

KACHEMAK SWIM CLUB
Speedo/Great Alaska Open - 2005

Sanction: #2718 of United States Swimming and Alaska Swimming, Inc.

HOSTED BY: Kachemak Swim Club

LOCATION: **Homer High School Pool**
600 E. Fairview
Homer, Alaska 99603

DATES: **Friday, January 28th, Saturday, January 29th, and Sunday, January 30th, 2005**

FACILITY: Indoor, 25 yard, six lane pool. Colorado timing system with touch pads, one button/two watch back-up, six lane electronic timing display board, and horn/strobe start.

TIMES:	<u>Warm-ups</u>	<u>Meet starts</u>
	Friday, Warm-up – 4:30 pm	First Event Start – 6:00 pm
	Saturday, Warm-up – 7:30 am	First Event Start – 9:00 am
	Sunday, Warm-up – 7:30 am	First Event Start – 9:00 am

Warm-ups in accordance with AS warm-ups/warm-down procedures.

COACHES MEETING: Friday 3:30 pm in Hospitality Room
Saturday – Sunday 8:00 am in Hospitality Room

OFFICIALS MEETING: Friday 4:00 pm in Hospitality Room
Saturday – Sunday 8:30 am in Hospitality Room

ELIGIBILITY: Open to all swimmers currently registered with USA Swimming and Alaska Swimming, who have appropriate qualifying times (Alaska Swimming Senior Championship Time Standards) within the eligibility time frame as defined by ASI rules and regulations.

Entry Limit: Swimmers are allowed 4 individual events. (see rules listed below)

Entry Fees: \$ 4.50 per swimmer entry fee
\$ 2.75 per individual event splash fee
\$ 9.00 swimmer surcharge (per swimmer)
\$ 8.00 per relay

Entry Forms: The list of events will be downloadable from the KSC website www.kachemakswim.org and ASI (Alaska Swimming Inc.) website www.akswimming.org and can be imported into Team Manager. Meet Entries will be accepted in the Hy-Tek cfile cl2 format as an export from Team Manager. They may be sent on floppy disk or emailed as a zip file to qarndt@aol.com. While electronic entries are preferable, manual entries will be accepted on the standard

entry forms. Use the Consolidated Entry Sheet to group your swimmers by age and sex and be sure to use the 14 digit USA Swimming Identification Numbers. Meet Fees should be included with verification form for coaches and swimmers.

RULES:

1. **Current** USA Swimming and Alaska Swimming rules shall govern this meet.
2. For the first individual event in which a swimmer qualifies they will receive (2) two swims for which they are not qualified. For (2) two or more qualifying times the swimmer will receive (3) three swims for which they are not qualified not to exceed a total of (6) six.
3. Swimmers may swim 4 (four) individual events in which they have qualified, exclusive of relay events or time trials
4. All individual events shall be conducted with primaries, consolation finals and championships finals on the same day except the 1000 freestyle which shall be conducted as timed finals, swum fastest heat to the slowest heat alternating girls/boys on Friday. All individual events shall be conducted with primaries and finals regardless of the number of entries. All relays shall be conducted on a timed final basis.
5. The order of heats during the finals for a preliminary and final event will be swam as final, consolation or bonus in that order. Empty lanes will be filled by moving swimmers up in order from the slowest heats without reseeding the heats.
6. U.S.A. Swimming and A.S. warm-up guidelines will be enforced.
7. Relay events shall have no qualifying times. A swim team/club may enter no more than (2) two individually non-qualified swimmers per relay event.

Awards: Individual events – First through sixth place.

Relay Event Awards - First through third place.

High Points award – Girls: First through third place.

High Points award – Boys: First through third place.

First place girl's team

First place boy's team

1st - 2nd – 3rd place combined team points

1st place for percentage best time *

1st place for points per swimmer **

* based on number of best times/number of individual swims. To be eligible, a team must have at least six (6) swimmers entered in the meet.

** The teams individual point total/the number of entered swimmers. To be eligible, a team must have at least six (6) swimmers entered in the meet.

Housing: To be provided on request.

Breaks: A break of two (2) hours will be scheduled between preliminaries and finals with the pool available for warm-ups during the last hour.

Contacts:

Meet Director: Marlene Arndt
Box 922
Homer, Alaska 99603
(907) 235-6323 or 399-1999 cell /voice-mail
qarndt@aol.com

or

Head Coach: Andrew Foley
KSC- Box 578, Homer, AK. 99603
907-235-4716 (easier to reach by e-mail)
irishswimcoach@hotmail.com

Entry Deadline: All entries must be postmarked no later than Friday, January 21st, 2005 or received by email by Tuesday, January 25th, 2005.

Mail Entries to: Mail entries with checks payable to: **Kachemak Swim Club**,
Send to: **Marlene Arndt**, Box 922, Homer, AK 99603.

Attachments: Order of events
Alaska Swimming Senior Championship Time Standards

Speedo/Great Alaska Open Event list January 28th – 30th 2005

<u>FRIDAY</u>	<u>SATURDAY (prelims)</u>	<u>SUNDAY (prelims)</u>
1000 Free	200 Free	200 IM
800 Free Relay	100 Back	100 Free
	200 Breast	200 Fly
	100 Fly	100 Breast
	50 Free	200 Back
	400 IM	500 Free
	400 Med. Relay	400 Free Relay
	<u>SATURDAY (finals)</u>	<u>SUNDAY (finals)</u>
	200 Free	200 IM
	100 Back	100 Free
	200 Breast	200 Fly
	100 Fly	100 Breast
	50 Free	200 Back
	400 IM	500 Free
	200 Free Relay	200 Med. Relay

*The free relay events on Sunday will be conducted as timed finals with all heats swum as scheduled during the preliminaries.

Lodging in Homer - 2005 Great Alaska Open

Homer Chamber of Commerce

P.O. Box 541, Homer, Alaska 99603

Phone 907-235-7740 Fax 907-235-8766

<http://www.homeralaska.org/>

Beluga Lake Lodge & Restaurant 235-5995 235-2640F

204 Ocean Drive Loop, Homer, AK 99603

<http://www.bayviewalaska.com/>

Best Western Bidarka Inn 235-8148 866-685-5000

575 Sterling Hwy, Homer, AK 99603

<http://www.bidarkainn.com/>

Driftwood Inn & RV Park 235-8019 800-478-8019

135 W. Bunnell Street, Homer, AK 99603

<http://www.thedriftwoodinn.com/>

Heritage Hotel Lodge 235-7787 800-380-7787

147 E. Pioneer Ave., Homer, AK 99603

<http://www.alaskaheritagehotel.com/>

Land's End Resort 235-2500 235-0420F

4786 Homer Spit Road, Homer, AK 99603

www.lands-end-resort.com/

Ocean Shores 235-7775 800-770-7775

451 Sterling Hwy # 1, Homer, AK 99603

<http://www.oceanshoresalaska.com/>

Young's Downtown Inn 235-4002 235-0564

565 E. Pioneer Ave., Homer, AK 99603

<http://www.alaskais.com/youngs/>

Dining, Food and Beverage

Cafe Cups 235-8330

162 W. Pioneer Ave., Homer, AK 99603

Captain's Coffee Roasting 235-4970

295 E. Pioneer Ave., Homer, AK 99603

Cece's Kitchen 235-2262

2100 Kachemak Drive, Homer, AK 99603

China Grill 24 Hour Restaurant

235-3662 235-1888F

...3798 Lake Street, Homer, AK 99603

Coal Bay Sandwich Company 235-3200

361 Sterling Hwy, Homer, AK 99603

Connelly House 235-5225

...Mile 4.5 East End Road

Homer, AK 99603

Don Jose's Mexican Restaurant

235-7963 235-7964F

...127 W. Pioneer Ave., Homer, AK 99603

Duncan House Diner 235-5344

125 E. Pioneer Ave., Homer AK 99603

Fat Olives 235-8488

276 Olson Lane, Homer, AK 99603

Frosty Bear Ice Cream/The Den

Restaurant 235-7300 888-353-8616

639 E. Pioneer Ave., Homer, AK 99603

<http://www.williedandme.com/>

McDonald's of Homer

235-5400 235-5402F

...3656 Ben Walters Lane,

Homer, AK 99603

Subway of Homer 235-2782

637 E. Pioneer Ave., Homer, AK 99603

The Homestead Restaurant 235-8723

...Mile 8.2 East End Road,

Homer, AK 99603