



Athlete Honor Code

The purpose of this honor code is to promote the image of a first class athlete that will represent the Temecula Swim Club in a positive manner all the time.

- 1) All TMEC athletes are expected to behave in an exemplary manner when representing TMEC at practice, swim meets and team events. The reputation of TMEC is dependent on your behavior.
- 2) In competition every TMEC athlete is expected to wear the appropriate team uniform for that meet.
- 3) In competition every TMEC athlete will report to the coaches before and after each event.
- 4) TMEC athletes should be respectful of their peers, coaches, officials and parents. Any TMEC athlete not acting in such a manner will be asked to stop that behavior. If that athlete fails to comply, they will be asked to leave the pool deck and disciplinary action will follow. In competition an athlete will be asked to leave the meet. If that athlete does not want to leave he/she will be marked as unattached and will not be permitted to wear a TMEC cap for the remainder of the meet. Additionally, any TMEC individual event records broken at that meet will not be honored.
- 5) In the week/weeks leading up to competition TMEC athletes are expected to train with their assigned group. Planned vacations or illness should be discussed with the coaching staff for consideration as excused absences. If an athlete repeatedly has unexcused absences from practice, that athlete will not be permitted to represent our team in the upcoming meet. If that athlete wants to compete he/she must do so marked unattached and will not be permitted to wear a TMEC cap for that meet. Any TMEC individual event records broken at that meet will not be honored.
- 6) All athletes are expected to show up to the pool prepared with your equipment, being in sufficient health of mind and body, willing to do the required work, willing to swim your assigned events and with an attitude that will reflect positively on your team as well as positively influence your team. If an athlete arrives to the pool unprepared he/she may be asked to leave.
- 7) The coaching staff may ask athletes to take additional resting days if he/she arrives to practice or a meet with or recovering from an illness or injury.
- 8) Each athlete is responsible for his/her own belongings. Additionally, no athlete is permitted to touch anyone else's belongings without permission
- 9) The consumption or purchase of alcohol, smoking or chewing tobacco, or use of any other illegal drug or United States Olympic Committee banned substance of any kind will not be allowed. The possession of weapons at or near the pool facilities will not be allowed. In addition, any team member found or suspected to be in the **presence of others** (regardless of team affiliation) partaking in any of the above activities will be subject to the same punishments and probable expulsion from TMEC. Any swimmer suspected of such activity will appear before a review committee composed of the Head Coach, the Competitive Groups Head Coach, the club President, and two other TMEC board members.

Parent Initials _____

Date _____

Swimmer/s Initials

Date

- 1) _____
- 2) _____
- 3) _____
- 4) _____

- _____
- _____
- _____
- _____

Based on the Temecula Swim Club Athlete Honor Code as outlined herein, if I conduct myself in such a way that brings discredit or discord to Temecula Swim Club, or USA Swimming, I voluntarily subject myself to disciplinary action. Depending on the severity of the situation disciplinary action may or may not follow this course:

1. Violating TMEC athlete may be dismissed from the pool deck immediately if the TMEC athlete's parent is available on the pool deck (or be required to sit by the pool deck if a parent is unavailable during practice) with verbal warning of possible further disciplinary action if any violations of the Code of Conduct continue.
2. Written warning from the Board President followed by a parent conference with the Head Coach and two members of the Board of Directors.
3. If there is further violation of the Code of Conduct after the conference with the Head Coach and/or Board of Directors, then the swimmer and parent/family members may have their membership terminated or be suspended from practices and team events for the remainder of the swim year and/or a specific period determined by the Head Coach and the Board of Directors.

I recognize my responsibility to abide by the rules and requirements of my team, the Temecula Swim Club, which I wish to represent. I acknowledge that I have received and read this document.

Print Parent Name _____

Parent Signature _____ Date _____

Swimmer/s Signature

1) _____ Date _____
2) _____ Date _____
3) _____ Date _____
4) _____ Date _____