

**2007 Speedo Great Alaska Open**  
January 26-28, 2007  
Sanctioned by USA and Alaska Swimming # 2903

**Hosted by:** Glacier Swim Club

**Location:** Augustus G. Brown Pool  
1619 Glacier Ave.  
Juneau, AK 99801  
586-5325

**Date:** January 26-28, 2007

**Facility:** 25 yard pool with separated warm-up/warm-down pool. Six lanes with flow-thru lane lines. Colorado Timing System with touch pads, two-button manual back up, six lane electronic timing display board and horn/strobe start. Also, two hand-held digital watches per lane.

		<u>Warm-up</u>	<u>Start</u>
<b>Meet Times:</b>	<b>Friday</b>	<b>4:00 pm</b>	<b>5:30pm</b>
	<b>Saturday</b>	<b>7:30am</b>	<b>9:00am</b>
	<b>Sunday</b>	<b>7:30am</b>	<b>9:00am</b>

**Warm-ups will be conducted in accordance with Alaska Swimming Warm-up/Warm-down procedures.**

**Coaches /**

**Officials Meetings:** There will be a coaches/officials meeting just prior to the beginning of the meet on Friday and as needed on Saturday and Sunday.

**Eligibility:** Open to all swimmers currently registered with USA and Alaska Swimming that have meet the qualifying times since January 1<sup>st</sup> 2006 at a USA Swimming sanctioned meet or time trial as well as Alaska High School Regional and State Championships provided that USA officials are on deck to verify that each swim conforms to the USA Swimming rules and regulations.

**Rules:**

1. Current USA and Alaska Swimming Rules will govern this meet.
2. Swimmers may swim four (4) individual events in which they have qualified, exclusive of relay events and time trials. Qualifiers can receive up to 2 bonus swims for a

total of four (4) individual swims, exclusive of relay events and times trials.

3. All events shall be conducted with preliminaries, Consolation finals and championship finals on the same day except the 1000 yard freestyle which shall be conducted as timed finals swum fastest to slowest alternating women/men with women swimming first.
4. Relays shall be swum as timed finals during the prelim or finals sessions. Events 17, 18, 33 and 34 are swum at the conclusion of prelims. All other relays are swum at the conclusion of finals.
5. The order of heats during finals for a preliminary and final event will be swum as Bonus, consolation and final in that order. Empty lanes will be filled by moving swimmers up in order from the slowest heats without reseeding the heats.
6. Relay events shall have no qualifying times. A swim team/club may enter no more that two (2) individually non-qualified swimmers per relay event.
7. A break of at least two (2) hours shall be scheduled between preliminaries and finals with the pool available for warm-ups during the last hour.

**Scratches:**

1. Individual and relay scratch rules will be in effect as stated in the "Alaska Swim Guide".
2. Scratches shall be presented to the scorers table.
3. All swimmers will be considered entered unless his/her coach has officially scratched him/her from the event.

**Entry:**

1. Email your entries on or before **Wednesday, January 17<sup>th</sup>, 2007** by using Hy-Tek software choosing the "Export/Meet entries" option along with the following attachments:
  - a. A Team Manager "team entry report"
  - b. A Team Manager "team meet fees report"
2. The name and telephone number of the entry contact person must be included with entries.
3. If you do not have Team Manager, your entries need To be emailed on a consolidated form that includes the swimmers USA identification number.
4. **Athlete and coach verification forms must be signed and delivered to the computer desk prior to the start of the meet.**

<b>Meet Fees:</b>	<b>Swimmer surcharge</b>	<b>\$9.00</b>
	<b>Swimmer entry fee</b>	<b>\$4.50</b>
	<b>Individual Event:</b>	<b>\$2.75</b>
	<b>Relay Event:</b>	<b>\$8.00</b>

*\*Please make checks payable to Glacier Swim Club and deliver it and your coach/athlete verification form to the computer desk prior to the start of the meet.*

**Entries should be sent to:**  
**Sandy O'Brien**  
[Sandpile3@yahoo.com](mailto:Sandpile3@yahoo.com)      **586-9607**

6. Late entries will not be accepted.

**Scoring:** Scores shall be kept on combined team scores, men's and women's team scores and individual scores.

**Individual events,**  
**16-13-12-11-10-9-7-5-4-3-2-1**

**Relay Events,**  
**32-26-24-22-20-18-14-10-8-6-4-2**

**Awards:** Individual and relay medals will be awarded for 1<sup>st</sup>-3<sup>rd</sup> place and ribbons will be awarded for 4<sup>th</sup>-6<sup>th</sup> place. High point awards will be awarded to the top three women and men, top women's team, top men's team and the top three combined teams.

There will be two (2) additional team awards presented.

1. Highest percent best times. This is based on number of best times/number of individual swims (relays are excluded). To be eligible, a team must have at least six (6) qualified swimmers entered in the meet.
2. Teams highest points per swimmer. This is calculated by the teams individual (relays excluded) points divided by number of swimmers. To be eligible, a team must have at least six (6) swimmers entered in the meet.

**Housing:** Housing can be provided for your swimmers. Please email by **January 10<sup>th</sup>, 2007** your housing request and include your arrival and departure times, (including an estimate on how many people will require transportation) so that transportation arrangements can be made for your team.

*Housing Chair:*      *Robyn Ramos*  
   [ramos@gci.net](mailto:ramos@gci.net)      780-6432

**Concessions:** A concession stand will be provided during the meet, which will provide snacks intended as a supplement to healthy lunches provided by housing parents.

**Swim shop:** J.D. Pence will be at the meet with all his swimming supplies.

**Officials:** Glacier Swim Club will provide certified officials. Visitors who are certified and who wish to officiate are welcome. Please email your "Request to Officiate" to  
*John Clark*  
[cbotelho@ptialaska.net](mailto:cbotelho@ptialaska.net) 789-4270

**Smoking:** **Smoking will not be permitted inside the pool building or on pool/school property.**

**Meet Director:** Sandy O'Brien  
Sandpile3@yahoo.com 586-9607

**Checklist:**

- 1. Housing request form/Notice of travel**
- 2. Coach/Athlete Verification form**
- 3. Team Manager "Team entry report"**
- 4. Team Manager "Team meet fees report"**
- 5. Payment**

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**Friday January 26, 2007**

Order of Events

Women	QT/SCY		QT/SCY	Men
1	12:15.59	1000 yd Free	11:42.69	2
3	NT	800 Free Relay	NT	4

**Saturday January 27, 2007**

Order of Events

Women	QT/SCY	Event	QT/SCY	Men
5	2:14.79	200 Free	2:01.99	6
7	1:12.99	100 Back	1:05.49	8
9	2:57.49	200 Breast	2:42.89	10
11	1:12.19	100 Fly	1:04.59	12
13	28.19	50 Free	25.39	14
15	5:41.09	400 IM	5:29.69	16
<b>End of Prelims</b>				
17	NT	400 Medley Relay	NT	18
<b>End of Finals</b>				
19	NT	200 Free Relay	NT	20

**Sunday January 28, 2007**

Order of Events

Women	QT/SCY	Event	QT/SCY	Men
21	2:34.29	200 IM	2:20.09	22
23	1:01.09	100 Free	55.59	24
25	2:45.19	200 Fly	2:30.39	26
27	1:19.49	100 Breast	1:15.09	28
29	2:38.09	200 Back	2:26.59	30
31	5:59.69	500 Free	5:44.39	32
<b>End of Prelims</b>				
33	NT	400 Free Relay	NT	34
<b>End of Finals</b>				
35	NT	200 Medley Relay	NT	36

**Hotel and other lodging downtown near the pool**

Breakwater Inn	586-6303	<a href="http://www.breakwaterinn.com">www.breakwaterinn.com</a>
Driftwood Lodge Motel	586-2280	<a href="http://www.driftwoodalaska.com">www.driftwoodalaska.com</a>
Prospector Hotel	586-3737	<a href="http://www.prospectorhotel.com">www.prospectorhotel.com</a>
Juneau Hotel	586-5666	<a href="http://www.juneauhotels.net">www.juneauhotels.net</a>
Westmark Baranof	586-8660	<a href="http://www.westmarkhotels.com">www.westmarkhotels.com</a>
Goldbelt Hotel	586-6900	
The Alaskan Hotel	586-1000	<a href="http://www.thealaskanhotel.com">www.thealaskanhotel.com</a>
A beachside Luxury Inn	463-5531	<a href="http://www.beachsidevilla.com">www.beachsidevilla.com</a>
Silverbow Inn	586-4146	
Inn at the Waterfront	586-2050	

**Areas near the airport and at least 10 miles from the pool**

Super 8 Motel	789-4858	<a href="http://www.super8.com">www.super8.com</a>
Frontier Suites	790-6600	email:frontiersuites@gci.net
Best Western Country Lane	789-5005	
Best Western Grandma's Feather Bed	789-5566	
Travelodge	789-9700	

**Bed and Breakfast listings**

<http://www.bedandbreakfast.com/juneau-alaska.html>

<http://www.accommodations-alaska.com/juneau,.htm>

Or Google Bed and Breakfast in Juneau