

2004/2005 HIGH SCHOOL TOP 16 GIRLS

10/19/04

## 200-YARD MEDLEY RELAY

Service	1:52.66
Lathrop	1:54.71
South	1:54.88
Juneau-Douglas	1:56.08
East	1:57.50
Petersburg	1:58.03
Dimond	1:58.81
Homer	1:58.92
West Valley	1:59.21
North Pole	1:59.74
Colony	1:59.93
Ketchikan	2:01.16
Soldotna	2:02.92
Sitka	2:03.75
Kodiak	2:04.68
Valdez	2:06.87

## 200 FREESTYLE

Sarah Rockwell (12), Ser	1:55.22
Felina Rosadiuk (12), Lat	1:58.38
Jamie Bratten (11), Lat	1:58.43
Kristin Jones (9), JD	1:59.05
Megan Cavanaugh (9), East	1:59.24
Genny Konicke (9), Ser	1:59.29
Katie Fritcher (11), South	1:59.32
Kaelen Dickinson (12), East	2:00.38
Laura Smith (11), Dim	2:00.59
Eve Green (11), Sohi	2:00.59
Lauren Langford (10), West	2:00.71
Jennifer Rinker (10), Ser	2:02.11
Sierra Winegarner (12), Serv	2:02.60
Adriana Dietrich (11), WV	2:02.76
Sara Bogert (9), JD	2:03.34
Elise Alexander (12), Lat	2:03.57

## 200 INDIVIDUAL MEDLEY

Sarah Rockwell (12), Serv	2:07.09
Genny Szymanski (11), Han	2:11.51
Megan Cavanaugh (9), East	2:12.68
Genny Konicke (9), Ser	2:13.02
Elsie Alexander (12), Lat	2:15.56
Jamie Bratten (11), Lat	2:15.76
Kaelen Dickinson (12), East	2:15.86
Kristin Jones (9), JD	2:15.97
Felina Rosadiuk (12), Lat	2:16.39
Stephanie Hampton (10), WV	2:17.62
Lauren Langford (10), West	2:19.05
Eve Green (11), Sohi	2:19.23
Katie Fritcher (11), South	2:19.58
Jackie Van Driessche (11), Sew	2:20.19
Laura Smith (11), Dim	2:20.68
Jennifer Rinker (10), Ser	2:21.54

## 50 FREESTYLE

Sarah Rockwell (12), Serv	24.21
Jamie Bratten (11), Lat	24.93
Genny Konicke (9), Ser	25.20
Jackie Van Driessche (11), Sew	25.28
Lauren Langford (10), West	25.38
Anna Szymanski (9), Haines	25.41
Jennifer Rinker (10), Ser	25.45
Sierra Winegarner (12), Serv	25.51
Kelsey Potdevin (12), JD	25.53
Elizabeth Jagusch (10), Ket	25.60
Kirsten Adams (9), Serv	25.64
Katie Fritcher (11), South	25.66
Megan Cavanaugh (9), East	25.67
Meredith Uldrich (10), South	25.68
Lauren Bell (10), Hom	25.73
Adriana Dietrich (11), WV	25.81

### 1-METER DIVING

Emily Whitstine, Col	212.30
Chelsea Ray, Dim	204.30
Tory Coursen, Sohi	200.25
Marnita Coenraad, JD	192.55
Melissa Wood, Lat	182.60
Sasha Porter, Sohi	174.00
Maria Moses, Lat	172.85
Kristine Kintz, Dim	171.21
Morton, Dim	171.10
Holly Trucano, JD	167.10
Caitlin Moore, East	165.15
Hannah Zeisel, NP	156.30
Janae Purcella, South	154.90
Madison Gifford, Ken	149.95
Rose Cain, WV	145.30
Rose Mueller, WV	143.70

### 100 BUTTERFLY

Sarah Rockwell (12), Serv	58.20
Megan Cavanaugh (9), East	59.17
Genny Szymanski (11), Han	59.41
Lauren Langford (10), West	59.86
Kristin Jones (9), JD	59.99
Genny Konicke (9), Serv	1:00.01
Kirsten Adams (9), Serv	1:00.34
Abbey Jackson (10), Pet	1:00.64
Elsie Alexander (12), Lat	1:01.20
Claire Wooster (11), NP	1:01.92
Jamie Bratten (11), Lat	1:01.92
Melissa Bogert (9), JD	1:02.37
Adriana Dietrich (11), WV	1:02.58
Lucy Spann (11), NP	1:02.84
Steph Hampton (10), WV	1:02.99
Felina Rosadiuk (12), Lat	1:03.30

### 100 FREESTYLE

Sarah Rockwell (12), Serv	52.04
Genny Konicke (9), Ser	53.99
Lauren Langford (10), West	54.79
Jamie Bratten (11), Lat	54.83
Katie Fritcher (11), South	54.91
Megan Cavanaugh (9), East	55.02
Jackie Van Driessche (11), Sew	55.08
Eve Green (11), Sohi	55.29
Felina Rosadiuk (12), Lat	55.45
Adriana Dietrich (11), WV	55.75
Elizabeth Jagusch (10), Ket	55.77
Sierra Winegarner (12), Serv	55.86
Elsie Alexander (12), Lat	55.98
Jennifer Rinker (10), Ser	56.18
Laura Smith (11), Dim	56.39
Anna Szymanski (9), Haines	56.60

### 500 FREESTYLE

Sarah Rockwell (12), Serv	5:08.23
Jamie Bratten (11), Lat	5:18.82
Felina Rosadiuk (12), Lat	5:18.86
Kristin Jones (9), JD	5:21.57
Kaelen Dickinson (12), East	5:24.02
Jennifer Rinker (10), Ser	5:27.65
Megan Cavanaugh (9), East	5:28.25
Eve Green (11), Sohi	5:28.36
Elisa Alexander (12), Lat	5:29.57
Sara Bogert (9), JD	5:31.53
Adriana Dietrich (11), WV	5:33.93
Laura Smith (11), Dim	5:34.40
Nancy Long (12), Col	5:34.86
Audrey Butcher (12), Dim	5:35.86
Katie Fritcher (11), South	5:36.59
Stephanie Hampton, (10) WV	5:37.95
Lianna Smith, South	5:38.25

## 200 FREESTYLE RELAY

Service	1:40.86
Lathrop	1:43.36
Juneau-Douglas	1:44.23
South	1:44.44
West Valley	1:45.94
East	1:46.15
Dimond	1:46.25
Homer	1:46.27
Soldotna	1:47.48
Colony	1:48.26
Ketchikan	1:49.05
North Pole	1:49.57
Petersburg	1:49.93
Chugiak	1:50.05
Sitka	1:50.88
Kodiak	1:51.72

## 100 BACKSTROKE

Sarah Rockwell (12), Serv	58.41
Genny Szymanski (11), Han	59.75
Jennifer Rinker (10), Ser	1:01.61
Abbey Jackson (10), Pet	1:01.62
Genny Konicke (9), Ser	1:01.91
Elise Long (12), Col	1:02.01
Jamie Bratten (11), Lat	1:02.31
Anna Szymanski (9), Haines	1:02.57
Megan Cavanaugh (9), East	1:02.89
Lauren Langford (10), West	1:03.18
Kelsey Potdevin (12), JD	1:03.20
Kirsten Adams (9), Serv	1:03.68
Kristin Jones (9), JD	1:03.79
Jackie Van Driessche (11), Sew	1:04.00
Reba Trani (11), Sit	1:04.64
Dana Bye (9), South	1:04.80

### 100 BREASTSTROKE

Sarah Rockwell (12), Ser	1:07.09
Kaelen Dickinson (12), East	1:08.55
Elsie Alexander (12), Lat	1:09.05
Elizabeth Jagusch (10), Ket	1:09.49
Genny Konicke (9), Serv	1:09.82
Stephanie Hampton, (10) WV	1:10.88
Laura Smith (11), Dim	1:11.08
Jackie Van Driessche (11), Sew	1:11.11
Meredith Uldrich (10), South	1:11.12
Katy Bowlus (12), East	1:11.29
Carole Triem (11), Pet	1:11.43
Megan Cavanaugh (9), East	1:12.08
Felina Rosadiuk (12), Lat	1:12.70
Lia Heifetz (9), JD	1:12.86
Briana Young (11), Kod	1:13.48
Genny Szymanski (11), Han	1:13.60

### 400 FREESTYLE RELAY

Service	3:40.97
Lathrop	3:44.91
Juneau-Douglas	3:46.74
Dimond	3:50.59
West Valley	3:53.06
East	3:54.99
Soldotna	3:55.70
South	3:59.3-
North Pole	3:59.43
Homer	3:59.52
Colony	4:01.51
Ketchikan	4:01.96
Chugiak	4:02.46
Kodiak	4:04.47
Valdez	4:10.72

## 200 MEDLEY RELAY

Juneau-Douglas	1:44.86
Sitka	1:46.13
Lathrop	1:46.28
Homer	1:46.88
Kodiak	1:47.52
South	1:48.31
Soldotna	1:48.62
East	1:50.21
Dimond	1:51.08
Service	1:51.71
Kenai	1:52.03
Ketchikan	1:52.24
North Pole	1:54.32
West Valley	1:56.00
Chugiak	1:56.66
West	1:57.58

## 200 FREESTYLE

Greg Rose (12), Kod	1:46.71
Caleb Severns (10), Lat	1:48.67
Kyle O'Brien (10), JD	1:48.99
Nathan Grabowski (12) Sohi	1:49.15
Cade Roberts (12), WV	1:50.35
Tyler Hennon (12), JD	1:50.91
Kevin Wythe (11), Hom	1:51.43
Ryan Bateman (11), Kod	1:54.20
Jeff Ahren (12), Lat	1:54.72
Chris Pinto (12), Kod	1:54.20
Josh Yoo (9), South	1:54.85
Scott Woster (11), NP	1:54.93
David Henry (10), Chug	1:55.18
Jung Kim (10), Sew	1:55.27
Paige-David Peck (12), NP	1:55.48
James Bowden, Chug	1:55.57

## 200 INDIVIDUAL MEDLEY

Caleb Severns (10), Lat	2:00.47
Scott Woster (11), NP	2:02.87
Kyle O'Brien (10), JD	2:04.15
Kevin Wyethe (11), Hom	2:05.59
Tyler Hennon (12), JD	2:07.04
Cade Roberts (12), WV	2:08.59
Bret Bye (11), South	2:08.86
Jeff Ahren (12), Lat	2:08.92
Josh Yoo (9), South	2:09.34
Kwan-Jin Bloomfield (10), Dim	2:10.50
Ben Steyer (11), Lat	2:10.93
Jared Jamie (11), Serv	2:11.76
Alex Dailey (10), Sit	2:12.86
Brian Heaslet, East	2:13.02
Q Smyth (12), JD	2:14.03
Abe Levy (12), JD	2:14.16

## 50 FREESTYLE

Jared Jamie (11), Serv	21.92
Nathan Grabowski (12), Sohi	22.74
Q Smyth (12), JD	22.84
Matt Way (12), Sit	23.06
Greg Rose (12), Kod	23.07
Cade Roberts (12), WV	23.42
Caleb Severns (10), Lat	23.43
Quinn Bennett (11), Dim	23.56
Max Becker (10), Lat	23.60
Eric Ferree (9), WV	23.63
Jeremy Zimmer (12), Kod	23.64
Landon Mishler, Ken	23.64
Chirs Pinto (12), Kod	23.78
Aaron Heaslett (9), East	23.82
Nolan Schmidt (10), Sky	23.86
Kyle O'Brien (10), JD	23.86

### 1-METER DIVING

Matt Arb, Ser	254.60
David Arlington, APA	249.10
Ryan Borup (9), Ket	248.50
Nick Wise, Col	248.20
Eamon Stack, WV	226.00
Brandon Gonski, Col	216.35
Matt Bunker, South	211.25
Max Bogren, WV	192.05
Chris McGinty, Was	191.60
Brett Frazer, Serv	180.80
Alex Wolf, Chug	173.80
Max Bogren (11), Lat	169.50
Dustin Mariman, Sohi	157.55
Samson Neslund, Kod	154.45
Andy Knowles, Ken	159.15
Ryan Hogan, Was	154.00

### 100 BUTTERFLY

Jared Jamie (11), Serv	53.46
Greg Rose (12), Kod	53.76
Nathan Grabowski (12), Sohi	55.10
Scott Wooster (11), NP	55.73
Cade Roberts (12), WV	56.06
Tyler Hennon (12), JD	56.13
Kevin Wythe (11), Hom	56.13
Caleb Severns (10), Lat	56.37
Kyle O'Brien (10), JD	56.78
Matt Way (12), Sit	57.42
Christian Reiss (11), Lat	57.95
Chris Pinto (12), Kod	57.98
Jamey Smith (12), Hom	58.08
Jong Kim (10), Sew	58.21
Brian Ritchie (9), Hom	58.26
Q Smyth (12), JD	58.29

### 100 FREESTYLE

Jared Jamie (11), Serv	49.26
Q Smyth (12), JD	49.54
Caleb Severns (10), Lat	50.09
Nathan Grabowski (12), Sohi	50.12
Matt Way (12), Sit	50.19
Scott Wooster (11), NP	50.60
Kevin Wythe (11), Hom	50.72
Cade Roberts (12), WV	51.01
Chris Pinto (12), Kod	51.44
Kyle O'Brien (10), JD	51.46
Kim Jong (10), Sew	51.65
Tyler Hennon (12), JD	52.01
David Henry (10), Chug	52.07
Max Rosefigura (10), West	52.17
Ryan Bateman (11), Kod	52.37
Quinn Bennett (11), Dim	52.44

### 500 FREESTYLE

Kyle O'Brien (10), JD	4:58.02
Greg Rose (12), Kod	4:58.44
Tyler Hennon (12), JD	5:00.20
Ryan Bateman (11), Kod	5:01.41
Caleb Severns (10), Lat	5:03.62
Scott Woster (11), NP	5:03.77
Paige David-Peck (12), NP	5:03.91
Bret Bye (11), South	5:04.47
Josh Yoo (9), South	5:06.42
Kevin Wyethe (11), Hom	5:07.97
Cade Roberts, (12), WV	5:09.01
Jong Kim (10), Sew	5:09.25
Ben Steyer (11), Lat	5:13.80
David Henry (10), Chug	5:14.64
Nathan Grabowski (12), Sohi	5:16.87
Ole Stockley (10), South	5:18.18

## 200 FREE RELAY

Sitka	1:33.84
Kodiak	1:35.17
Soldotna	1:35.26
Lathrop	1:35.72
Juneau-Douglas	1:35.74
West Valley	1:35.89
Chugiak	1:37.37
Homer	1:38.03
North Pole	1:38.95
South	1:39.17
Ketchikan	1:39.79
West	1:40.26
Dimond	1:40.32
Kenai	1:40.76
East	1:41.07
Cordova	1:41.27

## 100 BACKSTROKE

Caleb Severns (10), Lat	54.36
Kyle O'Brien (10), JD	57.10
Scott Woster (11), NP	57.89
Greg Rose (12), Kod	57.96
Tyler Hennon (12), JD	58.85
Jamey Smith (12), Hom	59.59
Bret Bye (11), South	1:00.01
Matt Josephson (11), JD	1:00.24
Cade Roberts (12), WV	1:00.54
Matt Way (12), Sit	1:00.87
Jeff Ahern (12), Lat	1:00.96
Chris Pinto (12), Kod	1:01.91
Keegan Birchfield (11), Sohi	1:01.52
John Sheffler-Brennand, Hom	1:02.43
Q Smyth (12), JD	1:02.54
Aaron Heaslett (9), East	1:02.57

## 100 BREASTSTROKE

Matt Way (12), Sit	1:02.20
Josh Yoo (9), South	1:04.07
Bret Bye (11), South	1:04.37
Caleb Severns (10), Lat	1:04.86
Kwan-Jin Bloomfield (10), Dim	1:05.32
Ben Campen (10), Sit	1:06.14
Bear Shore (12), Dim	1:06.21
John Butcher (12), Monroe	1:07.00
James Seeley (11), Craig	1:07.20
Kevin Wyethe (11), Hom	1:07.47
Cade Roberts (12), WV	1:07.92
Brian Behrends, Cor	1:07.94
Ritchie Serwat (10), Ket	1:08.09
Chance Gray (12), Cor	1:08.34
Jeremey Zimmer (11), Kod	1:08.81
Jude Hanni (10), Dim	1:09.19

## 400 FREESTYLE RELAY

Juneau-Douglas	3:25.32
Lathrop	3:26.33
Kodiak	3:27.02
Homer	3:33.47
West Valley	3:33.99
East	3:34.69
Chugiak	3:35.43
Soldotna	3:35.47
South	3:36.87
Dimond	3:38.32
West	3:39.71
Service	3:44.01
Sitka	3:44.61
Cordova	3:45.96
North Pole	3:48.80
Kenai	3:50.29