

2009 FALL WGLO Order of Preliminary Events Friday (Prelims) - South Pool

<u>Women</u>	(SCY)	Event	(SCY)	<u>Men</u>
1		Senior 50 Butterfly		2
3		13-14 50 Butterfly		4
5	2:17.89	Senior 200 Backstroke	2:06.79	6
7	2:27.29	13-14 200 Backstroke	2:18.19	8
9	2:20.89	Senior 200 IM	2:09.49	10
11	2:30.49	13-14 200 IM	2:20.29	12
*13		Senior 50 Breaststroke		*14
15		13-14 50 Breaststroke		16
17	1:03.59	Senior 100 Butterfly	57.59	18
19	1:07.79	13-14 100 Butterfly	1:02.89	20
21	58.19	Senior 100 Freestyle	52.89	22
23	1:02.19	13-14 100 Freestyle	57.39	24
25	1:12.49	Senior 100 Breaststroke	1:05.99	26
27	1:17.59	13-14 100 Breaststroke	1:12.09	28
5 Minute Break - No Warm-Up				
**29		Senior 200 Free Relay		**30
**31		13-14 200 Free Relay		**32
10 Minute Warm-Up Break				
***33	5:32.89	Senior 500 Freestyle	5:10.79	***34
***35	5:52.99	13-14 500 Freestyle	5:39.19	***36

* Australian Skin format championship finals. 5 elimination rounds.

** Timed Final - Pre-seeded - Run to Completion in Prelims, slowest to fastest, all Women then all Men

***Timed Final - Positive Check in – Top 8 checked-in swimmers compete in finals. Run fast to slow, alternating Women/Men (may be limited to top 24 checked-in swimmers)

Friday (Prelims) - North Pool

Women	(SCY)	Event	(SCY)	Men
37		11-12 50 Backstroke		38
39		10-Under 50 Backstroke		40
41	1:13.99	11-12 100 IM	1:11.49	42
43	1:33.79	10-Under 100 IM	1:31.19	44
45	1:13.19	11-12 100 Butterfly	1:11.69	46
47	1:42.09	10-Under 100 Butterfly	1:40.39	48
49		11-12 50 Freestyle		50
51		10-Under 50 Freestyle		52
53	1:22.19	11-12 100 Breaststroke	1:20.49	54
55	1:46.69	10-Under 100 Breaststroke	1:43.69	56
5 Minute Break - No Warm-Up				
**57		11-12 200 Free Relay		**58
**59		10-Under 200 Free Relay		**60
5 Minute Break - No Warm-Up				
**61	2:19.89	11-12 200 Freestyle	2:16.19	**62
**63	2:58.29	10-Under 200 Freestyle	2:50.89	**64

**Timed Final - Pre-Seeded - Run to completion in Prelims, slowest to fastest, all Women then all Men

***** Please Note *****

All seed times MUST be in yards!

2009 FALL WGLO Order of Preliminary Events

Saturday (Prelims) - South Pool

<u>Women</u>	(SCY)	Event	(SCY) Men
*65		Senior 50 Backstroke	*66
67		13-14 50 Backstroke	68
69	2:18.49	Senior 200 Butterfly	2:07.79 70
71	2:28.59	13-14 200 Butterfly	2:20.29 72
73	2:35.99	Senior 200 Breaststroke	2:23.89 74
75	2:46.79	13-14 200 Breaststroke	2:36.29 76
*77		Senior 50 Freestyle	*78
79		13-14 50 Freestyle	80
81	1:03.79	Senior 100 Backstroke	58.59 82
83	1:08.49	13-14 100 Backstroke	1:04.19 84
85	2:04.89	Senior 200 Freestyle	1:55.09 86
87	2:13.79	13-14 200 Freestyle	2:05.29 88
89		Senior 100 IM	*90
91		13-14 100 IM	92
5 Minute Break - No Warm-Up			
**93		Senior 200 Medley Relay	**94
**95		13-14 200 Medley Relay	**96
10 Minute Warm-Up Break			
***97	4:56.99	Senior 400 IM	4:35.79 ***98
***99	5:17.79	13-14 400 IM	5:00.49 ***100

* Australian Skin format championship finals. 5 elimination rounds.

** Timed Final - Pre-seeded - Run to Completion in Prelims, slowest to fastest, all Women then all Men ***Timed Final - Positive Check in – Top 8 checked-in swimmers compete in finals. Run fast to slow, alternating Women/Men (may be limited to top 24 checked-in swimmers)

Saturday (Prelims) - North Pool

<u>Women</u>	(SCY)	Event	<u>(SCY) Men</u>
101		11-12 50 Butterfly	102
103		10-Under 50 Butterfly	104
105		11-12 50 Breaststroke	106
107		10-Under 50 Breaststroke	108
109	1:14.19	11-12 100 Backstroke	1:12.29 110
111	1:33.99	10-Under 100 Backstroke	1:32.09 112
113	1:03.09	11-12 100 Freestyle	1:02.69 114
115	1:21.59	10-Under 100 Freestyle	1:19.99 116
5 Minute Break - No Warm-Up			
**117		11-12 200 Medley Relay	**118
**119		10-Under 200 Medley Relay	**120
5 Minute Break - No Warm-Up			
**121	2:37.59	11-12 200 IM	2:35.59 **122
**123	3:19.39	10-Under 200 IM	3:18.09 **124

**Timed Final - Pre-seeded - Run to Completion in Prelims, slowest to fastest, all Women then all Men.

2009 USA Swimming Short Course Nationals

Dec.3-5

Federal Way, WA

Women

MEN

LCM	SCM	SCY	EVENT	SCY	SCM	LCM
27.29	26.59	23.89	50 Fr	20.99	23.29	24.19
58.89	57.09	51.89	100 Fr	45.99	50.79	52.99
2:06.99	2:03.09	1:51.69	200 Fr	1:40.69	1:51.49	1:55.69
4:25.59	4:15.49	4:55.89	400/500 Fr	4:32.29	3:55.69	4:05.89
9:04.09	8:49.39	10:07.99	800/1000 Fr	9:27.39	8:16.49	8:29.79
17:21.39	16:47.39	16:58.29	1500/1650 Fr	15:47.79	15:30.39	16:18.59
1:06.69	1:03.39	57.69	100 Bk	51.29	57.09	59.79
2:22.29	2:16.99	2:03.59	200 Bk	1:50.99	2:03.29	2:09.09
1:14.99	1:12.79	1:05.19	100 Br	57.59	1:03.99	1:06.79
2:41.59	2:37.29	2:20.69	200 Br	2:04.99	2:20.19	2:25.29
1:04.39	1:02.79	57.09	100 Fl	50.49	55.29	57.19
2:20.29	2:17.49	2:05.09	200 Fl	1:51.79	2:02.29	2:06.99
2:24.29	2:19.19	2:06.09	200 IM	1:52.99	2:04.79	2:10.59
5:03.39	4:55.29	4:27.79	400 IM	4:00.99	4:26.79	4:37.39
3:59.99	3:57.19	3:30.29	400 Fr-R	3:08.89	3:31.09	3:38.29
8:36.99	8:38.19	7:42.99	800 Fr-R	6:53.79	7:40.99	7:54.99
4:26.19	4:18.89	3:51.89	400 Med-R	3:29.59	3:55.79	4:01.99

* Qualifying period is November 1, 2008, through the entry deadline.

2009 Nike Challenge

Hosted by the Waukesha Express Swim Team

Order of Events

Friday -- PM (Timed Finals)

Warm-ups will run from 4:30-5:30 p.m. The meet will start at 5:35 p.m.

Women	(LCM)	(SCY)	Event	(SCY)	(LCM)	Men
1	5:12.19	5:48.39	Senior 500 Freestyle	5:25.29	4:53.29	2
3	5:16.59	5:52.99	13 - 14 500 Freestyle	5:39.39	5:05.59	4
5	5:32.39	6:09.29	11 - 12 500 Freestyle	6:04.69	5:29.19	6
7	3:47.29	3:19.39	10 & U 200 I.M.	3:18.09	3:44.79	8
9	5:56.59	5:14.09	Senior 400 I.M.	4:49.09	5:29.99	10
11	6:02.29	5:19.59	13 - 14 400 I.M.	5:02.39	5:46.19	12

Saturday -- AM Session (Prelims)

Prelims: Warm-ups 7:00-8:10 a.m. Meet starts at 8:15 a.m. Finals: Warm-ups not before 4:30 p.m. Meet starts 1 hour later.

13	2:45.29	2:25.39	13 - 14 200 Freestyle	2:16.29	2:37.09	14
15	2:41.89	2:22.39	Senior 200 Freestyle	2:10.89	2:30.49	16
17	1:23.69	1:13.79	13 - 14 100 Butterfly	1:08.69	1:17.99	18
19	1:22.19	1:12.39	Senior 100 Butterfly	1:05.59	1:14.79	20
21	3:27.99	3:01.99	13 - 14 200 Breaststroke	2:49.39	3:17.59	22
23	3:24.19	2:58.39	Senior 200 Breaststroke	2:42.59	3:08.79	24
25	35.49	30.99	13 - 14 50 Freestyle	28.79	33.19	26
27	34.99	30.49	Senior 50 Freestyle	27.49	31.79	28
29	1:26.79	1:14.39	13 - 14 100 Backstroke	1:10.29	1:21.29	30
31	1:24.79	1:13.29	Senior 100 Backstroke	1:06.39	1:17.59	32

5 -10 minute warm-up break

33 Senior 400 Medley Relay 34

Saturday -- PM Session

35	2:52.39	2:31.79	11 - 12 200 Freestyle	2:27.99	2:48.69	36
37	1:56.19	1:42.09	10 & U 100 Butterfly	1:40.59	1:53.99	38
39	3:17.79	2:52.99	11 - 12 200 Butterfly	2:51.49	3:15.89	40
41	54.89	47.79	10 & U 50 Breaststroke	48.19	55.09	42
43	45.59	41.09	11 - 12 50 Breaststroke	41.09	47.09	44
45	40.89	36.19	10 & U 50 Freestyle	35.59	40.39	46
47	36.39	32.19	11 - 12 50 Freestyle	30.99	35.69	48
49	1:48.89	1:33.99	10 & U 100 Backstroke	1:32.49	1:46.09	50
51	1:34.39	1:21.89	11 - 12 100 Backstroke	1:19.09	1:31.39	52

5 -10 minute warm-up break

53 10 & U 200 Medley Relay 54

55 11 - 12 200 Medley Relay 55

Sunday -- AM Session

57	3:06.79	2:43.89	13 - 14 200 I.M.	2:33.69	2:56.39	58
59	3:02.09	2:40.69	Senior 200 I.M.	2:26.99	2:50.19	60
61	1:36.59	1:24.49	13 - 14 100 Breaststroke	1:18.39	1:30.49	62
63	1:34.99	1:22.69	Senior 100 Breaststroke	1:14.99	1:27.29	64
65	3:05.69	2:39.59	13 - 14 200 Backstroke	2:31.09	2:55.09	66
67	3:01.29	2:37.99	Senior 200 Backstroke	2:23.69	2:47.19	68
69	1:16.99	1:07.39	13 - 14 100 Freestyle	1:02.89	1:12.19	70
71	1:15.59	1:06.19	Senior 100 Freestyle	59.99	1:09.39	72
73	3:03.59	2:40.99	13 - 14 200 Butterfly	2:32.59	2:53.29	74
75	2:58.39	2:38.79	Senior 200 Butterfly	2:25.59	2:44.89	76

5 -10 minute warm-up break

77 Senior 400 Free Relay 78

Sunday -- PM Session

79		1:34.39	10 & U 100 I.M.	1:31.39		80
81	3:15.19	2:51.79	11 - 12 200 I.M.	2:49.69	3:13.89	82
83	2:02.39	1:46.69	10 & U 100 Breaststroke	1:44.79	1:59.79	84
85	1:41.89	1:29.29	11 - 12 100 Breaststroke	1:28.39	1:41.99	86
87	49.89	43.49	10 & U 50 Backstroke	43.89	50.49	88
89	42.49	37.09	11 - 12 50 Backstroke	36.79	42.29	90
91	1:32.99	1:22.09	10 & U 100 Freestyle	1:19.99	1:31.09	92
93	1:20.19	1:08.29	11 - 12 100 Freestyle	1:08.09	1:17.49	94
95	48.59	42.99	10 & U 50 Butterfly	41.99	46.89	96
97	1:30.79	1:20.59	11 - 12 100 Butterfly	1:19.29	1:30.19	98

5 -10 minute warm-up break

99 10 & U 200 Free Relay

27th Annual Circle City Swimming Classic
“BB and Above” Invitational
January 29 - 31, 2010

Friday, January 29, 2010 Afternoon Session

Warm-up at 1:30 p.m.-2:00 p.m..

Meet Starts 2:15 p.m.

Girls Events

< _____ Event _____ >

Boys Events

1	21:38.89	Open	1650	Y	Free	20:21.89	2
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Friday, January 29, 2010 Evening Session

Warm-up at 4:30 p.m.-5:15 p.m..

Meet Starts at 5:30p.m.

Girls Events

Boys Events

“BB” Min. < _____ Event _____ > “BB” Min.

3	6:22.39	13-14	500	Y	Free	6:03.19	4
5	6:16.29	Open	500	Y	Free	5:51.29	6
7	6:40.09	11-12	500	Y	Free	6:35.09	8
9	3:19.39	10 & U	200	Y	I.M.	3:18.09	10
11	5:44.29	13-14	400	Y	I.M.	5:25.49	12
13	5:35.69	Open	400	Y	I.M.	5:11.79	14

27th Annual Circle City Swimming Classic
“BB and Above” Invitational
January 29 - 31, 2010

Saturday, January 30, 2010 Morning Session

at 6:45 a.m.-7:45 a.m..

Meet Starts at 8:00 a.m.

Girls Events		Event					Boys Events	
“BB” Min.	<						>	“BB” Min.
15	2:42.99	13-14	200	Y	I.M.	2:31.99	16	
17	2:39.29	Open	200	Y	I.M.	2:26.39	18	
19	1:24.09	13-14	100	Y	Breast	1:18.09	20	
21	1:21.99	Open	100	Y	Breast	1:14.69	22	
23	2:39.59	13-14	200	Y	Back	2:29.79	24	
25	2:35.89	Open	200	Y	Back	2:23.39	26	
27	1:13.49	13-14	100	Y	Fly	1:08.09	28	
29	1:11.79	Open	100	Y	Fly	1:05.09	30	
31	1:07.39	13-14	100	Y	Free	1:02.19	32	
33	1:05.79	Open	100	Y	Free	59.79	34	
35		13-14	400	Y	Med. Relay		36	
37		Open	400	Y	Med. Relay		38	

Saturday, January 30, 2010 Afternoon Session

Warm-up not before Noon

Meet Starts 1 hour later

Girls Events		Event					Boys Events	
“BB” Min.	<						>	“BB” Min.
39	2:50.69	11-12	200	Y	I.M.	2:49.39	40	
41	35.99	10 & U	50	Y	Free	35.19	42	
43	31.89	11-12	50	Y	Free	30.99	44	
45	1:46.69	10 & U	100	Y	Breast	1:43.69	46	
47	1:29.29	11-12	100	Y	Breast	1:27.79	48	
49	1:42.09	10 & U	100	Y	Fly	1:40.39	50	
51	1:20.19	11-12	100	Y	Fly	1:18.69	52	
53	43.49	10 & U	50	Y	Back	43.69	54	
55	36.79	11-12	50	Y	Back	36.49	56	
57		10 & U	200	Y	Med. Relay		58	
59		11-12	200	Y	Med. Relay		60	

27th Annual Circle City Swimming Classic
“BB and Above” Invitational
January 29 - 31, 2010

Sunday, January 31, 2010 Morning Session

Warm-up at 6:45 a.m.-7:45 a.m..

Meet Starts at 8:00 a.m.

Girls Events

Boys Events

“BB” Min.	<	Event	>	“BB” Min.
61	2:24.99	13-14	200 Y	Free 2:15.69 62
63	2:21.19	Open	200 Y	Free 2:10.09 64
65	3:00.69	13-14	200 Y	Breast 2:49.39 66
67	2:56.39	Open	200 Y	Breast 2:42.59 68
69	1:14.19	13-14	100 Y	Back 1:09.59 70
71	1:12.09	Open	100 Y	Back 1:06.19 72
73	2:40.99	13-14	200 Y	Fly 2:31.99 74
75	2:36.49	Open	200 Y	Fly 2:24.49 76
77	30.99	13-14	50 Y	Free 28.49 78
79	30.39	Open	50 Y	Free 27.39 80
81		13-14	400 Y	Free Relay 82
83		Open	400 Y	Free Relay 84

Sunday, January 31, 2010 Afternoon Session

Warm-up not before Noon

Meet Starts 1 hour later

Girls Events

Boys Events

“BB” Min.	<	Event	>	“BB” Min.
85	42.99	10 & U	50 Y	Fly 41.99 86
87	35.09	11-12	50 Y	Fly 35.19 88
89	2:58.29	10 & U	200 Y	Free 2:50.89 90
91	2:31.49	11-12	200 Y	Free 2:27.49 92
93	47.79	10 & U	50 Y	Breast 47.89 94
95	40.89	11-12	50 Y	Breast 40.79 96
97	1:33.99	10 & U	100 Y	Back 1:32.09 98
99	1:21.09	11-12	100 Y	Back 1:19.09 100
101	1:21.59	10 & U	100 Y	Free 1:19.99 102
103	1:08.29	11-12	100 Y	Free 1:07.89 104
105		10 & U	200 Y	Free Relay 106
107		11-12	200 Y	Free Relay 108



Wisconsin LSC
2009 USA State Qualifying Times



SCY	Girls		10 & Under Event	Boys		
	SCM	LCM		LCM	SCM	SCY
32.49	36.29	37.09	50 Freestyle 100 Freestyle 200 Freestyle 400/500 Freestyle 50 Backstroke 100 Backstroke 50 Breaststroke 100 Breaststroke 50 Butterfly 100 Butterfly 100 I. M. 200 I. M.	37.39	36.69	32.69
1:11.49	1:20.39	1:21.89		1:22.09	1:20.49	1:12.19
2:35.69	2:53.19	2:56.59		2:58.49	2:54.99	2:37.09
7:01.29	6:11.19	6:18.39		6:28.99	6:21.39	7:04.49
38.89	44.19	45.09		44.69	43.79	39.09
1:25.99	1:37.09	1:38.99		1:37.89	1:35.89	1:24.79
44.29	50.39	51.39		51.49	50.49	44.39
1:38.69	1:51.79	1:53.99		1:52.59	1:50.39	1:37.59
37.69	41.89	42.69		43.39	42.49	38.09
1:26.19	1:38.39	1:40.29		1:40.09	1:38.09	1:25.99
1:24.69	1:34.69	n/a		n/a	1:34.39	1:24.39
3:02.69	3:25.58	3:29.59		3:26.99	3:22.89	2:59.49

SCY	Girls		11 - 12 Event	Boys		
	SCM	LCM		LCM	SCM	SCY
28.69	31.89	32.59	50 Freestyle 100 Freestyle 200 Freestyle 400/500 Freestyle 800/1000 Freestyle 50 Backstroke 100 Backstroke 200 Backstroke 50 Breaststroke 100 Breaststroke 200 Breaststroke 50 Butterfly 100 Butterfly 200 Butterfly 100 I. M. 200 I. M. 400 I. M.	33.29	32.69	29.09
1:02.39	1:10.09	1:11.49		1:12.79	1:11.39	1:03.39
2:15.79	2:31.69	2:34.69		2:37.39	2:34.29	2:17.89
6:03.59	5:20.19	5:26.49		5:29.99	5:23.59	6:07.99
12:51.89	11:26.79	11:40.29		11:49.29	11:35.39	13:06.89
33.39	37.69	38.39		39.69	38.89	34.29
1:12.89	1:22.29	1:23.89		1:25.99	1:24.29	1:14.19
2:41.29	3:03.19	3:06.69		3:10.49	3:06.69	2:42.79
37.69	42.19	42.99		44.69	43.79	38.79
1:22.89	1:33.49	1:35.29		1:38.39	1:36.49	1:24.49
3:03.79	3:27.69	3:31.79		3:39.29	3:34.89	3:09.49
32.19	35.69	36.29		37.69	36.89	33.09
1:13.09	1:21.29	1:22.89		1:25.29	1:23.59	1:14.59
2:49.59	3:11.09	3:14.79		3:17.89	3:13.99	2:49.09
1:12.69	1:20.99	n/a		n/a	1:22.59	1:14.29
2:37.89	2:56.59	3:00.09		3:00.69	2:57.09	2:37.19
5:45.59	6:32.69	6:40.39	6:47.79	6:39.79	5:49.69	

Girls			13 - 14 Event	Boys		
SCY	SCM	LCM		LCM	SCM	SCY
26.99	29.99	30.59	50 Freestyle	29.69	29.19	25.79
57.99	1:04.79	1:06.09	100 Freestyle	1:04.29	1:03.09	56.09
2:04.99	2:19.09	2:21.89	200 Freestyle	2:20.99	2:18.19	2:01.99
5:34.09	4:52.89	4:58.69	400/500 Freestyle	4:58.69	4:52.89	5:27.29
11:36.49	10:10.99	10:22.99	800/1000 Freestyle	10:21.99	10:09.79	11:28.89
19:29.69	19:50.59	20:14.39	1650/1500 Freestyle	20:01.29	19:37.79	19:22.29
1:06.39	1:15.49	1:16.99	100 Backstroke	1:15.49	1:13.99	1:03.99
2:25.69	2:43.99	2:47.19	200 Backstroke	2:42.79	2:39.59	2:20.09
1:15.59	1:24.99	1:26.59	100 Breaststroke	1:25.49	1:23.79	1:12.99
2:45.19	3:04.59	3:08.19	200 Breaststroke	3:05.89	3:02.19	2:39.09
1:06.19	1:13.19	1:14.59	100 Butterfly	1:13.09	1:11.59	1:03.99
2:28.59	2:45.29	2:48.79	200 Butterfly	2:44.09	2:40.89	2:22.29
2:25.09	2:42.29	2:45.59	200 I. M.	2:40.29	2:37.19	2:18.39
5:10.49	5:46.69	5:53.59	400 I. M.	5:48.19	5:41.39	5:02.59

Girls			15 - 16 Event	Boys		
SCY	SCM	LCM		LCM	SCM	SCY
25.99	28.99	29.59	50 Freestyle	27.79	27.29	24.29
56.29	1:02.79	1:04.09	100 Freestyle	1:00.89	59.69	52.99
2:02.69	2:15.69	2:18.29	200 Freestyle	2:12.59	2:09.99	1:55.69
5:26.29	4:47.69	4:53.39	400/500 Freestyle	4:39.09	4:33.59	5:10.29
	11:22.49	9:52.99	800/1000 Freestyle	9:46.19	9:34.69	10:51.39
		10:04.69	1650/1500 Freestyle	18:49.19	18:27.09	18:20.99
18.59.79		19:19.29	100 Backstroke	1:10.39	1:08.99	1:00.19
		19:30.89	200 Backstroke	2:32.79	2:29.79	2:11.59
1:04.09	1:12.79	1:14.19	100 Breaststroke	1:19.89	1:18.39	1:08.09
2:21.39	2:39.29	2:42.19	200 Breaststroke	2:53.09	2:49.69	2:29.59
1:14.19	1:22.49	1:24.09	100 Butterfly	1:07.59	1:06.19	59.69
2:42.89	3:00.99	3:04.49	200 Butterfly	2:30.79	2:27.89	2:12.39
1:04.09	1:11.19	1:12.59	200 I. M.	2:28.89	2:25.99	2:09.79
2:23.39	2:37.69	2:42.59	400 I. M.	5:23.49	5:17.09	4:43.99

Girls			Senior Event	Boys		
SCY	SCM	LCM		LCM	SCM	SCY
25.79	28.89	29.39	50 Freestyle	26.99	26.49	23.39
55.89	1:02.49	1:03.69	100 Freestyle	58.79	57.69	51.19
2:01.09	2:14.79	2:17.39	200 Freestyle	2:08.49	2:05.99	1:51.59
5:24.09	4:44.49	4:50.09	400/500 Freestyle	4:33.19	4:27.79	5:02.99
11:15.29	9:47.99	9:59.59	800/1000 Freestyle	9:30.69	9:19.49	10:36.59
18:55.99	19:11.19	19:22.29	1650/1500 Freestyle	18:27.69	18:05.99	18:03.39
1:03.89	1:12.29	1:13.69	100 Backstroke	1:07.69	1:06.29	57.99
2:20.49	2:37.99	2:41.09	200 Backstroke	2:27.39	2:24.49	2:07.69
1:12.79	1:21.59	1:23.19	100 Breaststroke	1:16.79	1:15.29	1:06.19
2:39.49	2:59.69	3:03.19	200 Breaststroke	2:49.19	2:45.89	2:26.59
1:03.19	1:10.49	1:11.89	100 Butterfly	1:05.49	1:04.19	57.49
2:22.59	2:36.99	2:40.09	200 Butterfly	2:26.19	2:23.29	2:09.19
2:19.59	2:36.99	2:40.09	200 I. M.	2:25.79	2:22.99	2:06.99
5:00.19	5:35.09	5:41.69	400 I. M.	5:17.19	5:10.89	4:37.19

2009 SCY Speedo Junior National Championships

Women

LCM SCM SCY

Men

SCY SCM LCM

27.59	26.79	24.09	50 FR	21.59	23.89	24.79
59.29	57.39	52.19	100 FR	46.89	51.69	53.99
2:07.59	2:03.39	1:52.09	200 FR	1:42.49	1:53.29	1:58.09
4:26.59	4:16.49	4:57.09	400/500 FR	4:36.59	3:59.39	4:09.79
9:09.89	8:54.89	10:14.39	800/1000 FR	9:36.29	8:23.99	8:40.19
17:38.69	16:54.49	17:00.99	1500/1650 FR	16:03.49	16:02.39	16:37.59
1:06.89	1:03.39	57.79	100 BK	52.19	57.99	1:00.99
2:23.59	2:17.49	2:04.19	200 BK	1:53.09	2:05.39	2:12.29
1:15.29	1:12.59	1:05.29	100 BR	58.69	1:05.09	1:08.79
2:42.19	2:37.09	2:21.39	200 BR	2:07.99	2:23.29	2:29.39
1:04.79	1:02.49	57.29	100 FL	51.19	56.09	58.59
2:21.99	2:17.49	2:05.69	200 FL	1:53.99	2:04.59	2:10.59
2:24.49	2:19.19	2:06.89	200 IM	1:54.59	2:06.49	2:13.19
5:05.29	4:55.29	4:28.49	400 IM	4:04.09	4:29.89	4:43.19
3:59.99	3:57.19	3:30.29	400 FR-REL	3:08.89	3:31.09	3:38.29
8:36.99	8:38.19	7:42.99	800 FR-REL	6:53.79	7:40.99	7:54.99
4:26.19	4:18.89	3:51.89	400 MED REL	3:29.59	3:55.69	4:01.99

Bonus Standards

Women

LCM SCM SCY

Men

SCY SCM LCM

27.79	27.39	24.59	50 FR	21.69	23.99	24.79
1:00.19	58.29	52.89	100 FR	47.09	52.09	53.99
2:09.09	2:05.89	1:54.19	200 FR	1:43.09	1:54.19	1:58.09
4:30.69	4:21.89	5:03.29	400/500 FR	4:39.59	4:02.09	4:09.79
9:15.99	9:00.99	10:21.29	800/1000 FR	9:39.29	8:26.89	8:40.79
17:46.69	17:13.09	17:24.29	1500/1650 FR	16:13.69	16:02.39	16:41.69
1:07.89	1:04.89	59.09	100 BK	53.09	59.09	1:01.39
2:25.99	2:20.79	2:06.99	200 BK	1:54.79	2:07.49	2:12.39
1:16.79	1:14.69	1:06.89	100 BR	59.49	1:06.09	1:10.09
2:44.99	2:41.39	2:24.29	200 BR	2:09.79	2:25.59	2:29.79
1:05.79	1:04.29	58.49	100 FL	51.89	56.89	58.89
2:24.19	2:19.99	2:07.39	200 FL	1:54.89	2:05.79	2:10.59
2:27.59	2:22.89	2:09.49	200 IM	1:56.29	2:08.49	2:13.59
5:09.69	5:01.19	4:33.09	400 IM	4:08.09	4:34.69	4:43.89