

**2008 SPEEDO/Alaska Swimming
Age Group Championships
Mike Smithers Pool – Ketchikan, AK
Hosted by Ketchikan Killer Whales Swim Club
Sanction by USA Swimming and Alaska Swimming Sanction # 2979**

Location: Mike Smithers Community Pool
2610 Fourth Ave.
Ketchikan, AK
(907) 225-2010

Date: December 5-7, 2008

Facility: 25 yard pool with separated warm-up/warm-down pool)...Six lanes with flow-thru lane lines. Colorado Timing System with touch pads, two-button manual back up, six lane electronic timing display board and horn/strobe start. Also, three hand-held digital watches per lane.

	<u>Warm-up</u>	<u>Start</u>
Meet Times:	Friday	9:00am
	Saturday	9:00am
	Sunday	9:00am

There will be a break of at least two (2) hours between preliminaries and finals, with the pool being available for warm-up, the last hour.

A warm-up schedule for preliminaries will be sent to participating teams, following the deadline for entries.

Warm-ups will be conducted in accordance with Alaska Swimming Warm-up/Warm-down procedures.

Coaches/Officials

Meetings: There will be a coaches and officials meeting just prior to the beginning of the meet on Friday.

Eligibility: Open to all Alaska Swimmers ages 14&Under as of the first day of the competition and currently registered as athlete members with USA Swimming and Alaska Swimming or FINA. Swimmers must swim in the age bracket corresponding to their age on the first day of the meet.

Rules: 1. Current USA and Alaska Swimming Rules will govern this meet.

2. Swimmers may enter a total of seven (7) events, with no more than three (3) events per day. This is exclusive of relay events.
3. All events will be conducted as prelims and finals on the same day, with the exception of the 500 freestyle and 400 IM, which will be conducted as timed finals/consolidated events, fastest to slowest, alternating girls and boys with the girls swimming first. All 10&Under events will be conducted as timed finals, during the preliminary session. All preliminary events will be consolidated by stroke and distance, but not by gender, and separated into individual ages for finals.
4. A team may enter no more than two (2) individually non-qualified swimmers per relay.
5. This meet will be run as a “no recall meet” and we will use the whistle start method.

**Scratch
Rules:**

1. Individual scratch rules for events will be in effect as stated in the “Alaska Swim Guide” posted on the “akswimming.org” web page.
2. The relay scratch rule will be applied as stated in the “Alaska Swim Guide” posted on the “akswimming.org” web page.
3. Scratches shall be made each day and delivered to the computer table as soon as possible.
4. A swimmer will be considered entered unless his/her coach has officially scratched him/her from the event.

Entry:

1. Email your entries on or before **Wednesday, November 26, 2008**, by using Hy-Tek software choosing the “Export/Meet entries” option along with the following attachments:
 - a. A Team Manager “team entry report”
 - b. A Team Manager “team meet fees report”
2. The name and telephone number of the entry contact person must be included with entries.
3. If you do not have Team Manager, your entries need to be emailed on a consolidated form that includes the

swimmers USA identification number.

4. Athlete and coach verification forms must be signed and delivered to the computer desk prior to the start of the meet.

5. Meet Fees:

Swimmer surcharge	\$9.00
Swimmer entry fee	\$4.50
Individual Event:	\$2.75
Relay Event:	\$8.00

***Please make checks payable to 'Ketchikan Killer Whales' and deliver it to the computer desk prior to the start of the meet.**

Entries should be sent to:

Martin Reichgott at coachmartin@kpunet.net
(907) 254-1945

6. Late entries will not be accepted.

Scoring:

7-5-4-3-2-1 for individual events
14-10-8-6-4-2 for relay events
Scores shall be kept for combined team scores and individual scores.

Awards:

Medals will be awarded for 1st-6th place for each individual event, 1st-3rd for relays.

A team trophy will be awarded for 1st-3rd combined team points. Separate awards based on points-per-swimmer and best-times percentage will also be awarded. A team must have six individually qualified swimmers participating to qualify for these two awards.

Awards will also be presented for 1st-3rd places in individual high-point awards.

Housing:

Housing for swimmers is available. Please email your housing request and include your arrival and departure times, (including an estimate on how many people will require transportation) so that transportation arrangements can be made for your team, by November 19.

Housing Chair: *Kerry McNeil* kmcneil@gci.net

Concessions: A concession stand will be provided during the meet.

Officials: KKW will provide certified officials. Visitors who are certified and who wish to officiate are welcome. Please email your "Request to Officiate" to:

Trevor Stephens at stephens.trevor@att.net

Smoking: Smoking will not be permitted inside the pool building or on pool/school property.

Meet Director: Trevor Stephens
Stephens.trevor@att.net

Checklist:

1. Housing request form/Notice of travel
2. Coach/Athlete Verification form
3. Team Manager "Team entry report"
4. Team Manager "Team meet fees report"
5. Payment

**SPEEDO/Alaska Swimming Age Group Championships
Friday, December 5, 2008**

Girls Events #	Age Group	Description	Boys Event #
1	10 & Under	50 Backstroke	2
3	11-12	50 Backstroke	4
5	11-14	200 Backstroke	6
7	10&Under	50 Butterfly	8
9	11-14	100 Butterfly	10
11	10 & Under	100 Freestyle	12
13	11-14	100 Freestyle	14
15	10&Under	100 Individual Medley	16
17	11-12	100 Individual Medley	18
19	10 & Under	200 Medley relay	20
21	11-14	400 Individual Medley	22
23	11-12	200 Medley Relay	24
25	13-14	200 Medley Relay	26

Saturday, December 6, 2008

Girls Events #	Age Group	Description	Boys Event #
27	10 & Under	200 Individual Medley	28
29	11-14	200 Individual Medley	30
31	10 & Under	50 Freestyle	32
33	11-14	50 Freestyle	34
35	10 & Under	100 Breaststroke	36
37	11-12	50 Breaststroke	38
39	11-14	200 Breaststroke	40
41	14 & Under	500 Freestyle	42
43	11-12	400 Freestyle Relay	44
45	13-14	400 Freestyle Relay	46

Sunday, December 7, 2008

Girls Events #	Age Group	Description	Boys Event #
47	10 & Under	200 Freestyle	48
49	11-14	200 Freestyle	50
51	10 & Under	50 Breaststroke	52
53	11-14	100 Breaststroke	54
55	10 & Under	100 Butterfly	56
57	11-12	50 Butterfly	58
59	11-14	200 Butterfly	60
61	10 & Under	100 Backstroke	62
63	11-14	100 Backstroke	64
65	10 & Under	200 Freestyle Relay	66
67	11-12	200 Freestyle Relay	68
69	13-14	200 Freestyle Relay	70