

2016 CSST Winter Invite

**Hosted by: Colorado Springs Swim Team
January 8–10, 2016**

- Location: Cheyenne Mountain High School
- Sanction: Held under the sanction of USA Swimming: 2016-005.
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising be reason of injuries to anyone during the conduct of the meet.
- Contacts: Meet Director/Entry Chair: Luke Schumm 262-488-7276 luke_schumm@yahoo.com
Meet Referee: Ben Ayotte 719-314-8138
Safety: Katie Kennedy
- Facility: **Cheyenne Mountain Aquatic Center (Cheyenne Mountain HS)**
8 lane, 25 yard competition pool. Depending on number of participants, the meet will be swum in 6-8 lanes, leaving up to 2 lanes available for warm up/ warm down during the meet. Pool altitude is 6035 Ft. The competition course has been certified in accordance with USA Swimming regulation 104.2.2C(4). The copy of such certification is on file with USA Swimming. Water depth is 12 feet at the start end and 4 feet at the turn end of the pool.
- Timing: Colorado Timing System with touch pads and electronic display board.
- Rules: Current USA and Colorado Swimming rules will govern the meet. The Meet Referee will have final authority for all swimming procedures of the meet. All events will be timed finals. All events (with exception of the 1650) will be run slowest to fastest. Deck entries for individual events will be allowed at the discretion of the Meet Director and permitted only for swimmers who are otherwise entered in the meet. Events will not be reseeded and no additional heats will be created to accommodate deck entries. Deck entries must be submitted to the Clerk of Course no later than 30 minutes prior to the scheduled start of the session in which the event is to be swum. Relays must be declared 30 minutes prior to the start of the session in which the relay is to be swum.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. On deck changing is not allowed. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. According to Safe Sport best practices, photography will not be allowed behind the starting blocks. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.**
- Eligibility: Open to USA Swimming registered athletes holding a 2016 membership card. Age as of **January 8th, 2016** will determine swimmer's age for the meet.
- Entries: Submit by e-mail using Hy-Tek comlink file. (Teams not submitting entries via e-mail will be assessed a \$25 fee per team.) The meet will be limited to 550 individual entries in each session. Entries will be accepted on a first come-first serve basis. The meet will be pre-seeded except for the 500 freestyle, 400 IM, and 1,650 freestyle. All events are timed finals. Positive check-in is required for the distance events (500 freestyle, 400 IM, and 1,650 freestyle). Swimmers in the 500 freestyle and 1,650 freestyle will need to provide their own counters and timers (2). Swimmers in the 400 IM will need to provide their own

timers (2). Positive check-in for distance swimmers on Friday must be accomplished no later than 5:30 PM. The 1650 freestyle events will be limited to the fastest three (3) heats each for males and females. Positive check-in for the 400 IM and 500 freestyle on Saturday and Sunday respectively, within 60 minutes after the scheduled start time for session. The 1,650 will be swum *fastest to slowest alternating female/male*.

CSI Exceptions
Report:

Any CSI/USA Swimming registration errors must be corrected by Monday, January 4th with Entry Chair – Luke Schumm. Teams will be notified via e-mail regarding registration errors. Swimmers who have not cleared registration exception problems prior to the start of the meet must re-register with USA/CSI swimming prior to the beginning of the meet. On **Deck registration will be available at the meet for \$80.00 annual membership**.

Events limit: Four (4) individual events per day plus one (1) relay per day. 8&U swimmers swimming on Saturday, January 9th can swim the five 8&U events.

Entry Fees: Individual events: \$4.50 per event (.75 per event to CSI support fund)
Surcharge: \$5.00 per swimmer.
Programs: \$4.00
One **CHECK PER TEAM PAYABLE TO CSST**

Deck entries: \$5.00 per event if lanes are available. All deck entries must show proof of registration

Awards: **1st-5th place trophies** for the following age groups male and female: 8&U, 9, 10, 11, 12, 13, 14, and 15&O.

Scoring: Team scores will not be kept.

Individual scoring:

Age group high point awards for the following ages: 8&U, 9, 10, 11, 12, 13, 14, and 15&O
8&U awards will scored using the 8&U 25Y and 10&U 100 IM events (all on Saturday).
11 & 12 swimmers swimming the 200 Butterfly, 200 Backstroke, 200 Breaststroke and 400 IM will be scored relative to their finish with other 11 or 12 swimmers in those events.
13 & older swimmers will be scored as 13, 14, and 15&O in events 3-4, 37-48 and 69-80.

Entry Policy: Entries will be received starting Thursday, December 10th at 10:00AM. Any entries received before this time will not be accepted. Please send an entry file that accurately represents your clubs intended participation.

E-mail entries to: **luke_schumm@yahoo.com**

Entry Deadline: **Entries must be received by Thursday, December 24th, 2015**

Mail hard copy entries to and entry fee check to:

Kari Leach

Colorado Springs Swim Team

3367 Springridge Cr.

Colorado Springs, CO 80906

E-mail entries to: **luke_schumm@yahoo.com**

Timing: Each team participating in this meet is expected to provide timers for one or more lanes for each session at which they have swimmers. Teams will be notified of their lane timing assignments prior to the first day of the meet.

Officials: Teams participating in this meet are encouraged to provide on-deck officials. Officials working two or more meet sessions will be eligible for a refund of one swimmer's entry fees (less the pool surcharge and CSI support fund amounts).

Teams will be notified with specific warm-up times. CSI warm-up procedures will be observed.

Order of Events

Event #	Girls	Event	Boys	Event #
Friday Evening				
Warm-up: 5:00-5:50 PM				
Meet start: 6:00 PM				
1	NT	11-12 500 Freestyle	NT	2
3	NT	13 & Over 1,650 Freestyle	NT	4
Saturday 10&U				
Warm-up: 7:00-7:50 AM				
Meet start: 8:00 AM				
5	NT	10 & Under 50 Freestyle	NT	6
7		8 & Under 25 Butterfly		8
9	NT	10 & Under 100 Butterfly	NT	10
11		8 & Under 25 Backstroke		12
13	NT	10 & Under 50 Backstroke	NT	14
15		8 & Under 25 Breaststroke		16
17	NT	10 & Under 100 Breaststroke	NT	18
19		8 & Under 25 Freestyle		20
21	NT	10 & Under 200 Freestyle	NT	22
23	NT	10 & Under 100 IM	NT	24
Saturday 11-12				
Warm-up: 11:30-12:20 PM				
Meet start: 12:30 PM				
25	NT	11-12 50 Freestyle	NT	26
27	NT	11-12 100 Butterfly	NT	28
29	NT	11-12 50 Backstroke	NT	30
31	NT	11-12 100 Breaststroke	NT	32
33	NT	11-12 200 Freestyle	NT	34
35	NT	11-12 100 IM	NT	36
Saturday Afternoon				
Warm-up: 3:30-4:20 PM				
Meet start: 4:30 PM				
37	NT	13 & Over 50 Freestyle	NT	38
39	3:30.00	11 & Over 200 Breaststroke	3:30.00	40
41	NT	13 & Over 100 Backstroke	NT	42
43	NT	13 & Over 100 Butterfly	NT	44
45	NT	13 & Over 200 Freestyle	NT	46
47	6:40.00	11 & Over 400 IM	6:40.00	48

Order of Events

Event #	Girls	Event	Boys	Event #
Sunday Morning				
Warm-up: 7:00-8:20 AM				
Meet start: 8:30 AM				
49	NT	10 & Under 100 Freestyle	NT	50
51	NT	11-12 100 Freestyle	NT	52
53	NT	10 & Under 50 Butterfly	NT	54
55	NT	11-12 50 Butterfly	NT	56
57	NT	10 & Under 100 Backstroke	NT	58
59	NT	11-12 100 Backstroke	NT	60
61	NT	10 & Under 50 Breaststroke	NT	62
63	NT	11-12 50 Breaststroke	NT	64
65	NT	10 & Under 200 IM	NT	66
67	NT	11-12 200 IM	NT	68
Sunday Afternoon				
Warm-up: 12:30-1:20 PM				
Meet start: 1:30 PM				
69	3:10.00	11 & Over 200 Butterfly	3:10.00	70
71	NT	13 & Over 100 Breaststroke	NT	72
73	2:55.00	11 & Over 200 Backstroke	2:55.00	74
75	NT	13 & Over 100 Freestyle	NT	76
77	NT	13 & Over 200 IM	NT	78
79	NT	13 & Over 500 Freestyle	NT	80

Important Reminders

Swimmers in events 1-4 need to positive check-in by 5:30 PM on Friday.

Swimmers in events 47-48 and 79-80 need positive to check-in no later than 60 minutes after planned PM session start times on Saturday and Sunday.

Swimmers in events 1-4 and 79-80 need to provide their own timers (2) and counters.

Swimmers in events 47 & 48 need to provide their own timers (2).

Directions to Cheyenne Mountain High School

From **I-25 north** exit at Cimarron (exit # 141). Drive west approximately 2.0 miles to 21st St. Turn left (south) on 21st St. Cheyenne Mountain High School is 2.5 miles south on 21st St. From **I-25 south** exit at Circle Dr. (exit # 138). Go west 1.3 miles to US 85 (Nevada Ave). Turn right on Nevada. North on Nevada .6 miles to Cheyenne Rd. (Mc Donald's restaurant). Turn left at Cheyenne Rd. and drive 1.7 miles to Cresta. Turn right on Cresta. Cheyenne Mountain High School is .3 miles on the left. **The pool is on the south side of the campus.**