under 50 Back	44
45	11 & 12 50 Back	46
47	10 & Under 50 Breast	48
49	11 & 12 50 Breast	50
51	10 & Under 50 Free	52
53	11 & 12 100 Free	54
******	<*********10 Min Break ************	*******
55	Open 500 Free	56
	PM Session	

Warm ups following AM Session, but not before 10:45AM

Girls		Boys
57	8 & Under 100 Medley Relay	58
59	Open 200 Medley Relay	60
61	8 & Under 25 Free	62
63	Open 50 Free	64
65	8 & Under 100 IM	66
67	Open 400 IM	68
69	8 & Under 25 Fly	70
71	Open 100 Free	72
73	8 & Under 25 Back	74
75	Open 200 Breast	76
77	8 & Under 25 Breast	78
79	Open 100 Back	80
81	8 & Under 50 Free	82
83	Open 200 Fly	84
85	8 & Under 100 Free Relay	86
******	*********10 Min Break ***********	******
87	Open 1650 Free	88

