



FALL 2009

Register early to receive discounted pricing!
Autumn Ryan, Program Director: 262-893-2979

SwimAmerica Swimming Lessons – FALL SESSION **\$10 off if you register by AUGUST 12th 2009**

Spring Session Dates: September 8, 2009 - November 23, 2009 (11 classes)

Cost: \$120 first swimmer/\$105 each additional swimmer from same family

Class times available for fall session:

Mondays _____ 6:00 p.m. _____ 6:45 p.m.
Tuesdays _____ 6:00 p.m. _____ 6:45 p.m.
Wednesdays _____ 6:00 p.m. _____ 6:45 p.m.
Saturdays _____ 11:00 a.m. _____ 11:45 a.m. _____ 12:30 p.m. _____ 1:15 p.m.



www.waukeshaexpress.org
262-970-0641

The Waukesha Express Swim Team is a program for children of all ages and abilities. Swimmers need to be able to swim 25 yards freestyle and backstroke. There are no practice requirements for beginner swimmers and you only sign up for the meets you want to attend. If you would like more information you can visit our website or call our office.

Express Pre-Competitive Swimming

Pre-Competitive Swimming Class

Fall Session

September 28 - November 18, 2009
Mondays and Wednesdays
Waukesha South H.S.
7:30 - 8:20 p.m.
Cost: \$200

Our next offering for this class will be in Spring 2010.

High School Prep Swimming Class

Spring Session

No HS Prep classes will be held in the fall of 2009.
Our next offering for this class will be this winter, starting in January 2010.

Express Masters Adult Swimming

Fall/Winter Session

Dates: September 14, 2009 - February 27, 2010
Monday, Wednesday and Friday
5:30 - 6:45 AM
Waukesha South High School
Cost: \$200

**For more information about
all of the Express swimming programs
visit our website at
www.waukeshaexpress.org.**

SwimAmericaTM

*SwimAmerica is a learn to swim program provided by the Waukesha Express Swim Team.
All lessons are at Waukesha West High School, 3301 Saylesville Road, Waukesha.*

Register by August 12th and receive \$10 off EACH swimmer!

If you would like to have the convenience of not filling out registration forms in the future you can check the box on the registration form to save your payment information for future registrations. You will then be able to call or e-mail Autumn and let her know what class you would like and she will take care of the rest!

Preschool lessons are offered for 3 and 4 year olds that have no prior experience in our program. Our preschool lessons are 30 to 40 minutes in length, and are held at the same time as our school age lessons, with one instructor for every 2 to 3 children. Parents are NOT in the water for these lessons, so preschool swimmers must be comfortable being away from mom or dad. If your child tries the preschool lesson and is not ready for the class, we will issue a credit that you can use to try the class again at a later date when the child gets a little older. Or the credit can be used for other siblings in the program.

School age lessons are for children ages 5 and up (exception: if you have a 3 or 4 year old that has moved up to the school age lessons (from our preschool lessons). Each lesson is 40 minutes, with one instructor for every 4 to 5 children. At each class time, 10 stations are offered. Station 1 is for beginner swimmers that are not comfortable putting their face in the water. Station 10 is a very advanced swimming group in which all four strokes are perfected, along with starts, dives, turns and much more.

When registering a new swimmer, with no prior experience at SwimAmerica, please leave station number blank. All new swimmers will be evaluated at their first lesson of the session. New swimmers will receive an ID card at their first lesson and they will need to bring ID card each time they attend class.

A new parent meeting will be held at the first lesson of the session to explain our program and answer your questions.

Makeup Lessons are available. Please limit your make up classes to one per session to avoid charges.

Private lessons are also available and must be scheduled in advance with Autumn Ryan, at 262-893-2979. Cost: \$25 for 1/2 hour lesson OR \$110 for 5 1/2 lessons (all 5 lessons must be scheduled at same time to receive discount). All private lessons must be paid in advance to reserve date/time.

Registration Procedure:

Please register early to guaranty your first choice of classes. Please provide your e-mail address on the registration form so that you can receive confirmation of your registration. We will contact you if we are unable to accommodate your first choice of classes. Payment is due with completed registration form.

To register by mail, complete registration form and mail form with payment to:

Waukesha Express Swim Team
P.O. Box 1874
Waukesha, WI, 53187

To register by phone:

Call 262-893-2979

To register by fax:

Fax completed registration form with credit card information to 262-650-7813.

We do not issue refunds.

Only in-house credit when deemed appropriate.



FALL 2009 REGISTRATION FORM



Parent/Guardian Name(s): _____
Address: _____ City: _____ Zip Code: _____
Telephone (Home): _____
Emergency Phone Number: _____ (where someone can be reached during practice times/class)
Cell Phone #(s): _____
Work Phone #(s): _____
E-mail Address: _____

Swimmer #1

Name: _____
Date of Birth: _____ Age: _____ Sex: M F
Registering for: [] SwimAmerica [] HS Prep Class
(check one) [] Pre-Competitive Class [] Masters
If registering for SwimAmerica please also provide the following information:
Class day and time: _____
Station # _____ (write NEW if this is the swimmer's first time in our lessons)
AMOUNT DUE FOR THIS SWIMMER \$ _____

Swimmer #2

Name: _____
Date of Birth: _____ Age: _____ Sex: M F
Registering for: [] SwimAmerica [] HS Prep Class
(check one) [] Pre-Competitive Class [] Masters
If registering for SwimAmerica please also provide the following information:
Class day and time: _____
Station # _____ (write NEW if this is the swimmer's first time in our lessons)
AMOUNT DUE FOR THIS SWIMMER \$ _____

Swimmer #3

Name: _____
Date of Birth: _____ Age: _____ Sex: M F
Registering for: [] SwimAmerica [] HS Prep Class
(check one) [] Pre-Competitive Class [] Masters
If registering for SwimAmerica please also provide the following information:
Class day and time: _____
Station # _____ (write NEW if this is the swimmer's first time in our lessons)
AMOUNT DUE FOR THIS SWIMMER \$ _____

As a participant or as the legal guardian of the above participant in the SwimAmerica program represented by this registration form, I agree to hold SwimAmerica, Waukesha Express Swim Team, Waukesha West H.S., and its officers and agents free and harmless from any claim or expense that may arise due to participation in this program. I understand there is no refund of swim fees

Signature of parent or guardian (required)

Total Amount Due \$ _____
Early registration discount if registering by deadline \$ _____
BALANCE DUE \$ _____

Mastercard or Visa only

Credit Card # _____
Expiration date _____

[] Save credit card information for future registrations.

Checks should be made payable to: W.E.S.T.
Mail registration to: PO Box 1874, Waukesha, 53187
Or fax to: 262-650-7813 (credit card required)