

**2016 CO Zone 2 Age Group Meet at Meyers**  
**For 10&U, 11-12, 13-14 Ages**  
Hosted by: ACES SWIM CLUB  
July 8 - 10, 2016

**SANCTION:**

This Meet is held under the Sanction of USA Swimming #2016-001f. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**LOCATION:** George Meyers Pool, 7900 Carr Drive, Arvada, CO 80005

**POOL:**

Elevation 5300'. The pool is an 8-lane 50 meter facility with non-turbulent lane markers. The meet will be run in 7 lanes with 1 continuous warm-up/warm-down lane. Water depth at start end for a distance of 3 feet 3 ½ inches is 13 feet deep. At the turn end of the competition pool, the depth is 3 ½ feet. The competition course has not been certified in accordance with USA Swimming rulebook 104.2.2C (4).

**TIMING:**

Colorado Timing System with touch pads, back-up buttons, and electronic scoreboard. Hy-Tek Meet Manager software.

**SEEDING:**

This meet will be seeded fastest to slowest. All events will be timed finals.

**MEET START:**

Meet start times may be **adjusted** based on the total number of entrants per session. ACES will post the start times on our web site at <http://www.aceswimclub.com/> by noon Wednesday July 6th. Sessions may be altered to fit within the 12 & Under 4-hour rule. Sessions 5 & 6 may be combined if entries cause timelines to be too short for adequate rest time between events. **It is the swimmers and coaches' responsibility to verify warm-up and start times.**

**REQUEST for OFFICIALS and ADDITIONAL TIMERS:**

Teams are encouraged to provide officials to work this meet. Please have all officials' contact Linda Eaton by e-mail at [Linda\\_Eaton@msn.com](mailto:Linda_Eaton@msn.com)

**SAFETY ISSUES:**

- All coaches, officials, parents, and swimmers should act in a safe manner.
- All participants, visitor coaches and officials should be reminded that swimming venues have areas where additional care is needed. This includes but is not limited to slippery decks and hallways. Proper footwear and caution is recommended.
- No running or horseplay is allowed; it is the responsibility of the swimmer, coach, officials, and parents to monitor these activities. Any damage to the pool property will be grounds for dismissal from the meet.
- **Remember safety first! Please help accommodate your neighbors.**

**COACHES/OFFICIALS:**

Coaches and uniformed officials must display their USA/CSI Swimming credentials when on deck. Current certification is mandatory. Coaches/Officials not in compliance will not be allowed on deck. Officiating trainees are welcome on deck at this meet. Coaches meeting: 6:45 AM. Officials' briefings: 1 hour prior to the start of each session.

## RULES:

- Current USA and Colorado Swimming rules shall govern the conduct of the meet.
- Age of swimmer is determined as of July 8th, 2016.
- All USA Swimming athlete members entered in the meet must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down.
- Any swimmer without a coach in attendance must report to the Meet Director or Meet Referee who may assist the swimmer in making arrangements for such supervision. It is the swimmer's responsibility to make such arrangements prior to the start of the meet.
- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement and bring proof of certification to the meet.
- All coaches and officials must display a current USA Swimming Credentials Card that includes a current background check date and a current Safe Sport Program training date.
- **Swimmers are limited to four (4) individual events and two (2) relays per day.**
- The meet will be pre-seeded except for the 400IM and 400/800/1500 Free which will be deck seeded and will require positive check-in.
  - Positive check-in closes approximately 1 hour before the event. Seeding procedures will comply with the current *USA Swimming* rulebook.
  - The 800/1500 Freestyle will alternate girls and boys and require the following:
    - The swimmers to provide their own counters and timers.
    - Swimmers may be required to swim 2 per lane, if deemed necessary by the Meet Referee.
- **Depending upon the time line, all events may be deck seeded and require a positive check-in.** Information regarding this will be forwarded to the coaches via e-mail the week prior to the meet and posted on our web site at [www.aceswimclub.com](http://www.aceswimclub.com)
- **FAILURE TO SWIM AFTER A POSITIVE CHECK-IN:** Teams whose swimmers check in for events requiring a positive check-in may be fined \$25.00 at the discretion of the Meet Referee for each swimmer who fails to swim in those events. The swimmer may be barred from further competition.
- This meet will enforce timely reporting to the block area and responding promptly to signals and commands.
- There will be no refunds if a session is cut short.
- No exhibition swimming is allowed.
- The Meet Referee will be the final authority for conduct of the meet.
- ***Participating teams will be assigned lanes for timing and are expected to provide the timer(s) for the duration of the assignment.***

## WARM UP PROCEDURES:

- Warm-up will be conducted in accordance with Colorado Swimming Inc. procedures. Backstroke starts are NOT allowed during general warm-up. No equipment may be used during the warm-up periods including but not limited to: fins, paddles, snorkels, kick boards, pull buoys, cords for assisted or resisted swimming.
- Coaches will be responsible for the conduct and safety of their swimmers.
- The warm up schedule will be posted at the pool and on the ACES website [www.aceswimclub.com](http://www.aceswimclub.com).
- The Meet Director will determine the warm-up schedule.

## ELIGIBILITY:

Open to unattached registered swimmers who are located in the Zone 2 geographical area as defined by Colorado Swimming and swimmers that are attached to one of the following Zone 2 teams: ACES, AQUA, BLDR, DSA, DTST, GPS, HRA, JCC, JH, MACS, PARK, RACE, RIP, ROCK. Open to all swimmers holding a 2016 USA Swimming membership. Any swimmer that appears on the CSI exception report without registration must come to the meet prepared to show proof of current membership, either with a coaches' roster of currently registered athletes from the team's Club Portal or via a mobile device and the athlete's Deck Pass account, or they will be deck registered before they can enter the water. A surcharge for deck registration will apply (\$28.00) plus the normal registration fee.

## ENTRY FEES:

- Individual event fee is \$5.00 per event; \$7.00 per relay. There is an \$8.00 surcharge per swimmer. All fees must accompany entries. ***Make check payable to the Aces Swim Club*** (\$.75 of each entry fee goes to the CSI Splash Fund).
- Entries received by the Entry Chair after June 29<sup>th</sup> will be considered late entries. Deck/late entries or entry changes are \$7.00 per event with a \$5.00 late penalty fee per event/change and will be seeded in open lanes only. Deck/late entries close 30 minutes prior to the session start time. The swimmer surcharge will also apply, if not already entered in the meet. Swimmers not already in the meet must show proof of registration.

## ENTRIES:

- Each session will be seeded in the order of entry receipt with a tentative timeline for 12&U sessions not to exceed a planned 4 hours. The ACES Swim Club will make every attempt to provide as many swimmers as possible with an opportunity to participate, which may include adding sessions to stay within the 4 hour rule for 12 & Unders.
- Please report No Shows to the computer table.
- Entry times must be in **LONG COURSE METERS!**
- **No-Time (NT) Entries Will Not Be Accepted!** **No Time entries will be rejected.** It is recommended the coach obtain entry times during practice that are well within the ability of the swimmer.
- Entries will be accepted via e-mail (preferred) or CD's using Hy-Tek Ltd. software.
- Non-Hy-Tek entries will be accepted in Word, PDF, or e-mail format. When submitting entries in any of these formats, please include name, age (as of the first day of the meet), USA Swimming ID, and team code. Teams sending five (5) or more swimmers will be assessed a \$25.00 surcharge if entries are not submitted using Hy-Tek software.
- Please include the **coaches' name, address, e-mail and phone number** with all entries. If you wish to confirm receipt of entries, please contact entry chair via e-mail only.

## ENTRY DEADLINE:

The entry deadline is Wednesday, June 29<sup>th</sup> at 11:59 PM (MDT). Email entries will be accepted in the order they are received, and any entries submitted should be considered official. Full payment for email entry must be postmarked within 48 hours of confirmation and acceptance of entries. Entry updates are permitted, however DELETIONS WILL NOT BE REFUNDED. In cases where payment, or arrangements for payment, is not received within the appropriate time, entries for team/individual may be deleted.

### ACES Entry Chairperson:

**Tom Byorick**

**Email:** [tom1@aceswimclub.com](mailto:tom1@aceswimclub.com)

**Mail:** Tom Byorick  
7101 South Hudson Circle  
Centennial, CO 80122  
(303) 741-1733

## AWARDS AND SCORING:

- Medals for places 1-3, ribbons for places 4-8 in each event for age groups 10&U, 11-12, 13-14 for individual events only.
- Events swum as 12&U and 14&U will be awarded as such for places 1-8; they will not be split into age groups as stated above.
- There will be NO scoring or team awards

**CONCESSIONS:**

Concessions will be available.

**Meet Programs:**

Meet programs will be available at the concession stand and on Meet Mobile.

**RESTRICTIONS:**

- USA SWIMMING RULES 103.11 AND 103.12 REGARDING TOBACCO AND ALCOHOL USE WILL BE STRICTLY ENFORCED.
- The use of audio or visual recording devices, including a cell phone camera, is not allowed in changing areas, restrooms, or locker rooms.
- The use of visual recording devices is allowed on the deck, but is specifically PROHIBITED in the area directly behind and adjacent to the starting blocks. **All photographers must identify themselves in advance to the Meet Referee. A picture ID with current address must be presented in order to obtain media credentials which must be displayed at all times while photographing or videoing anyone attending the meet.**
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- All swimmers entered in the competition must comply with the current USA Swimming rulebook Section 102.8 Swimwear.
- Parking restrictions may be in effect during the meet.

**SAFETY CHAIRPERSON:**

Kipp Meeks

**MEET REFEREE:**

Linda Eaton 303-699-2015

**MEET DIRECTOR:**

Tom Byorick 303-741-1733



## 2016 CO Zone 2 Age Group Meet at Meyers For 10&U, 11-12, 13-14 Ages

### Session 1 – Friday AM

**Warm up 7:00-8:00am / Start 8:10am**

Girls	Event Description	Boys
1	10&U 50 Free	2
N/A	11-12 Boys 50 free	4
5	10&U 100 Fly	6
N/A	11-12 Boys 100 Fly	8
9	10&U 50 Back	10
N/A	11-12 Boys 50 Back	12
13	10&U 100 Breast	14
N/A	11-12 Boys 100 Breast	16
*17**	12&U 400 Free	*18

*\*Are positive check in events*

*\*\*See Note on bottom of page 6*

### Session 2 – Friday PM

**Tentative Warm up 12:00-1:00pm / Start 1:10pm**

19	13-14 200 Free	20
21	11-12 Girls 50 Free	N/A
23	13-14 50 Free	24
25	11-12 Girls 100 Fly	N/A
27	13-14 200 Fly	28
29	11-12 Girls 50 Back	N/A
31	13-14 100 Back	32
33	11-12 Girls 100 Breast	N/A
35	13-14 200 Breast	36
*37**	11-12 Girls 400 free	N/A
*39	14&U 800 free	*40

*\*Are positive check in events*

*\*\*See Note on bottom of page 6*

### Session 3 – Saturday AM

**Tentative Warm up 7:00-8:00am / Start 8:10am**

41	10&U 50 Breast	42
N/A	11-12 Boys 50 Breast	44
45	10&U 100 Free	46
N/A	11-12 Boys 100 Free	48
49	10&U 50 Fly	50
N/A	11-12 Boys 50 Fly	52
53	10&U 100 Back	54
N/A	11-12 Boys 100 Back	56
*57**	12&U 400 IM	*58

*\*Are positive check in events*

*\*\*See Note on bottom of page 6*

#### Session 4 – Saturday PM

##### Tentative Warm up 12:00-1:00pm / Start 1:10pm

59	13-14	200 IM	60
61	11-12 Girls	50 Breast	N/A
63	13-14	100 Breast	64
65	11-12 Girls	100 Free	N/A
67	13-14	100 Free	68
69	11-12 Girls	50 Fly	N/A
71	13-14	100 Fly	72
73	11-12 Girls	100 Back	N/A
75	13-14	200 Back	76
*77**	11-12 Girls	400 IM	N/A

*\*Are positive check in events*

*\*\*See Note on bottom of page 6*

#### Session 5 – Sunday AM

##### Tentative Warm up 7:00-8:00am / Start 8:10am

79	12&U	400 Free Relay	80
81**	12&U	200 IM	82
83**	12&U	200 Fly	84
85**	12&U	200 Back	86
87**	12&U	200 Breast	88
89**	12&U	200 Free	90
91	12&U	400 Medley Relay	92

#### Session 6 – Sunday PM

##### Tentative Warm up 12:00-1:00pm / Start 1:10pm

93	14&U	400 Free Relay	94
95**	11-12 Girls	200 back	N/A
*97	13-14	400 free	*98
99**	11-12 Girls	200 free	N/A
101**	11-12 Girls	200 fly	N/A
*103	13-14	400 IM	*104
105**	11-12 Girls	200 IM	N/A
107**	11-12 Girls	200 breast	N/A
109	14&U	400 medley relay	110
*111	14&U	1500 free	*112

*\*Are positive check in events*

*\*\*See Note on bottom of page 6*

**NOTE: 11-12 Girls Friday-Events 17/37, Saturday-Events 57/77 and Sunday-Events 81/105, 83/101, 85/95, 87/107, and 89/99 which are marked with an \*\* may be swum in either the morning or afternoon session, but not both. If the swimmer swims the event in the morning session, she cannot swim it again in the afternoon session. No repeats of the same event are allowed.**