

2006 Speedo/Great Alaska Open
January 27-29, 2006
Under Sanction by Alaska Swimming # 2816

Hosted by: **Northern Area Aquatics Committee**

Location: **Hamme Swimming Pool
901 Airport Road Fairbanks, AK 99707
459-1086**

Date: **January 27-29, 2006**

Facility: **25 short course meter pool with six lanes with flow-thru lane lines. Colorado Timing System with touch pads, two button manual back-up, six lane electronic timing display board and horn/strobe start. Also, two hand-held digital watches per lane.**

Meet Times:		<u>Warm-up</u>	<u>Start</u>
	Friday	4:30pm	6:00pm
	Saturday	7:30am	9:00am
	Sunday	7:30am	9:00am

Warm-ups will be conducted in accordance with Alaska Swimming Warm-up/Warm-down procedures. Team lane and warm-up times will be made. A two hour mandatory break will be between prelims and finals. The last hour of the break will be warm-ups

Coaches /
Officials Meetings: **There will be a coaches/officials meeting just prior to the beginning of the meet on Friday. Saturday and Sunday prior to the start if needed.**

Eligibility: **Open to all swimmers currently registered as athlete members with US Swimming and Alaska Swimming who meet the qualifying time standards since January 1, 2005. Qualifying times may be made at USA Swimming sanctioned and approved meets and time trials as well as Alaska High School Regional and State Championships provided USS officials are on deck whose sole purpose is to observe that the individual swims conform to the USA Swimming rules and regulations.**

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Membership Verification: **The enclosed form must be completely filled out and enclosed with the team entry.**

Rules:

1. **Current USA and Alaska Swimming Rules will govern this meet.**
2. **For the first individual event in which a swimmer qualifies they will receive (2) two swims for which they are not qualified. For (2) two or more qualifying times the swimmer will receive (3) three swims for which they are not qualified not to exceed a total of (4) four.**
3. **Swimmers may swim (4) four individual events in which they have qualified, exclusive of relay events or time trials.**
4. **All events shall be conducted with preliminaries, consolation finals and championship finals on the same day with the exception of the 1650 freestyle which shall be conducted as timed finals swum fastest to slowest alternating girls/boys with girls swimming first. The fastest two (2) heats of all relays shall be swum as timed finals during the finals sessions with all other heats of relays swum as timed finals during the preliminary sessions.**
5. **The order of heats during finals for a preliminary and final event will be swum as final, consolation or bonus in that order. Empty lanes will be filled by moving swimmers up in order, from the slowest heats without reseeding the heats.**
6. **USA Swimming and ASI warm up guidelines will be enforced.**
7. **Relay events shall have no qualifying times. A swim team/club may enter no more than two (2) individually non-qualified swimmers per relay event.**
8. **All events will be swum in short course meters!**

Scratch
Rules:

1. **Individual scratch rules for events will be in effect as stated in the "Alaska Swim Guide 2004-2005" Article 3.A.9.**
2. **The relay scratch rule will be applied as stated in Alaska Swim Guide Article 3.A.10.**
3. **Scratches shall be made each day and delivered to the Clerk of Course on the attached scratch form no later than 6:00 P.M. prior to the next day's events.**
9. **A swimmer will be considered entered unless his/her coach has officially scratched him/her from the event.**

Entry:

1. **All entries, including Relay-Only entries, shall be submitted on consolidated entry cards and a master**

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entry form (recap sheet) or on 3.5 disk via the HY-Tech software COMMLINK file using the build option with hard copy print out. As a backup please send a Hy-Tech software Team Manager team entry report.

2. Relay entry times may be aggregate times of individual swimmers or a relay composite time.
3. Names and meet I.D. numbers of relay swimmers are to be presented at the computer desk one half hour before warm ups each day. Meet rosters will be available from the computer desk.
4. The name and telephone number of the entry contact person must be included with entries.
5. Meet Fees:

Swimmer Surcharge	\$9.00
Swimmer entry fee	\$4.50
Individual Event:	\$2.75
Relay Event:	\$8.00

*Please make checks payable to NAAC and submit with financial reconciliation.

7. All entries must be postmarked no later than midnight January 18, 2006 or emailed Tuesday January 24, 2006.
8. No late entries will be accepted.
9. Mail Entries to:

NAAC
PO Box 83356
Fairbanks, Alaska 99708
457-2197
email: butcher@alaska.net

Scoring: Scores shall be kept on combined team scores and individual scores.
Individual scores through 12th place, 16-13-12-11-10-9-7-5-4-3-2-1
Relays scores through 12th place, 32-26-24-22-20-18-14-10-8-6-4-2.

Awards: Individual: Medals will be awarded 1st-3rd. Ribbons will be awarded for 4th - 6th places.
Relays: Medals will be awarded for 1st-3rd place and ribbons for 4th - 6th place.
High point awards will be given to the top three boys and girls, and to the top three combined teams.
There will be two (2) additional Team awards: There will be an award to the team that earns the most points per swimmer (the team's total points/ the number of team's entered swimmers).
There will be an award to the team with the highest percentage of individual best times (based on number of best times/ number of team's individual swimmers). To be eligible for both of these team

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awards a team must be represented by at least six (6) swimmer participants at the meet.

Lodging Coordinator

Kathy Bue SST,
Fairbanks, Ak. 99705 ph:907-452-6167(hm)
Email: ssttreasurer@gci.net

Concessions: A concession stand will be provided.

Officials: NAAC will provide timers. Visitors who are certified and who wish to officiate are welcome. Enclosed Request to Officiate form can accompany entries or contact Dave Ferree.

Smoking: No smoking will be permitted inside the pool building or on pool/school property.

Swim Shop: J.D. Pence will be at the meet with all his swimming supplies.

**Meet Director: Ramona Reeves
PO Box 83356
Fairbanks, Alaska 99708
457-2197 fax 457-2198
reeves7@gci.net**

Checklist: Forms available online

- 1. Event List by age/event**
- 2. Coach/Athlete Verification form**
- 3. Warm-up/Warm-down Guidelines**
- 4. Financial Reconciliation/Relay Recap**
- 5. Diskette/Hard Copy by Swimmer**
- 6. Request to Officiate Form**

FYI: Deck passes will be issued for all swimmers, coach's and volunteers. Please include all relevant information. Coach's, no tables will be placed on the deck. This will give us more space. Bring your favorite pool side chairs.

Housing deadline is a week prior to entries deadline. All housing requests need to be called into the housing coordinator by Jan. 17th, 2006.

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Friday, January 27, 2006

Order of Events

Girls	QT/SCY		QT/SCY	Boys
1	21:17.39	1500 Free	19:33.99	2
3	NT	800 Free Relay	NT	4

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Saturday, January 28th, 2006

Order of Events

Girls	QT/SCY		QT/SCY	Boys
5	2:14.79	200 Free	2:01.99	6
7	1:12.99	100 Back	1:05.49	8
9	2:57.49	200 Breast	2:42.89	10
11	1:12.19	100 Fly	1:04.59	12
13	28.19	50 Free	25.39	14
15	5:41.09	400 IM	5:29.69	16
17	NT	400 Med Relay	NT	18

Finals

5		200 Free		6
7		100 Back		8
9		200 Breast		10
11		100 Fly		12
13		50 Free		14
15		400 IM		16
19	NT	200 Free Relay	NT	20

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Sunday, January 29th, 2006

Order of Events

Girls	QT/SCY		QT/SCY	Boys
21	2:34.29	200 IM	2:20.09	22
23	1:01.09	100 Free	55.59	24
25	2:45.19	200 Fly	2:30.39	26
27	1:19.49	100 Breast	1:15.09	28
29	2:38.09	200 Back	2:26.59	30
31	5:59.69	400 Free	5:44.39	32
33	NT	400 Free Relay	NT	34

Finals

21		200 IM		22
23		100 Free		24
25		200 Fly		26
27		100 Breast		28
29		200 Back		30
31		400 Free		32
35	NT	200 Med Relay	NT	36

*Consolidated event/timed final