

NAME OF TEAM

Blanket Sanction (Dual Meets; Time Trials)

September 1, 199\_ - August 31, 199\_

Sanctioned by U.S.S. and Alaska Swimming Sanction # \_\_\_\_\_

Hosted by: (Name of Alaska Swim Team)

FACILITY: Facility will adhere to USA Swimming Article 103 facilities standards.

TIMES: Meet start TBA  
Warm-ups 30 minutes prior to the start of the meet or time trial.

ELIGIBILITY: Open to swimmers currently registered with USA Swimming.

RULES:

- 1) Current USA Swimming and Alaska Swimming rules apply.
- 2) The Alaska Swimming Individual Scratch Rule does not apply.
- 3) All events will be timed finals and deck seeded.
- 4) A maximum of five (5) events per swimmer, plus relays may be entered.
- 5) The facility and building rules will be enforced.
- 6) USA Swimming Warm-up and warm-down procedures will be followed (see attached).

ENTRY INFORMATION:

- 1) Standard pink/blue entry cards may be used for all events including relays.
- 2) Entry cards must be legibly and completely filled in.

SCORING: Per USA Swimming Rules and Regulations. No scoring for Time Trials.

AWARDS: Ribbons may be awarded for first through third places including relays for dual meets. No awards for Time Trials.

FEES: None.

ORDER OF EVENTS: Events listed in the Swim Guide for JO's or Senior Championships will be offered. Events may be offered as age group, junior or senior events.

MEET DIRECTOR: Fred Smith  
2000 Center St.  
Centerville, Alaska 99999  
(907) 444-5555