

# **ALASKA STATE HIGH SCHOOL “ALL-TIME” TOP 12 LISTING**

**NOVEMBER 8<sup>TH</sup>, 2009**  
**(THROUGH STATE CHAMPIONSHIPS)**

The “All-time” Top 12 listing was develop with the following objectives:

- To give a clear picture of Alaska High School Swimming history;
- To impart to the student-athlete a perspective of where she / he ranks within the history of Alaska High school Swimming;
- To promote in student-athletes, coaches, school officials and parents a sense of responsibility and dedication to the sport; and
- To help Alaska student-athletes to obtain scholarships at the college or university of their choice.

Mike Miller, Juneau, founded this listing. Maintained by John Wray, Juneau through 2007. Maintained by Cliff Murray, Anchorage 2008 - present

\*\*\* STATE RECORD / STATE MEET RECORD

## ALASKA STATE HIGH SCHOOL SWIMMING ALL-TIME TOP 12 LISTING

### 200 MEDLEY RELAY

|                   |         |         |
|-------------------|---------|---------|
| 1. JUNEAU-DOUGLAS | 1:47.86 | 2007*** |
| 2. SERVICE        | 1:49.32 | 2003    |
| 3. LATHROP        | 1:49.53 | 1995    |
| 4. SOLDOTNA       | 1:49.93 | 2002    |
| 5. DIMOND         | 1:50.54 | 2009    |
| 6. EAST           | 1:50.75 | 2008    |
| 7. SOUTH          | 1:51.40 | 2005    |
| 8. KETCHIKAN      | 1:51.86 | 2009    |
| 9. KODIAK         | 1:52.19 | 2007    |
| 10. PETERSBURG    | 1:53.87 | 2000    |
| 11. NORTH POLE    | 1:53.91 | 1999    |
| 12. WEST VALLEY   | 1:54.89 | 1987    |

### 200 MEDLEY RELAY

|                   |         |         |
|-------------------|---------|---------|
| 1. JUNEAU-DOUGLAS | 1:36.33 | 2009*** |
| 2. PETERSBURG     | 1:36.98 | 1998    |
| 3. LATHROP        | 1:37.71 | 1993    |
| 4. DIMOND         | 1:38.19 | 1999    |
| 5. SOLDOTNA       | 1:38.62 | 1999    |
| 6. SITKA          | 1:38.93 | 2006    |
| 7. SERVICE        | 1:39.03 | 1986    |
| 8. KETCHIKAN      | 1:39.07 | 1990    |
| 9. SOUTH          | 1:40.03 | 2009    |
| 10. EAST          | 1:40.27 | 2007    |
| 11. WEST          | 1:40.28 | 1986    |
| 12. WASILLA       | 1:40.58 | 2008    |

### 200 FREESTYLE

|                     |           |         |         |
|---------------------|-----------|---------|---------|
| 1. MEGAN CAVANAUGH  | EAST      | 1:50.02 | 2007*** |
| 2. KAYLA MEIRERGERD | CHUGIAK   | 1:50.83 | 1998    |
| 3. SARAH ROCKWELL   | SERVICE   | 1:51.32 | 2004    |
| 4. LAURA MILLER     | KAYHI     | 1:52.20 | 2005    |
| 5. KATY CHANDLER    | SERVICE   | 1:53.12 | 1998    |
| 6. FELINA ROSADIUK  | LATHROP   | 1:53.25 | 2003    |
| 7. MELISSA BOGERT   | JDHS      | 1:54.21 | 2007    |
| 8. KATIE FRITCHER   | SOUTH     | 1:54.88 | 2004    |
| 9. JENNIFER RINKER  | SERVICE   | 1:55.21 | 2005    |
| 10. ANNE GOERING    | W. VALLEY | 1:55.27 | 2008    |
| 11. JORDYN CALDWELL | CHUGIAK   | 1:55.37 | 2008    |
| 12. SARA FALLICO    | EAST      | 1:55.43 | 1991    |

### 200 FREESTYLE

|                    |           |         |         |
|--------------------|-----------|---------|---------|
| 1. CODY BRUNETTE   | JDHS      | 1:40.58 | 2008*** |
| 2. KYLE O'BRIEN    | JDHS      | 1:41.17 | 2006    |
| 3. MATT SUMMERS    | DIMOND    | 1:42.40 | 2009    |
| 4. ANDREW BILLINGS | W. VALLEY | 1:42.69 | 1985    |
| 5. WYATT ADAMS     | SERVICE   | 1:42.72 | 2008    |
| 6. BEN SMITH       | SERVICE   | 1:42.84 | 1990    |
| 7. QUINCY SCHMIDT  | DIMOND    | 1:43.08 | 1998    |
| 8. MIKE HEAD       | SERVICE   | 1:43.61 | 1990    |
| 9. AUSTIN HUSSONG  | DIMOND    | 1:43.90 | 2008    |
| 10. TIP JENNY      | BARTLETT  | 1:43.99 | 1992    |
| 11. CHRIS GEITZ    | DIMOND    | 1:44.01 | 1995    |
| 12. RYAN O'LEARY   | SEWARD    | 1:44.05 | 2009    |

**PAGE 2****200 INDIVIDUAL MEDLEY**

|                          |             |                |                |
|--------------------------|-------------|----------------|----------------|
| <b>1. SARAH ROCKWELL</b> | <b>WEST</b> | <b>2:07.05</b> | <b>2002***</b> |
| 2. SARA FALLICO          | EAST        | 2:07.70        | 1991           |
| 3. HEATHER KING          | LATHROP     | 2:08.00        | 1996           |
| 4. NIKKI WRAY            | DIMOND      | 2:08.06        | 2009           |
| 5. JODI SMITH            | SERVICE     | 2:08.31        | 1994           |
| 6. MICHA BURDEN          | SERVICE     | 2:09.25        | 1998           |
| 7. MIA COSTELLO          | WEST        | 2:09.50        | 1985           |
| 8. SARAH RABINOWITZ      | W. VALLEY   | 2:09.54        | 1985           |
| 9. GENNY KONICKE         | SERVICE     | 2:09.61        | 2004           |
| 10. RACHEL KULA          | SERVICE     | 2:09.75        | 2000           |
| 11. CHELSEA PASKVAN      | LATHROP     | 2:09.87        | 1999           |
| 12. MEGAN CAVANAUGH      | EAST        | 2:09.90        | 2004           |

**200 INDIVIDUAL MEDLEY**

|                       |                |                |                |
|-----------------------|----------------|----------------|----------------|
| <b>1. JOHN ROGERS</b> | <b>LATHROP</b> | <b>1:53.51</b> | <b>1995***</b> |
| 2. CODY BRUNETTE      | JDHS           | 1:54.79        | 2009           |
| 3. SCOTT PETERSON     | JDHS           | 1:55.23        | 1991           |
| 4. CALEB SEVERNS      | LATHROP        | 1:55.38        | 2006           |
| 5. GABE LAYMAN        | PALMER         | 1:55.73        | 1996           |
| 6. MIKE SCHWANKL      | BARTLETT       | 1:55.74        | 1991           |
| 7. TROY SMITH         | SERVICE        | 1:55.78        | 1992           |
| 8. HUNTER McALLISTER  | LATHROP        | 1:56.20        | 2000           |
| 9. PAUL HUGHES        | JDHS           | 1:56.59        | 2002           |
| 10. MATT SUMMERS      | DIMOND         | 1:56.66        | 2008           |
| 11. RANDY TAYLOR      | KAYHI          | 1:56.74        | 1990           |
| 12. BRETT WALTER      | WEST           | 1:57.20        | 1989           |

**50 FREESTYLE**

|                        |                |              |                |
|------------------------|----------------|--------------|----------------|
| <b>1. MARIA REEVES</b> | <b>LATHROP</b> | <b>23.33</b> | <b>1998***</b> |
| 2. LAURA MILLER        | KAYHI          | 23.82        | 2006           |
| 3. EMILY McCOY         | DIMOND         | 23.83        | 1999           |
| 4. SARA BOGERT         | JDHS           | 23.87        | 2006           |
| 5. GENNY KONICKE       | SERVICE        | 23.91        | 2005           |
| 6. SAMANTHA WICKS      | EAST           | 23.95        | 2009           |
| 7. SARAH MURPHY        | SERVICE        | 24.06        | 1996           |
| 8. JESIE LEWIS         | JDHS           | 24.08        | 1997           |
| 9. BRYN SPORES         | LATHROP        | 24.15        | 1999           |
| 10. MARY USELMANN      | SERVICE        | 24.18        | 2009           |
| 11. SARAH ROCKWELL     | SERVICE        | 24.21        | 2004           |
| 12. JULIA CHANG        | SERVICE        | 24.26        | 2001           |

**50 FREESTYLE**

|                          |                |              |                |
|--------------------------|----------------|--------------|----------------|
| <b>1. ANDREW TAINTER</b> | <b>SERVICE</b> | <b>20.91</b> | <b>1996***</b> |
| 2. ALLAN CHANEY          | W. VALLEY      | 20.99        | 1983           |
| 3. TRAVIS WILLIAMS       | LATHROP        | 21.16        | 2003           |
| 4. NICK RUTECKI          | JDHS           | 21.18        | 2008           |
| 5. BILL HANSEN           | SOLDOTNA       | 21.30        | 1990           |
| 5. JEFF FREY             | WASILLA        | 21.30        | 2009           |
| 7. MARTIN MEENHAGAN      | LATHROP        | 21.33        | 1993           |
| 8. NICK RIZNYK           | EAST           | 21.33        | 1990           |
| 9. JARED JAMIE           | SERVICE        | 21.40        | 2004           |
| 10. DEREK GIBB           | PETERSBURG     | 21.47        | 1997           |
| 11. BEN ADAMS            | SITKA          | 21.57        | 2007           |
| 11. RYAN O'LEARY         | SEWARD         | 21.57        | 2009           |

**100 BUTTERFLY**

|                           |             |              |                |
|---------------------------|-------------|--------------|----------------|
| <b>1. MEGAN CAVANAUGH</b> | <b>EAST</b> | <b>55.59</b> | <b>2007***</b> |
| 2. SARAH MURPHY           | SERVICE     | 56.07        | 1997           |
| 3. MELISSA BOGERT         | JDHS        | 56.15        | 2007           |
| 4. SARAH ROCKWELL         | SERVICE     | 56.62        | 2004           |
| 5. GENNY KONICKE          | SERVICE     | 56.69        | 2005           |
| 6. ABBY KIFFMEYER         | SOLDOTNA    | 56.75        | 2003           |
| 7. RACHEL KULA            | SERVICE     | 56.85        | 2000           |
| 8. MARGOT ADAMS           | SERVICE     | 57.24        | 2009           |
| 9. PATTY NASH             | LATHROP     | 57.26        | 1995           |
| 10. ANDREA AKERELREA      | EAST        | 57.88        | 1997           |
| 11. ANN FALLICO           | EAST        | 58.26        | 1992           |
| 12. AMY SPITTLER          | DIMOND      | 58.63        | 1998           |

**100 BUTTERFLY**

|                         |             |              |                |
|-------------------------|-------------|--------------|----------------|
| <b>1. CODY BRUNETTE</b> | <b>JDHS</b> | <b>49.19</b> | <b>2008***</b> |
| 2. WINTER HEAVEN        | SOLDOTNA    | 50.78        | 2009           |
| 3. LUCAS PETERSON       | SOLDOTNA    | 50.97        | 2000           |
| 4. JARED JAMIE          | SERVICE     | 51.24        | 2004           |
| 5. WYATT ADAMS          | SERVICE     | 51.58        | 2007           |
| 6. GREG ROSE            | KODIAK      | 51.62        | 2004           |
| 7. ROBERT ROOSA         | DIMOND      | 51.73        | 1995           |
| 8. SCOTT BAER           | EAST        | 51.94        | 1988           |
| 9. VAN PERRIGO          | SERVICE     | 52.02        | 1986           |
| 10. OLE SHELTON         | JDHS        | 52.08        | 1996           |
| 11. TYLER MICKELSON     | JDHS        | 52.12        | 2009           |
| 11. CARL ABRAMS         | BARTLETT    | 52.33        | 1983           |

**100 FREESTYLE**

|                        |              |              |                |
|------------------------|--------------|--------------|----------------|
| <b>1. LAURA MILLER</b> | <b>KAYHI</b> | <b>51.17</b> | <b>2006***</b> |
| 2. SARAH ROCKWELL      | WEST         | 51.38        | 2002           |
| 3. EMILY McCOY         | DIMOND       | 51.51        | 1999           |
| 4. SARA BOGERT         | JDHS         | 52.01        | 2006           |
| 5. JESIE LEWIS         | JDHS         | 52.30        | 1997           |
| 6. BRYN SPORES         | LATHROP      | 52.44        | 1999           |
| 7. ANNE GOERING        | W. VALLEY    | 52.47        | 2009           |
| 8. SARAH MURPHY        | SERVICE      | 52.53        | 1996           |
| 9. MEGAN CAVANAUGH     | EAST         | 52.71        | 2006           |
| 10. MARGOT ADAMS       | SERVICE      | 52.74        | 2009           |
| 11. KATIE FRITCHER     | SOUTH        | 52.76        | 2005           |
| 12. FELINA ROSADIUK    | LATHROP      | 52.85        | 2003           |

**100 FREESTYLE**

|                      |                   |              |                |
|----------------------|-------------------|--------------|----------------|
| <b>1. DEREK GIBB</b> | <b>PETERSBURG</b> | <b>46.27</b> | <b>1998***</b> |
| 2. ANDREW TAINTER    | SERVICE           | 46.41        | 1996           |
| 3. JEFF FREY         | WASILLA           | 46.63        | 2009           |
| 4. ALLAN CHANEY      | W. VALLEY         | 46.65        | 1984           |
| 5. RYAN O'LEARY      | SEWARD            | 46.70        | 2009           |
| 6. NICK RUTECKI      | JDHS              | 46.71        | 2008           |
| 7. JOSHUA GEMMELL    | SOLDOTNA          | 46.73        | 2000           |
| 8. QUINCY SCHMIDT    | DIMOND            | 46.84        | 1998           |
| 9. WYATT ADAMS       | SERVICE           | 47.00        | 2007           |
| 10. DREW VANDERMEER  | W. VALLEY         | 47.01        | 2009           |
| 11. ANDREW BILLINGS  | W. VALLEY         | 47.06        | 1985           |
| 12. MATT GEITZ       | DIMOND            | 47.13        | 1998           |
| 12. KYLE O'BRIEN     | JDHS              | 47.13        | 2006           |

**PAGE 4****500 FREESTYLE**

|                            |                |                |                |
|----------------------------|----------------|----------------|----------------|
| <b>1. KAYLA MEIRERGERD</b> | <b>CHUGIAK</b> | <b>4:56.55</b> | <b>1998***</b> |
| 2. KATY CHANDLER           | SERVICE        | 4:59.06        | 1998           |
| 3. MEGAN CAVANAUGH         | EAST           | 5:04.40        | 2006           |
| 4. KRISTIN JONES           | JDHS           | 5:05.50        | 2006           |
| 5. LARREL PATERNA          | EAST           | 5:05.80        | 1990           |
| 6. LAURA MILLER            | KAYHI          | 5:06.18        | 2006           |
| 7. SARAH ROCKWELL          | WEST           | 5:08.23        | 2004           |
| 8. FELINA ROSADIUK         | LATHROP        | 5:08.28        | 2002           |
| 9. JESSICA CASE            | SERVICE        | 5:09.22        | 1995           |
| 10. MICHA BURDEN           | SERVICE        | 5:09.65        | 1998           |
| 11. SARA FALLICO           | EAST           | 5:09.65        | 1991           |
| 12. CATHERINE WICK         | EAST           | 5:09.82        | 1989           |

**500 FREESTYLE**

|                       |                |                |                |
|-----------------------|----------------|----------------|----------------|
| <b>1. BEN SMITH</b>   | <b>SERVICE</b> | <b>4:37.85</b> | <b>1990***</b> |
| 2. MATT SUMMERS       | DIMOND         | 4:38.99        | 2009           |
| 3. TIP JENNY          | BARTLETT       | 4:41.96        | 1992           |
| 4. SEAN SEAVER        | KAYHI          | 4:42.26        | 1998           |
| 5. HUNTER McALLISTER  | LATHROP        | 4:42.34        | 1998           |
| 6. BRENDEN McLAUGHLIN | N. POLE        | 4:43.80        | 1998           |
| 7. ANDREW BILLINGS    | W. VALLEY      | 4:43.80        | 1986           |
| 8. JOE NASH           | SERVICE        | 4:44.02        | 1991           |
| 9. KYLE O'BRIEN       | JDHS           | 4:44.08        | 2006           |
| 10. JOHN ROGERS       | LATHROP        | 4:44.22        | 1995           |
| 11. GREG BEIRNE       | WEST           | 4:44.73        | 1981           |
| 12. LUKE MOSSBURGH    | PALMER         | 4:45.20        | 1998           |

**200 FREE RELAY**

|                   |                |                |
|-------------------|----------------|----------------|
| <b>1. LATHROP</b> | <b>1:36.36</b> | <b>1999***</b> |
| 2. SERVICE        | 1:37.59        | 2003           |
| 3. JUNEAU-DOUGLAS | 1:37.90        | 2006           |
| 4. DIMOND         | 1:38.29        | 1999           |
| 5. SOLDOTNA       | 1:38.99        | 2002           |
| 6. SOUTH          | 1:39.46        | 2005           |
| 7. EAST           | 1:39.65        | 2008           |
| 8. CHUGIAK        | 1:40.19        | 2008           |
| 9. KETCHIKAN      | 1:40.60        | 2006           |
| 10. COLONY        | 1:41.52        | 2002           |
| 11. WEST VALLEY   | 1:41.74        | 2009           |
| 12. WEST          | 1:41.81        | 1990           |

**200 FREE RELAY**

|                   |                |                |
|-------------------|----------------|----------------|
| <b>1. DIMOND</b>  | <b>1:26.56</b> | <b>1998***</b> |
| 2. JUNEAU-DOUGLAS | 1:26.83        | 2008           |
| 3. LATHROP        | 1:27.42        | 2003           |
| 4. SITKA          | 1:27.87        | 2006           |
| 5. SOLDOTNA       | 1:28.16        | 2002           |
| 6. PETERSBURG     | 1:28.56        | 1997           |
| 7. SERVICE        | 1:28.60        | 2003           |
| 8. BARTLETT       | 1:28.92        | 1991           |
| 9. CHUGIAK        | 1:29.08        | 1990           |
| 10. WASILLA       | 1:29.46        | 2008           |
| 11. KETCHIKAN     | 1:29.51        | 1991           |
| 12. HOMER         | 1:30.44        | 2002           |

**100 BACKSTROKE**

|                          |             |              |                |
|--------------------------|-------------|--------------|----------------|
| <b>1. SAMANTHA WICKS</b> | <b>EAST</b> | <b>56.68</b> | <b>2009***</b> |
| 2. YANA GARVEY           | DIMOND      | 56.73        | 2007           |
| 3. JENNIFER RINKER       | SERVICE     | 58.02        | 2006           |
| 4. MICHELLE HAWKINS      | DIMOND      | 58.39        | 2009           |
| 5. ABBY KIFFMEYER        | SOLDOTNA    | 58.40        | 2003           |
| 6. SARAH ROCKWELL        | SERVICE     | 58.41        | 2004           |
| 7. MARGOT ADAMS          | SERVICE     | 58.68        | 2008           |
| 8. JULIANNE FRITCHER     | SERVICE     | 58.72        | 2003           |
| 9. BRETTE WINEGARNER     | SERVICE     | 58.84        | 2002           |
| 10. CORISE BITTNER       | HOMER       | 59.28        | 1992           |
| 11. VICTORIA ADAMS       | SERVICE     | 59.33        | 2009           |
| 12. LAURA MILLER         | KAYHI       | 59.68        | 2006           |

**100 BACKSTROKE**

|                       |               |              |                |
|-----------------------|---------------|--------------|----------------|
| <b>1. CHRIS GEITZ</b> | <b>DIMOND</b> | <b>51.91</b> | <b>1994***</b> |
| 2. SCOTT PETERSON     | JDHS          | 52.04        | 1991           |
| 3. CALEB SEVERNS      | LATHROP       | 52.38        | 2006           |
| 4. DEREK GIBB         | PETERSBURG    | 52.73        | 1998           |
| 5. CHRIS BAUER        | DIMOND        | 52.96        | 1995           |
| 6. TROY SMITH         | SERVICE       | 53.09        | 1991           |
| 7. KIRK HOLLINGSWORTH | SOLDOTNA      | 53.19        | 1994           |
| 8. JOHN ROGERS        | LATHROP       | 53.21        | 1995           |
| 9. BRETT WALTER       | WEST          | 53.43        | 1989           |
| 10. TRAVIS WILLIAMS   | LATHROP       | 53.45        | 2003           |
| 11. TOM TREADWAY      | SERVICE       | 53.49        | 1990           |
| 12. CODY BRUNETTE     | JUNEAU        | 53.52        | 2009           |

**100 BREASTSTROKE**

|                             |              |                |                |
|-----------------------------|--------------|----------------|----------------|
| <b>1. ELIZABETH JAGUSCH</b> | <b>KAYHI</b> | <b>1:05.61</b> | <b>2006***</b> |
| 2. HEATHER KING             | LATHROP      | 1:05.74        | 1995           |
| 3. MARIA REEVES             | LATHROP      | 1:06.02        | 1998           |
| 4. LAURA GRIFFING           | KODIAK       | 1:06.08        | 2008           |
| 5. JODI SMITH               | SERVICE      | 1:06.31        | 1993           |
| 6. KAELAN DICKINSON         | EAST         | 1:06.42        | 2004           |
| 7. MIA COSTELLO             | WEST         | 1:06.62        | 1985           |
| 8. ADRIENNE GRENIER         | DIMOND       | 1:06.69        | 1993           |
| 9. SARAH ROCKWELL           | SERVICE      | 1:07.09        | 2004           |
| 10. KELLY COLE              | LATHROP      | 1:07.35        | 1992           |
| 11. JILL BACKES             | W. VALLEY    | 1:07.43        | 1997           |
| 12. MEREDITH ULDRICH        | SOUTH        | 1:07.53        | 2006           |

**100 BREASTSTROKE**

|                          |                 |              |                |
|--------------------------|-----------------|--------------|----------------|
| <b>1. JOSHUA GEMMELL</b> | <b>SOLDOTNA</b> | <b>56.40</b> | <b>2000***</b> |
| 2. QUINCY SCHMIDT        | DIMOND          | 57.36        | 1998           |
| 3. MARTIN MEENHAGHAN     | LATHROP         | 57.37        | 1993           |
| 4. KEEGAN SEVERNS        | LATHROP         | 57.55        | 2009           |
| 5. PAUL HUGHES           | JDHS            | 58.10        | 2002           |
| 6. MIKE SCHWANKL         | BARTLETT        | 58.13        | 1991           |
| 7. GABE LAYMAN           | PALMER          | 58.15        | 1996           |
| 8. SHANNON WILKINSON     | CHUGIAK         | 58.28        | 1990           |
| 9. GILBERT RAPOSA        | DIMOND          | 58.36        | 2001           |
| 10. JAY SHULTE           | SOUTH           | 59.01        | 2009           |
| 11. TODD HALTINER        | PETERSBURG      | 59.04        | 1986           |
| 12. TRAVIS WATSON        | SITKA           | 59.35        | 1999           |

**PAGE 6**

**400 FREE RELAY**

|                   |                |                |
|-------------------|----------------|----------------|
| <b>1. LATHROP</b> | <b>3:31.88</b> | <b>1999***</b> |
| 2. SERVICE        | 3:34.59        | 1998           |
| 3. JUNEAU-DOUGLAS | 3:35.62        | 2007           |
| 4. DIMOND         | 3:35.73        | 1999           |
| 5. EAST           | 3:41.03        | 1991           |
| 6. CHUGIAK        | 3:41.88        | 2008           |
| 7. KODIAK         | 3:42.38        | 2009           |
| 8. KETCHIKAN      | 3:42.68        | 2009           |
| 9. COLONY         | 3:43.67        | 2003           |
| 10. WEST VALLEY   | 3:44.14        | 2004           |
| 11. BARTLETT      | 3:44.42        | 1984           |
| 12. SOUTH         | 3:45.04        | 2009           |

**400 FREE RELAY**

|                   |                |                |
|-------------------|----------------|----------------|
| <b>1. DIMOND</b>  | <b>3:09.70</b> | <b>1998***</b> |
| 2. SERVICE        | 3:11.70        | 1990           |
| 3. SOLDOTNA       | 3:14.89        | 2002           |
| 4. LATHROP        | 3:15.23        | 1993           |
| 5. KETCHIKAN      | 3:15.47        | 1990           |
| 6. EAST           | 3:16.30        | 2007           |
| 7. JUNEAU-DOUGLAS | 3:17.53        | 2008           |
| 8. BARTLETT       | 3:17.73        | 1991           |
| 9. WASILLA        | 3:17.79        | 2008           |
| 10. NORTH POLE    | 3:17.82        | 1999           |
| 11. SITKA         | 3:18.18        | 2006           |
| 12. CHUGIAK       | 3:18.27        | 1985           |

**PAGE 7**

**CHANGES PER SEASON**

|      |   |
|------|---|
| 1987 | 26  |
| 1988 | 35 (28 @ Regions / 7 @ State)                     |
| 1989 | 46 (19 @ Regions / 27 @ State)                    |
| 1990 | 163 (29 @ Dual meets / 41 @ Regions / 93 @ State) |
| 1991 | 112 (26 @ Dual Meets / 21 @ Regions / 65 @ State) |
| 1992 | 82 (5 @ Dual meets / 31 @ Regions / 46 @ State)   |
| 1993 | 75 (6 @ Dual meets / 17 @ Regions/ 52@ State)     |
| 1994 | 54 (1 @ Dual meets / 13 @ Regions/ 40@ State)     |
| 1995 | 75 (15@ Dual meets / 14 @ Regions/ 46@ State)     |
| 1996 | 77 (17@ Dual meets / 23 @ Regions/ 37@ State)     |
| 1997 | 58 (2 @ Dual meets / 14 @ Regions/ 37@ State)     |
| 1998 | 85 (8 @ Dual meets / 28 @ Regions/ 49@ State)     |
| 1999 | 46 (12@ Dual meets / 8 @ Regions/ 26@ State)      |
| 2000 | 38 (1 @ Dual meets / 17@ Regions/ 30@ State)      |
| 2001 | 16 (2 @ Dual meets / 0 @ Regions/ 14@ State)      |
| 2002 | 40 (6 @ Dual meets /19 @ Regions/ 24 @ State)     |
| 2003 | 23 (3 @ Dual meets / 0 @ Regions / 20 @ State)    |
| 2004 | 45 (11 @ Dual meets / 13 @ Regions / 21 @ State)  |
| 2005 | 55 (12 @ Dual meets / 19 @ Regions / 24 @ State)  |
| 2006 | 39 (6 @ Dual meets / 6 @ Regions / 27 @ State)    |
| 2007 | 31 (3 @ Dual meets / 7 @ Regions / 21 @ State)    |
| 2008 | 40 (4 Regular Season/ 9 @ Regions / 27 @ State)   |
| 2009 | 42 (3 Regular Season/ 8 @ Conference/ 31 @ State) |